

NOTICE

**Municipality of the District of St. Mary's
Revisions to the Preliminary List of Electors
For
Municipal & School Board Elections
October 20, 2012**

The preliminary lists of electors have been prepared for the upcoming elections. Enumeration has NOT been conducted; the permanent NS Provincial lists have been used. The revising officers may make additions or corrections to the lists upon application by telephone, fax, e-mail, mail, or in person. Electors may find out if they are on the list of electors by:

1. Visiting the Municipal Office between the hours of 8:30am and 4:00pm, Monday to Friday, from June 20 to Aug 8th. Municipal Office 16 Main Street, Sherbrooke, NS Phone (902) 522-2049 Toll Free 877-388-0868 Fax (902) 522-2309
2. Contacting the Returning Officer; Ruth Legge at Liscomb Mills, from June 20 to Aug 8 at (902) 779-2931 or ruthlegge@seasidehighspeed.com

You will be asked for your full name, civic and mailing address and date of birth.

MUNICIPAL and SCHOOL BOARD ELECTIONS will take place on Saturday, October 20, 2012. If you are considering running for office and have questions, please contact the Municipal Office, 522-2049 or the Returning Officer, Ruth M. Legge at 779-2931.

COUNCIL MEETING: The next regular meeting of St. Mary's Municipal Council will be held on Monday, July 9th, 7 pm. The public is invited to attend. Visit our website for recent minutes of the regular meetings, important dates and forms. www.saint-marys.ca

The DEADLINE to have information submitted for the AUGUST issue of the Newsletter is **WEDNESDAY, JULY 18th** at 4:00 p.m. Submissions can be received by fax: 522-2309 or email: (note the change in email): council@saint-marys.ca. Subject line must read NEWSLETTER SUBMISSION. Also please note that we reserve the right to edit any and all submissions to this newsletter.

Tentative Open House

Tuesday, July 3rd, 2012

3pm – 8pm

Municipal Council Chambers
16 Main Street, Sherbrooke

St. Mary's Municipal Council would like to extend an invitation to the public to attend an open house on Tuesday, July 3rd regarding the proposed new administration building. Please feel free to drop in between 3pm and 8pm to tour the current facility and discuss/view the proposed plans of the new administration building.

If you are unable to attend but would like to find out more information, please contact your local Councillor.

- District 1 - Councillor Don Dunbar, 522-2572
- District 2 - Deputy Warden Mosher, 347-2081/or 347-2784
- District 3/5 - Warden David Clark, 833-2331
- District 4 - Councillor Kevin Pye, 522-2083
- District 6 - Councillor Jackie Dort, 783-2443
- District 7 - Councillor Shelley Bowen, 779-2175
- District 8 - Councillor James Harpell, 364-2934

Eastern Shore Cartage Garbage Collection is now scheduled for regular garbage (clear bag) weekly pickup throughout the summer months. Recycling schedule remains on a bi-weekly schedule. See calendar attached at back of this newsletter. ESC Toll Free 1-800-261-0372

The annual St. Mary's District Property Tax Bills are in the process of being mailed for 2012-2013 Tax year. Information will be provided on the backside of bill regarding payment options etc.

BUILDING INSPECTOR - Peter Avery will be available at the Municipal Office in Sherbrooke on Thursdays beginning at 10:30am. Note: Building permits are not required for structures under 200 square feet. However, lot approval is required for the purpose of power hookup. If you require an appointment or wish to speak with Peter contact the office 522-2049 or Peter directly at Guysborough Office; 533-3705 ext 235 pavery@modg.ca.

Community News



St. Mary's District Food Bank is in urgent need of financial assistance. To make giving easier for you, automatic withdrawals may be made from your RBC Sherbrooke Account. To set up; see one of the customer service representative at the bank. If you are in need of assistance or would like information about Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes for donations of non-perishable food items are located in Sherbrooke at St. Mary's Hospital and the Clover Farm.

St. Mary's Shooters Association Schedule for July:
July 8 – Aubrey Gammel Handgun Steel Shoot.

4 Classes: .22 LR Auto, .22LR revolver, Highpower auto, Highpower revolver. The work continues on the shot gun range and there is still a lot to do. Thanks to the members who showed up on our workdays in June. Please check our website www.smsa.ca. New members and guests are always welcome. The range is available for SMSA practice on Sundays when there is no scheduled shoot. Please call 783-2820 or 522-2995 or 522-2172 for info.

Maple Manor

Bake Sale – Every Friday at 2:00pm. Pies, bread, cookies, scones, squares fudge etc. Admission \$.50

There will be a HYMN sing at Maple Manor's Community Room on July 21st at 6:00pm. All are welcome to attend. Tea is served afterwards.



Are you aware of the new regulations for ATV riders? Come to the St. Mary's ATV club meeting. July 12th @ 7pm – Municipal Council Chambers. See you there!

Greetings from High-Crest Sherbrooke

Residents celebrating birthdays this month:

Martha Kaiser July 7th Shirley Cody July 9th

Audrey Cook July 28th Helen MacDonald July 30th

Happy Birthday Ladies! The Homebuddies will be hosting our birthday party on July 10th at 1:15pm. We will play bingo, have a sign-song & cake and ice cream! Everyone is welcome.

We have recently purchased another china cabinet for the home. If anyone has any china cups and saucers that they are not quite sure what to do with, we'll gladly take them! The ladies love looking at the patterns and reminiscing about different sets that they or their family and friends may have owned. The cups and saucers are great conversation pieces as well as beautiful to look at. Happy Canada Day from all of us to all of you.

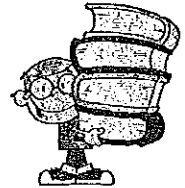
Sherbrooke Library Chat Line

Dear Resident,

Due to the 2nd year of no increase in funding for public libraries, and ever increasing costs, the open hours at the Sherbrooke Branch Library will be reduced from 27.5 per week to 23 hours per week. This change will take effect the week of July 2nd, 2012.

The new hours will be:

Monday: 11am-4pm
Tuesday: 11am-4pm
Thursday: 11am-4pm
Friday: 9:30am-2:30pm
Saturday: 10am-1pm



All residents are invited to a public meeting at the Sherbrooke Public Library, July 13th at 9:45am to discuss library funding issues.

We apologize for this reduction in service and promise that we will do our best with the resources we have available. Questions or concerns may be directed to Laura Emery, Chief Librarian at 1-855-787-7323 or by email at lemery@nsme.library.ns.ca.

Meditation Class – Tuesdays at 11:00 – 12:00. Learn how to meditate followed by a short practice. Feel the peace and calmness

Village Readers' Book Club – The first Friday of every month. This month is July 6th at 11 am. Come and tell us about an interesting book that you have read.

Seniors' Café - Fridays at 9:30 am. Join us for a snack, conversation, check out your books, and use our computers.

