

# November 2010 Newsletter

[www.saint-marys.ca](http://www.saint-marys.ca)

The DEADLINE to have information submitted for the DECEMBER issue of the Newsletter is **WEDNESDAY, November 18<sup>th</sup>, 2010 at 4:00 p.m.** Submissions can be received by fax: 522-2309 or email: [council@munet.ns.ca](mailto:council@munet.ns.ca) Subject line must read NEWSLETTER SUBMISSION. Also please note that we reserve the right to edit any and all submissions to this newsletter.



## St. Mary's Municipal Council

The next regular meeting of St. Mary's Municipal Council will be held on Monday, **November 8<sup>th</sup>, 7 pm**. The public is invited to attend. Thurs Nov 11<sup>th</sup> is Remembrance Day, office will be closed.

Visit our website for recent minutes of the regular meetings, important dates and forms. [www.saint-marys.ca](http://www.saint-marys.ca).

## Port Bickerton Sewer Project

Reminder that your voter card is due back to the Municipal office by November 8<sup>th</sup>. These votes will be counted at the Port Bickerton Community Centre on **November 17 at 7pm**. This vote will determine whether we proceed in the next steps of the project.

## Transfer Stations Hour of Operation Change

As of Tuesday November 2<sup>nd</sup>, 2010  
Transfer Station will be Open from  
9am - 4pm Tuesday thru Saturday  
Remembrance Day - CLOSED

## Building Inspector Hours Change

As the construction season winds down, Peter Avery will be available at the Guysborough Municipality Office during regular hours and visiting St. Mary's on an as needed basis. Contact him at (902) 533-3705 ext 235, or by email [pavery@modg.ca](mailto:pavery@modg.ca). If you wish to make an appointment, call 522-2049.

**Reminder:** Application deadline is December 31, 2010 for the 2010 Property Tax Rebate for Seniors. Copies are available at the municipal office. Please drop by or contact us at the Municipal office at 522-2049 for a copy of your 2009 taxes paid receipt or for more information

## School Steering Committee Update

The school steering team committee (SST) has started the task of developing the project plan for the amalgamation of the St. Mary's Academy and St. Mary's Education Centre. There is an aggressive schedule set out with a construction start date in the Spring 2011, and a finishing date in the Fall 2012.

The SST has already had two meetings with the next one set for Nov. 2<sup>nd</sup>. The list of SST members provided below shows the range of people involved. Time is of the essence, if you have thoughts or input now is the chance to be heard. Please contact any of the committee members ASAP.

### Members include:

Principals: Terry Broussard and Danny Berry  
Teachers: Mike McGinn and Natasha MacKinnon  
SAC Chair: Betty Mills  
Students: Colin Feltmate and Kathryn Kean  
Support Staff: Jasper Jordan  
Community Members: Julie MacDonald/Rachel Baker  
Municipal Leaders: Mike Mosher/Bradley Macleod  
Board Members: Kim Horton/  
Jason Bernard/Clarence Reddick  
Strait Regional School Board Personnel:  
Manager of Capital Construction: Lou Bona  
Director of Operations: Terry Doyle  
Director of Programs and Student Services: Monica Williams  
Superintendent: Jack Beaton  
Dept. of Education Rep: Mr. Charlie Ritchey  
Architecture Firm: Connor Architect and Planners

Members are reachable at: SMEC 522-2606, SMA 522-2035, SRSB (902) 625-2191, and Mike Mosher 347-2784.

## St. Mary's Tree Lighting Ceremony



Friday Nov 26<sup>th</sup> at 6:30pm,  
Maple Manor, Sherbrooke



Followed by Family Skate- RecPlex from 7pm-9pm  
Hot Chocolate, Timbits and a visit from Santa.  
Nova Scotia Power Tree light exchange as well.

## Sherbrooke Lions Karaoke Dance

Friday Nov 26<sup>th</sup>

Master-Blaster Music from 9pm-1am

Cost is \$10.00 per person

Supporting the Christmas Daddies project

Gov't IDs required



## Upcoming Seniors Fun Days

Wednesday Nov. 3<sup>rd</sup>-Eastern Shore Sunshine Club

Friday, Nov. 5<sup>th</sup>-Greenfield Oldsters Club, Melrose

Friday, Nov. 12<sup>th</sup>-Port Bickerton Comm. Centre

Monday, Nov. 15<sup>th</sup>-Liscomb Legion (9:30-12:30)

Seniors Fun from

10:00am-1:00 pm.

