

Municipality of the District of St. Mary's & St. Mary's Recreation Department

# JUNE 2011 Newsletter



#### www.saint-marys.ca

The DEADLINE to have information submitted for the JULY issue of the Newsletter is WEDNESDAY, June 15th at 4:00 p.m. Submissions can be received by fax: 522-2309 or email: council@munet.ns.ca Subject line must read NEWSLETTER SUBMISSION. Also please note that we reserve the right to edit any and all submissions to this newsletter.



#### St. Mary's Municipal Council

The next regular meeting of St. Mary's Municipal Council will be held on Monday, June 13th, 7 pm. The public is invited to attend. Visit our website for recent minutes of the regular meetings, important dates and forms. www.saint-marys.ca

The Municipality is looking for your feedback.. Do you receive good radio station coverage of 98.9XFM (CJFX) in your area? If you do not receive CJFX reception and would like to see it expanded, please contact the office at 522-2049 and to provide your civic address.

#### **Building Inspector- Peter Avery**

Peter is now available, by drop in or appointment on Thursdays at the Municipal Office in Sherbrooke from 11am-4pm. He can be reached at any time by email: pavery@modg.ca or at the Guysborough Municipal Office at 533-3705 ext 235.

#### Construction and Demolition (C&D) Debris Sorting Guide

- 1. Asphalt Shingles
- 2. Clean Wood: Brush or any wood that has NOT been treated including pallets.
- 3. Treated wood: painted, timbers, pressure treated, glued, coated, wooden windows & doors
- 4. Clean (new) Gyproc: not painted or fire retardant
- 5. Aggregate: rocks, bricks, cement (without rebar) rubble, mortar, asphalt
- 6. Waste (other) C&D: vinyl, floor coverings, siding, tile, painted gyproc, insulation

Clean Cardboard must be recycled. Caulking tubes, insulation bags and other packaging goes in a clear bag for regular garbage. A good rule of thumb to help classify C&D waste: If it was part of a building it is C&D waste. It can be removed from the structure (ex. Area rug, dressers, chairs) it is not classified as C&D. If you are performing demolition, contact the transfer station for more information, 522-2659.

#### **Alternate EMO**

St. Mary's Municipality is currently seeking the position of Alternate **Emergency Measures Coordinator. If** you are interested and want more information, contact the Municipal Office. Forward a written application to Box 296 Sherbrooke, NS BoJ 3Co.

#### Change of Address

The Recreation Department and St. Mary's Recplex will now be receiving mail at PO Box 296, Sherbrooke, NS BOJ 3CO, Please send all future correspondence to this address.

THE NEXT SHERBROOKE OPPORTUNITIES (SHOP) MEETING WILL BE HELD ON WEDNESDAY JUNE 8TH AT 7PM IN THE MUNICIPAL COUNCIL CHAMBERS. EVERYONE WELCOME!

### first Annual Spring Bazaar.

Saturday, June 11th, 2011 at the RecPlex in Sherbrooke from 9am to 1pm ATTENTION VENDORS and SHOPPERS!!! Please call the recreation department 522-2598 to reserve a table for \$10. Hoping to get baked goods, yard sale items, fresh produce, jewelry, unique items, & more!

#### St. Mary's Property Tax Bill

The 2011/12 Tax Rate will be set on Monday May 30th. You will receive you tax bill in the mail by mid June. Payment options include; cash, debit, check, money order, online/telephone/In branch banking for Royal Bank, Scotia Bank, and Credit Union clients only. Please note to reference the Municipal Assessment Account number (8 digits) when making payment. Please contact the Municipal Office with any questions; 522-2049 or council@munet.ns.ca.



Goshen Fitness Centre Prize BINGO: Saturday June 11<sup>th</sup> @ 2pm

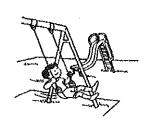
Goshen Canada Day Celebrations -

Friday July 1<sup>st</sup>. Parade Line up at Goshen Fire Hall at 10:30 - Parade begins at 11:00am. Ceremony to follow at the Community Centre including cake cutting, trophy presentations and activities for children. Contact Darlene Harris 783-2035

# <u>Fundraising campaign is in place for the</u> <u>Troy Hudson Memorial Playground</u>

<u>Flea Market Table, June 4th</u>: Anyone wishing to donate items may do so by calling Angle 783-2196

Bottle Drive, June 11<sup>th</sup>: If you have bottles to donate please leave at the end of your driveway or call Jackie 783-2443 to arrange for pickup.



<u>Pennies for Playground Campaign:</u> the committee welcomes a donation of pennies at all our upcoming events and at any time - call Jackie 783-2443

Goshen Carnival Day July 16<sup>th</sup>: More information in July's Newsletter



The monthly meeting of the St. Mary's Garden Club will be held on Tuesday, June 14th at 2pm at the Resource Centre in Sherbrooke. We would like to invite any interested gardeners to join us.

Just a reminder, our Annual Plant sale is Saturday, May 28th in the Lions Club in Sherbrooke at 10 am.

I would like to thank everyone, for the generosity and support shown to my family during my illness. Also a huge THANK-YOU to everyone involved in the benefit in my honor, your time and talent are greatly appreciated!

Sincerely, Erica Nauffts-MacPherson and family.

#### 11th Annual Seashore Volunteer Fire Department Fishing Derby

(Fishermans Harbour Lake) being held on June 4th from 8am to Noon (Rain Date June 5th) \$10 per person with prizes for everyone. Tickets to be sold on lobster draws to raise funds for the new fire hall/community center in Port Bickerton.