Summer Vacation – With the school year winding down, now it is time to get books so your children will continue to increase their reading level during the summer. We have easy-to-read as well as chapter books; books about planets, weather, various animals, insects, machines, horses, crafts, rainy day activities, jokes and riddles, famous people, some of the countries of the world, our provinces, and many more topics.

For every ten books that are read, children from ages 5 - 12 may select something from the tickle trunk. We can also request specific books from other libraries. Come in and see what we have that will interest you.

The Ecum Secum Fire Department will hold their annual "FUN DAYS" on August 4th and 5th 2012. More information will follow. All are welcome to attend to help support the Fire Department.

HAPPY CANADA DAY ST. MARY'S!



The Baptist Congregation of Port Hilford, Port Bickerton & Sonora

(Convention of Atlantic Baptist Churches)

You are invited to these Worship Services and events:

June 24, **3 PM** - Fishermen's Service, Port Hilford United Baptist Church, followed by supper together (No 11 AM service on June 24).

July 1, 11 AM - Port Bickerton United Baptist Church

July 8, 11 AM - Sonora Baptist Church (speaker: Paul Tingley)

July 15, 11 AM - Port Hilford United Baptist Church (speaker: Paul Tingley)

July 17, 7 PM - *Come to the River* prayer meeting at Bethel Community Church, South Lochaber

July 22, 11 AM - Port Bickerton United Baptist Church (speaker: Paul Tingley)

July 29, 11 AM - Sonora Baptist Church

For more information contact Rev. Norman Pearce, 522-2087 or
hbs.baptist@ns.sympatico.ca.

COMING SOON "A BUG'S ADVENTURE!" VBS
AT BAYVIEW BAPTIST CHURCH

WHEN: AUGUST 13-15

TIME: 6:30-8:00 P.M.

WHERE: BAYVIEW BAPTIST CHURCH

4761 HIGHWAY 7 LISCOMB

CONTACT FOR MORE INFORMATION: PASTOR
DAVE SMITH 779-2709

CLOSING WILL BE HELD ON THURSDAY AUGUST 16
AT 7:00 P.M.

WE LOOK FORWARD TO SEEING YOU THERE.

St. Mary's Boat Club Poker Rally

Saturday August 4th 2012

St Mary's boat club Warf

Registration 10-12noon

\$10/hand

Drawing the hands around 3pm



Indian Harbour Lake
Pentecostal Church
July Worship & Activities

Sunday

11:00 a.m. Morning Worship

July 1st Canada Day Worship Service

6:30 p.m. Praise & Prayer July 15th

Weekday Activities

Wednesday, 4th & 11th

7:00 p.m. Bible Study on the Life of Moses

All are Welcome! For more information, contact
Pastor Dave Connolly at 522-2759

or pastordave@ihlpentecostalchurch



JFJ Club
Juniors for
Jesus

Saturday, July 7th & 21st

12:30 - 3:00 p.m. at Indian Harbour Lake/
Jordanville Community Center. For Boys and Girls
ages 6 and up. Team up with the reliable
Commissioner and her best agent for an
investigation, wild and wacky games and a
delicious snack. Sponsored by Indian Harbour Lake
Pentecostal Church. Phone # 522-2759 or 364-2270

Property Tax Rebate for Seniors

This program, administered by Access Nova Scotia on behalf of the Department of Community Services, is designed to help eligible seniors remain in their homes by providing them with an annual rebate on their municipal property taxes. The program provides eligible homeowners with a 50% rebate on the municipal property taxes paid the previous year, up to a maximum of \$600.00 per year. The rebate is always based on the property taxes paid in the previous year. You are eligible to receive the rebate if you meet the following criteria:

1. You were receiving either the Guaranteed Income Supplement (GIS) or The Allowance in January of this year. To find out if you qualify for the GIS or The Allowance, call Service Canada at 1-800 277-9914.
2. You are living in your home at the time you apply for the rebate and continue to reside in your home
3. Your previous year's property taxes were paid in full

For more information, contact Service Nova Scotia Municipal Relations at 424-5200 forms will be available shortly at the municipal office or online
<http://www.gov.ns.ca/snsmr>

Need Help making repairs to your home?

The Department of Community Services has a number of programs to help low-income households make emergency, health and safety related repairs. For housing repair and adaptation programs contact Housing Services at 1-800-933-2101 (toll-free) or visit our website at www.gov.ns.ca/coms



FLEA MARKETS:

Port Bickerton Community Centre

Saturday July 7th

10am – 1pm

Table Rental - \$5.00

Call Ardeth 364-2967 or Velma 364-2724

St. Mary's River Association

Annual bake and yard sale fundraiser

Sunday July 1st from 9am – 1pm

Location: 8404 Highway #7 Sherbrooke

Anyone wishing to donate items or baked goods can drop them off at the centre

Highway 211 from Stillwater to Port Hilford

Saturday August 4th

10am – 2pm

Table space available to the community centre- \$5.00

Call 522-2369 to book

Anyone taking part; mark your sale with a sign or balloons. No early birds please.

Heritage Day in New Chester starting at 12noon:

Bake Table Pie contest/auction

Food concessions Door prizes

Tickets on food basket Games for kids

50-50 draw & more

All are welcome. Come and bring a friend!



St. John's Liscomb Cemetery Clean-up Day

Saturday September 8th

Beginning at 10am

More details will follow in September newsletter

Mark your date on the calendar!

ROYAL CAN. LEGION BR. #86 LISCOMB

Next general meeting will be held on Tuesday, September 4 – all welcome.

Activities: Auction 45's Thursdays at 8pm \$5

Cribbage – Saturdays at 8pm \$5

Country Harbour Gun Club

No more Country Breakfasts until September

Smokey Hollow Holidays July 28 – Aug 5

Darts are every Tuesday night

Cards are every Monday night

80th Birthday!

Friends and family are invited to attend a celebration for Doris Granter's 80th Birthday. Come and help Doris celebrate this important milestone on Saturday 7th July 2012 from 2pm – 4pm for an "eat and greet" reception in the fellowship room of Bayview Baptist Church. Best wishes only.



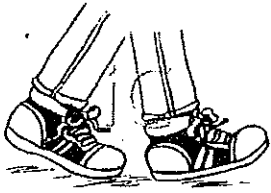
THANK YOU

Thank you from Ray, Barb & Margie Jordan. We would like to thank all the card players from the Greenfield, Sherbrooke, Liscomb, Port Bickerton and from our own area who attended our card parties and for presenting us with a delicious cake on Tuesday May 29th. We are done tending the card parties and think it is time for someone else to take over. Thanks to everyone who supported our community centre. Also big thanks to everyone who make lunches for our card parties.

We would like to thank everyone who came out on June 3rd 2012 and supported the Run/Walk for Faith. This year we raised over \$700 for the Faith Hartling Memorial Scholarship. The outreach from the community was tremendous, and we cannot thank all who donated and participated enough. We had a great turn out and hope to see everyone again next year.

