

Municipality of the District of St. Mary's & St. Mary's Recreation Department

AUGUST 2011 Newsletter



www.saint-marys.ca

The DEADLINE to have information submitted for the SEPTEMBER issue of the Newsletter is <u>WEDNESDAY</u>, <u>August 24th at 4:00 p.m.</u>
Submissions can be received by fax: 522-2309 or email: <u>council@munet.ns.ca</u> Subject line must read NEWSLETTER SUBMISSION.
Also please note that we reserve the right to edit any and all submissions to this newsletter.



St. Mary's Municipal Council

There will be no Council meeting in August. The next regular meeting of St. Mary's Municipal Council will be held on Monday, SEPTEMBER 12th, 7

pm. The public is invited to attend. Visit our website for recent minutes of the regular meetings, important dates and forms. www.saint-marys.ca

Heavy Garbage Haul

St. Mary's Municipality is requesting price quotes for a Fall Heavy Haul for the entire Municipality.

Interested individuals will be required to disclose equipment and insurance and the proposed route along with a time frame. All items are to be deposited at the St. Mary's Transfer Station.

A formal Agreement will be signed at Closing Date. All applications must be received at the Municipal Office by noon on Friday September 9th, 2011.

Building Inspector- Peter Avery

Peter is available by drop in or appointment on Thursdays at the Municipal Office in Sherbrooke from 11am-4pm. He can be reached at any time by email: pavery@modg.ca or at the Guysborough Municipal Office at 533-3705 ext 235.

St. Mary's Transfer Station hours have changed to 9am - 4:30pm all year round. There will be a charge of \$1/bag for residual waste, \$2 for small items (arm chair) and \$5 for larger items (couch, mattress) dropped off at the Transfer Station and there will continue to be NO charges to drop off C&D materials, larger appliances, propane tanks, compost, Household Hazardous Waste, tires, electronics, etc.

Council wishes to thank you for your patience and cooperation during the implementation of our Universal Garbage Collection service.

Garbage (Clear Bag) will be collected <u>WEEKLY</u> until September 15th 2011. From September 15th to June 15th 2012 garbage collection will be once every <u>TWO</u> weeks and change back to <u>weekly</u> collection between June 15th and September 15th 2012. Recycling (Blue Bag/ Cardboard) will be collected once every <u>TWO</u> weeks for the entire year. If you have any questions please do not hesitate to contact the Municipal Office 522-2049, your local Councilor, Transfer Station 522-2659, or Eastern Shore Cartage directly at 1-800-261-0372.

Tuesdays Collection Area: New Chester, Fleet Settlement, Cove Loop, Hall Loop, Garcie Fleet Loop, Fleet Lane, Briggs Rd, Wharf Rd, Hapes Point Rd, Bill Hape Rd, Fleets Loop, Marie Joseph, Baker's Cove Rd, Fancy Point Rd, #7 East, West Liscomb, Wilson Cove, Spanish Ship Bay, Mackinley Point, Liscomb, Pye Head, Mallman's Point, Little Liscomb, Goldenville, Sherbrooke, Cameron Rd, Hospital Rd, Restoration Dr, Old Rd Hill, Sonora Rd, St. Mary's River, Sonora South, Wine Harbour

Wednesdays Collection Area: East Loon Lake, Cameron Settlement Rd, Sunny Brae, Hwy 348, Lower Caledonia, West Side North Rd, Smithfield, Hattie Rd, Glenelg Church Rd, Old Church Rd, Denver, Fishers Archibald Rd, East Side Newtown, East River Rd, Newtown, East River, Locharbour Rd, College Rd, West Side Lochiel Lake, West Locharbour, Dorts Rd, Goshen, Hwy 276, Copper Lake Rd, Argyle, Old Country Harbour Rd, Cheese Factory Rd, Eight Island Lake rd, Hendsbee Rd, Welsh Rd, Grover Rd, Lochiel Lake, Fisher Mills, Aspen, McGrath Rd, Mackeen Court, Holy Hill Rd, Kirk Loop, Lodge Rd.

Thursdays Collection Area: Stillwater to West Melrose (Silvers Bridge), Lead Mines Rd, Waternish, Highway 211, Jordanville, IHL, H MacDonald Loop, Red Hill Rd, Port Hilford, Mills Hill Rd, Harpellville, Port Bickerton, PB Village Rd, Elm Drive, Stillwater Dr., Ocean View Dr, Beachview Dr, Harbourview Dr, East Side Bickerton Rd, Fisherman Harbour, West Side IHL, Campbell Jordan Rd, Nimrods Campground, Stillwater



Guysborough County Older Adult Games

The Older Adult Games will be held on August 25th and 26th at

Liscombe Lodge, Games include:

Cribbage Walking races Carpet Bowling Darts Croquet

Auction 45's

Scrabble

Washer Toss Crokinole

Indoor and Outdoor Shuffleboard

Registration is \$25, includes all events & banquet. Transportation and lodging are available at additional cost. Registration deadline August 5th, 2011. Application forms available at the Recreation Office. Questions? Please contact us 522-2598.