## Sherbrooke Opportunities Society An Introduction to SHOP

SHOP is a newly formed society in the Sherbrooke area that will provide space, programs and a future for the mentally challenged adults of this area. These adults now travel to Guysborough or Antigonish for programs so there is a need to provide access right here at home. The amalgamation of the schools has given us an opportunity to acquire the space that is needed for such a project and we have now embarked on a fundraising campaign to secure the funds that are needed to contribute to the costs of this project. The new community space at the school will also be available to house such programs as Kids First as well as meeting space needs for the general public.

Our fundraising efforts started in April with the sale of 1000 ft. of plastic wrap for \$16, which is going very well. We are selling tickets for the month of June on a propane BBQ and buffet for two at Liscomb Lodge. We'd like to thank Highland Home Hardware and Liscomb Lodge for their support and donations. Please look for us at the Spring Bazaar at the St. Mary's RecPlex on June 11<sup>th</sup>, where we will be taking orders for boxed plastic wrap, selling tickets for our draw and a bake table. The ticket draw will take place on Canada Day and we appreciate your support.

We are SHOP and we're very excited about finally having our own place at home.

Please contact any of the following committee members for wrap orders or tickets for the draw: Colin Coady @ 522-2995, Julie MacDonald @ 522-2536, Lisa MacDonald @ 522-2079, Rachel Baker @ 779-2062 or Shirley Long @ 522-2523.

# St. Mary's Pastoral Charge The United Church of Canada

Sundays in June 9:30am, Bethany, East River - St. Mary's 11:00am, St. John's, Sherbrooke 7:00pm, Kirk, Glenelg

Sundays in July

July 3, 11am, St. John's, Sherbooke July 10, 11am, Bethany, East River - St. Mary's July 17, 11am, Kirk, Glenelg July 24, 11am, St. John's, Sherbrooke July 31, 11am, Bethany, East River - St. Mary's

Sundays in August 9:30am, Kirk, Glenelg 11am, Bethany, East River - St. Mary's 7pm, St. John's, Sherbrooke

#### St. Mary's District Food Bank



If you are in need of assistance or would like information about the Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes

for donations of non-perishable food items are located in Sherbrooke, at St. Mary's Hospital and the Clover Farm.

**Turkey Supper** 

Where: Goshen Community Centre When: Sat, May 28<sup>th</sup>, 4:30-6:00 pm Adults \$10.00, Children \$4.00



Takeouts available

TOPS NS#5098 Liscomb

We would like to thank everyone who supported our spring fundraiser. We sold tickets on a spring gardening basket, and had a Sorry Box at the indoor yard sale at Liscomb Legion on April 30th. The winning ticket was drawn that day by Jack Legge. The winner of the gardening basket was Joey Mailman of Liscomb. Congratulations, Joey! TOPS will be set up at the Spring Bazaar at the RecPlex on June 11th, 2011. If you would like to learn more about TOPS and what we're all about, come and find us at the Spring Bazaar, or contact Debbie Baker at 902-779-2255 or Mary Lou Cole at 902-347-2285.

Congratulations to AJ Long, son of Kenneth and Theresa Pye who received his black stripe in Taekwondo on April 20th. AJ will be doing some fundraising for his Taekwondo trip to Chicago in July, which he was chosen to attend along with five other Taekwondo

teams from Canada.

The Easter colouring contest held at the Port Bickerton Post Office during the month of April was very colourful. The winner in the 3, 4, and 5 year old category was Malcolm Pye of Port Bickerton and the winner in the 6, 7 and 8 year old category was Abigayl Tate of Indian Harbour Lake. Congratulations to the winners and thank you to all the participants who helped make this event a success.

#### **FLEA MARKETS**

St. John Church Hall Necum Teuch June 11<sup>th</sup>, July 9<sup>th</sup>, August 13<sup>th</sup>, September 10<sup>th</sup>, October 8<sup>th</sup>, Christmas Bazaar November 12<sup>th</sup> All flea markets will run from 9 am-1 pm There will be lots of new and old items, a bake table, and lunch also available. The Ecum Secum Fire Department Fun Days will be held on August 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup>, 2011.

More information to follow.

#### Seniors Luncheon

**Tuesday, June 7th** at the Ecum Secum Firehall at 12:00 noon. Porkloin/pork roast is on the menu. Donation Box at the door. Take outs available after all that are present have

Many thanks to family and friends of our mom, the late Mary Whidden. Your prayers, cards, food, beautiful flowers and cemetery donations were greatly appreciated.

been served.

ciated. The Whiddens

St. Mary's Shooters Association

May 28<sup>th</sup>- Workday at the range.
Call 783-2820 if available.
May 29<sup>th</sup>- Skeet Shoot cancelled until Aug/11

June 5<sup>th</sup>- Aubry Gammell Memorial Steel Challenge and hand gun fun day. 9-3. Medals for prizes, lunch available.



June 19<sup>th</sup>- Father's Day Shoot .22 target rifle shoot prone 50 and 100 yards. Medals 1, 2, 3, both ranges.

#### MAPLE MANOR BAKE SALE



A bake sale occurs every
Friday at Maple Manor at
2:00 pm. Expect to see pies,
bread, cookies, scones, squares,

fudge etc. 50 cents admission.

#### THANK YOU

Thank you to everyone who bought tickets for the fundraising basket for Carol Hayne's Liberation Treatment. The winner was Shawna Brown of Taylor's Road, Antigonish County.