We the family of the late Denis Siteman would like everyone who supported us during our recent great loss. To our families, friends and neighbours, your kindness will always be appreciated. God Bless you All- Carol, Denise, Michelle, and Clarence.

Thanks to all those who helped make our turkey supper at the Goshen Community Centre a success. To those who donated food, money and other necessary items, all those who worked on Saturday and days leading up, the new people who came out to help, and the clean up crew – thank you. Last but not least, thanks to the people who turned out for our supper. We appreciate everyone's contribution.



The 5th Annual Guysborough County Walkathon, under the direction of the Physically Active Lifestyle Society (PALS), is being held on Saturday, July 21. The funds raised will be

distributed amongst Guysborough County's three hospitals. It will be the walker's decision as to which hospital receives the total amount on each pledge sheet. Each walker's pledges collected must equal a grand total of \$20.00 or more.

Registration and submission of pledges raised will be from 8:00 AM until 9:45 AM upstairs in the Jost Building at Guysborough's Waterfront. The walkathon, beginning at 10:00 AM, will cover a distance of only 5 km (3.1 miles). Complete details at www.pals-ns.ca.

As per a Nova Scotia Public Works regulation: "Children under the age of 8 participating in a walkathon must be accompanied by an adult." The Kids Fun Run (see PALS web site) will occur prior to the walkathon.

Pledge sheets for the Guysborough County Walkathon are available online at www.pals-ns.ca and throughout Guysborough County.

Questions? Donald Dunbar, St. Mary's Memorial Hospital Society (522-2572). Julie-Ann Myatt, Eastern Memorial Hospital Foundation (366-2361). Elizabeth Connolly, Guysborough Memorial Hospital Auxiliary 533-2248. Ray Bates, PALS (533-2528).

Neighbours Helping Neighbours

Guysborough County Triathlon

The Guysborough County Triathlon, being held in Guysborough, is on Sunday, July 24 www.pals-ns.ca

The race distances, ages and starts are as follows:

Olympic (age 18+) 9:00am (1500m swim/40km bike/10km run)

Sprint (age 16+) 9:45 AM (750 swim/20km bike/5km run)

Try-A-Tri (age 16+) 10:15 AM (300m swim/15km bike/3km run)

Youth (ages 12/13 & 14/15) 10:15 AM (300m swim/7km bike/3km run) (New for 2011)

Continued for 2012, in lieu of paying the triathlon's registration fee, collect pledges as support for one of Guysborough County's three rural hospitals.

For other information, or to volunteer to help, contact Ray Bates, Race Director

PO Box 44, Guysborough, Nova Scotia B0H 1N0

Email: bates@ns.sympatico.ca

Telephone: 1-902-533-2528

Experience the triathlon - Experience the County

Sherbrooke Village News



July 8th - CEILIDH at the COURTHOUSE - Special Ceilidh celebrating Gaelic/Scottish Heritage Days on July 18 from 2:00 to 3:30 pm.

HANDS ON CRAFTS - Children are invited to participate in Village life by taking part in a "Hands On", interactive and fun experience. Today we will make a wool craft.

July 12 - COURTHOUSE CONCERT- Lisa Hallett & Shirley Teasdale accompanied by Rod Mc Mullen 7:30 pm, tickets \$8 at the door.

July 15 - "WITH THESE TWO HANDS" We've Got Boats to Build - The St. Mary's River Punt was the vessel of choice for anglers who came from all over the world to fish the salmon pools of the St. Mary's River. Today we have local boat builder, Keith Horton on hand to share river lore and demonstrate how these unique boats are built. 1 - 4 pm.

HANDS ON CRAFTS - Children are invited to participate in Village life by taking part in a "Hands On", interactive and fun experience. Today we will make wooden boats. Register at admissions for today's craft. Material fee \$3.

July 19 -COURTHOUSE CONCERT- Shannon & Tony Quinn,

July 21 & 22 -SHERBROOKE VILLAGE PHOTOGRAPHY CAMP

July 22 - SUNDAY GOSPEL MUSIC AND STRAWBERRY SHORTCAKE Concert will begin at 1:00 pm, shortcake will be served at 2:30 pm

July 26th COURTHOUSE CONCERT - Ardyth & Jennifer

July 28th - "A SPORTING DAY OF TRADITIONAL DRIVING"- The Country Drive will commence at Sherbrooke Village and continue along the St. Mary's River on the Sonora Road, Carriages will return to Sherbrooke Village for the Cones Course & Turnout Inspection. 10 am - 4 pm

July 29th SAWMILL FROLIC - McDonald Brothers' Sawmill, beginning at 2:00 pm. GOLDMINE FROLIC - The Royal Oak Stamp Mill will be the scene of our annual celebration of the golden days of the Sherbrooke area.

*** Please note the change to Garbage collection EVERY week is now in effect until September. Recyclables will continue on an every TWO week schedule. It is permitted to have total of 8 bags of household garbage every two weeks. See Zone details below***

June 2012

Tuesday	Wednesday	Thursday
26 Zone 1 BLUE BAG & GARBAGE	27 Zone 2 BLUE BAG & GARBAGE	28 Zone 3 BLUE BAG & GARBAGE

July 2012

Tuesday	Wednesday	Thursday
3 Zone 1 GARBAGE	4 Zone 2 GARBAGE	5 Zone 3 GARBAGE
10 Zone 1 BLUE BAG & GARBAGE	11 Zone 2 BLUE BAG & GARBAGE	12 Zone 3 BLUE BAG & GARBAGE
17 Zone 1 GARBAGE	18 Zone 2 GARBAGE	19 Zone 3 GARBAGE
24 Zone 1 BLUE BAG & GARBAGE	25 Zone 2 BLUE BAG & GARBAGE	26 Zone 3 BLUE BAG & GARBAGE

August 2012

Tuesday	Wednesday	Thursday
31 Zone 1 GARBAGE	1 Zone 2 GARBAGE	2 Zone 3 GARBAGE
7 Zone 1 BLUE BAG & GARBAGE	8 Zone 2 BLUE BAG & GARBAGE	9 Zone 3 BLUE BAG & GARBAGE

ZONE 1: New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill.

ZONE 2: East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive.

ZONE 3: Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Minds Rd, to Waternish inclusive.

St. Mary's Recreation

website: www.saint-marys.ca/recreation or www.facebook.com/StMarysRec

BRING ON..... RECREATION NEWSLETTER

CHEMISTRY AND SCIENCE CAMPS

NOVA SCOTIA

SchoolsPlus
A COLLABORATIVE INTERAGENCY APPROACH TO
SUPPORTING THE WHOLE CHILD AND FAMILY

Join our X-sciting Science Camps!! X-Chem is a multi-faceted outreach program that has 20 years of outreach

experience. Join us this summer for our fun Chemistry and Science Camps hosted by the Chemistry Department of ST. F.X. Where: St. Mary's Academy.