Light lunch provided.



## Did You Know?

Shortening daylight hours allow many of us to view twilight at both sunset and sunrise.



Civil twilight is the period from when the sun has left the horizon until the center is 6 degrees below the horizon. If the sky is clear, normal activities like reading without artificial light can occur. For the sunrise period, the sequence is reversed. First light marks the beginning of morning civil twilight, and last light, the end of evening civil twilight.

Nautical twilight occurs when the sun is 6-12 degrees below the horizon. The brighter stars become visible, making good conditions for position fixing using manual navigation instruments.

Astronomical twilight fills the time interval when the sun is between 12-18 degrees below the horizon. During this time, only the gross outlines of objects can be seen. When the sun is below 18 degrees, it is officially dark, or night.

**Question:** What are anti-twilight arches?

**Answer to last month's question:** Agate is good for mixing chemicals because it is resistant to acids.

## Pub Night Staring Lee Burke Live Entertainment

Port Bickerton Community Center

Saturday November 6<sup>th</sup> 8-12pm

Admission \$10

### Haunted House

Port Bickerton Community Center

October 28&29 from 7-9pm

Admission \$2

Proceeds from both these events go to Port Bickerton Building fund



## HYMN SING

The monthly old fashioned hymn sing at the common room of Maple Manor in Sherbrooke will be held on Saturday, November 20<sup>th</sup>, beginning at 6:00 pm. The hymn sing for December will take place on Saturday, December 18<sup>th</sup> at 6:00 pm. There is no cost, and everyone is welcome. Come out and join us for some music and fun!

## ST. MARY'S DISTRICT FOOD BANK

Give the gift of sharing! Have you ever considered giving a donation to the Food Bank in the name of a friend or relative? The Food Bank will send a gift card to whomever you choose, indicating that you have made a gift donation in their name.



Money for gift cards or for donation may be mailed to St. Mary's District Food Bank, PO Box 102, Sherbrooke, NS, B0J 3C0. Tax receipts are available for donations of \$10 or more.

If you are in need of assistance please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential.

## Sherbrooke Library Chat line

**VILLAGE READERS' BOOK CLUB** - The next meeting will be held at 11:00am, Wednesday, November 3<sup>rd</sup>. New, present, and former members are welcome. Tell a book of their choice or just listen to the others.

**REMEMBRANCE DAY**- November 11<sup>th</sup>, the library will be closed in honor of our veterans.

**CHILDREN'S STORY TIME** will be starting October 28<sup>th</sup> for ages 3-4. Please call the Library to register.

**STUDENTS**- come to the library 10:00 am, Saturday, November 20<sup>th</sup> to make Christmas Crafts. There are three age levels: 3-5 year olds, 6-9 year olds, and 10 and upward. Please register so that we will have space and supplies for you. Phone 522-2180. This day coincides with the Christmas craft sale at the Lion's Hall. Great chance to drop off kids, and then go to the craft sale.

### Sherbrooke Library & C@P Site

Monday.....	2-5 & 6-8pm
Tuesday.....	2-5 & 6-8pm
Wednesday.....	2-5 & 6-8pm
Thursday.....	2-5pm
Friday.....	10:30am-4pm
Saturday.....	11am-2pm

Telephone: 522-2180

[www.ecrl.library.ns.ca](http://www.ecrl.library.ns.ca)

**The Anglican Parish of Liscomb and  
Port Bickerton**

The Reverend Melissa Frankland, Rector  
Contact: 522-2510

**October 31 (Eve of All Saint's Day)**

11 am St. Luke's, Holy Communion (Combined Service & Potluck!)

**November 7 (Trinity XXIII)**

9 am St. Paul's, Morning Prayer  
11 am St. Thomas', Holy Communion  
3 pm St. Luke's, Evening Prayer  
7 pm St. James', Evening Prayer

**November 14<sup>th</sup> (Trinity XXIV)**

9 am St. Luke's, Morning Prayer  
11 am St. James', Holy Communion  
3 pm St. Thomas', Evening Prayer  
7 pm St. Paul's, Evening Prayer

**November 21 (Sunday Next Before Advent)**

9 am St. James', Morning Prayer  
11 am St. Luke's, Holy Communion  
3 pm St. Paul's, Evening Prayer  
7 pm St. Thomas', Evening Prayer

**November 28<sup>th</sup> (First Sunday in Advent)**

9 am St. Thomas', Morning Prayer  
11 am St. Paul's, Holy Communion  
3 pm St. James', Evening Prayer  
7 pm St. Luke's, Evening Prayer

Jammin with Jesus: Youth Group for ages 6 and up.