#### Thank You

Thank you the members of the Community Choir who gave the proceeds of their concert towards my MS Liberation Treatment. It was greatly appreciated. Carol Hayne

Dad, you're someone to look up to no matter how tall I've grown. ~Author Unknown

The Guysborough County Triathlon, being held in Guysborough, on Sunday, July 24. <a href="www.pals-ns.ca">www.pals-ns.ca</a> For other information, or to volunteer to help, contact Ray Bates, Race Director PO Box 44, Guysborough, NS B0H 1N0 Email: <a href="mailto:bates@ns.sympatico.ca">bates@ns.sympatico.ca</a> Telephone: 902-533-2528

Experience the triathlon -- Experience the county

#### Guysborough County Kids Fun Run Saturday, July 23, 2011

Registration by June 17: includes a T-shirt, refreshments and use of the jumpy tent at the Jost Building, Guysborough Waterfront beginning at 10 am. After June 17 until July 23 (8:00 am). Registrations welcome but no guaranteed T-shirt.

Registration \$5.00 per child/\$10.00 per family. Fees due with registration form.

Ages	Start Times		Starting Pts	Distance
3-5	8:30	•	Guys.Shore Trail	80 m
6-8	9:00		Guys.Shore Trail	200 m
9-12	9:30		Guys Shore Trail	400 m

The starting point of the Guysborough County Fun Run is at the corner of Main Street and the Guysborough Shore Front Walking Trail at Green Street. The Kids Fun Run happens on the same day and prior to, the Gusyborough County Walkathon. All participants are asked to be at the starting point 15 minutes before their race.

Please pass your registration form into the Guysborough Recreation Office, 33 Pleasant Street, Guysborough or fax it to (902) 533-2749 before Friday, June 17, 2011. After June 17<sup>th</sup> bring your registration from(s) and fee(s) to the Kids Fun Run starting point.

Questions regarding the Kids Fun Run? Contact Angie Tavares at 533-3508 ext 238 or go to <u>www.pals-ns.ca</u> for registration form and route map.

Goshen Community Centre Flea Market/Craft Sale Saturday, June 4<sup>th</sup>, 11:00 am-12:30 pm Tables \$5.00, Admission \$0.50



To book a table call: Jean-783-2411 or Marie at 783-2325.
G.O.A.L.S. table call Jackie at 783-2341.

Our last meeting before summer break will be held on June 2, 2011 at 7 pm at Community Centre.
Our quilt is quilted and Tickets will be sold. Draw Date- August 20, 2011. Thank you to the quilters

and Thank you to those who prepared meals.

New Members are always welcome!

Sea Shore Volunteer Fire Department

The Members of the Fire Dept would like to thank the communities of Fisherman's Harbour, Port Bickerton and Harpellville for another successful bottle drive held on April 16. We raised over \$900.00. We appreciate the support.

Our next Bottle Drive will be October 15

The Fish Fry Supper will be held on August 20

Our Regular Meeting will be June 7, 2011.

A Fishing Derby will be held on June 4, 2011.

Tickets on sale for lobsters. Draw date June 4

**Sherbrooke Library Chat Line** 

Coming soon to your local Library - Change of open hours. Watch for details in next newsletter

Summer Reading Programs will have a new format. Call the library to register your 6-12 year olds.

Program starts early July.

Knitting Club meets Tuesday evening from 6-8pm and on Wednesday afternoons from 2-

4pm. All levels of knitters (and crochet) and all types of projects are being created. Come and start a new item of finish up one from your basket.

Seniors' Café Friday 9:30-10:30am. Join us for a cup of tea or coffee, check your email, get a book or two, and have a visit with your friends. Perhaps you could challenge them to a game of scrabble.

The Village Readers' Book Club will meet June 1 at 11am. Come and talk about a book that you have read or are reading.

Library will be closed Friday June 17 for Staff Development Day

Sherbrooke Lib	rary & C@P Site
Monday, Tuesday, Wednesday	y2-5 & 6-8pm
Thursday	2-5pm
Friday	10:30am-4pm
Saturday	11am-2pm
Telephone: 522-2180	www.ecrl.library.ns.ca

#### **Port Bickerton Community Centre**

Farewell Social for Port Bickerton Area Residents Sunday, June 12, 1-3pm. At this event we'll say farewell to our facility and look over some historical artifacts as we prepare to move into the new building that will house the Seashore Volunteer Fire Department and the Port Bickerton Community Centre. All are welcome. A donations jar will be on hand if anyone would like to contribute to the cost of setting up the new facility. Sweets and tea will be served and live entertainment will be featured (TBA).

Prize Bingo June 18, 7pm at the Port Bickerton Community Centre. Great prizes and great fun! Free admission, cash canteen. Club members will be calling area residents to request donations to help make up prizes. Please donate gifts and household items before June 12. To donate, call Velma Kaiser at 364-2724 or drop items off at Velma's, Margie Bingley's, or Lorna Hiltz's. Thank you to all contributors!

Father's Day Tool Box Raffle (tool box full of gifts)
Tickets are on sale now at On the Tickle, and from members of the Port Bickerton Community Centre Club.
\$2 per ticket, or 3 tickets for \$5
Draw date: June 18 at the Prize
Bingo

The next meeting of the Club is on June 13 at 7pm at the Centre. All are welcome. Please join us and help maintain this essential community facility!



Yes! The Nova Scotia Lighthouse Interpretive Centre at the Port Bickerton Lighthouse will be open this year! The Port

Bickerton and Area Planning Association will hold its annual beach and lighthouse clean-up on June 4, from 9:00 a.m. to 12:00 noon. Come and join us! "Many hands make light work!"

I would like to express my thanks for all the care and kindness shown by the community as I recovered from recent eye surgery. It is times like this we learn to appreciate more, our neighbours, and those we live amongst from day to day. My mother Joyce, and sister Liona would like to join me in saying a heartfelt thank you for everything. (Edwin) Mark Jollota, Indian Harbour Lake

Historic Sherbrooke Village Development Society

Sir John Coape Sherbrooke Awards Dinner will be held Saturday, June 11th, at the What Cheer Tea Room beginning at 6:00 pm. Tickets are available at the Sherbrooke Village Administration Office. Please call to reserve your spot. This year's recipients for this award are: Joyce Johnston of Sherbrooke and Scott Robson, Curator, History Collection of the NS Museum. Lieutenant Governor Mayann E.Francis will be presenting the award.