Indian Harbour Lake Pentecostal Church August Worship & Activities Sunday

11:00 a.m. Morning Worship 6:30 pm. Praise & Prayer- July 21st **Weekday Activities** Wednesday, August 3rd, 10th and 17th Bible Study on the Gospel of John All are Welcome! For more info contact Pastor Dave Connolly at 522-2759 or



pastordave@ihlpentecostalchurch.ca

JFJ Club Saturday, August 20th 12:30 - 3:00pm Juniors for Jesus Club

Indian Harbour Lake/Jordanville Community Center For Boys and Girls ages 6 and up Great Summer Time challenges, wild & wacky games, outdoor sports and a delicious snack. Sponsored by Indian Harbour Lake Pentecostal Church.

Phone # 522-2759 or 364-2270

GREAT BIG COMMUNITY YARD SALE!!!

There will be a community yard sale on Saturday, August 27th, from 9:00 am-noon in the parking lot of Bayview Baptist Church in Spanish Ship Bay. No selling will take place

before 9:00 am. Please contact Debbie Baker at 902-779-2255 for further information or to book a table.

Port Bickerton Community Centre rentals will now be handled by Velma Kaiser. To inquire or book, please contact Velma at 364-2724.

Sherbrooke Library Chat Line

Village Readers' Book Club - Wed Aug 3 at 11am

Calling All Kids age 5-12 - come to get your books for your summer reading. For every three books, you receive a ballot for a chance on an e-reader. More books, more prize s and more chances to win an e-reader.

Knotty Knitters' Club Tues evening 6-8pm and Wed afternoon 2-4pm

Senior's Café Fridays 9:30-10:30am. Join us for a cup a coffee or tea, check your email, get a book and have a visit with your friends, Perhaps you could challenge them to a game of scrabble or work on a puzzle.

Saturday, Sept 17 10am come and meet the author of Elf Folk and the Crystal Caves of Atlantis, Tina McFaden. She will be reading from her book as well as telling about writing books. Writers in the area may enjoy talking with Ms. McFadden about the writing process.

Sherbrooke Library & C@P Site Monday, Tuesday, Wednesday.....2-5 & 6-8pm Thursday...... 2-5pm Friday.....10:30am-4pm Saturday.....11am-2pm Telephone: 522-2180 www.ecrl.library.ns.ca

We would like to thank the staff and students of St. Mary's Academy for their tireless efforts in organizing the walk/Run-othon in memory of our grand-daughter Faith Hartling. The participation of her friends at the memorial service and the attendance of friends and family were so special to us. We appreciate the support of our community and the generous donations you have made toward the scholarship fund the school has set up in Faith's memory. Special thanks to those who worked endlessly seeing to every detail to make it the success it was. Your compassion and kindness will always be cherished.

Thank you for the donated stone placed in the school memorial garden in memory of Faith, what a beautiful tribute. Thanks to the church for your kind words and encouragement - they were a blessing at this difficult time.

Many thanks to those who hosted students, family and friends following the memorial service. It was a special time of food, fellowship and remembering. Faith would be (as we have been) humbled by the out-pouring of love that has been shown in her memory. Thank you, each one of you, for that love. Lennie & Susan Jordan

MAPLE MANOR BAKE SALE

A bake sale occurs every Friday at Maple Manor at 2:00 pm. Expect to see pies, bread, cookies, scones, squares, fudge etc. 50 cents admission.



Raffle for Carol Hayne

Where: IHL/Jordanville Community Centre When: August 6, 2011- 4:00-6:00 pm There will be lots of great prizes for everybody! There will also be a barbeque at the time so stop by for a bite to eat



IHL/Jordanville Community Centre Next hall meeting: Mon, Aug 8 at 7:00 pm. Everyone welcome. Auction 45's every Tues evening at 8:00 pm. Light lunch. \$5.00 admittance

and try your luck with our raffle!

ECUM SECUM FIRE HALL "FUN DAYS"

Aug 5th Kids Fun Evening 6-8 pm Ages 0-10 Teen Dance 8:30-11:00 pm Ages 11-18

Aug 6th Location Ecum Secum Fire Hall

Breakfast: 8 am-10 am

Bingo: 10 am-11:30 am/2pm onwards

Races: 11:30-12:30 pm

BBQ and Games: To follow morning activities

Beer Garden: 1:00 pm Variety Show: 7:00 pm

Fire Works: At dusk (weather permitting)

Adult Dance: 9:30 pm.

Aug 7th Location Fleet Settlement Bridge

BBQ Lunch: 12:00 pm Duck Race: 2:00 pm

Entertainment: 11 am onwards

For more info contact: Maudie at 347-2605 or Darlene at

347-2412.

