



# October 2010 Newsletter



[www.saint-marys.ca](http://www.saint-marys.ca)

The DEADLINE to have information submitted for the October issue of the Newsletter is **WEDNESDAY, October 20<sup>th</sup>, 2010 at 4:00 p.m.** Submissions can be received by fax: 522-2309 or email: [council@munet.ns.ca](mailto:council@munet.ns.ca) Subject line must read NEWSLETTER SUBMISSION. Also please note that we reserve the right to edit any and all submissions to this newsletter.



## St. Mary's Municipal Council

The next regular meeting of St. Mary's Municipal Council will be held on **Tuesday, October 12<sup>th</sup>, 7 pm**, The public is invited to attend. Monday October 11<sup>th</sup> is Thanksgiving Day and the office will be closed. Visit our website for recent minutes of the regular meetings, important dates and forms. [www.saint-marys.ca](http://www.saint-marys.ca).

### - Public Meeting -

#### Port Bickerton Sewer Project

Attention residents of Port Bickerton:

A Public Meeting will be held on

**Thursday, September 23<sup>rd</sup>, 7:00pm**

**At the Port Bickerton Community Center**

regarding the proposal of the Port Bickerton Sewer System Installation Project. This meeting will review the estimated Capital and yearly Operating costs for residents affected,

#### **AS ESTIMATES ONLY**

All residents are encouraged to attend. Your input is very important to assist in the decision of the future of this project.

## Recreation Co-ordinator

The Municipality of St. Mary's is seeking a person for the position of Recreation Co-ordinator.

The successful applicant will be responsible for the planning, developing, organizing, delivery and evaluation of various recreational programs, activities, facilities and special events for the Municipality.

For a complete job description visit [www.saint-marys.ca](http://www.saint-marys.ca) or @ Municipal Office. Salary range \$32,066 - \$40,082 for 40 hours/week, plus benefits.

Application by resume and cover letter along with references will be accepted until **3pm**, October 12<sup>th</sup> 2010, tentative start date November 1<sup>st</sup>, 2010.

Applications accepted by: Fax: (902) 522-2309, Mail: PO Box 296 Sherbrooke, B0J 3C0, Email: [council@munet.ns.ca](mailto:council@munet.ns.ca) or in person: 8:30-4:00 pm, Monday - Friday.

## Municipal Residential Heavy Garbage Pick-up

**Please Note:** PICK-UPS WILL BE ON GOVERNMENT MAINTAINED ROADS ONLY. ITEMS MUST BE AT ROADSIDE BY 8:00am ON THE FIRST DAY OF PICK-UP IN YOUR AREA!

Goldenville to New Chester inclusive  
**Sept 28<sup>th</sup> and 29<sup>th</sup>**

Stillwater to Wine Harbour inclusive  
**Sept 30<sup>th</sup> and Oct 2<sup>nd</sup>**

Beginning of route 211 to Fisherman's Hrb inclusive  
**Oct 5<sup>th</sup> and Oct 6<sup>th</sup>**

Country Hrb District line, Goshen, Aspen to East River District line to Cameron Settlement and Waternish inclusive **Oct 7<sup>th</sup> and Oct 9<sup>th</sup>**

Additional dates of  
Oct 12<sup>th</sup>-Oct 14<sup>th</sup> if required



### **ACCEPTED MATERIALS:**

metals including car parts (doors, fenders, carburetors, starters, etc), lawn furniture, lawn mowers, Barbecues, large household appliances, tools, etc. boards, furniture, plastic lawn furniture, mattresses, windows etc.

**UNACCEPTED MATERIALS:** Household garbage, compost, bagged items, derelict vehicles, clothing, chemicals, paint, large demolition sites, tires, oil, trees & recyclables

### **Transfer Stations Hour of Operation Change**

As of Tuesday November 2<sup>nd</sup>, 2010  
Transfer Station will be Open from  
9am - 4pm Tuesday thru Saturday

*When black cats prowl and pumpkins gleam,  
May luck be yours on Halloween.  
~Author Unknown*



*I would like to thank all the nurses and Drs. from St. Mary's Memorial Hospital, family and friends for the wonderful care I received during my recent illness. May God Bless you all – Barb Jordan*

*Indian Harbour Lake  
Pentecostal Church  
September Worship & Activities*

Sunday:  
9:45 am Sunday School Classes for children & adults  
11:00 a.m. Morning Worship  
- October 3rd – Speaker: Bruce Parsons  
- October 10<sup>th</sup> Celebration of Ministry Service  
Special Speaker: Rev. Burton Hooper  
6:30 p.m. Prayer & Praise – October 17th

