



Municipality of the District of St. Mary's & St. Mary's Recreation Department

September 2011 Newsletter



www.saint-marys.ca

The DEADLINE to have information submitted for the OCTOBER issue of the Newsletter is **WEDNESDAY, September 21st at 4:00 p.m.**

Submissions can be received by fax: 522-2309 or email: council@munet.ns.ca Subject line must read NEWSLETTER SUBMISSION.

Also please note that we reserve the right to edit any and all submissions to this newsletter.

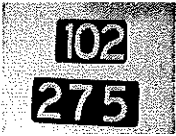


St. Mary's Municipal Council

The next regular meeting of St. Mary's Municipal Council will be held on Monday, **SEPTEMBER 12th, 7 pm.** The public is invited to attend. Visit our website for recent minutes of the regular meetings, important dates and forms.

www.saint-marys.ca

Please remember to have civic sign posted at the end of driveway. Emergency services can't help you if they can't find you.



Dumping Garbage on Crown Land

The Department of Natural Resources Stillwater office has investigated a number of these incidents over the last few months. To date 3 persons have been apprehended. It is an offence under the Crown Lands Act to dump garbage on crown land. The maximum penalty is \$2000.00. Conservation officers have been focusing on apprehending individuals responsible for this type of activity.

Dogs at large

DNR has also investigated a number of dogs at large incidents over the last few months. To-date DNR has identified a number of dog owners that are responsible for this activity. It is an offence under the Wildlife Act to permit a dog to run at large in a wildlife habitat. The maximum penalty under the Wildlife Act is \$2000.00. DNR is stepping up patrols to combat this issue and are seeking pet owners assistance in providing responsible care and control of their dog.

If you observe either of these offences, or any other offence regarding protection of our natural resources, please contact Department of Natural Resources, Stillwater at 522-2024 or our Telecom Center at 1-800-565-2224.

Physical Activity Coordinator

The Municipality of St. Mary's is seeking a person for the position of Physical Activity Coordinator in the Recreation Department.

This is a full-time term position renewable each fiscal year. The successful applicant will be responsible for working with the Recreation Coordinator for the planning, developing, organizing, and delivery of various recreational programs for the Municipality. Also coordinating with community groups and organizations in implementing the active living plan for St. Mary's Municipality.

For a complete job description visit www.saint-marys.ca, copies also available at the Municipal Office in Sherbrooke. Salary range \$22,000 to \$27,500 for 35 hours/week with medical and dental benefits.

Application by resume and cover letter along with references will be accepted until 4pm, **September 12th 2011.**

Applications accepted by:

Fax: (902) 522-2309, Mail: PO Box 296 Sherbrooke, B0J 3C0, Email: council@munet.ns.ca or in person: 8:30-4:00 pm, Monday – Friday.

Heavy Garbage Haul

St. Mary's Municipality is requesting price quotes for a Fall Heavy Haul for the entire Municipality.

Interested individuals will be required to disclose equipment and insurance and the proposed route along with a time frame. All items are to be deposited at the St. Mary's Transfer Station.

A formal Agreement will be signed at Closing Date. All applications must be received at the Municipal Office by noon on Friday September 9th, 2011.

2011 Property Tax Rebate for Seniors

Service Nova Scotia and Municipal Relations provide a 50% rebate of your residential municipal property taxes, up to a maximum \$600, providing you meet ALL of the following requirements:

- Received or were eligible to receive the Guaranteed Income Supplement or the Allowance in January 2011 (Must be for the 2010-2011 year)
- Still live in your home when you apply for the rebate
- Your 2010 Municipal Residential Property taxes are in your name or include your name
- Your 2010 Municipal Residential Property Taxes are paid in full (copy of receipt or tax statement to include with application)
- Your application is received post marked no later than December 31st 2011.