Sea Quest: A V.B.S. adventure Where: Bayview Baptist Church When: August 15-18 Time: 6:30-8:30 pm Ages: 4-12 Questions: Contact Pastor David Smith 779-2709

Come and join us for fun and games and to learn of the hidden treasures in God's word

HYMN SING

The monthly old-fashioned hymn sing at the common room of Maple Manor in Sherbrooke will be held on Saturday, July 23, 2011, beginning at 6:00 pm. There is no cost and everyone is welcome. Come out and join us for some music and fun!

OUTDOOR YARD SALE - Saturday July 30th 10-12noon St. Mary's River Association #8404 Hwy 7 - across from Provincial Park



Come join us on August 20, 2011 at the Little Red School in New Chester from 1 pm to 4 pm. Some events are: tickets, games, bake table, pie contest, pie auction, cake walk and games for the children. Photos of the past and present. Door prize. Tea, coffee, sweets, as well as our famous "chefs" who serve up some great food, hamburgers, hot dogs, drinks and more! It will be a fun event so come join in and bring a friend!

Thank You

I would like to express my sincere thanks to everyone who helped us with the passing and funeral of my mother, Eliza Cameron. Your prayers, cards and donations were much appreciated. Rose Laing and family

TOPS NS#5098 LISCOMB

TOPS is a not-for-profit weight loss support group. If you would like to Take Off Pounds Sensibly, come and visit one of our meetings to see if TOPS is for you. TOPS #5098 meets every Tuesday in the fellowship room of Bayview Baptist Church in Spanish Ship Bay. Weigh-in is at 6:00 pm and meeting time is from 6:30-7:30 pm. For further information, please call Mary Lou Cole at 902-347-2285 or Debbie Baker at 902-779-2255.

THANK YOU

Thank you to all who attended and helped with baby showers for Abby in May. Thanks for all the visits. flowers, best wishes and gifts since we have been home. Everything was greatly appreciated by Shelley, Abby Joann and John.



St. Mary's District Food Bank DO YOU HAVE EXTRA GARDEN PRODUCE? On Saturday, Aug. 20th, the Food Bank is partnering with Historic Sherbrooke Village to receive fresh, garden produce. If you would like to share some of your produce with the Food Bank, please bring it to the Sherbrooke Village Exhibit Centre on Sat.

Aug. 20th from 10 am-3 pm. Items may be dropped off at the rear door of the Exhibit Centre, accessible from the driveway to the Village parking lot. For further information, please call the Food Bank at 328-4148.



Greetings from High-Crest Sherbrooke! Residents celebrating birthdays in August:

Kathleen Cox Aug. 19th Muriel Havne Aug. 22nd Kin Nam Joe (Papa Joe) Aug. 27th Julia Mason Aug. 27th

Happy Birthday Folks! We will be holding our monthly Homebuddies Bingo/Birthday party on August 8th at 1:15pm, everyone is welcome!

With some very generous donations from residents' family and friends we were able to purchase a beautiful red leather couch for our lounge! Thanks to all who sent in donations!

I would also like to thank everyone who supported our bus fund over the years, unfortunately our blue bus has been retired after many years and many great trips and countless memories. We greatly miss it already, Thanks again to all who supported our outings.

The Baptist Congregation of Port Hilford, Port Bickerton & Sonora: August Services

Aug 7, 11:00AM: Sonora Baptist Church Aug 14, 11:00AM:Port Hillford United Baptist Aug 21, 9:30AM:Port Hillford United Baptist 11:00AM: Port Bickerton United Baptist Aug 28, 11:00AM:Sonora Baptist Church Come worship with us this summer! For more information, contact Rev. Norman Pearce, 522-2087 or hbs.baptist@ns.sympatico.ca

Sea Shore Volunteer Fire Dept News:

Events at the Port Bickerton "New" Community Centre -4853 Hwy #211

Annual Fish Fry Supper - August 20th 3pm-6pm Admission Adult \$10. Child under 12 \$6. Come and enjoy great food!

Variety Concert - August 20th Admission Adult \$8 Child under 12 \$5 Concert to feature Dennis & David Kaiser and Friends. Special guest Glen Horton and son Quad from Alberta (native of Port Bickerton). Lots of Country, Bluegrass and Gospel music.

Duck Race - August 21st Start of race determined by tide 300 toy ducks

Great Entertainment!

Located at Port Hilford Lake Brook Cash prizes awarded \$300, \$100 & 4- \$25

Tickets on sale now by any member of the Fire Dept for \$5 each.

The next School Enhancement Committee meeting will be held August 17, 2011 at 7:00 pm in the Municipal Council Chambers. Everyone welcome!

Fundraising campaign for the Goshen Troy Hudson



Memorial Playground continues with "CARNIVAL DAY" For Kids and Adults Goshen Community Centre on Saturday Aug 20th from 11am-3pm includes

include kiddie games, balloon animals, face painting, bouncers, washer toss competition, BBQ and more!