Weekday Activities

Tuesdays 3 - 4:30pm :Tweens (Ages 8 – 12)  
Wed Oct 6<sup>th</sup> & 13<sup>th</sup> : Bible Study on the Gospel of John  
Friday Oct 8<sup>th</sup> & 22<sup>nd</sup> 7pm: Youth Group (Ages 13 – 19)

All are Welcome! For more information, contact  
Pastor Dave Connolly at 522-2759  
or [pastordave@ihlpentecostalchurch.ca](mailto:pastordave@ihlpentecostalchurch.ca)

**Celebration Weekend  
Indian Harbour Lake Pentecostal Church**

**You are invited to join in a celebration of 80  
years of ministry in our Community.**

**Celebration Service  
Sunday, October 10<sup>th</sup> 11:00a.m.  
Special Speaker: Rev. Burton Hooper**

**Stillwater Community Center**

A "Work Day" has been scheduled for September 25<sup>th</sup> starting @ 8:30am. We will be performing minor renovations and having a hot dog lunch.



Weekly Card plays (Friday night) will start again on October 29<sup>th</sup>. Come enjoy the game and lunch!

Next meeting: Sunday November 28th @ 7:00pm  
Always looking for more volunteers!

**Indian Harbour Lake/Jordanville  
Community Centre**

Thank you to all whom donated prizes and looked after card plays all summer.



Next monthly meeting: Monday Nov 8<sup>th</sup> @ 7pm

**Sherbrooke Library Chat line**

**THANK YOU** for the generous donation of new books, many of them are for sale (funds being used for on-going programs)

**VILLAGE READERS' BOOK CLUB** - The next meeting will be held at 11:00am, Wednesday Oct 6<sup>th</sup>. New, present, and former members are welcome. Tell a book of their choice or just listen to the others.

**CHILDREN'S STORY TIME** will be starting October 28<sup>th</sup> for ages 3-4. Please call the Library to register.



**CALLING ALL WRITERS...**if you are between age 8-18 and would like to be a part of a Writers Club, please call Library to register.

**CHILDREN'S PERFORMER** – Sat September 25<sup>th</sup>, 10am at the Village Court House. Watch for further details.

**GAMES WEEK** – Oct 18-23, drop by the Library for a game of cards, a board games, or to work on a puzzle. Bring a buddy and gather around games' table.

**STAFF DAY** – Library will be closed Friday Oct 1<sup>st</sup> for staff training in the e-book phenomenon

**Thanksgiving** – Monday, Oct 11<sup>th</sup> Library will be closed.

Sherbrooke Library & C@P Site	
Monday.....	2-5 & 6-8pm
Tuesday.....	2-5 & 6-8pm
Wednesday.....	2-5 & 6-8pm
Thursday.....	2-5pm
Friday.....	10:30am-4pm
Saturday.....	11am-2pm
Telephone: 522-2180 <a href="http://www.ecrl.library.ns.ca">www.ecrl.library.ns.ca</a>	

**Goshen Playground**

A meeting will be held at the Goshen Community Centre on Tuesday Oct 19<sup>th</sup> at 7:00pm. The intention of this meeting is to find out if there are enough people interested in forming a committee to upgrade the Troy Hudson Memorial Playground

Gerard MacIassac, NS Health Promotion and Protection will attend the meeting and will have information on regulations, funding, etc.



If you plan to attend or have any questions call Jackie @ 783-2443 or email [jackie@ns.sympatico.ca](mailto:jackie@ns.sympatico.ca)

Nova Scotia Power is offering a program for low-income homeowners who heat with electricity.

This program provides a FREE home energy audit AND required upgrades such as insulation, water-heater wraps, programmable thermostats etc.

For more information visit

[www.nspower.ca/lih](http://www.nspower.ca/lih) or 1-877-434-2136

**Please Note:** As of Wednesday October 6<sup>th</sup>, 2010 Solid Waste Hauler, Jeff Laing's regular pick-up day for route of Melrose, Aspen, Denver, College Grant, Smithfield, Caledonia & Surrounding Areas will change from Thursday to **WEDNESDAY**.

Contact Jeff @ 522-2670 with any questions.

### Retirement Party



*Family and friends of Dennis Spears are invited to a retirement party for him at Marie Joseph Community Centre Saturday October 2<sup>nd</sup>, from 6:30pm - 1:00am. 19 years & over welcome!*

### **St. Mary's Dart League**

The regular season for the St. Mary's Dart League will begin on October 11<sup>th</sup> 2010.