**Movie Night!**- October 29<sup>th</sup>, 7-9 pm at the Indian Harbour Lake Community Centre. "Veggie Tales", and "The Chronicles of Narnia". By Donation only! There will be snacks on sale as well. All funds raised going towards Parish Wide Youth Programs.

November 18<sup>th</sup> in Liscomb-6 pm at the Hall

November 25<sup>th</sup> 7 pm at St. Thomas, Indian Harbour Lake

**Fall Bible Study: "To Build and to Plant"** *On the book of the Prophet Jeremiah*

Our five week Bible study will explore the Prophets, paying specific attention to the life of the Prophet Jeremiah and God's message to His people. 10:30-11:30 am. Come as you are and join us as we explore God's message to His people!

**Annual Parish Turkey Supper**

November 6<sup>th</sup>, 2010

4-6 pm

Lions Community Centre  
Sherbrooke

Adults \$10.00, children \$5.00

Sponsored by: The Parish of Liscomb and  
Port Bickerton

EVERYONE WELCOME



**The Baptist Congregation of Port Hillford, Port  
Bickerton, and Sonora**

(Convention of Atlantic Baptist Churches)

You are invited to attend our Worship Services:

Sunday, Nov. 7: Sonora Baptist Church, 11 am  
(Remembrance Week Service)

Sunday, Nov. 14: Port Hillford United Baptist Church,  
11 am

Sunday, Nov. 21: Port Bickerton United Baptist  
Church, 11 am

Sunday, Nov. 28: Sonora Baptist Church, 11 am

**A Christmas Music Concert by Rachel Maclean** will take place at Sonora Baptist Church, Thursday, December 2<sup>nd</sup> at 7:00pm. Rachel is a recording artist and former resident of this area. Listen to some of her music at [www.rachelmaclea.ca](http://www.rachelmaclea.ca) or [www.macleansisters.com](http://www.macleansisters.com)

The **Community Choir**, under the direction of Iris Hayes, begins practicing on Monday, October 25<sup>th</sup>, 2010, for Sacred Christmas Concerts to be held in December. If you are interested in joining the choir, there is room for **YOU!** We meet on Monday evenings at 7:00 PM at Port Hillford United Baptist Church.

For more information, contact Rev. Norman Pearce at 522-2087 or [hbs.baptist@ns.sympatico.ca](mailto:hbs.baptist@ns.sympatico.ca).

**Remembrance Day Service**

November 11<sup>th</sup>, at 11:00 am at St. James Presbyterian Church.

Following the service there will be a dinner for members and family at the Lion's Hall.

Wreaths are now available. For more information contact Gregor Lambourne at 522-2797, or Kelly Kaiser at 522-2553.

**ROYAL CANADIAN LEGION BR. #86 LISCOMB**

Next general meeting will be held on Tuesday, Nov. 2<sup>nd</sup>

**Activities:**

**AUCTION**- Thursdays at 8 pm \$5.00

**CRIBBAGE**- Saturdays at 8 pm \$5.00

**October 30-Kevin Beanland show**

Country, Bluegrass and Gospel Music. \$8 per person at the door. Starts at 7 pm.

**CRIB TOURNAMENT:** Saturday, October 23<sup>rd</sup>.

Starts at 2 pm. 8 games-potluck-8 games. \$10/person.

**REMEMBRANCE DAY: NOVEMBER 11<sup>TH</sup>**

Service at 9:30 am- St. Luke's Anglican Church  
Laying of the wreaths-11am at Branch 86-Royal Canadian Legion

Dinner for Legion Members and Guests-served at 12 noon.

**SENIOR CHRISTMAS PARTY:** Nov. 30<sup>th</sup>- 2pm

Once again Branch 86 is pleased to welcome all the seniors to an afternoon of Christmas games and fun.

**Casserole Supper, Craft and Bake Sale**  
**November 6, 2010 from 4-6 pm**  
**Glenelg Presbyterian Church Hall**  
**Adults \$8.00, Children under 12 \$4.00**  
**Takeout available**



50<sup>th</sup> Wedding Anniversary celebrations for  
Charlotte and Eldridge Feltmate on  
November 13, 2010 from 1-6 pm at  
Goshen Community Centre.  
Everyone is welcome!