Community Yard Sales

There will be Community Yard Sales on Highway 211 from Stillwater to Port Hilford on Saturday July 30th from 10am-2pm. Also tables will be available at IHL/Jordanville Community Centre. Call 522-2369 to book a table for \$5.

Everyone welcome to find a spot and join in. No early birds please. Selling will begin at 10am.

St. Mary's Shooters Association

July 31 - Bench rest Shoot .22 and centerfire rifle at 100 yrds, pistols 25 yrds

August 14 - Military rifle Shoot, any open sighted Military rifle 2x5 shots at 100 yrds.

August 28 - SMSA skeet shoot Location TBA

SMSA has the Stillwater DNR range on Sundays with every second Sunday afternoon for general practice; the public is invited to shoot as guests. Visit our website at www.smsa.ca or call 783-2820 for info.

Smokey Hollow Holldays 2011 - July 30th to Aug 7th

Sat July 30th Smokey Hollow Breakfast - 8:30-10:30 Co-ed Ball Tournament (support of Alzhelmer's Society) 9am Hootenanny with Dave Hanham - 2-6pm \$3 admission Karaoke Dance In Memory of Paula Richards -9pm \$5 admission

Sun July 31st Co-ed Ball Tournament continues 9am 3rd Annual Scavenger Hunt - 1-3pm \$5/team Free Smokey Kids Fling -sponsored by OREX Exploration 6pm

Mon Aug 1st Card Play - Auction 8pm

Tues Aug 2nd Bingo - 7:30pm

Thurs Aug 4th - Trivia & Pizza -8pm

Friday Aug 5th 32nd Annual Kenny Porter Memorial Men's Ball Tournament Begins Sponsored by OREX Exploration

Sat Aug 6th Men's Ball Tournament Continues 8am Hootenanny with Neon Moon -2pm \$3 Adult Dance with Neon Moon -9pm \$7

Sun Aug 7th - 10am Ball Tournament continues

ROYAL CAN, LEGION BR. #86 LISCOMB

Next general meeting will be held on Tuesday, Sept 6 **ACTIVITIES:**

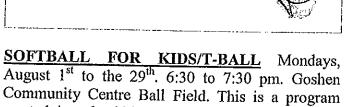
AUCTION 45's - Thursdays at 8pm \$5 CRIBBAGE - Saturdays at 8pm \$5

SENIOR FUN DAY: Monday August 22 1-3pm

St. Mary's Recreation

website: www.saint-marys.ca/recreation or www.facebook.com/StMarysRec

SUMMER FUN!!!!



created just for kids to learn how to play the game of softball, and have fun as well. St. Mary's Recreation Leaders will be there to lead kids through activities and games that relate to the game of softball/t-ball.

FLAG FOOTBALL Tuesdays, August 2nd to the 30th. Sherbrooke Village Performance Centre Field.

(Beside the Ball Field). 6:00 to 7:00



(Beside the Ball Field). 6:00 to 7:00 pm. Come on out and enjoy the game of Flag Football with friends and

ROLLER HOCKEY Wednesdays, August 3rd to the 31st at St. Mary's RecPlex in Sherbrooke . 6:00 pm. Please call the recreation department to register. Sad that Ice Hockey is over? No need to worry about that as St. Mary's Recreation Department has inline skates for everyone. All you need is to bring your stick, helmet, and gloves and be ready to play!

<u>OPEN SWIM</u> Liscombe Lodge Pool. Liscomb. Wednesdays in August from 6-8 pm. This will be open to anyone. \$2 per person or \$5 for the whole family. This is a great way to get the family active while spending quality time together.

A MESSAGE FROM ST. MARY'S RECREATION: DON'T FORGET YOUR SUNSCREEN!!

SOFTBALL LEAGUE TOURNAMENT August 27 starting at 10:00 am. Sherbrooke Ball Field. There will be a BBQ, home run derby, etc. So, get a team together, call the recreation department to register your team and come out for a day of softball. Spectators are welcome!

ST. MARY'S ADULT SLOWPITCH LEAGUE

St. Mary's Recreation Adult Slowpitch league is up and running. The softball league is open to anyone over the age of 18. Players are to sign-up as individuals or teams. We plan to run until late September. Games will be played on Tuesday evenings and ball fields will switch up between Sherbrooke and Country Harbour. \$10 per person. There will also be a tournament sometime during the season. If you have any questions about the league please contact the recreation office at 522-2598 or email joshcorkum@yahoo.ca



Wednesdays at Indian Harbour Lake Community Centre at 7:00 – 8:00 pm. Thursdays at the Lions Hall in Sherbrooke from 7 – 8 pm. Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. There's no other fitness class like a Zumba Fitness-Party and it is easy to do!!! Cost: \$5 per class. Please call St. Mary's Recreation Department to register.



(ZUMBA FOR OLDER ADULTS) Wednesdays, August 3, 10, 17, 24, 31 from 6:30 to 7:30 pm at the Goshen Community Centre. \$25 Per Person for 5 classes. This is a Zumba class for the older adults. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Certified instructor Pan O'Neil will lead you through this in a way that everyone can do it. Please call the recreation department to register.