Applications forms and Property Tax Statements are available at the Municipal Office. Forms are to be mailed to Property Tax Rebate for Seniors Program, Box 283, Halifax, NS B3J 2N7 or to your nearest Access Nova Scotia Centre. Contact Service Nova Scotia and Municipal Relations 1-800-670-4357.

Sherbrooke Village Events September 2011

Friday, September 2- **Courthouse Concert-** Country and Gospel with Gary Jordan 7:30 pm, admission \$8 at the door.

Sunday, September 4- **"With These Two Hands"** It's a Fine Pickle!

Friday, September 9-**Courthouse Concert-** The kick-off concert for the 17th Annual Sherbrooke Show and Shine antique car show. 7:30 pm, admission \$8 at the door.

Saturday, September 10 and Sunday,

September 11-17th **Annual Sherbrooke Show & Shine-**A gathering of classic and antique vehicles. Event will feature a road rally, music, dance at the Lions Hall, door prizes, raffle and a silent auction.

September 16th- **Courthouse Concert-**Irish singer Fran Doyle 7:30 pm, admission \$8 at the door.

September 18th- **"With These Two Hands"** Wool Preparation!

September 23rd-**Courthouse Concert-** Our annual Sherbrooke Shares concert in aid of the St. Mary's Food Bank 7:30 pm, tickets \$8 at door.

Sept. 25th-**"With These Two Hands"**-Quilting

September 30th- **Courthouse Concert-** Featuring the country sounds of Lee Burke, 7:30 pm. Tickets \$8 at door.

Business Development Officer

Full Time Position

The Guysborough County Regional Development Authority (GCRDA) is seeking applications for the position of Business Development Officer, located in our Sherbrooke, Nova Scotia Office. The successful applicant must be a highly motivated, goal-oriented team player, with a keen interest in promoting the region.

The Skills:

Ability to identify business opportunities and provide support to client companies located or thinking of locating in Guysborough County. Demonstrated ability in developing partnerships.

Effective communication abilities

Enthusiastic and progressive attitude

Education:

University degree in commerce or business administration and/or significant education/experience in Economic Development

Education or experience in marketing, business planning or promotional activity is also desirable.

Salary:

Minimum salary: \$32,800. With a full range of benefits.

The GCRDA is a very proactive/dynamic organization, effectively facilitating the linkage between planning and development. If you are prepared for the challenge, we encourage you to forward your resume and cover letter to: employment@gcrda.ns.ca by 4:00 pm September 2nd. We thank all applicants for their interest, however only those chosen for an interview will be contacted.



Building Inspector- Peter Avery

Peter is available by drop in or appointment on Thursdays at the Municipal Office in Sherbrooke from 11am-4pm. He can be reached at any time by email: pavery@modg.ca or at the Guysborough Municipal Office at 533-3705 ext 235.

St. Mary's District Lions Club Golf Tournament

When: Sat., Sept 24th, 9:00 am
Where: Glen Lovit Golf Course.



To enter a team or individuals call Russ Ward 779-2171.

Deadline to enter is Sept. 20th/11

Entry: \$60.00 per person. Includes prizes and dinner.

IHL-Jordanville Community Centre

Next hall meeting: Mon. Oct. 17th 7:00 pm.
Everyone welcome.

Auction 45's every Tues. night at 8:00 pm.
Light lunch. Admittance \$5.00

Ecum Secum Vol. Fire Dept.

The Ecum Secum Vol. Fire Department wishes to thank everyone who helped in any way to make "Fun Days" a success. For all the prizes to those who came to help and to those who did the music. Greatly appreciated by all members of the Ecum Secum Vol. Fire Dept. and Ladies Auxiliary.



Bottle Drive: September 28, 29, 30.
Need pick up: call Burnell at 347-2214.



The Compass Rose Quilt Guild will resume their meetings in the Council Chambers on Mondays beginning September 19 at 1:30, not September 12th as originally planned. Hope to see you there with some new ideas.