# Sherbrooke Village Restoration Commission Visit <a href="http://museum.gov.ns.ca/sv/events.php">http://museum.gov.ns.ca/sv/events.php</a> for details on events.

Sunday, June 5

SHERBROOKE SALUTES SENIORS honour them with free admission for this day (65 years or older).

ART EXHIBIT OPENING - "Nature's Details" from 2 to 4 pm at the Exhibit Centre. The show will be a series of paintings of birds, wildflowers and fungi of Nova Scotia, including some of the known and some of the less familiar species.

#### "WITH THESE TWO HANDS" Smithing

**Sunday, June 12** SHEEP SHEARING DAY!



PERIOD HOOKED RUG AND MAT EXHIBIT OPENING – This Exhibit will continue until October 15, 2011.

Sunday, June 19

FATHERS' DAY - Dads will be admitted free.

"WITH THESE TWO HANDS" Woodturning

Sunday, June 26
WITH THESE TWO HANDS"
We've Got Boats to Build 1 - 4 pm.



HANDS ON CRAFTS – Children are invited to make wooden boats.

Monday, June 27 to June 30
ROAD TO STANFEST SONGWRITERS' CAMP
Call for registration 1-888-743-7845 or visit
MUSIC CAMPS on our website for printable
registration

Thursday, June 30 COURTHOUSE CONCERT



The Anglican Parish of Liscomb & Port Bickerton The Rev.'d Melissa Frankland, Rector 522-2510

#### Rogation Sunday & Blessing of the Seeds (May 29th)

11am BCP Holy Communion Sherbrooke

#### Sunday after Ascension (June 5th)

9am St Paul's Port Bickerton

11am St Thomas' IHL

3pm St Luke's Liscomb

7pm St James' Sherbrooke

#### Whitsunday (June 12th)

9am St. Luke's Liscomb

11am St. James' Sherbrooke

3pm St. Thomas' IHL

7pm St. Paul's Port Bickerton

#### Trinity Sunday (June 19th)

9am St. James' Sherbrooke

11am St. Luke's Liscomb

3pm St. Paul's Port Bickerton

7pm St. Thomas' IHL

#### 1st Sunday after Trinity (26th)

9am St. Thomas' IHL

11am St. Paul's Port Bickerton

3pm St. James' Sherbrooke

7pm St. Luke's Liscomb

#### **Vacation Bible School**

(On June 12 registration forms will be available at each church)

IHL: July 18-22

Liscomb: July 25-27 "Discovering the

Mystery of the Holy Trinity"

#### ROYAL CAN. LEGION BR. #86 LISCOMB

Next general meeting will be held on Tues, Sept 6<sup>th</sup>

#### **ACTIVITIES:**

AUCTION 45's – Thursdays at 8pm \$5 CRIBBAGE – Saturdays at 8pm \$5

There will not be cribbage on Saturday June 18

#### **CANADA DAY CELEBRATIONS**

FRIDAY JULY 1st

BREAKFAST – 9 am – 11 am Penny auction and cake walk - 1pm Children's games – 11am -12 noon Fire department demos and competitions 12 – 1pm BBO and Ice-cream stand – after 12



# The Baptist Congregation of Port Hillford, Port Bickerton, and Sonora

(Convention of Atlantic Baptist Churches)

You are invited to attend June Worship Services:

June 5: Sonora Baptist Church, 11AM

June12:Port Hillford United Baptist Church,11am

June19:Port Bickerton United Baptist 11am

June 26: Sonora Baptist Church, 11 AM

For more information, contact Rev. Norman Pearce at 522-2087 or hbs.baptist@ns.sympatico.ca

#### The Faith Hartling Memorial Run/Walk

As many of you know, a former student of St. Mary's Academy, Mary Jessica Faith Hartling, tragically passed away on April 9<sup>th</sup> of this year. As staff, students and as a community, we would like to honour Faith's memory by celebrating her



life, sharing in something she truly loved. On June 3<sup>rd</sup>, we invite students, staff and community members to join us

in a memorial Run/Walk that will take place at St. Mary's Acedemy on the Stonewall Park Trail, a trail that Faith ran many times while training with our school's Cross Country Team.

We invite all to collect pledges or make donations to help pay for a Memorial Stone to be laid in the Memory Garden at the school. (A minimum of \$10. is needed to participate, students who collect \$15. or more will also receive a T-shirt)

We will gather at 1:30pm for a brief ceremony at the Memory Garden, followed by the walk/run. All proceeds will go toward the Memory Stone and the remainder be placed in a Scholarship Award in her name.

## Guysborough County Regional Development Authority (GCRDA Update)

Over the next month, you will have the opportunity to participate by providing feedback. An electronic survey will be available at <a href="https://www.ConnectWithOurEnergy.com">www.ConnectWithOurEnergy.com</a> seeking your opinion on why you live in Guysborough County and how you rate programs and services offered in the county.

The GCRDA will be holding a Business Breakfast on Tuesday, June 7<sup>th</sup> at the Pepperlane Manor B&B in Guysborough beginning at 7:30am. Guest speaker will be Margaret Cornect, co-owner of Cornect Family Farms.

The GCRDA leads this summer Business Builders adventure that offers youth the opportunity to start their own business, learn the value of a dollar and get involved in their community. Be on the lookout for young fortune-hunters yard sales, summer festivals, markets near you.