**St. John's Church Hall - Necum Teuch**  
**Indoor Yard Sale:**

Nov 13<sup>th</sup> (Christmas Sale)  
9:00am to 1:00pm at St. John's Church Hall,  
#7 Hwy, Necum Teuch  
New and Old Items, Bake Table,  
Lunch and Tea/Coffee available  
To book tables contact Helen 347-2182

**OPEN RECEPTION**

On Saturday, November 6<sup>th</sup>, from 6:30-8:30 pm,  
an open reception will be held at the  
IHL/Jordanville Community Centre in  
Indian Harbour Lake.



This evening is being held in  
honor of Jim Hewitt for his business contributions to this,  
and surrounding communities. Come and join us in  
celebrating Jim's many years as a well respected and  
dedicated businessman.

*Refreshments will be served.*

50<sup>th</sup> Wedding Anniversary  
Everyone is invited to attend the  
celebration of love between Ray  
and Pearl Burns in the Sonora  
Community Centre. Come and share with their



family and friends as they celebrate 50 years of  
marriage, Saturday, November 13<sup>th</sup> from 4:00-  
7:00. Everyone Welcome! Best wishes only!

**Seniors Ham Dinner**  
**Tuesday, December 7<sup>th</sup> at 12:00 pm**  
**Ecum Secum Firehall**

**Guysborough County Kids First**

**The Parent/Tot Drop-in** takes place in Sherbrooke on  
Tuesdays from 9:30 to 11:30AM at the St. Mary's  
Education Center. Drop-in is open to all parents/  
caregivers and children ages 0-6 years. Social time, play  
time, healthy snack and craft time for kids.



**Sherbrooke Just Me & My Friends** takes  
place on Tuesdays from 12:00 to 2:00 pm at  
St. Mary's Education Centre, Room 208. All  
children turning four by December 31, 2010 are welcome  
to attend this school readiness program. Please bring a  
healthy snack.

The Guysborough Early Year committee would like to  
thank all partners involved for the success of the school  
age healthy check-in session held at St. Mary's  
Education Centre, October 5<sup>th</sup>.

For more information regarding Kids First or the  
programs, visit our website [www.kids1st.ca](http://www.kids1st.ca) All  
programs and services are free and confidential! For  
more information on any of these programs, please  
contact Paula toll free at 1-888-533-3881.

**Prize Bingo**

**Goshen Community Centre**  
**Saturday, November 6<sup>th</sup>, 2:00 pm**  
**All proceeds are for the Goshen Fitness Centre**  
**and Goshen Community Centre**



All are welcome to Bethel Community  
Church's 10<sup>th</sup> Annual Christmas  
banquet. Friday, December 10<sup>th</sup>, 6:30  
pm. No offering, no admittance.

**Waternish-Stillwater Cemetery Committee is**  
**holding a "work day" on Sunday, November 7<sup>th</sup>,**  
**from 1:00-4:00 pm. Anyone available to help out**  
**would be much appreciated. Weather**  
**permitting.**

**Stillwater Community Center**



**Weekly Card plays (Friday night) are**  
**up and running again. Come enjoy**  
**the game and lunch!**

**Next meeting: Sunday November 28th @ 7:00pm**  
**Always looking for more volunteers!**

*"Even if something is left undone, everyone must take time to sit still  
and watch the leaves turn."- Elizabeth Lawrence*

## Greetings from High-Crest Sherbrooke

Our residents celebration birthdays this month are:

Mary Janet MacDonald	Nov. 3 <sup>rd</sup>
Dorothy Bouchie	Nov. 9 <sup>th</sup>
Daisy Fraser	Nov. 26 <sup>th</sup>
Hughie MacDonald	Nov. 26 <sup>th</sup>

Happy Birthday Folks! Our Homebuddies Bingo/Birthday Party will be held on Nov. 15<sup>th</sup> at 1:15 pm to celebrate. Everyone is welcome!

Just a reminder to the children in the area, come and see us on Halloween night. We have good treats! Have fun and stay safe!



On Friday, November 26<sup>th</sup> we will be holding our Yearly Memorial Service. This is an afternoon dedicated to residents who have passed through the year. After the service, tea and sweets will be served. The memorial service will start at 1:30 pm.

On Friday, December 3<sup>rd</sup>, we will be having our Annual Christmas Tea & Sale. We hope that you will drop by for some tea and sweets, and a visit! The Homebuddies will be having their delicious bake table set up. Anyone wishing to make donations to our sale table: crafts and used items, and all donations would be gratefully accepted! We look forward to your visit. The tea will start at 1:30 and will cost \$5.00.