When: July 3-6.

Grades 1-4 (Tuesday, Wednesday) \$25

Grades 5-8 (Thursday, and Friday) \$25

Camp hours are Monday to Friday, 9:00am - 3:00pm. Registration: Forms will be sent home the week of June 4, 2012 and Liz MacIntosh, Schools Plus will be at the school the morning of June 14, 2012 to help students with registration. You can also call SchoolsPlus to register at 533-3609 (Liz). Bursary forms available upon request.



ST. MARY'S ADULT SLOWPITCH LEAGUE

Adult Slowpitch league is up and running. The softball league is open to anyone over the age of 18. Players are to sign-up as individuals or teams. We plan to run until late September. Games will be played on Tuesday evenings at the Sherbrooke Village Ball Field. \$10 per person. There will also be a tournament sometime during the season. If you have any questions about the league please contact the recreation office at 522-2598 or email at joshcorkum11@gmail.com



VOLUNTEER OPPORTUNITIES: If you would like to volunteer for anything, please contact 522-2598.

Equipment Loan Out Program The Municipality of the District of St. Mary's Recreation Department has all sorts of recreational equipment available to you for no cost. Please call 522-2598 for more information, or to rent them out. Showshoes, balls, gps's, washer toss, and much more.

PARKS AND TRAILS This Municipality is in an area where there are all kinds of trails that you could go for a walk, or hike on! So, get out there and discover the sights and sounds of these great trails! Stonewall Park - The Friends of Stonewall Park Society is currently working on fixing up the park to make it more accessible, and more of an attraction!

Community Groups, Organizations, Clubs

If you are interested in a program or event in your community, we encourage you to contact the recreation department at anytime. St. Mary's recreation is constantly seeking for new ways to improve recreation in our communities and promote physical activity. You can reach the Recreation Coordinator at joshcorkum11@gmail.com or phone: 522-2598.

Social Media and Facebook

Social Media is becoming a trend in the recreation industry for promoting, advertising, and getting information on programs, activities, and what's going on in your area. If you may or may not have known, St. Mary's Recreation has a facebook page where people can go on and get updates on programs and activities that are going on within the Municipality. On there you will get updates on when things are cancelled, reminders of when programs are, pictures, etc. All you have to do is join the facebook page are you are set! Type in St. Mary's Recreation and like it, or join group.

GUYSBOROUGH COUNTY OLDER ADULT GAMES.

The Older Adult Games is a wonderful event that takes place at Liscomb Lodge every August. This year, it is the 25th anniversary of this event and we want to make it a big one!! We are in the planning process and doing everything we can to make this event the best ever! So, get the word out in your community and come join us for two days of enjoyment, fun, and being involved in this great event. The games will be on August 21 and 22, 2012 starting at 9:00 am. Activities/events will be walking, crokinole, outdoor shuffle board, scrabble, washer toss, croquet, cribbage, auction 45's, darts, indoor shuffle board, carpet bowling, and other special events as well. For more information on fee's, rates, or to register, please contact St. Mary's Recreation at 522-2598. Registration DEADLINE is August 3, 2012. You can pick up forms at the Recreation Office.

KIDSPORT KidSport is a national children's program that helps kids overcome the financial barriers preventing or limiting their participation in organized sport. KidSport Nova Scotia



provides funding of up to \$300/year/child for sport registration and/or equipment. KidSport™ Canada is a national not-for-profit organization that provides financial assistance for registration fees and equipment to kids aged 18 and under. Through a confidential application process we provide grants so they can play a season of sport. One of our primary goals is to support our network of 11 provincial/territorial KidSport chapters and 177 community KidSport chapters across Canada in their fundraising and sport activities. If you want more information on this program, please contact the recreation department at 522-2598, or visit the website (<http://www.kidsportcanada.ca/>). (<http://www.sportnovascotia.ca/KidSport/tabid/145/Default.aspx>)

LIONS BINGO Wednesdays. Starting at 7:45. Lions Club/Hall, Sherbrooke, NS.



RED CROSS ASSISTANT WATER SAFETY INSTRUCTOR (AWSI) The Antigonish Recreation Departments hosts Canadian Red Cross Water Safety Instructor courses. The Alumni Aquatic Center is offering Canadian Lifesaving Society Training Programs. Make waves and sign up for these courses. Interested in Lifeguarding? Contact the Alumni Aquatic Centre at 867-2181 or 867-3925 Interested in becoming a Swim Instructor? Contact the Recreation Office at 522-2598 for more information.

NOVA SCOTIA FITNESS ASSOCIATION

NSFA holds the standards for fitness certification in Canada. By becoming certified through NSFA you receive the highest standard of fitness certification that is transferable across Canada. If you are interested and for more information and for training courses and times please contact the recreation department at 522-2598, or visit their website at <http://www.nsfa.info/> On the website, there are course dates, locations and times.

CANADIAN TIRE JUMP START PROGRAM

This program helps kids be involved in sport and recreation. It enables financial assistance to families. Canadian Tire Jumpstart helps financially disadvantaged kids ranging in age from 4 to 18. HOW TO APPLY: Applications for assistance can be submitted from Jan. 15 - June 1 for spring/summer programs, and from July 1 - Nov. 15 for fall/winter programs. Call 1-877-616-6600. If you want additional information on this program, please do not hesitate to contact the recreation department at 522-2598, or visit the jumpstart website (<http://jumpstart.canadiantire.ca/>).



St. Mary's Municipality Website We have a municipal website that you can go on to get information. The web address is on the front page of the newsletter section. On the recreation section of the website you will find the programs that we offer, updates on programs, cancellations of programs if needed, and other additional information. On there, we also have an events calendar where you can look and see what is going on in the municipality any day of the week.



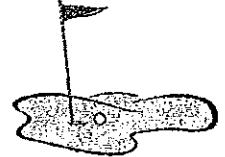
ST. MARY'S RECREATION CASUAL/PART TIME STAFF EMPLOYMENT OPPORTUNITIES As you may know, St. Mary's Recreation puts on programs, events, and activities all around the municipality. We are accepting applications for casual staff to join our team. Please send resume to: joshcorkum11@gmail.com

Message from St. Mary's Recreation: We are encouraging you to get out and be active this summer and have a great time while doing it!!

FUN WITH S.H.O.P.S. (SHERBROOKE OPPORTUNITIES SOCIETY)

S.H.O.P.S. is a developed society in the Sherbrooke Community that will provide space, programs and opportunities for persons with intellectual disabilities. Events will be held in Sherbrooke and surrounding areas. Please contact Shirley Long for more information and/or to be placed on the contact list, you will be then notified of activities, locations and events. You can reach Shirley at 902-328-4919.