Anyone wishing to play please contact Edith Auton at 522-2204 or Gordie MacIntosh at 522-2719. Registration will be on October 11<sup>th</sup> at 7:30pm at the Lions Hall Sherbrooke. Must be 19 years of age. Come and have some fun!



The 15<sup>th</sup> Annual Bob Brezn Loop Sale at Spanish Ship Bay will be held Saturday Oct 2<sup>nd</sup>, 11am- 2pm.

Anyone who would like to come and join us you are most welcome. Please call

Cheryl at 779-2677 or Cindy at 779-2844.

There will be baked goods, lots of treasures, hot dogs and pop. Come and have some fun!



### **Goshen Community Centre Events:**

Turkey Supper: Sat Oct 16<sup>th</sup> 4:30 - 6pm  
Adults \$10 Children \$4, takeout available



Flea Market & Craft Sale: Sat Oct 30<sup>th</sup> 11-12:30pm  
Tables \$5 Admission \$0.50

To book a table call Jean @ 783-2411 or Marie @ 783-2325 or Jackie @ 783-2341 (regarding GOALS table).

## **GOSPEL CONCERT**

St. Thomas' Anglican Church  
Indian Harbour Lake  
October 10<sup>th</sup>, 2010 @ 2pm  
Free will offering  
Everyone Welcome!

### Old Fashion Sherbrooke Christmas Committee

The OFSCC would like to extend an invitation to any groups, businesses, or individuals to lend a hand in making this Old Fashion Christmas the best yet. Anyone looking to support us on November 26<sup>th</sup>-28<sup>th</sup> by donating, volunteering, or hosting an event/workshop, please contact Marissa or David Jordan 522-1190

### **ST. MARY'S DISTRICT FOOD BANK**

If you are in need of assistance or would like information about the Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes for donations of non-perishable food items are located in Sherbrooke, at St. Mary's Hospital and the Clover Farm.



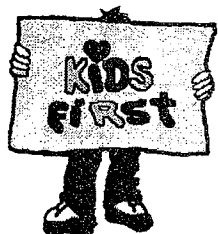
### Guysborough County Kids First

The Parent/Tot Drop-in takes place in Sherbrooke on Tuesdays from 9:30 to 11:30AM at the St. Mary's Education Center. Drop-in is open to all parents/caregivers and children ages 0-6 years. This is a family centered program which provides a safe and welcoming environment for adults and children to come together to play and learn. A great opportunity to meet other families with young children in your area.



Moms Making the Move - This popular program for Moms will be starting up again this fall in Sherbrooke. This program provides Moms with opportunities to be physically active without barriers such as; lack of childcare, travel money and lack of local activities. For more information or to suggest activities, call Paula at 1-888-533-3881 or Recreation Department at 522-2598.

For more information regarding Kids First or the programs, visit our website [www.kids1st.ca](http://www.kids1st.ca) All programs and services are free and confidential! For more information, please contact Kids First toll free at 1-888-533-3881.



The Kirk United UCW are hosting their annual **Chinese Buffet Supper** on Saturday, October 23<sup>rd</sup> in East River St. Mary's Fire Hall 4-6p.m.



Prices: Adult- \$12  
Students (12 and over)- \$5  
Kids (12 and under)- \$3  
Preschoolers- Free

Stop by, or call 833-2450 to place a takeout order.  
Everyone welcome!

**Christmas Bazaar**

**November 6<sup>th</sup>, 2010 – 11am**

**St. Barnabas Hall, Ecum Secum**

**Christmas items, bake table, fudge,  
and more!**



**Bethal Community Church  
YARD SALE**

**Saturday Oct 16<sup>th</sup>, 9am-4pm**

**Sylvan Hall, Lochaber**

**St. John's Church Hall - Necum Teuch**

Indoor Yard Sale:

Oct 9<sup>th</sup> and Nov 13<sup>th</sup> (Christmas Sale)

9:00am to 1:00pm at St. John's Church Hall,

#7 Hwy, Necum Teuch

New and Old Items, Bake Table,

Lunch and Tea/Coffee available

To book tables contact Helen 347-2182

**Did You Know?**

Agate is our provincial gemstone chosen because it is the birthstone for May, the month of our provincial flower. Agate is a variety of quartz, chiefly chalcedony, characterized by its fineness of grain and brightness of color. Agates are commonly associated with volcanic rock where they occur as nodules. Agates were formed where cavities were produced by the disengagement of volatiles in the molten mass which were the filled by waters containing silica. Agate was used in the ancient world and today is used by industry mainly for jewelry.