#### THANK YOU

I would like to thank all those who visited me, sent cards, and also for your prayers or helped in anyway during my difficult time, in the passing of my greatgranddaughter Faith, who left us due to a motor vehicle accident. Marion Jordan

#### **Greetings from High-Crest Sherbrooke!** Residents celebrating birthdays in June:

June 10<sup>th</sup> Paul Sields Bruce Kaiser June 10th Mary MacDonald June 16<sup>th</sup> Allene Doucet June 19th June 30th Sam Hudson

Happy Birthday Folks! The Homebuddies will be holding our monthly birthday party on June 13th. We will play bingo, sing songs, and celebrate these birthdays with cake and ice cream. Everyone is welcome.

We have recently been selling tickets on a basket of goodies and at our May party the winner was drawn. Congratulations to Gabriela Schupbach! Thanks to all who bought tickets. We raised over \$200.

On June 17th we will be holding our Annual Memorial Service in honour of residents who have passed during the year. The service will be at 2:00pm and everyone is welcome to attend.

#### Marie Joseph Community Centre

June 4th at 7pm - Ladies Night Out Bring 2 wrapped gift valued at \$5, each and a toonie for the JackPot. Cards are 3/\$5.00.

Proceeds are for Relay for Life. Everyone Welcome.

A BOOK LAUNCH will be held at 2:30pm on Saturday, June 25<sup>th</sup> at St. Luke's Anglican Church in Liscomb. Please come out to help celebrate the release of Ruth Legge's new book: ...shreds & nooks of land: A history of Liscomb, Spanish Ship Bay & Gegoggin, Guysborough County, Wedge Island, the West Cape, "Lower" West Liscomb, Pve's Head, Little Liscomb, and Liscomb and Hemlow's Islands are also included in this volume. Everyone is welcome - see you there.

#### Penny Auction & Cake Walk June 3 at 7pm - Port Bickerton Community Centre Admission - \$5

Sponsored by St. Paul's Willing Workers

The Compass Rose Quilter's Guild wish to thank everyone who attended our Tea and Quilt Show held the latter part of April. Your participation was very much appreciated. Three hundred twenty dollars was donated to Carol Hayne. The winner of the appliquéd quilt was Linda Hamilton of Pictou. We will not be meeting during the summer months: September 12 at 1:30pm will be the beginning of a new season. New quilters will be welcomed.



Indian Harbour Lake Pentecostal Church June Worship & Activities

#### Sunday

11:00 a.m. Morning Worship

June 19<sup>th</sup> Guest Speaker: Rev. Burton Hooper
 June 26<sup>th</sup> Guest Speaker: Rev. Bruce Parsons

#### Weekday Activities

Wednesday, June 1st & 8th Bible Study on the Gospel of John Friday, June 10th 7:00 p.m. Youth Group (Ages 13 - 19)

> All are Welcomel For more info contact Pastor Dave Connolly at 522-2759 or pastordave@lhlpentecostalchurch.ca



JFJ Club Saturday, June 18th l2:30 - 3:00 p.m.

#### (Juniors for Jesus Club)

Indian Harbour Lake/Jordanville Community Center For Boys and Girls ages 6 and up Great Spring Time challenges, wild & wacky games, outdoor sports and a delicious snack. Sponsored by Indian Harbour Lake Pentecostal Church. Phone # 522-2759 or 364-2270

#### **Guysborough Farmers' Market**

Come visit the 'Vendors by the Sea' every Saturday during July and August, from 9-12 at the Jost Building on the Guysborough Waterfront. At the market you will find Organic Meats and Produce, handmade jewelry, maple and honey products, baked goods, quilts, knit wares, paintings, leather works, wood products and local Business Builders.

#### **Red Cross Summer Swim Program**

The summer swim program is gearing up for another season.



"Last Chance to avoid \$10 late fee" Registration Night will be held Thursday, June 2<sup>nd</sup> at 6pm at Liscombe Lodge pool deck. Come to the Lodge, fill out a form, and register your children for the 2011 Red Cross Swim Season. Once registration is completed, a schedule will be made up, and parents will receive a phone call with their child's swim times. To ensure you get the swim times you want, please register early. Schedules will also be available in late June on our website: <a href="www.saint-marys.ca/recreation">www.saint-marys.ca/recreation</a> and on Facebook: www.facebook.com/StMarysRec.

Lessons will be held from July 4th-8th, and July 11th-15th at Liscombe Lodge pool from 9 am to 3pm.

For more information, please contact Kristin at 522-2598.

#### **Minor Soccer Update**

It's that time again! Soccer Time! Due to all the wet weather we've been having, soccer season got off to a bit of a rough start, but hopefully the nice weather will pull through and we'll be able to complete the season. Soccer will run until June 27<sup>th</sup>, with the final tournament/skills competition and BBQ being held Saturday, July 2<sup>nd</sup>. Soccer is open to ages 4-14. Cost is \$15 for 1 child, \$25 for 2 children in same family, \$35 for 3+ children in same family

So grab your cleats and shin pads, and head to St.Mary's Academy Field! See you there!

#### Trailblazers Update

The 2011 St.Mary's Trailblazers will be putting their newly acquired leadership skills to the test in the upcoming weeks with a few community oriented activities. They will be hosting a BBQ and sale table at the Spring Bazaar in an effort to raise money to help in their quest to buy supplies to make bird/bat houses for Stonewall Park. They will also present to St.Mary's Municipal Council about their year in Trailblazers. The end of the year "teach your parents what you've learned" camping trip will be announced in the upcoming weeks at Trailblazers.

#### **Stonewall Park Update**

The Friends of Stonewall Park are pleased to announce that Stonewall Park has re-opened.