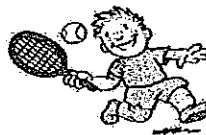
ST. MARY'S RECREATION GOLF TOURNAMENT Red Hill Golf Club, Indian Harbour Lake. Starts at 10:00 am on Saturday, August 11, 2012. Cost is \$15 per person to enter into the tournament. PLEASE REGISTER BY CALLING 522-2598 by July 31. There will be Prizes for participants and BBQ on site. This is for all ages.



ST. MARY'S RECREATION FISHING DERBY The Recreation office for the Municipality is hosting a fishing derby for kids. The Fishing Derby will take place at Nimrod's Campground from 11:00 am and run until 2:00 pm on July 28, 2012. There will be prizes for 1st, 2nd, and 3rd place for each division for the biggest fish, and prizes for the most fish caught. Division 1 will be for children ages 4 - 7, and division 2 will be for children ages 8 - 18. This derby will be \$5 per person and when you pay, you will get something to notify you as to what division you are and so that we know you are entered in the derby. The fishing derby will start at 11 am, there will be a BBQ starting around 12 noon, and prizes will start to be given out around 1:15 pm. When a fish is caught, bring it to the registration table to be measured, then go fish some more!! No boats are allowed, as everyone will fish along the shore, bring your own bait, rod, etc. We do have 10 rods if you do not have one. The Recreation Department is asking to please register before coming to the event. Please register before July 20, 2012. CALL 522-2598.



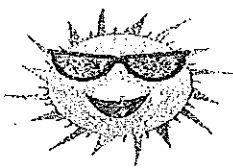
YOUTH TENNIS LESSONS Want to try something new in the Municipality? St. Mary's Recreation is offering tennis lessons from ages 5 and up at Liscombe Lodge the first two weeks of July. \$5 Per Person. So, after, or before swimming lessons, why not be involved in tennis too! Lessons will be Monday to Thursday, July 3-5, and 9-12. These lessons will be at different times depending on your age, so please call St. Mary's Recreation to register and get more information at 522-2598.



HIGHLAND CONNECT Looking for something to do? Highland Connect is a new website that enables you to see what is going on in your community. It is an online guide for active living resources. Here you can search for activities/events/programs, etc....Go and check it out!! www.highlandconnect.ca



SUMMER IN ST. MARY'S!!!



DAY CAMPS:

Port Bickerton: July 3 – 6, July 30 – August 3
Sonora: July 3 - 6, July 30 – August 3
Ecum Secum Day Camp: July 9 – 13, Aug. 6-10
Sherbrooke Day Camp: July 9 – 13, Aug. 6-10
Aspen Day Camp: July 16 – 20, Aug. 13-17
Liscomb Day Camp: July 16 – 20, Aug 13-17
Goshen Day Camp: July 23 – 27, Aug. 20-24
Indian Harbour Lake Day Camp: July 23 – 27, August 20 – 24.

Day Camp Themes for July:



Monday: Tacky Day- Dress up in the tackiest clothes you can find!

Tuesday: Sticky Brownie day- This day is going to be a surprise!! Come find out about all the stickiness!

Wednesday: Hawaiian Hullabaloo Day- Bring your grass skirts and flowered shirts! Get ready to get your limbo on!

Thursday: Survivor Day- Tribes, Challenges and much, much more!

Friday: The mighty Jungle Day- Lions, tigers and bears oh my! Come out and take a walk on the wild side!

Day Camp Themes for August:

Monday: Time Travellers Day- Take a trip through time from cavemen to the wild, Wild West!

Tuesday: Treasure Hunters Day- Scavenger hunts to solving mysteries to find the secret treasure!

Wednesday: Wizard's Day- You have been accepted to day camp for wizards! We will make wands and create potions!

Thursday: Fairy Tales Day- Come spend a day in a fairy tale story book, and go on a hunt for Cinderella's missing glass slipper and go on a journey to find Jack's missing Magic beans!

Friday: Imaginarium Day- This is a day to be full of imagination.

Make sure to pack your children an extra set of old clothes every day for day camp.

Weekly Activities

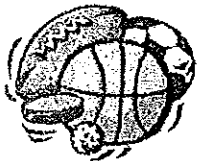
Monday – Soft Ball for Kids at Sherbrooke Village Baseball Field from 6:00-7:00pm

Tuesday - Open Gym: St. Mary's Academy 6:30 pm.

Wednesday- Roller Hockey at the St. Mary's Recplex from 6:30-7:30pm

Thursday- Soccer at the Sherbrooke Village Field from 6:00-7:00pm

Friday- Inline Skating at St. Mary's Recplex 6:00-8:00pm



St. Mary's Recreation Special Events

Mini Olympics - Come on out to the St. Mary's Recplex and show off your athletic skills, there will be great events such as 50 meter dash, shot put, standing long jump, obstacle courses and much more! Come out and see if you can get a 1st place ribbon and then have some BBQ hotdogs and a drink! Saturday, July- 21st 2012. 10:00 am – 2:00 pm. Please call the Recreation Department to register before July 13th.



MINI OLYMPICS

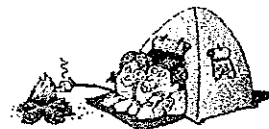
Special Beach Day: This year we will have two beach days, One in July and one in August. Come out to Port Hilford Beach and cool off. There will be a Treasure hunt, prizes, sand castle building contests and a BBQ. July- 6th, 2012 and August 3rd 2012. 9:30 am to 3:30 pm.



Parents vs. Kids Baseball game: Come on out to the Sherbrooke Village Baseball Field and compete against your parent or child to see who can win the game. August 6th at 6:00 pm at The Village Softball Field.

Bus Trip Day in August: This year we will be going on a trip to Sheubenacadie Wildlife Park. Date: August 15th. The cost to get in is 2.00 for a child and 4.25 for an adult. There will be a stop to buy lunch or you can bring a lunch along with you. Bus leaves the municipal building at 8:30 am. Please call the recreation department for more information on the cost to go. Also, you must register for this event before August 8th.

Camp Out / Fishing Derby: Since there wasn't a trailblazers camping trip this year, we will be holding a camping trip at Nimrod's Camp Ground. There will be a Fishing Derby, a bonfire and lots more. Please bring your own tent. The Fishing derby will be on Saturday, July 28th from 11:00 am- 2:00pm, then you can stay for a camp out. Call the recreation department and rsvp your spot at 522-2598.



Movie Under the Stars: Come watch a movie under the stars at Sherbrooke Village Ball Field, Friday night, August 10th. Movie starts at 8:30 pm. There will be activities/consession stands there before hand starting at 7:00 pm. Bring your own lawn chairs and blankets.

X-Men Soccer Camp in Sherbrooke: July 23-26, Monday to Thursday. Hosted by St. FX Varsity Soccer.