**Question:** What characteristic makes agate good for making mortars and pestles for mixing chemicals?



**Answer to last month's question:** The humidex is not measured. It is a calculated number.

**FREE COMPUTER SESSIONS FOR WOMEN**

The WEE Society is offering free computer sessions for women at local C@P sites and community centers across in the District of St. Mary's. Sessions will cover topics like: Basic Computer Skills, Using the Internet and Email, Intermediate Computer Skills, Doing On-line Job Searches, and much more. If you're interested or if you know someone who might benefit from this free program, contact: Kim Avery at 902-870-0593 or email [kavery@weesociety.ca](mailto:kavery@weesociety.ca). Travel and childcare expenses are available.



The army cadets of Sherbrooke "Bravo Company" are again training at St Mary's Academy on Wednesday evenings from 6:00 pm till 8:30 pm.

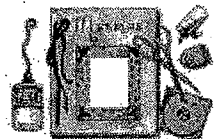
Your first session will be administration, checking out the different programs and becoming familiar with the training offered by the corp. Youth from 12 to 18, both male and female, who wish to learn more about the Canadian forces and participate in a sports and training program directed at the development of life skills and responsibility are encouraged to apply.

Activities include, drill, map and compass, leadership, fundamental training, marksmanship and an appreciation of the outdoors.

The cadet program is delivered at no cost to the cadet by members of the Cadet Instructors Cadre and responsible folks from our community.

For further information you may contact Capt Hope Bryden at 902 863-7825 or e-mail: [r.mayne@seasidehighspeed.com](mailto:r.mayne@seasidehighspeed.com).

**Calling all scrappers, stampers, and card-makers... If you'd be interested in getting together once or maybe even twice a month with others who share your interest please contact Audrey Bingley 902-364-2220 or [bingley@bellaliant.net](mailto:bingley@bellaliant.net) More details to follow once we see how many are interested.**



**St. Mary's Lions Masquerade Dance**  
**Saturday Oct. 30 9:30 pm - 1:30am**  
**1st Prize - \$ 150**  
**2nd Prize - \$75**  
**3rd Prize - \$50**



**Music By: The Fuzz Petals**  
**Admission \$10 per person**  
**Gov't ID's upon request**

**80th Birthday Celebration**

THE MACDONALD FAMILY INVITES YOU TO AN OPEN HOUSE IN HONOR OF THEIR DAD, JOHN MACDONALD (FORMERLY OF GOSHEN) WHO WILL CELEBRATE HIS 80<sup>TH</sup> BIRTHDAY, TO TAKE PLACE ON OCTOBER 9TH, 2010 FROM 2-6PM AT THE GOSHEN COMMUNITY CENTER. EVERYONE WELCOME, BEST WISHES ONLY!

St. Mary's River Association - Fall Events

MOOSE - WHERE HAVE THEY ALL GONE?

September 23, 2010 at 7pm - Join us as Mark Pulsifer, Regional Wildlife Biologist, NSDNR Eastern Region gives an overview on his thoughts on why our moose have declined over the past 40 years.

MUSHROOMS - October 3, 2010 at 2 pm  
 Join Dr. Kurt Mueller as he explores the world of mushrooms.



Seating is limited for these events, so please call to pre-register 522-2099. Location: SMRA Education & Interpretive Centre, 8404 Highway #7 Sherbrooke

AUCTION/DINNER/FLY TYING CONCLAVE

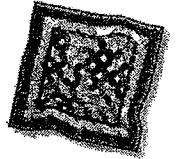
October 23, 2010 we will be having our 4<sup>th</sup> bi-annual fundraising auction and dinner in Antigonish. This year's event will also include an International Fly Tying Conclave. For more information, call Joanne at 522-2099. Tickets \$60.00



*Thank you*  
 Sincere thanks to the support and donations that I received at the benefit supper held in Goshen on Sept 11<sup>th</sup>. Many thanks to the community centre, ladies who prepared the meal, family and friends. We are deeply grateful for your kindness. - Shelly (MacGrath), Dennis, Gabrielle, and Colby Dorey

Port Bickerton Community Centre

Penny Auction & Cake Walk  
 Friday, October 1, 7PM at the Centre  
 For more info call 364-2967



Homemade Quilt Draw  
 Tickets \$2 each, or 3 for \$5 / Draw date: Oct. 15  
 To purchase tickets call Katherine at 364-2232

If you planned to donate to the building fund but haven't gotten around to it, please call Stacey Kaiser at 364-2089 to contribute and get your charitable tax receipt. The names of donors will appear on a display plaque in the new facility.