### St. Mary's Memorial Hospital

The schedule for the next foot clinics are listed below. By appointment only 522-2882



Monday Nov 1, 2010

7:50-2:30PM Greenfield Sports Centre, Melrose

Tuesday Nov 2, 2010

7:30-10:30AM Maple Manor, Sherbrooke

12:45-2:25PM Seniors Club, Ecum Secum

Wednesday Nov 3, 2010

8:00-10:40AM Community Centre, Port Bickerton

12:45-2:25PM Maple Manor, Sherbrooke

### Annual Prize Bingo

**Where:** Port Bickerton Community Centre

**When:** Saturday, November 13<sup>th</sup>, 2:00 pm

**Proceeds to Port Bickerton Lighthouse Project**

Anyone wishing to donate a prize please

contact: Patsy Horton 364-2519, Darlene

Burns 364-2029, or Colleen Kaiser 364-2024.

## DISTRICT WOMENS INSTITUTE ACTIVITY DAY

When: November 3<sup>rd</sup>, 2010 10:00 am

Where: IHL Community Centre



All W.I. members, and other interested people are welcome to participate as we work on projects for W.I. charities.

We will work on tying quilts, finger puppets, chemotherapy hats and scarves, medical pillows, some light physical exercise.

No experience necessary. We need: cutters, gluers, stuffers, stitchers and talkers. Lunch Provided.

### Port Bickerton Community Centre Club

For hall rentals, please call Ardeth Dodge at 364-2967.

To make a donation to the building fund, please call Stacey Kaiser at 364-2889.

Please join us for the next Club meeting on November 15<sup>th</sup> at 7 pm.

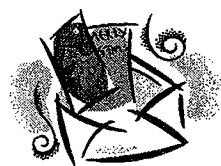
The winner of the quilt raffle was Glenda Mills, thanks to all who supported this raffle.

### FREE COMPUTER SESSIONS FOR WOMEN

The WEE Society is offering free computer sessions for women at local C@P sites and community centers across in the District of St. Mary's. Sessions will cover topics like: Basic Computer Skills,

Using the Internet and Email, Intermediate Computer Skills, Doing On-line Job Searches, and much more. If

you're interested or if you know someone who might benefit from this free program, contact: Kim Avery at 902-870-0593 or email [kavery@weesociety.ca](mailto:kavery@weesociety.ca). Travel and childcare expenses are available.



A Christmas Card Class is being held at the Sherbrooke Village Boardroom, November 20<sup>th</sup> at 1:00pm. Cost is \$12.00.

Participants must pre register.

Call Dawn Howard for more info at 833-2059.

## CHRISTMAS CRAFT SALE

A Christmas craft sale will be held at the Lion's Hall in Sherbrooke, November 20<sup>th</sup> from 10 am till 3 pm. There will be many homemade items, including home baking, Christmas puddings and cakes, honey, crochet work, jam/jellies, soap/soy candles, afghans, knit goods, and wood crafts.



Get a head start on your Christmas shopping and find unique, one of a kind items. Stay and enjoy a cup of coffee and muffins. Free admission.

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### St. Mary's Academy O2 Update - November 2010

On October 19, 2010, grade ten O2 students visited the Nova Scotia Agricultural College in Bible Hill.

Students visited the aquatics lab, barn, greenhouse and engineering departments. It was an excellent learning experience—the highlight of which was seeing a live cow with a hole in its stomach.

O2 students from grades 10 to 12 have completed Career Research Projects on a career of their choice. The wide variety of careers chosen and student interest in completing this project were fantastic. Grade 10 O2 students have also been busy completing job shadows. The O2 program would like to thank all community hosts and employers who have participated in making student job shadowing possible.

For more information about the O2 program at St. Mary's Academy, please contact David MacDonald, O2 Lead Teacher, at 522-2035 or [david.macdonald@srsb.ca](mailto:david.macdonald@srsb.ca).

### St. Mary's Shooters Association

Sunday, October 24 Rabbit Hunt shoot.

10:00am-3:00 pm

Paper rabbit targets at 25, 50, 75 & 100 yards. 410 shotgun for first prize, lunch available.

Sunday, October 30<sup>th</sup> Turkey and chicken shoot

10:00 am-3:00 pm

Frozen turkeys and chickens as prizes, lunch available.