Please call the recreation department to register and for more information at 522-2598. Every participant gets a free t-shirt and a ball.
Ages 6-8: \$80.00
Ages 9-16: \$160.00

CANADA DAY IN ST. MARY'S

SHERBROOKE, SUNDAY, JULY 1ST

- 2:00 pm** - The RecPlex will be open to play floor hockey, and other recreational activities.
3:45 pm - Parade Line-Up at St. Mary's Academy
4:00 pm - Parade Begins
4:30 - 7:30 pm - Three BIG Entertainment Bouncers, Awards for floats, Pony Rides, Guysborough County Kids First Play Area for Tots, St. Mary's Recreation Activities for all ages, concession stands, and live music with a great band!! These activities will all be held around the Sherbrooke Ball Field.
7:30 - 9:30 pm Musical Entertainment by, "The Reclyners" at Sherbrooke Village Performance Centre. Recreational activities will also take place.

GOSHEN, SUNDAY, JULY 1ST

- 12:30 pm** - Parade Line Up at Goshen Fire Hall
1:00 pm - Parade Begins
1:30 pm - Short ceremony at the Goshen Community Centre including cake cutting, hot dogs, trophy presentation, refreshments, and St. Mary's Recreation activities for children.

LISCOMB, SUNDAY, JULY 1ST

- 8:00 am - 10:30 am** - Breakfast at Legion
12:00 noon - Parade (TBA)
1:00 pm - Kids Games with St. Mary's Recreation
1:30 pm - Penny Auction
There will be BBQ, Ice Cream Stand and cake at this event! Please contact Shelley at 779-2175 to register for parade before June 23rd.

CANADA DAY PARADE

The St. Mary's Recreation Office is inviting you and business owners to join us on Canada by designing a float, decorating a vehicle, or walking in the Sherbrooke Canada Day Parade. This is a great way to advertise your business

and it will help us to succeed in having the most successful Canada Day Parade yet. If you wish to enter your business in the Parade, please call the Recreation Office at 522-2598. It's free to enter! Parade starts at 4:00 pm, Sunday July 1st at the High School Parking lot. Parade Line-Up is at 3:45. The Recreation Office is also looking for community groups, individuals, or anyone to come up with floats to enter in the Sherbrooke Canada Day Parade. There will be trophies for the best floats. Call the Recreation Office if you are interested, it's never too late! ALL children who wish to decorate their bicycles are welcome to join the parade and there are trophies for a children's category as well. All children can meet at 3:30 pm at the high school parking lot. People are more than welcome to enter in any pet, motorized vehicle, cars, ATV, Trucks, etc.



Bicycle Ticket Draw!

The St. Mary's RECPLEX facility is a wonderful asset to our community. A top of the line Schwinn Super 3 Cruiser Bike has been donated to the Municipality by generous people who would like to see it used to raise money for the RECPLEX. So, tickets are being sold on this bike from now until we draw the winner at the Terry Fox run in September. If you would like to buy tickets on this, please contact the Municipality of St. Mary's at 522-2049, or the Recreation office at 522-2598.



RUG HOOKING AT GREENFIELD OLDSTERS CLUB

Linda MacDonald, a certified rug hooking instructor, will be teaching rug hooking for 4 Mondays beginning Sept 10 at the Greenfield Center. Hours 1pm to 3:30 pm. You may choose your own pattern and material. Kits and supplies will be available to purchase and there will be some instructional cost depending on the number attending. Please contact Josh at 522-2598 to register.

ZUMBA FITNESS

Mondays, Zumba Gold: Sherbrooke. St. Mary's Academy. 6:00 - 7:00 pm.

Wednesdays, Zumba Fitness:

Sherbrooke, St. Mary's Academy, 6:00 pm - 7:00 pm.

Thursdays, Zumba Toning: Sherbrooke, St. Mary's Academy, 6:00 pm - 7:00 pm.

Fridays, Zumba Gold: Sherbrooke, St. Mary's Academy, 6:00 pm - 7:00 pm.

YES!! ZUMBA IS STILL KICKING AROUND! Come join a certified Zumba instructor for this awesome class. Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. \$5 per class. Call rec dept to register. 522-2598.



LISCOMBE LODGE POOL PARTY Let's get wet and wild with our St. Mary's Recreation staff at Liscombe Lodge. These fun days will take place on Friday July 20, and Friday August 17 starting at 9:30 am. These two days will be full of fun including swimming, activities, unstructured play, and games.

RECREATION NOVA SCOTIA PHOTO CONTEST Go digital and email us your pictures to Recreation Nova

Scotia (student@recreationns.ns.ca) or mail in your photographs to Recreation Nova Scotia, 5516 Spring Garden Road, Suite 309, Halifax, NS, B3J 1G6. Email: bmahon@recreationns.ns.ca. The winner will receive a prize from Recreation Nova



Scotia. All you have to do is draw a picture in color of some type of recreation activity that you could do in the summer. Could be flowers, trees, fields, pools, biking, walking, roller blading, etc. So, we encourage you to be artistic and send in your picture!

Physical Activity Opportunities

St. Mary's Fitness Centre Personal training and orientations are available, to arranged a consultation please contact the recreation office.



Tentative Summer Hours

Monday	Tuesday	Wednesday	Thursday	Friday
2:30-7:30	6:30-7:30	1:00-2:00	10:00-11:00	1:00-2:00
			4:00	4:00

Learn to Run Program

The Liscomb Learn to run Program is a beginner level program that will teach you the basics of running; from techniques to footwear we have it covered!! Join us at the Liscomb Legion Thursday's at 10:00 am beginning July 19th to give it a try! For more information or to register please contact Emily at 522-2598 or by email at emilymargaretmorton@gmail.com

Train Like the Pros

The train like the pros program is sticking around for the summer! This unique combination of cardio, muscle confusion, agility and plyometric training will have you stronger, faster and most importantly healthier! For more information or to register please contact Emily Morton at 522-2598. Please be advised that a minimum of 5 participants must register in order for the program to proceed. Please note this program will now runs Wednesday's at 6:30 at the St. Mary's Education Centre

EFIT is unique combination of cardio, muscle confusion, agility and plyometric training essential for optimal sport performance. This program is open to all youth ages 10-19 and is held Tuesday evenings from 6:30-7:30 at the Indian Harbour Lake Community Centre. Please note that starting July 16th EFIT will be changed to Tuesday mornings at 10:00am and Wednesday afternoons from 1:00-2:00pm. For more information or to register please contact Emily at 522-2598 or by email at emilymargaretmorton@gmail.com

Kayaking

Did you know that St. Mary's Recreation has a number of kayaks available for use? Join us Monday evenings at 6:00pm starting July 9th at Liscomb Lodge to learn the basics of kayaking. For more information or to register please contact Emily at 522-2598 or by email at emilymargaretmorton@gmail.com



Run Jump Throw

Run Jump Throw uses a fun and active learning environment. The program focuses on the enhancement of physical fitness, health and physical development for children 7 to 12 years of age. St. Mary's Recreation Department is pleased to offer a 4 week trial program in Port Bickerton on Thursdays from 1:00-1:45pm and in Liscomb on Mondays from 11:30-12:15 starting July 16th 2012. For more information or to register please contact Emily at 522-2598 or by email at emilymargaretmorton@gmail.com



Red Cross Swim Kids Program

Splash into summer with Red Cross Swimming Lessons!!