OPEN REC NIGHT Mondays, August 1 to 29. 6:30 - 7:30 pm. St. Mary's RECPLEX in Sherbrooke. All Ages. FREE! This is a time where kids and youth can come and play whatever they want! Soccer, Basketball, Ball Hockey, Volleyball, Dodgeball, Soccer Baseball, etc., you name it, we have it all for you. So, come and be active in a place where you pick the activity you want to do!

OPEN INLINE SKATING Missing skating through the summer months? If so, St. Mary's Recreation has the fix for you! For the month of August, every Thursday evening from 6 to 7 pm we

will open up the RecPlex in Sherbrooke for you to go Inline Skating. This is for the young and the elderly of the community. Anyone can participate. No need to worry about bringing your own skates, because we have an abundance of skates in every color, shape, and size! All you need to bring is your helmet and an open mind.

YOUTH DANCES ATTENTION YOUTH!!! St. Mary's Recreation will be holding dances in some areas of the Municipality on Friday nights for the



Month of August. So, get your friends together and come out for a good time on the dance floor. Music will be provided by the recreation leaders of St. Mary's Recreation. These dances are open for kids from grades 4 – 9 and will start at 7:00 pm and go until 9:30 pm.

<u>Friday, August 5.</u> 7:00 pm to 9:30 pm. Port Bickerton Community Centre.

Friday, August 12. 7:00 pm to 9:30 pm. Lions Hall, Sherbrooke.

Friday, August 19, 7:00 pm to 9:30 pm. Marie Joseph Community Centre. Marie Joseph.

Friday, August 26, 7:00 pm to 9:30 pm. Goshen Community Centre. Goshen.

ST. MARY'S RECREATION FISHING DERBY

St. Mary's Recreation, in collaboration with the St. Mary's River Association has partnered up to develop and create a fishing derby for kids. The Fishing Derby will take place at Nimrod's



Campground from 11:00 am until 2:00 pm on August 13, 2011 with a BBQ at noon and cost \$5 per person. There will be prizes for 1st, 2nd, and 3rd place for each division for the biggest fish, and prizes for the most fish caught. Division 1: ages 4 – 7, Division 2: ages 8 – 18. No boats are allowed, as everyone will fish along the shore; bring your own bait, rod, etc. We do have 10 rods if you do not have one. The Recreation Department is asking to please register before coming to the event. Please register before August 10, 2011. CALL 522-2598.

<u>LIONS BINGO</u> Wednesdays. Starting at 7:45. Lions Club/Hall, Sherbrooke, NS.

Community Groups, Organizations, Clubs

Please contact the recreation department at anytime if you would like to promote recreation in your area in any way and we will do our best to fulfill your need. This is to provide recreational opportunities and to live a healthy lifestyle.

Other Ways to connect with St. Mary's Recreation:
Check out our facebook page at St. Mary's Recreation,
on the St. Mary's Municipality website (www.saintmary's.ca), or through contacting the Recreation office at
522-2598.

If you would like to register for any of the programs, you NEED to call the Recreation Department at (902) 522-2598 in advance before the program starts. Also, please contact us regarding any questions you may have, needed information, or feedback on any programs. Please feel free to contact us at anytime.

We are open to any ideas, suggestions, and programs you may like to have. Let us know! ☺

SUMMER FUN WITH S.H.O.P.S. (SHERBROOKE OPPORTUNITIES SOCIETY)

Thursdays, for July and August, RecPlex,
Sherbrooke. 2:00 pm to 4:00 pm.
S.H.O.P.S. is a newly formed society in the Sherbrooke Community that will provide space, programs and a future for the disabled adults of the community. These adults now travel to Guysborough, Antigonish, or

have no access to all programs. So, there is a need to provide access right here at home. This summer the Municipality of the District of St. Mary's Recreation Department and the S.H.O.P.S. group partnered up to create a summer program called Summer Fun with S.H.O.P.S. These events will be held at the RecPlex in Sherbrooke and in various areas. The Program will be held every Thursday during the month of August. Some activities included will be Wii Day, Softball, Basketball, Craft Day, Movie Day, Beach Day, Bowling, Swimming. This will be a good start of getting these young adults a chance to meet and interact with each other. Please call the recreation department to register @ 522-2598.

St. Mary's Cancer Unit

For information on the services of the Nova Scotia Cancer Division call 1-800-639-0222. To Contact a local member of the St. Mary's Cancer Unit call Alice Kennedy: 522-2518 or Marlene McInnis: 364-2015.

Canvassers are reminded to submit the campaign material to the chairperson as soon as possible.

The 16th Annual Yard Sale Bob Breen Loop, Spanish Ship Bay

When: August 20th, 2011- 10 am-1 pm There will be baked goods, lots of treasures, fire hall draw for mystery package of goodies. Any donations greatly appreciated.