Members and those wishing to join SMSA are reminded that the yearly club dues are now payable. They remain at \$15.00. Please contact Mike Ackermann at 522-2172, John Day at 783-2820, or Colin Coody at 522-2995. SMSA will have DNR Range Sundays as weather permits.

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### Indian Harbour Lake-Jordanville Community Centre

Next hall meeting: Monday, November 8<sup>th</sup> at 7:00 pm. Everyone welcome.

Walking and Aerobics has begun. Every Tuesday and Thursday at 10:00 am. \$2.00 fee each day. Come out and join the fun!

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### Indian Harbour Lake Pentecostal Church November Worship and Activities

#### Sunday:

9:45 am Sunday School

Classes for children & adults

11:00 am Morning Worship

November 7<sup>th</sup>- Special Guests:

Maurice and Maureen Potter

Missionaries from Kenya

6:30 pm Prayer & Praise- November 21<sup>st</sup>

#### Weekday Activities:

Tuesdays 3:00-4:30 pm Tweens (Ages 8-12)

Wednesday, November 3<sup>rd</sup>, 10<sup>th</sup>, and 17<sup>th</sup>

Bible Study on the Gospel of John

Friday, November 5<sup>th</sup> and 19<sup>th</sup> 7:00 pm Youth Group (Ages 13-19)

All are Welcome! For more information, contact Pastor Dave Connolly at 522-2759 or [pastordave@ihlpentecostalchurch.ca](mailto:pastordave@ihlpentecostalchurch.ca)

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# St. Mary's Recreation

website: [www.saint-marys.ca/recreation](http://www.saint-marys.ca/recreation) or [www.facebook.com/StMarysRec](http://www.facebook.com/StMarysRec)

## St. Mary's Fitness Centre Fall Hours

### Monday-Thursday:

6-7am, 4-8pm

Friday: 6-7am, 4-6pm



### Promo of the Month: November

Buy one 7-day punch pass, and get a 2<sup>nd</sup> 7-day punch pass for 1/2 price

To contact the fitness centre:

522-2598 from 8:30am-4:00pm,  
Or 522-2715 after 4:00pm.

## Physical Activity Frenzies Part 2

OK, so exercising is good for you, but it's not always "fun"...until now! The latest and most popular craze in Physical Activity is Zumba® fitness. So what is Zumba®?

Zumba® fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Zumba® is a one hour calorie burning, exhilarating experience which makes "working out" fun and enjoyable.

The Zumba® routines include interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add a dash of Latin spice, and you'll find yourself in a Zumba® class.

In previous years, Zumba® has grown in popularity, spreading like wildfire, and has become one of the top workout programs in the fitness industry.

St. Mary's Recreation hopes to showcase Zumba® fitness in the New Year. If you are interested in becoming a Zumba® instructor, we'd love to hear from you. Call the Rec office at 522-2598.

## Upcoming Senior Fun Days



\*Please note the change in the different days/times of the week.\*

Wednesday Nov. 3<sup>rd</sup> - Eastern Shore Sunshine Club  
Friday Nov. 5<sup>th</sup> - Greenfield Oldsters Club, Melrose  
Friday Nov. 12<sup>th</sup> - Port Bickerton Comm. Centre  
Monday Nov. 15<sup>th</sup> - Liscomb Legion (9:30-12:30)

Seniors Fun from 10:00am-1:00pm.  
Light lunch provided.

Join in on the fun, and try your hand at Wii Bowling, Crokinole, Cribbage, Auction, Scrabble and much more.

Senior's Days are open to anyone over the age of 50 and all those who are young at heart.  
Hope you see you there!

## Indoor Soccer

Starting **Tuesday, October 26<sup>th</sup>**, Indoor Soccer will be hitting the St. Mary's Academy gymnasium. Indoor Soccer is open to ages 4-14.

There will be three age categories.

Ages 4-7 will play from 6:00-6:35pm

Ages 8-10 will play from 6:35- 7:15pm

Ages 12 and up will play from 7:15- 8:00pm

Cost of Indoor Soccer is

\$10 for 1 child

\$15 for 2 children

\$20 for 3 or more children

To register or to volunteer to coach, please contact the Rec office at 522-2598.

## Quote of the month

Age is an issue of mind over matter. If you don't mind, it doesn't matter. ~Mark Twain

## 30 & Over Hockey

The draft for the Over 30 league will be held on Monday, October 25<sup>th</sup>. Don't miss out on another fun year of Over 30 hockey. If you missed the chance to sign-up before the draft, call the Recreation Office to register at 522-2598. Check the website, and Facebook page for team lists and schedule.