For anyone interested in joining the Friends of Stonewall Park Society, or looking for more information, please contact Kristin at 522-2598 or <a href="mailto:kristinporter@hotmail.ca">kristinporter@hotmail.ca</a>

#### AquaFit

Aquafit is back for another season at the Liscombe Lodge pool. The class is open to all ages and will run throughout the summer.

Dates: Monday and Thursday Time: 10-11:30am Cost: \$3 per class

Instructor: Kristin Porter



Participants are asked to please bring their own towels as the Lodge can't provide them. Hope to see you at the pool!

#### Walk/Run Program for Teenage Girls

The program runs on Mondays at 2:45pm at St.Mary's Academy. Rain or shine. Please dress to be active.

Hoping to see all the girls running at the Faith Hartling Memorial Walk/Run on Friday, June 3<sup>rd</sup> at 1:30pm.

#### **Seniors Fun Days**

St.Mary's Recreation is in the process of organizing some more Seniors Fun Days for the Spring, Summer and Fall of 2011 throughout various communities within the Municipality.

Come join us and play washer toss, bean bag toss, Auction 45's, crib, scrabble, Wii games and so much more! It's sure to be a fun filled morning or afternoon!



#### Upcoming Dates:

Goshen Comm. Centre→ Wednesday, June 15<sup>th</sup> 1-4pm Greenfield Oldsters Club→ TBA will be advertised at the Club

For more information or to inquire about scheduling a fun day in your area, please contact Kristin at 522-2598 or email <a href="mailto:kristinporter@hotmail.ca">kristinporter@hotmail.ca</a>

St.Mary's Fitness Centre Hours Change (Effective June 1<sup>st</sup>,2011)

St.Mary's Fitness Centre will be open on <u>Monday to</u> <u>Friday</u> from <u>3-7pm</u> for the month of June.

St. Mary's Fitness Centre Promo of the Month

Since June is Recreation Month, St.Mary's Recreation is offering a <u>Bring a Friend for Free</u> week at the Fitness Centre from June 6<sup>th</sup>-10<sup>th</sup>. This promo allows members who have one-month or greater membership to bring a friend, who don't have a membership to the Fitness Centre that week. Hope to see some new faces around the Fitness Centre this Junel For more info, please email stmarysfitnesscentre@live.ca

# St. Mary's Recreation

website: www.saint-marys.ca/recreation or www.facebook.com/StMarysRec

# JUNE IS REGREATION MONTHISS

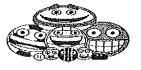


## CHEMISTRY AND SCIENCE CAMP

Join our X-sciting Science Camps!! X-Chem is a mulit-

faceted outreach program that has 20 years of outreach experience. Join us this summer for out fun Chemistry and Science Camps hosted by the Chemistry Department of St. F.X. July 25-29 at St. Mary's Academy. Grades 5-8 will be Monday and Tuesday, and Grades 1-4 will be Wednesday, Thursday, and Friday. Camp hours are Monday to Friday, 9:00 am - 3:00 pm. Fees are \$35.00 per student for grades 1-4. \$25.00 for student grades 5-8. Bursaries are available for all who require it. We will be happy to help you apply. Registration: Please register with SCHOOL PLUS by contacting Marguerite MacGillvray Phone 533-4046 or Andrea MacDonald Phone 533-2288. Deadline for registration is July 1<sup>st</sup>, 2011. We do it all! Budding scientists in biology, physics, engineering, meteorology, computer science. and yes chemistry! There will be lots of hands-on experiments. games, demonstrations, and most importantly - fun!

OPEN GYM All Ages. Thursdays 6:30 pm - 7:30 pm. June 2 to June 30. St. Mary's Elementary School



Gymnasium. This is a time where kids and youth can come and play whatever they want! Badminton, T-Ball, Soccer, Basketball, Ball Hockey, Volleyball, Dodgeball, Soccer Baseball, etc., you name it, we have it all for you. So, come and be active in a place where you pick the activity you want to do!

ST. MARY'S ADULT SLOWPITCH LEAGUE St. Mary's Recreation Adult Slowpitch league will be back this year. The softballleague will be open to anyone over the age of 18. Players are too sign-up as individuals or teams. Once we have our numbers we will be holding a draft to select this year's teams. We plan to begin in the spring and run until late September. Games will be played on Tuesday evenings and ball fields may vary throughout the municipality. If you have any questions about the league please contact the recreation office at 522-2598 or email joshcorkum@yahoo.ca

FLAG FOOTBALL Thursdays, starting June 2<sup>nd</sup> until June 30<sup>th</sup>. 3:00 pm to 4:30 pm. St. Mary's Academy Field. Every Thursday after school, Football Coach Mr. Chisolm will be on the field leading this incredible sport. Come on out and learn some drills, plays, play some games, and have some fun. Please call the recreation department to register.

**LIONS BINGO** Wednesdays. Starting at 7:45. Lions Club/Hall, Sherbrooke, NS.

ROLLER HOCKEY Wednesdays, Starting June 1st until June 29th at St. Mary's RecPlex in Sherbrooke from 6:00 pm to 7:00 pm, Ages 5+. 7:00 pm to 8:00 pm, Ages 10+. Please call the recreation department to register. \$5 per person. Sad that Ice Hockey is over? No need to worry about that as St. Mary's Recreation Department has inline skates for everyone. All you need is to bring your stick, helmet, and gloves and be ready to play!