Anyone wishing to join us are most welcome. Any questions please call Cheryl at 779-2677. Rain location Liscomb Legion Spanish Ship Bay.

September 3-4th

Kevin Rudolph Memorial Mixed Ball Tournament Liscomb Ballfield. Canteen service will be provided by Liscomb Vol Fire Dept. Please come and watch your team Play!

Upcoming Seniors Fun Days



August 8th - Sonora Community Centre 1-3pm August 22nd- Liscomb Legion 1-3pm

TBA- Greenfield Oldsters Club August 25th and 26th-Guys. Co. Older Adult Games at Liscombe Lodge

For more information, please contact the Recreation Department at 522-2598.

The Municipality is looking for your feedback.. Do you receive good radio station coverage of 98.9XFM (CJFX) in your area? If you do not receive CJFX reception and would like to see it expanded, please contact the office at 522-2049 and to provide your civic address. Thank you to those you've contacted us thus far.



Ideas and Entrepreneurship Course

The StFX Enterprise Development Centre (XEDC) is offering a 12 week comprehensive business planning course. This course is perfect for small business owners in the start up or growth stage.

What you will receive:

- Knowledge of all aspects of building your business plan, with an emphasis on marketing, sales, product pricing, profitability, accessing capital and operational efficiency.
- An introduction to Internet marketing.
- Opportunities to network with guest speakers and other entrepreneurs.
- A down-to-earth, friendly classroom environment.
- By the end of the course you will have a detailed business plan.
- One on One counseling available if desired

Fee: \$120.00 + HST

Space limited to 10 seats

When: Every Wednesday evening from 6:00-9:00pm beginning September 21st ending

December 7th

Where: ACRC, 50 James St

Entrepreneurs from all backgrounds welcome

REGISTRATION IS MANDATORY CONTACT JACKIE @ 867-5543 OR EMAIL XEDC@STFX.CA

StFX Enterprise Development Centre

54 St. Mary's Street Antigonish, NS, Canada

Claudian Hachbook

BLESSOCIATION NOTASSOCIA



Flea Markets at St. John Church Hall **Necum Teuch Highway 7**

August 13, September 10, October 8th Christmas Bazaar- November 12th 9am-1pm

Lots of new & old items, bake table, lunch available

BOOK BONANZA

What do you get when you mix books, crafts and fun? BOOK BONANZA! Come out to the Sherbrooke library EVERY MONDAY from 3:30-4:30pm take part in a book reading and then get your hands busy with crafts/ food and fun!

Family BBQ's

A great way to get some sunshine, some great food, and have some fun! There will be kid's games, adult games, and a bouncer at each bbq. All bbq's will run from Sunday's 12:30pm to 2:30pm at the corresponding community centre.

August 7	Port Bickerton
August 14	Indian Harbour
August 21	Marie Joseph



BEE DAY- August 11th

Come join us at the Cornect BEE Farm for some fun and learn about our beezy bee's! August 11th (Rain date August 16th).

Parents/Guardians are responsible for child's transportation.

Cars will bee meeting at the St. Mary's Municipality at 9am for departure. Tour beegins at 10am! Hope you're not too beezy to bee there!!

Softball Clinic- August 6th

Swing batta, batta, batta! Come out learn some skills and be the next Babe Ruth! Register by calling 522-2598. August 6th Goshen Community Centre from 10 to 2pm.

Oopie Goopie Day

For children 8 and under on Friday, August12 at the Sherbrooke's Pioneer Park. Please bring old clothes and something yucky for a snack. It starts from 2-4pm! Wait to be grossed out, amazed and overall have fun!!!

Kayak Tour- August 15th

Come out explore the Liscombe Lodge Marina with friends and family. Finish off with a great BBQ at the Liscombe Lodge.

All the fun can be found August 15th at

1:30pm.

Kids Kayaking- August 5th

KIDS come explore the water and shore while kayaking on Liscombe Lodge Marina. August 5th at 1:30pm meet at Liscombe Lodge. Registration can be done by calling 522-2598.

Antigonish Pool and Bowling- August 18th

Adventures in Antigonish are waiting for you. Go swimming in the am and bowling in the pm. A bus will be leaving St.

Mary's Municipality at 9am on August 18th. Pre-Registration is required. To register, call 522-2598!

St. Mary's Recreation

Hey kids and parents it's now summertime, which means the Municipality of St. Mary's will be



hosting our summer day camps. Each of these day camps are FREE of charge, and will be running from July 4th – August 26th. Our day camps will take place at eight locations for 2 weeks each. Every month our day camps will have different themes; so we encourage parents to help make these days extra special. Day camps will be running:

Monday - Thursday from 9:30am - 3:30pm

Friday from 10:00am - 2:00pm

Goshen	August 1 - 5
Liscomb	August 1 - 5
Port Bickerton	August 15 - 19
Sherbrooke	August 15 - 19
I.H.L	August 8 - 12
Aspen	August 8 - 12
Sonora	August 22 - 26
Marie Joseph	August 22 – 26

<u>Aquafit</u>

When: Mondays and Thursdays, 10am Where: Liscomb Lodge Pool Cost: \$3

Participants are asked to please bring their own towels, as the lodge does not provide them.