### Trailblazers

#### No Child Left Outside

After a very successful first year, the Trailblazers are back again! Starting in January, St. Mary's Recreation will be running the popular outdoor education after school program again. Trailblazers are open to children from grades 4-7. We hope to see many of our level 1



Trailblazers return. New Trailblazer members are always welcome!

The Trailblazer program combines outdoor education, outdoor recreation and leadership development as part of the weekly programming.

Activities include: snowshoeing, angling, stargazing, hiking, geocaching, orienteering, kayaking and much more.

The club will run on Tuesday's after school from 2:30-5:00pm.

Following the slogan: "No Child Left Inside", the program will be FREE to all children. There will be a maximum of 20 kids in the program due to staffing numbers. Parent volunteers are welcome to join us, and help out with the program.

Registration forms will be sent out through the school in mid- November. Registration will be on a first come, first serve basis. If you have any questions, or would like to volunteer to help out with the Trailblazers, please contact the Recreation office at 522-2598.

### Outdoor Education Volunteers

Trailblazers are also looking for community members who have keen interest in outdoor recreation and education, who would be interested in sharing their passion with the Trailblazers.

Whether it's setting traps, building blinds, winter survival, fishing, bow hunting; the sky is the limit.

Trailblazers would love to hear from you.

Please call the Rec Office at 522-2598

## HOCKEY TIME KEEPERS

The recreation office is looking for timekeepers for the Over 30 Hockey League. The Over 30 Hockey League Games are held on Wednesday and Friday evenings starting at 7pm, and running until 9:30pm. If you are interested, please call the Rec office at 522-2598, or drop by the office.

### Community Exercise Classes

#### IHL

Location: Indian Harbour Lake Community Centre

Days: Tuesdays and Thursdays

Time: 10-11:30am

Ongoing

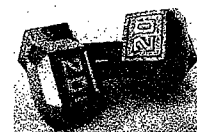
#### Liscomb

Location: Liscomb Legion

Days: Mondays and Wednesdays

Time: 1:00-2:30pm

Start Date: October 25<sup>th</sup>



### Friends of Stonewall Park Society

The Friends of Stonewall Park Society are currently looking for members to join their executive. Any members of the public with interest in the restoration of Stonewall Park are asked to contact the Recreation office at 522-2598.

### St. Mary's Minor Hockey

St. Mary's Minor Hockey has implemented some new guidelines regarding time/score keepers (off-ice officials). Each division is expected to have at least 4 parent volunteers to learn how to run the clock and keep score of the games. Darlene and Joey Jordan have offered to hold a training clinic, likely during the first week that the ice is in. Any interested parents are asked to contact Darlene at 522-2709. Please note that no games will be booked for any division that does not have properly trained off-ice officials.



A manager information session will be offered once managers are determined for each division. Contact Darlene at 522-2709 to set this up.

We are still looking for a Minor Hockey President. It is not a huge time commitment. If you are interested or have questions, please contact Julie at 522-2536 or any member of the Minor Hockey Executive.



### *Thank you*

*I would like to thank my family and friends who helped me celebrate my 90<sup>th</sup> birthday. Many thanks for your cards, gifts, and phone calls. It was a day I will never forget.*

*God Bless you all,  
Rita Burns*

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The Port Bickerton Womans Institute would like to thank everyone who bought tickets on our quilt. The lucky winner was Mackenzie Sangster, New Harbour.

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### Thank You

The Sea Shore Volunteer Fire Department wishes to thank the many supporters who made the Fish Fry Weekend a success. We appreciate your donations. Thanks to the volunteers who worked during the supper and dance. Without volunteers and supporters in our community we would not be able to continue our training and be able to serve the community when needed.

Duck race: Thank you to all who bought tickets in support of the Fire Dept. We raised \$1425.00 and the winning tickets were: Harvey Taylor, Ellis and Donna Kaiser, Tony Kaiser, Carmen Jollota, Bet McInnis, and Patsy Horton.

We appreciate you (the people of District 8), and all you do for us. We are thankful for all the people who come from near and far and support our fundraising.