Whether you're a parent wishing to enroll your child in swimming lessons, a teen who is interested in becoming a water safety instructor

or an adult looking to improve your swimming skills, Red Cross has a program for you! Programs are available for children and will be held July 3-5 and July 9th-13th at the Liscomb Lodge Pool. Please be advised that all children MUST pre register as there are limited spots available.

Prices: 1 Child- 25.00

2 Children- 45.00

Family (3 or more) in the same house hold- \$70.00

Registration is now open, please contact Emily at 522-2598 to reserve a spot.



Programming

Do you see a program that you would like in your community? If so please contact the recreation office at 522-2598!

Liscomb Lodge Aqua Fitness

Liscomb aqua fitness is back for yet another year!! Aqua fit is a great low impact work out that uses water resistance to increase cardiovascular health, muscle endurance and strength. Join us Monday and Wednesday mornings from 10:00-11:00 at the Liscomb Lodge pool. Please be advised that this program will be cancelled from July 3rd - July 13th to accommodate youth swimming lessons. To register please contact Emily Morton at 522-2598 or by email at emilymargaretmorton@gmail.com



Liscomb Lodge Hiking Day

Up for a day of hiking?? Join us July 19th at 9:00am at the Liscomb Lodge trail. Please be advised that this event is weather dependent. For more information please contact Emily at the recreation office.

Unstructured Play Time

Unstructured play encourages a creative mind and imagination while promoting children to create games to play & adapt variations of known games. By providing the opportunity for unstructured play children develop social & debate skills while also enhancing physical literacy and motor skills. St. Mary's Recreation will be offering unstructured play periods July 3-5th and July 9-13th at the Liscomb Lodge at 9:30am and at Nimrods Campground on Tuesdays starting at 1:00pm. For more information or to register please contact Emily Morton at 522-2598 or by email.



A message from the Physical Activity Coordinator:

Summer time is finally here, and there is no better way to celebrate than getting active!!! Just 60 minutes of physical activity a day can decrease risk of chronic disease and aid in weight management. So get out and get moving!!!