Celebrating June is Recreation Month is an exciting way to increase awareness of the benefits of recreation and leisure to the health and well-being of all Nova Scotians. This province-wide campaign educates and encourages - with the help of media messaging, promotions, toolkits, children's contests and activities the engagement of municipalities, schools, community groups, families and individuals in more recreation and leisure activities during recreation month and beyond. The campaign theme LIVE IT EVERYDAY! reinforces the message of how important it is for all of us to participate in some form of recreation or leisure activity each and everyday. Regardless of ability or age, Nova Scotians are enjoying recreation in an increasing number of ways. This year's theme recognizes that recreation activities do not have one definition. "Activities of all kinds, not just physical, are acknowledged and celebrated. Whether it's lawn bowling, running a marathon, learning to play a new instrument, reading a book or star gazing ... recreation is about celebrating life and ... Live it Everyday!



As a recreation department, we are encouraging people in our municipality to be involved in recreation in any way possible. So St. Mary's, get out there and make recreation a part of your

lifestyle. Since June is recreation month, St. Mary's Recreation has some ideas up their sleeve for you to become more active in recreation settings. So check them out and be involved to get this Municipality a recreational environment! If we see you being involved in the following activities, you will be recognized!

St. Mary's Recreation is recognizing "JUNE IS RECREATION MONTH" by these following programs, activities, and ideas that you can be involved in:

June 3 - Sneaker Day

Hey Residents of this Municipality! Let's kick off June is Recreation Month by showing that your enthused by wearing sneakers all day to promote physical activity and living healthy lifestyles.

June 5 - Ride a Bike Day

Forgot you even had a bike? This is an idea, to dust off the ol' bike and take er for a ride! Get together with friends and family and go for a bike ride and make a day of it. Meet people around the Municipality on the way!



June 8 - Turn off the TV Day

Ok St. Mary's, let's not watch TV today to discover what else is out there to do on your leisure time. Instead of watching TV, go for a walk, throw a frisbee, kick a soccer ball, play a game of cards...

June 10 - Let's Move Marie Joseph

From 3:30 to 5:00 at the Marie Joseph Community Centre, the recreation department will be leading games, activities, and fun stuff to do.

June 10 - Start with REC Sonora

At the Sonora Community Centre, there will be games, activities, along with fun from 3:30 to 5:00 pm.

June 11 - St. Mary's Spring Bazaar

RecPlex, Sherbrooke. ATTENTION VENDORSII! This is the time to sell, promote, and distribute. Tables will be set up at the RecPlex for you to sell/buy whatever you like. Please call the recreation department to reserve a table for \$10. Hoping to get baked goods, yard sale items, fresh produce, jewelry, and more. So, get the word out!! For the people who do not have a table, come and see what there is, be social, and have a great day.

June 12 - Dog Walking Day

Today, why not take the dog for a walk. Call up friends and family and get together for a nice walk with the dog, because they need exercise too! There



are many beautiful trails around the Municipality to use as well.

June 15 - Walk It Wednesday

If you are able to walk to where you need to go, WALK, DO NOT DRIVE! Use this designated day for walking! Say hello to people while walking by.

June 15 - Ignite Recreation Indian Harbor Lake Let's promote recreation at the Indian Harbor Lake Community Centre from 3:30 to 5:00 pm. St. Mary's recreation department will have some fun activities for you to be involved in.

June 17 - Live It Everyday Liscomb

The Liscomb Legion will be the spot from 3:30 to 5:00 pm where people can come and be active. Whether it is walking along the shoreline, or playing some fun games and doing activities, do not miss out on recreation activities this day!

June 17 - Go, Go, Goshen

Goshen Community Centre is a great spot to be involved in recreational settings. From 3:30 to 5:00 pm the recreation department will be holding leisure activities, inside or out, so be prepared to have some fun.

June 18 - Trail Discovery Day

As you may or may not know, The Municipality of the District of St. Mary's has some great trails that you can hike on. Use this day to utilize and go for a walk on them. Also, use this day to go out and maybe you can discover some new trails that you didn't know about.

June 19 - Get Active St. Mary's

Residents of the Municipality!!! This day is designed for you to remind yourself to get out and get active! So, anything that you like to do that involves being active and gets you moving, DO IT! Run into other people that are doing the same thing and it will be a great atmosphere!

June 22 - Move It Melrose

Greenfield Olsters Club. 3:30 to 5:00 pm. June is Recreation Month, therefore we need to remember that recreation is a part of a healthy lifestyle. So, the recreation department will be there to run recreation activities and have some fun.

June 22 - Summer in St. Mary's
From 6:00 pm to 8:00 pm at St. Mary's
Education Centre the recreation
department will be promoting their
summer programs, and holding
registration for their programs. So
come, see what we are up to, and get

registered for the programs you want to be involved in.

June 24 - Summer Kick Off Sherbrooke Let's Kick Off Summer St. Mary's style!! 3:30 to 5:00 pm. St. Mary's Academy Field. There will be games, activities, and just plain fun.

June 24 - Activity Day Port Bickerton

Get ready Port Bickerton! The recreation department will be at the Port Bickerton Community Centre from 3:30 to 5:00 pm on this day to hold recreational activities. Could be crafts, could be games, or a little bit of both. So come check it out!

#### June 25 - Fishing Fun

Take this day to remind yourself of all of the places you can go fishing in the Municipality. Get out there and fish until you cannot fish anymore! Call up your buddies, go with your family, or whatever you would like to do. So let's make this day fishing day!

#### June 26 - Picnic in the Park

There are parks in the Municipality where a nice picnic would be ideal. Use this day to go to a park and have a picnic with family and friends.

ALL OF JUNE! St. Mary's Recreation is having a photo challenge all of this month. Take a picture, or pictures of yourself, your friends and family being involved in some kind of recreation activity and send it in or drop it off at the recreation department. Remember to put your name and phone number on it. We will then vote on which are the best ones and whichever picture(s) gets chosen, you will get a prize!



rainess Thursdays June 2 to June

30. 7:00 pm - 8:00 pm. St. Mary's Academy School.