The monthly Community Centre Club meeting is on **October 20 at 7PM** at the Centre. All are welcome to help with this exciting project.

Pub Night Staring Lee Burke Live Entertainment

Port Bickerton Community Center  
 Saturday November 6<sup>th</sup> 8-12pm  
 Admission \$10

Haunted House

Port Bickerton Community Center  
 October 27&28 from 7-9pm  
 Admission \$2



Proceeds from both these events go to  
 Port Bickerton Building fund

ROYAL CAN. LEGION BR. #86 LISCOMB

Next general meeting: Tuesday, October 5

ACTIVITIES:

AUCTION - Thursdays at 8pm \$5  
 CRIBBAGE - Saturdays at 8pm \$5



REMEMBRANCE DAY WREATHS

Remembrance Day wreaths are required to be ordered from Command by *September 30* and paid for at the time of order. Anyone wishing to order wreaths in memory of loved ones may place the order and pay by contacting Connie Nauffts at 779-2780. There are several choices in sizes for wreath and sprays this year.

*I would like to extend a heartfelt thank you to all organizations and individuals who donated money to help fund my trip to Ottawa with Encounters with Canada. I had an amazing trip and made memories that will last a lifetime.*  
**Thanks again – Kailin Howard, Student of St. Mary's Academy**

Country Harbour Gun Club

Darts begin for the season on September 28<sup>th</sup>.  
 Registration on September 21<sup>st</sup>.

Adult Masquerade Dance October 30<sup>th</sup>

9pm-1am (Judging @11pm)

Music by D.J Sheldon Grover

Prizes 1<sup>st</sup> - \$100.00

2<sup>nd</sup> - \$75.00

3<sup>rd</sup> - \$50.00



**Halloween Greetings from High-Crest!**

Residents celebrating birthdays in October are:

Stella Fougere Oct 11<sup>th</sup>

Dorothy Keith Oct 19<sup>th</sup>

Marie Tate Oct 20<sup>th</sup>

Mildred Kaizer Oct 24<sup>th</sup>

Mary Langille Oct 25<sup>th</sup>

Happy Birthday Ladies!



The Homebuddies will be holding their monthly Birthday Party on Oct 12<sup>th</sup>; we will play Bingo, sing old songs and of course enjoy Birthday Cake & Ice Cream! All are welcome to attend!

I would like to remind the Trick or Treaters in the area that we give out really good treats here on Halloween night, hope you'll drop by!

**Moving Sale**

Saturday October 2, 2010 starting at 10am  
 (no early birds please, rain date Oct 3<sup>rd</sup>)

Household furniture, dishes, small tools,  
 movies, many items.

Home of Clifford and Mary Kaiszer,  
 56 Beachview Drive, Bickerton West

Fall Bible Study: "To Build and to Plant" On the book of the Prophet Jeremiah

Our five week Bible Study will explore the Prophets paying specific attention to the life of the Prophet Jeremiah and God's message to His people. We will begin our study on Friday October 15<sup>th</sup>, 10:30am-11:30am at St. Paul's in Port Bickerton. Come as you are and join us as we explore God's message to His people!

**The Anglican Parish of Liscomb and Port Bickerton**

The Reverend Melissa Frankland, Rector 522-2510

**October 3rd (Trinity XVIII)**

9am St. Paul's, Morning Prayer

11am St. Thomas', Holy Communion

3pm St. Luke's, Evening Prayer

7pm St. James', Evening Prayer

**October 4th (St. Francis of Assisi)**

6pm St. Luke's Hall grounds -Outdoor Evening Prayer and Blessing of the Animals (great and small). Please bring your pets (on leashes), or pictures of your pets as we honour St. Francis and his love for all God's creatures on this day. [Weather permitting].

**October 10th (Harvest Thanksgiving)**

9am St. Luke's, Morning Prayer

11am St. James', Holy Communion

2pm St. Thomas', Gospel Concert (please note change of service time)

7pm St. Paul's, Evening Prayer

**October 17th (Eve of St. Luke's)**

9am St. James', Morning Prayer

11am St. Luke's, Holy Communion

3pm St. Paul's, Evening Prayer

7pm St. Thomas', Evening Prayer

**October 24th (Trinity XXI)**

9am St. Thomas', Morning Prayer

11am St. Paul's, Holy Communion

3pm St. James', Evening Prayer

7pm St. Luke's, Evening Prayer

**October 31 (Eve of All Saint's Day)**

11am St. Luke's, Holy Communion (Combined Service & Potluck!)