To register for any of these programs, please contact the Recreation Department at 522-2598, or email kristinporter@hotmail.ca or joshcorkum@yahoo.ca



Free Family Admission to Sherbrooke Village and the Community Picnic!

August 14, 2011 (One Day Only) We had so much fun at our 40th birthday party last year that we've decided to keep it going again this year by throwing a picnic with free hot dogs, cake and ice cream. There will be fun and games for all! Picnic Begins at 1 pm.

Valid for St. Mary's District & Guysborough County Residents

Thursday, August 18, COURTHOUSE CONCERT- featuring Jim Dorie playing acoustic roots/folk music Jim has co-written with Dave Gunning and has shared the stage with Dave, as well as Gordie Sampson, J.P. Cormier, Susan Crowe, Dave Carroll, and Fleur Mainville. Visit: www.jimdorie.com 7:30pm, tickets \$8 at the door.

Sunday, August 21, "WITH THESE TWO HANDS" Ambrotype, invented by sculptor, Frederick Scott Archer in 1852, is a unique form of photography in which pictures are taken on glass. It reached the peak of its popularity between 1857 and 1860, becoming less common in later years because of advances in technology. It has been suggested that the name ambrotype comes from the Greek word ambrotos, which means immortal.

Friday, August 26, COURTHOUSE CONCERT - This will be the kick-off concert for our third annual Rally That Gives, weekend featuring "Friday Night Blues Bash" 7:30pm, tickets \$8 at the door

Friday, August 26 to Sunday, August 28, SHERBROOKE VILLAGE RALLY THAT GIVES — Motorcycle Rally fundraiser in aid of the Lodge That Gives, which offers a home away from home for cancer patients and their families living more than 50 km from the cancer treatment centre in Halifax. The event will feature music at the Performance Centre, poker run, lunch, field games, show & shine and dinner.

Friday, September 2, COURTHOUSE CONCERT – Country and Gospel with Gary Jordan 7:30 pm, admission \$8 at the door.

Sunday, September 4, "WITH THESE TWO HANDS" It's a Fine Pickle! — We'll be making some of Sherbrooke's renowned jams and pickles in the kitchen of the Jail. See how the harvest was preserved in Victorian days... smell and taste the special magic that only wood stove cookery can add to a cherished recipe.

Friday, September 9, COURTHOUSE CONCERT – This will be the kick-off concert for the 17th annual Sherbrooke Show & Shine antique car show and will feature George Brothers and Ol Blue, 7:30 pm, admission \$8 at the door.

Saturday, September 10 & Sunday, September 11, 17th ANNUAL SHERBROOKE SHOW & SHINE — A gathering of classic and antique vehicles. Event will feature a road rally, music, dance at the Lions Hall, door prizes, raffle and a silent auction. For more information or camp and workshop registration visit sherbrookevillage.ca or call 522-2400.



Mailing Address: P.O. Box 295 Sherbrooke, Nova Scotia Canada BOJ 3C0 Telephone: (902) 522-2400 Fax: (902) 522-2974 E-mail: haynelm@gov.ns.ca Visit sherbrookevillage.ca

August 2011

Thursday, August 4, COURTHOUSE CONCERT – Jason MacDonald 7:30 pm, tickets \$8 at the door.

Sunday, August 7, "WITH THESE TWO HANDS" We've Got Boats to Build" –Today we have local boat builder, Keith Horton, on hand to share river lore and demonstrate how these unique boats are built 1 to 4 pm.

HANDS ON CRAFTS – Children are invited to participate in Village life by taking part in a "Hands On", interactive and fun experience. Today we will make wooden boats. Register at admissions for today's craft. Material fee \$3

Monday, August 8 to 11, SHERBROOKE WATERCOLOUR CAMP - Susan Paterson will be leading a four day watercolour painting workshop in Sherbrooke Village. Students will work at their own pace, on the subject of their choice, while she guides them in drawing, composition, perspective and colour mixing, as well as various watercolour techniques. Each evening the class will get together for a short critique, conversation and socializing.

Early registration is recommended as space is limited. Sign up today!

Thursday, August 11, SHERBROOKE WATERCOLOUR CAMP, ART EXHIBIT — Instructor Susan Paterson and camp participants will have a showing of their week's work at the Exhibit Centre from 2:00 pm to 4:00 pm.

Thursday, August 11, COURTHOUSE CONCERT – 7:30 pm, Featuring Hal Bruce and his unique Beatles Tribute 7:30pm, tickets \$8 at the door.