July 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 AM Canada Day Liscomb</p> <p>9:00 AM St. Mary's River Association Yard and Rake Sale</p> <p>12:30 PM Canada Day Sherbrooke</p> <p>2:00 PM Canada Day Sherbrooke</p>	<p>12:00 AM HOLIDAY!</p>	<p>9:00 AM Science Camp</p> <p>9:00 AM Youth Tennis Lessons</p> <p>9:30 AM Liscomb Swimming Lessons</p> <p>9:30 AM Sonora Day Camp</p> <p>9:30 AM Port Bickerton Day Camp</p> <p>9:30 AM Unstructured Play Time</p> <p>11:00 AM Meditation Class</p> <p>6:30 PM Co-Ed Adult Softball</p> <p>6:30 PM Open Gym</p> <p>7:00 PM Country Harbour Darts</p>	<p>9:00 AM Science Camp</p> <p>9:00 AM Liscomb Swimming Lessons</p> <p>9:00 AM Youth Tennis Lessons</p> <p>9:30 AM Sonora Day Camp</p> <p>9:30 AM Port Bickerton Day Camp</p> <p>9:30 AM Unstructured Play Time</p> <p>6:00 PM Zumba</p> <p>6:30 PM Roller Hockey</p>	<p>9:00 AM Science Camp</p> <p>9:00 AM Liscomb Swimming Lessons</p> <p>9:00 AM Youth Tennis Lessons</p> <p>9:30 AM Sonora Day Camp</p> <p>9:30 AM Port Bickerton Day Camp</p> <p>9:30 AM Unstructured Play Time</p> <p>3:00 PM SHOPS</p> <p>6:00 PM Zumba Toning</p> <p>7:30 PM Courthouse Concert</p> <p>8:00 PM Liscomb 45's</p>	<p>9:00 AM Science Camp</p> <p>9:30 AM Beach Day</p> <p>9:30 AM Seniors Cafe</p> <p>9:30 AM Sonora Day Camp</p> <p>9:30 AM Port Bickerton Day Camp</p> <p>11:00 AM Village Readers Book Club</p> <p>6:00 PM Inline Skating</p> <p>6:00 PM Zumba Gold</p>	<p>Village Gaelic/Scottish Heritage Days</p> <p>10:00 AM Port Bickerton Flea Market</p> <p>12:30 PM JFJ Club</p> <p>8:00 PM Liscomb Cribbage</p>
<p>Hands on Crafts</p> <p>Village Gaelic/Scottish Heritage Days</p> <p>Steel Shoot</p> <p>2:00 PM Cellih at the Courthouse</p>	<p>9:00 AM Youth Tennis Lessons</p> <p>9:00 AM Liscomb Swimming Lessons</p> <p>9:30 AM Unstructured Play Time</p> <p>9:30 AM Sherbrooke Day Camp</p> <p>10:00 AM Aquatic Fit</p> <p>10:00 AM Softball for Kids</p> <p>6:00 PM Kayaking</p> <p>6:00 PM Zumba Gold</p> <p>7:00 PM Country Harbour Cards</p> <p>7:00 PM Adult Swimming Lessons</p>	<p>9:00 AM Liscomb Swimming Lessons</p> <p>9:00 AM Youth Tennis Lessons</p> <p>9:30 AM Sherbrooke Day Camp</p> <p>9:30 AM Equum Secum Day Camp</p> <p>11:00 AM Meditation Class</p> <p>6:30 PM Co-Ed Adult Softball</p> <p>6:30 PM Open Gym</p> <p>7:00 PM Country Harbour Cards</p> <p>7:00 PM Adult Swimming Lessons</p>	<p>9:00 AM Youth Tennis Lessons</p> <p>9:30 AM Equum Secum Day Camp</p> <p>9:30 AM Unstructured Play Time</p> <p>9:30 AM Sherbrooke Day Camp</p> <p>1:00 PM SHOPS</p> <p>6:00 PM Zumba Toning</p> <p>6:00 PM Soccer</p> <p>7:00 PM ATV Club Meeting</p> <p>7:30 PM Courthouse Concert</p> <p>8:00 PM Liscomb 45's</p>	<p>9:00 AM Liscomb Swimming Lessons</p> <p>9:30 AM Youth Tennis Lessons</p> <p>9:30 AM Equum Secum Day Camp</p> <p>9:30 AM Sherbrooke Day Camp</p> <p>9:45 AM Sherbrooke Library Public Meeting</p> <p>6:00 PM Zumba Gold</p> <p>6:00 PM Inline Skating</p>	<p>9:30 AM Unstructured Play Time</p> <p>9:30 AM Seniors Cafe</p> <p>9:30 AM Sherbrooke Day Camp</p> <p>9:30 AM Equum Secum Day Camp</p> <p>9:45 AM Sherbrooke Library Public Meeting</p> <p>6:00 PM Zumba Gold</p> <p>6:00 PM Inline Skating</p>	<p>8:00 PM Liscomb Cribbage</p>
<p>Hands on Crafts</p> <p>1:00 PM With These Two Hands</p>	<p>9:30 AM Aspen Day Camp</p> <p>9:30 AM Liscomb Day Camp</p> <p>10:00 AM Aqua Fit</p> <p>11:30 AM Run, Jump, Throw</p> <p>6:00 PM Softball for Kids</p> <p>6:00 PM Zumba Gold</p> <p>6:00 PM Kayaking</p> <p>7:00 PM Adult Swimming Lessons</p> <p>7:00 PM Country Harbour Cards</p>	<p>9:30 AM Aspen Day Camp</p> <p>9:30 AM Liscomb Day Camp</p> <p>10:00 AM Aqua Fit</p> <p>11:00 AM Meditation Class</p> <p>6:30 PM Unstructured Play Time</p> <p>6:30 PM Co-Ed Adult Softball</p> <p>6:30 PM Open Gym</p> <p>7:00 PM Country Harbour Darts</p>	<p>9:30 AM Aspen Day Camp</p> <p>10:00 AM Aqua Fit</p> <p>1:00 PM E-Fit</p> <p>6:30 PM Zumba</p> <p>6:30 PM Roller Hockey</p>	<p>9:30 AM Liscomb Day Camp</p> <p>9:30 AM Aspen Day Camp</p> <p>1:00 PM Run, Jump, Throw</p> <p>6:00 PM SHOPS</p> <p>6:00 PM Soccer</p> <p>6:00 PM Zumba Toning</p> <p>7:30 PM Courthouse Concert</p> <p>8:00 PM Liscomb 45's</p>	<p>9:30 AM Liscomb Day Camp</p> <p>9:30 AM Aspen Day Camp</p> <p>9:30 AM Seniors Cafe</p> <p>6:00 PM Inline Skating</p> <p>6:00 PM Zumba Gold</p>	<p>Guyborough County Visitation</p> <p>Sherbrooke Village Photography Camp</p> <p>10:00 AM Mini-Olympics</p> <p>6:00 PM Hymn Sing at Maple Manor</p> <p>8:00 PM Liscomb Cribbage</p>
<p>Rumpkin Patch Visit</p> <p>Sherbrooke Village Photography Camp</p> <p>2:00 PM Sunday Gospel Music and Strawberry Shortcake</p>	<p>8:30 AM X-Men Soccer Camp</p> <p>9:30 AM Goshen Day Camp</p> <p>9:30 AM Indian Harbour Lake day Camp</p> <p>10:00 AM Aqua Fit</p> <p>11:30 AM Run, Jump, Throw</p> <p>6:00 PM Softball for Kids</p> <p>6:00 PM Zumba Gold</p> <p>7:00 PM Country Harbour Cards</p> <p>7:00 PM Adult Swimming Lessons</p>	<p>8:30 AM X-Men Soccer Camp</p> <p>9:30 AM Goshen Day Camp</p> <p>9:30 AM Indian Harbour Lake day Camp</p> <p>10:00 AM Aqua Fit</p> <p>11:00 AM Meditation Class</p> <p>6:30 PM Co-Ed Adult Softball</p> <p>6:30 PM Open Gym</p> <p>7:00 PM Country Harbour Darts</p>	<p>8:30 AM X-Men Soccer Camp</p> <p>9:30 AM Goshen Day Camp</p> <p>9:30 AM Indian Harbour Lake day Camp</p> <p>10:00 AM Aqua Fit</p> <p>6:00 PM Soccer</p> <p>6:30 PM Roller Hockey</p>	<p>8:30 AM X-Men Soccer Camp</p> <p>9:30 AM Indian Harbour Lake day Camp</p> <p>10:00 AM Goshen Day Camp</p> <p>10:00 AM Liscomb Learn to Run</p> <p>1:00 PM Run, Jump, Throw</p> <p>6:00 PM SHOPS</p> <p>6:00 PM Soccer</p> <p>6:30 PM Zumba Toning</p> <p>7:30 PM Courthouse Concert</p> <p>8:00 PM Liscomb 45's</p>	<p>9:30 AM Indian Harbour Lake day Camp</p> <p>9:30 AM Goshen Day Camp</p> <p>9:30 AM Seniors Cafe</p> <p>6:00 PM Zumba Gold</p> <p>6:00 PM Inline Skating</p>	<p>Smokey Hollow</p> <p>10:00 AM A Sporting Day of Tradition</p> <p>al Driving</p> <p>11:00 AM Fishing Derby</p> <p>3:00 PM Camp-Out</p> <p>8:00 PM Liscomb Cribbage</p>
<p>Smokey Hollow</p> <p>2:00 PM Goldmine Frolic</p> <p>2:00 PM Sawmill Frolic</p>	<p>9:30 AM Port Bickerton Day Camp</p> <p>9:30 AM Sonora Day Camp</p> <p>10:00 AM Aqua Fit</p> <p>11:30 AM Run, Jump, Throw</p> <p>6:00 PM Kayaking</p> <p>6:00 PM Softball for Kids</p> <p>6:30 PM Zumba Gold</p> <p>7:00 PM Country Harbour Cards</p>	<p>9:30 AM Port Bickerton Day Camp</p> <p>9:30 AM Sonora Day Camp</p> <p>11:00 AM Meditation Class</p> <p>1:00 PM Unstructured Play Time</p> <p>6:30 PM Co-Ed Adult Softball</p> <p>6:30 PM Open Gym</p> <p>7:00 PM Country Harbour Darts</p>	<p>9:30 AM Port Bickerton Day Camp</p> <p>9:30 AM Sonora Day Camp</p> <p>11:00 AM Meditation Class</p> <p>1:00 PM Unstructured Play Time</p> <p>6:30 PM Co-Ed Adult Softball</p> <p>6:30 PM Open Gym</p> <p>7:00 PM Country Harbour Darts</p>	<p>9:30 AM Indian Harbour Lake day Camp</p> <p>9:30 AM Goshen Day Camp</p> <p>9:30 AM Seniors Cafe</p> <p>6:00 PM Zumba Gold</p> <p>6:00 PM Inline Skating</p>	<p>9:30 AM Indian Harbour Lake day Camp</p> <p>9:30 AM Goshen Day Camp</p> <p>9:30 AM Seniors Cafe</p> <p>6:00 PM Zumba Gold</p> <p>6:00 PM Inline Skating</p>	<p>10:00 AM A Sporting Day of Tradition</p> <p>al Driving</p> <p>11:00 AM Fishing Derby</p> <p>3:00 PM Camp-Out</p> <p>8:00 PM Liscomb Cribbage</p>