Jammin with Jesus: Youth Group for ages 6&up:

**October 7th and 28th at 6pm in the Hall**



Malcolm, Amelia, Adam and Mary wish to send their sincere thanks to everyone for their kind wishes and donations after our recent fire and medical emergencies. Your thoughts and prayers mean a lot to us at this time.

We wish to express a special thank you to those businesses that hosted 2 fantastic fundraisers. Finally, a truly well deserved thank you to all the fine volunteer fire fighters and their respective halls for a valiant effort against a stubborn fire. Your training and dedication is to be admired.

It is this kind of support and generosity that goes to show just how lucky we are to live here. Hope to be back on the hill soon

- The MacKenzies and family

*The Baptist Congregation of Port Hillford, Port Bickerton, and Sonora*  
(Convention of Atlantic Baptist Churches)

You are invited to attend our Worship Services:

Sunday, Sept. 26:

Baptism at the beach, Sonora South Rd., 10 AM  
Worship Service at Sonora Baptist Church, 11 AM

Sunday, Oct. 3:

Port Hillford United Baptist Church, 11 AM

Sunday, Oct. 10:

Port Bickerton United Baptist Church, 11 AM

Sunday, Oct. 17:

Sonora Baptist Church, 11 AM

Sunday, Oct. 24:

Port Hillford United Baptist Church, 11 AM

Sunday, Oct. 31:

Port Bickerton United Baptist Church, 11 AM

For more information, contact Rev. Norman Pearce at 522-2087 or  
[hbs.baptist@ns.sympatico.ca](mailto:hbs.baptist@ns.sympatico.ca).



**St. Mary's Academy O2 Update  
- October 2010**

Another year of the Options and Opportunities program at St. Mary's Academy is underway! This year, we have 38 dynamic students in grades ten to twelve enrolled in the O2 program.

Options and Opportunities (O2) is an exciting high school program which offers students more hands-on learning experiences with a career focus. It's designed to prepare students for successful transitions from high school to work, a career path, or a post-secondary program. O2 provides multiple opportunities for cooperative education, where students learn in community and workplace settings, link their in-school learning to the workplace, and enhance their employability skills.

A critical element in the success of O2 is the participation of employers and communities who open their doors to students.

If you or your business is interested in becoming a community partner with the St. Mary's Academy O2 program, please contact David MacDonald, O2 Lead Teacher, by phone (522-2035) or e-mail ([david.macdonald@srsb.ca](mailto:david.macdonald@srsb.ca)) for more information about this exciting opportunity!

*"Choose a job you love, and you will never have to work a day in your life." ~ Confucius*

**TOPS #5098 Liscomb**

Meetings on Tuesday nights in the fellowship room of Bayview Baptist Church.

Weigh-in time is 6:00 - 6:30 pm

Meeting time is 6:30-7:30 pm



If you wish to "Take Off Pounds Sensibly" then TOPS may be for you. New members are always welcome.

For more information, contact Debbie Baker at 902-779-2255.

**TOPS fundraiser - We will be having a "Sorry Box" at the Bob Breen Loop yard sale on Saturday, 2nd October 2010. Your support for this not-for-profit group is greatly appreciated.**

**Sonora/St. Mary's River Community Centre**

**Regular meeting October 4<sup>th</sup> @ 7pm**

**Penny Auction & Cake Walk Oct 22<sup>nd</sup>  
Drop off at Centre Oct 21<sup>st</sup>**

**St. Mary's Memorial Hospital**

The schedule for the next foot clinics are listed below. By appointment only 522-2882



Monday Nov 1, 2010

7:50-2:30PM Greenfield Sports Centre, Melrose

Tuesday Nov 2, 2010

7:30-10:30AM Maple Manor, Sherbrooke  
12:45-2:25PM Seniors Club, Ecum Secum

Wednesday Nov 3, 2010

8:00-10:40AM Community Centre, Port Bickerton  
12:45-2:25PM Maple Manor, Sherbrooke

**Liscomb Volunteer Fire Department**



The Monthly Meeting will be held in the Fire Hall Monday Sept 27<sup>th</sup> @ 6:30pm.