ZUMBA FOR KIDS (ZUMBA TOMIC) Thursdays June 2 to June 30. 5:30 pm to 6:30 pm at St. Mary's Academy Gymnasium. Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health.

Cost: \$5 per class. Please call St. Mary's Recreation Department to register.

#### ST. MARY'S MINOR HOCKEY

Our season may be over, but plans for next year's season have already started. Our next Executive Meeting will be an open meeting to allow for the new



election of executive members. If you would like to become part of the executive or would like to nominate someone you may submit names to Darlene Oko via email at darlene.oko@bellaliant.net. The meeting will be held at the municipal chambers at 6:30 on June 14, 2011. The positions that we are looking volunteers for are Treasurer, Member at Large, Vice President. We would also welcome volunteers to take on special projects, such as new jersey's. We hope to see everyone at the meeting.

#### St. Mary's Recreation

If you would like to register for any of the programs, you NEED to call the Recreation Department at (902) 522-2598 in advance before the program starts. Also, please contact us regarding any questions you may have, needed information, or feedback on any programs. Please feel free to contact us at anytime.

We are open to any ideas, suggestions, and programs you may like to have. Let us know!

Community Groups, Organizations, Clubs

Please contact the recreation department at anytime if you would like to promote recreation in your area in any way and we will do our best to fulfill your need. This is to provide recreational opportunities and to live a healthy lifestyle.

#### Social Media and Facebook



Social Media is becoming a trend in the recreation industry for promoting, advertising, and

getting information on programs, activities, and what's going on in your area. If you may or may not have known, St. Mary's Recreation has a facebook page where people can go on and get updates on programs and activities that are going on within the Municipality. On there you will get updates on when things are cancelled, reminders of when programs are, pictures, etc. All you have to do is join the facebook page are you are set! Type in St. Mary's Recreation and like it, or join group.

#### St. Mary's Municipality Website

We also have a municipal website that you can go on as well to get information. The web address is on the front page of the recreation newsletter section. On the recreation section of the website you will find the programs that we offer, updates on programs, cancellations of programs if needed, and other additional information. On there, we also have an events calendar where you can look and see what is going on in the municipality any day of the week.

# JEG 201

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Sunday	Monday	Fuesday	Wednesday	Thursday	Friday	Saturday
			1 Village Readers Rook	2 Aquafit- 10am	Soniore Café, 9:30am	4 Cochen Fles Market, 11am
					ale-	Fishing Derby- 8am
			Knitting Club-2pm	Liscomb 45's- 8pm	2pm Faith Hartling Memorial	PB Beach and Lighthouse
			Roller Hockey-6pm	Zumbatomic-5:30pm		Crib-8pm
				Open Gym-6:30pm Zumba-7pm	, md	MJ Ladies Night Out-7pm
91	6	7	8	Swim Registration-6pm	10 Seniors Café- 9:30am 11	
SMSA- Aubry Gammel		Trailblazers- 2:30pm	Knitting Club-2pm	Aquafit-10am	ple Manor Bake Sale-	St.Mary's Spring Bazaar-9am
Memorial Steel Challenge	Kun	Ecum Secum Sr's Lunch	SHOP Meeting-7pm	Liscomb 45's-8pm	Zpm Courth Crown	Goshen Prize Bingo-2pm
Seniors Day Minor Soccer- 6p	8	meeting	Turn off TV Day	Zumbatomic-5:30pm	Opan Opan	Necum Touch Flea Market-
"Natures Details" Art	C Bring a Friend for	Club-6pm	SMFC Bring a Friend for	Open Gym-6:30pm	th Rec Sonora-	9am
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SV Sheep Shearing Day	Aquant- IJam Teen Girl Walk to Run	Traublazers- 2:30pm Garden Club meeting-	Knuttung Club- 2pm Goshen Sr's Fun Day-	Aquant-10am Liscomb 45's-8pm	Maple Manor Bake Sale-	Crib-8pm
Dog Walking Day		2pm	lpm	Flag Football-3pm		JFJ Club-12:30pm
	Council Meeting-7pm	Adult Softball-6pm	Roller Hockey-6pm	Open Gym-6:30pm		
	PB Comm. Centre		Walk It Wednesday	Zumba-7pm	Live it Everyday Liscomb-	
	Homebuddies Bday Party		3.30pm		Go Go Goshen- 3:30pm	
19	20		22	23		. D.
Happy Fathers Day With These Two Hands-	Aquant- 10am Teen Girl Walk to Run	Trailblazers- 2:30pm Knitting Club- 6pm	Roller Hockey-6pm	Aquant- 10am Liscomb 45's-8pm	Seniors Cate- 9:30am Maple Manor Bake Sale-	Crib-8pm Book Launch- 2:30pm
Woodturning Cet Active St Mary's	Program-2:45pm Minor Soccer- form	Adult Softball-6pm	Move it Melrose-3:30pm Summer in St Mary's-6pm	Flag Football-3pm		Fishing Fun Day
	1-		*	Open Gym-6:30pm	Summer Kick Off	
				total fraction	PB Activity Day-3:30pm	
26		28	29	30		
With I nese I wo Hands- Building Boats	#	Road to Stanfest	Road to Stanfest	Road to Starfest		
Hands on Crafts Picnic in the Park Day	Road to Stanfest Songwriters Camp	Songwriters Camp Adult Softball-6pm	Songwriters Camp Roller Hockey-6pm	Songwriters Camp Courthouse Concert		
				Liscomb 45's- 8pm Flag Football-3pm		
				Open Gym-6:30pm		