Friday, August 12 and Saturday, August 13, ST. MARY'S GARDEN CLUB ANNUAL FLOWER SHOW – At the Exhibit Centre

Sunday, August 14, SHERBROOKE VILLAGE COMMUNITY PICNIC! We had so much fun at our birthday party in 2010 that we've decided to keep it going again this year by throwing a gigantic picnic with free hot dogs, cake and ice cream. All are welcome. There will be fun and games for all! Beginning at 1 pm.

Please cut and bring the Free Admission Coupon below for the August 14th picnic.

August 2011	—	!				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Civic Holiday	2 Flag Football-6pm	3 DC: Cochen & Liccomb	4 Parker & Timesh	- 13	6
	DC: Goshen & Liscomb	DC: Goshen & Liscomb	IHL Bible Study	Smokey Hollow Trivia	Smokey Hollow Ball Tourn	Smokey Hollow Ball Tourn
	Coshen Softhall /T-Ball	TORS I SOLD SINGO	Book Club Meet-11am	Liscomb Auction 45s-8pm		Liscomb Cribbage-8pm
	No Aquafit	mdon: e.como	Open Swim-6pm	Aquafit-10am Open Inline-6pm	Maple Manor Bake Sale-	IHL Raffle-4pm
	Open Rec Night-6:30pn		IHL Zumba- 7:00pm	Sĥerbrooke Zûmba-7pm	PB Youth Dance-7pm GCOAG Reg. Deadline	
7					Ecum Secum Fun Days	
Smokey Hollow Ball Tourn	Goshen Softball/T-Ball	Flag Football-6pm	DC: IHL & Aspen	BEE Day- 9am	12 DC: THT & Assess	13
PB Family BBQ	DC: IHL & Aspen	DC: IHL & Aspen	IHL Bible Study	Aquafit-10am	Maple Manor Bake Sale-	Liscomb Cribbage-8pm
Ecum Secum Fun Days	LHL Hall Meet-/pm	COPS Liscomb- 6:00pm	Knitting Club-2pm	DC: IHL & Aspen	2pm	(
	1.15pm	Knutting Club-6pm	Open Swim-6pm	Open Inline-6pm	Seniors Café- 9:30am	
	Aquafit-10am	Jiffy Fit Goshen-4:30pm	Zumba Gold -6:30pm	Summer Fun w/ SHOP	Sherbrooke Youth Dance- 7pm	
	Open Rec Night-6:30pn Book Bonanza-3:30pm		Lions BINGO-7:45pm IHL Zumba- 7:00pm	Sherbrooke Zumba-7pm	Oopie Goopie Day	
14 SMSA Military Rifle Shoot	15 Goshen Softball/T-Ball	16 Flag Football-6pm	17 DC: PB & Sherbrooke	18 DC: PB & Sherbrooke	19	20
IHIL Family BBQ	DC: PB & Sherbrooke	DC: PB & Sherbrooke	Bayview VBS-6:30pm	Pool and Bowling DayTrip	₽	1pm
	Aguafit-10am	TOPS I iscomb 6:00pm	IHL Bible Study	Bayview VBS-6:30pm		St.Mary's Food Bank Fresh
	Open Rec Night-6:30pn	Knitting Club-6pm	Roller Hockey-6pm	Aquafit-10am	MJ Youth Dance-7pm	Froduce Drive- 10am IHL JFJ Club- 12:30pm
	Kayak Tour-1:30pm	Jiffy Fit Goshen-4:30pm	UPen swint-opm IHL Zumba- 7:00mm	Open Inline-6pm		Liscomb Cribbage-8pm
	,		Lions BINGO-7:45pm Zumba Gold -6:30pm	Sherbrooke Zumba-7pm		
21		23	24	25	26	27
IHL Praise and Prayer- 6:30pm	I-Ball	Flag Football-6pm	DC: MJ & Sonora	DC: MJ & Sonora	:: MJ & Sonora	SSB Community Yard Sale
MJ Family BBQ	Liscomb Sr Fun Day-1pm	TOPS Liscomb- 6:00pm	Lions BINGO-7:45nm	Open tritine-6pm	mď	Bob Breen Loop Yard Sale
	Open Rec Night-6:30pn	Knitting Club-6pm	IHL Zumba-7:00pm	Games	Games	Softball Tournament-10am
	Aquafit-10am	Adult SlowPitch PB Senior Day-10am	Open Swim-6pm		Manor Bake Sale-	
		Jiffy Fit Goshen-4:30pm	, i	Summer Fun w/ SHOP Sherbrooke Zumba- 7pm	Seniors Café- 9:30am	
28 SMSA Skeet Shoot	29 Aquafit-10am	30 Flag Football-6pm	31 Aguaft-10am			
	Goshen Softball/T-Ball Open Rec Night-6:30pn Book Bonanza- 3:30pm	TOPS Liscomb- 6:00pm Knitting Club-6pm Adult SlowPitch	Aquant-10am Knitting Club-2pm IHL Zumba-7:00pm Lions BINGO-7:45pm			
		Jiffy Fit Goshen-4:30pm	Zumba Gold -6:30pm Roller Hockey-6pm			