Training is the 3<sup>rd</sup> Tuesday of every month, next training is Tues. Sept 21<sup>st</sup>, 6:30pm

Annual Fire Hall Draw on a Mystery Package of goodies will be held at the Bob Breen Loop Sale on October 2<sup>nd</sup>. Anyone wishing to donate items would be much appreciated.

Call 779-2677 or 779-2598

# ST. MARY'S RECREATION



website: [www.saint-marys.ca/recreation](http://www.saint-marys.ca/recreation) or [www.facebook.com/StMarysRec](http://www.facebook.com/StMarysRec)

## THANK YOU

Recently I have accepted another position, making this my final newsletter in St. Mary's. October 1<sup>st</sup> will be my last day as Recreation Coordinator for the Municipality of St. Mary's. Making this decision has not been an easy one for me. Thank you for your support and well wishes in my decision.

I would like to thank everyone in the community for their support for recreation during my employment with St. Mary's. The strong community and volunteer support that I received from all areas of the municipality, have given way to make many opportunities with the Recreation Department. I feel that together we have accomplished a lot for recreation in St. Mary's and with your continuing community support, recreation will continue to move in a positive direction.

I have enjoyed my time working with everyone and I am sad to be writing this letter. I wish everyone the best in the future and I plan to visit the municipality by attending many of the great events hosted here. Thank you!

- Brendon Smithson

### St. Mary's Fitness Centre Fall Hours

**Monday-Thursday:** 6-7am, 4-8pm

**Friday:** 6-7am, 4-6pm

#### Promo of the Month: October

Existing members get 50% off their next membership purchase when you refer a friend who purchases a new member membership.

To contact the fitness centre:

522-2598 from 8:30am-4:00pm,  
or 522-2715 after 4:00pm.

## Physical Activity Frenzies Part 1

Ever wonder what all the fuss is about when you hear people talking about the latest trends in physical activity? This series is designed to give you insight into the latest physical activity crazes for 2010/2011.

First on the list is, *Geocaching!*

So, what is Geocaching? The basic idea is to locate hidden containers, called geocaches, using a handheld GPS and then share your experiences online.

How do you get involved, and what's required? First things first, you need a handheld GPS device. However, don't worry if you don't have one, because you can borrow one at the Municipal Office. Register for a free membership at [www.geocaching.com](http://www.geocaching.com). Click "Hide and Seek a Cache", type in your postal code, choose any cache from the list, enter the coordinates in your GPS, and away you go. Print off the cache page, as it has hints and info about cache container, and terrain difficulty. Find the cache, sign the log, rehide the cache in the same spot, and then log your find online.

The more you cache, the easier it gets. There are a variety of caches just waiting to be discovered. Get out and get active.  
Happy Caching!

Join us on **Saturday, Sept 25<sup>th</sup>** for Family Geocaching from 11am -2pm at the Municipal Office Parking Lot as part of Take Me Outside Week.

For more information about geocaching, contact Kristin at the Rec office at 522-2598, or email [kristin.porter@munet.ns.ca](mailto:kristin.porter@munet.ns.ca)



## St. Mary's Minor Hockey

### Silent Auction

St. Mary's Minor Hockey would like to thank all those who donated to this year's Silent Auction. We had a very successful day raising over \$1200. Thank you again for your contributions and we look forward to your support throughout the year.

### Executive

Due to the departure of Brendon Smithson on Oct 1<sup>st</sup>, St. Mary's Minor hockey is looking for a new president. Minor Hockey has a very strong and dedicated bunch of volunteers that work hard to make sure youth in the municipality have an opportunity to play hockey. The President would lead the executive into the 2010-11 season. Anyone interested, please contact Julie MacDonald 522-2536.

## Upcoming Seniors Fun Days



September 24<sup>th</sup> - Liscomb Legion  
October 1<sup>st</sup> - Goshen Comm. Centre  
October 8<sup>th</sup> - Maple Manor, Sherbrooke  
October 15<sup>th</sup> - Sonora Comm. Centre  
October 22<sup>nd</sup> - IHL Comm. Centre  
November 3<sup>rd</sup> - Eastern Shore Sunshine Club

Seniors Fun from 10:00-1:00. Light lunch provided.

## Take Me Outside Week

Take Me Outside Week activities have been postponed one week due to damage to Stonewall Park from Hurricane Earl. The new dates are as follows:  
**Monday, Sept 27<sup>th</sup>** Shelter Building  
**Wednesday, Sept 29<sup>th</sup>** Archery  
**Thursday, Sept 30<sup>th</sup>** Orienteering

Activities are from 2:30-5:00pm, and are open to grades 4-7 students.