**Pub Night-November 6, 2010. Live entertainment by Lee Burke. Time: 8 pm-12 am. Port Bickerton Community Centre. Sponsored by Fire Dept.**

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*John Mac Donald and families would like to thank all who came out to help celebrate his 80<sup>th</sup> birthday. Thanks for all the cards and best wishes. It was a special day.*

*The Mac Donald family*

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### Thank You

*We wish to thank our friends and neighbors for the lovely "going away" party that was held in our honor. It was truly humbling to see so many turn out. Your thoughtfulness and best wishes are appreciated. Your friendship will always be remembered.*

*Clifford and Mary Kaizer*

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### Thank you

*For all the cards, phone calls and visits please accept my sincere thanks and appreciation at this sad time.*

*Florence Reid*

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### Thank You

Thanks to everyone who made the 15<sup>th</sup> Annual Kevin Rudolph Memorial Co-Ed Ball tournament such a huge success. To the players, Umpire, those who donated food for the canteen, and those who worked in the canteen, it was greatly appreciated. \$700.00 was raised for the Fire Department.

Thanks to everyone who donated items for the grocery box at the yard sale and bought tickets. The box was won by Henry Tibbo and \$152.00 was raised for the Liscomb Fire Department. The next meeting for the Liscomb Fire Department will be Monday, October 25<sup>th</sup> at 6:30 pm. Training will be Tuesday, November 16<sup>th</sup> at 6:30 pm.

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*I would like to extend a heartfelt thank you to all who attended my birthday party, and helped in any way to make it such a success. Thanks for all the good wishes, cards, etc. It was great to see so many of my friends, relatives, and neighbours.*

*Jessie Kaiser*

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I would like to thank my family and friends, who visited, sent cards and phone calls, during my recovery from surgery. I want to thank everybody who prayed for me. Your love and concern, has been a blessing to me. May the Lord Bless you all,

Ray Burns

# November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Liscomb Aerobics-1pm Melrose Foot Clinic	2 IHL Aerobics-10am Kids First Dropln-9:30 Just Me & My Friends-12:00 School Steering Meeting Tweens-3pm Sherbrooke and Ecum Secum Foot Clinic Indoor Soccer- 6pm	3 Seniors Fun Day- Ecum Secum- 10am-1pm Liscomb Aerobics-1pm Bible Study Foot clinic Bookclub-11am WI Activity Day Cadets	4 IHL Aerobics-10am StoryTime- 10am	5 Seniors Fun Day- Melrose 10am-1pm Card Party IHL Youth Group	6 Prize Bingo-2pm Casserole Supper-4pm Turkey Supper- 4pm Reception-6:30pm Pub Night-8pm
7 Cemetery "Work Day"- 1:00pm	8 Liscomb Aerobics-1pm Council- 7pm IHL Hall Meeting-7pm	9 PB Voter Cards Due Kids First Dropln-9:30 Just Me & My Friends-12:00 IHL Aerobics-10am Tweens-3pm Indoor Soccer- 6pm	10 Liscomb Aerobics-1pm Bible Study Cadets	11 Remembrance Day Services	12 Seniors Fun Day-PB 10am-1pm Card Party	13 Indoor Yard Sale- 9am Wedding Anniversary-1pm Wedding Anniversary-4pm Prize Bingo-2pm
14	15 Liscomb Aerobics-1pm Seniors Fun Day- Liscomb 9:30-12:30 Homebuddies Bday Party- 1:15pm PB Hall Meeting- 7pm	16 Kids First Dropln-9:30 Just Me & My Friends-12:00 IHL Aerobics-10am Tweens-3pm Indoor Soccer- 6pm	17 Liscomb Aerobics-1pm Bible Study Cadets	18 IHL Aerobics-10am StoryTime- 10am	19 Card Party IHL Youth Group	20 X-Mas Craft Sale- 10am Hymn Sing-6pm Xmas Card Class-1pm Library Craft Day- 10am
21	22 Liscomb Aerobics-1pm	23 Kids First Dropln-9:30 Just Me & My Friends-12:00 IHL Aerobics-10am Tweens-3pm Indoor Soccer- 6pm	24 Liscomb Aerobics-1pm Cadets	25 IHL Aerobics-10am StoryTime- 10am	26 Memorial Service-1:30pm X-Mas Tree Lighting-6:30pm Family Skate-7pm Karaoke Dance- 9pm Card Party	27
28 Stillwater CC Meeting-7pm	29 Liscomb Aerobics-1pm	30 Kids First Dropln-9:30 Just Me & My Friends-12:00 IHL Aerobics-10am Tweens-3pm Indoor Soccer- 6pm				