## 30 & Over Hockey

The draft for the Over 30 league is coming up soon so don't forget to get your name on the list of players. Starting October 1<sup>st</sup> there will be sign-up sheets at Bud's Kwik Way, Sherbrooke Garage and Clover Farms.

### St. Mary's 30 + Hockey Registration Form (One form per participant)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Mail to: St. Mary's Recreation Dept  
16 Main Street, Sherbrooke, NS, B0J 3C0



Friday, Oct. 1 - **COURTHOUSE CONCERT**  
Featuring **Fran Doyle** 7:30 pm. Tickets \$8

Sunday, October 3 - **"WITH THESE TWO HANDS"**

Monday, October 4 to Oct 7 - **SHERBROOKE VILLAGE PHOTOGRAPHY CAMP** Early registration is recommended as space is limited. Sign up today! Visit Wally's Blog  
<http://www.novascotiablogs.com/whereiswally/>

Thursday, October 7 - **SEVENTH ANNUAL ROAD TO CELTIC COLOURS CEILIDH AT THE COURTHOUSE** -Featuring **Wendy MacIsaac, Stan Chapman** and **Marion Dewar**, 7:30 pm, admission \$15.00 at the door, season passes will be honored.

Saturday & Sunday, October 9-10 - **HARVEST WEEKEND** - We're celebrating Thanksgiving and the harvest, featuring traditional holiday fare at the jail.

### THANK YOU!

I would like to take this opportunity to thank all those who have sponsored, donated, volunteered and participated in the 2010 programs and events hosted at Sherbrooke Village. Without your continued support, both financial and hands-on, we would not be able to offer many of these activities. - Lynn Hayne

# October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 SMRA Mushroom presentation 2pm With these 2 hands SV	4 SV Photography Camp Sonora Hall meeting 7pm	5 SV Photography Camp Heavy Haul Kids First Drop-in Sherbrooke 9:30am Liscomb Legion meeting	6 SV Photography Camp Bible Study IHL Heavy Haul Village Readers 11am Cadets 6pm Lions Bingo 7:45pm	7 SV Photography Camp Heavy Haul Jammim with Jesus 6pm Road to Celtic Color ceiling 7:30pm Auction Liscomb 8pm	8 Goshen Seniors Day 10am PB Cake walk 7pm Counthouse Concert 7:30pm	9 Heavy Haul Moving Sale 10am Bob Been Loop Sale 11am Retirement Party 6:30pm
10 Harvest weekend Gospel Concert 2pm	11 Thanksgiving day St. Mary's Darts CH cards 8pm	12 Kids First Drop-in Sherbrooke 9:30am High-crest bday party TOPS 6:30pm Council 7pm IHL Auction 8pm	13 Bible Study IHL Cadets 6pm Lions Bingo 7:45pm	14 Jammim with Jesus Youth Group 6pm Auction Liscomb 8pm	15 Sonora Seniors Café 10am Seniors Fun day 10am Bible Study 10:30am IHL Youth Group 7pm	16 Yard Sale 9am Goshen Turkey Supper 4:30pm Liscomb Legion Cribbage 8pm
17	18 Library Games week St. Mary's Darts Council meeting 7pm CH cards 8pm	19 Library Games week Kids First Drop-in Sherbrooke 9:30am IHL Tweens 3pm TOPS 6:30pm Goshen play/round meeting 7pm IHL Auction 8pm	20 Library Games week Cadets 6pm PB hall meeting 7pm Lions Bingo 7:45pm	21 Library Games week Auction Liscomb 8pm	22 Library Games week Seniors Café 9:30am IHL Seniors fun Days 10am Bible Study 10:30am Sonora Cake Walk IHL Youth group 7pm	23 SMRA Auction/Dinner Library Games week Kirk United Chinese Buffet Supper 4pm Liscomb Legion Cribbage 8pm
24	25 St. Mary's Darts CH cards 8pm	26 Kids First Drop-in Sherbrooke 8:30am IHL Tweens 3pm TOPS 6:30pm IHL Auction 8pm	27 Cadets 6pm PB Haunted House 7pm Lions Bingo 7:45pm	28 Children Story time Jammim with Jesus 6pm PB Haunted House 7pm Auction Liscomb 8pm	29 Seniors Café 9:30am Bible Study 10:30am IHL Youth Group 7pm Stillwater Card party	30 Goshen Flea Market 11am Lions hall dance 9:30pm CH Dance 9pm Liscomb Legion Cribbage 8pm
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