FLEA MARKETS at St. John Church Hall Necum Teuch-Hwy #7

September 10th, October 8th, Christmas Bazaar Nov 12th 9 am-1 pm. Lots of New and Old Items. Bake Table. Lunch also available.

Thank You

Thank you to those who donated prizes for the raffle held at IHL/Jordanville Hall and those who purchased tickets. Proceeds go to Liberation Treatment. Thank you again, Carol Hayne



There will be a benefit Variety Concert, bake sale and ticket draw on Tuesday August 30th at the Presbyterian Church, Sherbrooke Village all beginning at 7 pm. All proceeds are for Betty Beaver. Everyone welcome.

Mac and Mac and Mac Rain or Shine Garage Sale (Show and Shine Weekend)



Where: 1089 Waternish Rd

When: Sat. September 10th, 9:00am-3:00 pm.

Come and get some great finds- Others recycles are your treasures!

Household, garden, furniture, kids toys, sports (golf, curling), dishes, pottery, bags, luggage etc. All the proceeds to be donated to the St. Mary's School Breakfast Program. Please come along and have some fun! *Making a difference for the kids.*

Turkey Supper

Goshen Community Centre

Saturday, September 24th, 4:30-6:00 pm

Adults \$10.00 Children \$4.00

Takeout available

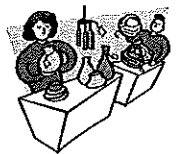


Flea Market and Craft Sale Goshen Community Centre

Saturday, Oct 22nd 11am-12:30 pm

Tables \$5.00 Admission \$0.50

To book a table, call Jean 783-2411 or Marie 783-2325. Call Jackie- 783-2341 regarding the GOALS table.



Thank You

We would like to say a big thank you to our families and friends who planned our 50th anniversary party at the Community Centre on July 22nd. Thanks for the beautiful decorations and the lunch that was served to everyone: thanks for the music at the church for our vows renewal, thanks for all cards, gifts and well wishes. Thanks and God Bless all,

Ray and Barb Jordan

THANK YOU

The Sherbrooke Opportunities Society (S.H.O.P.S.) would like to thank all those who supported our ticket draw that was held on Canada Day. The winner of the Propane BBQ donated by Highland Home Hardware was Stacy Williams from Tor Bay and the winner of the buffet supper for two at Liscombe Lodge was Jody Cook from Sherbrooke. Thanks again to the sponsors for their continued support.



St. Mary's River Walk

Join the Nature Trust, St. Mary's River Association and Hike NS for a leisurely afternoon of hiking along the beautiful St. Mary's River on Sunday, September 18th.

Meet at noon at the SMRA Interpretive Centre 8404 Hwy #7 Sherbrooke to car pool to walk site. For more info and to RSVP contact Leigh 425-5263 or by e-mail at leigh@nsnt.ca

You'll get to learn about some of the native and endangered species along the river and there will be a raffle after the hike! Hope to see you out!

Stillwater Community Centre

Card parties begin: Friday October 7th-8 pm.
Work day for Volunteers: Saturday, Oct 1st-9am
Annual General Meeting and election:
Sunday October 2nd at 7 pm.



St. Mary's District Food Bank



If you are in need of assistance or would like information about the Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes

for donations of non-perishable food items are located in Sherbrooke, at St. Mary's Hospital and the Clover Farm.

MAPLE MANOR BAKE SALE

A bake sale occurs every Friday at Maple Manor at 2:00 pm. Expect to see pies, bread, cookies, squares, fudge etc. 50 cents admission.



Greetings from High-Crest Sherbrooke!

Residents celebrating birthdays this month are:

Jean Amos	Sept. 6 th
Lawrence MacDonald	Sept. 6 th
Foster Marple	Sept. 16 th
Rita Burns	Sept. 16 th
Alice Sutherland	Sept. 18 th
Andy Murphy	Sept. 26 th



Wow! Happy Birthday Folks! The Homebuddies will host our monthly Birthday Party on Sept. 12th at 1:15. Everyone is welcome!

We would like to wish all the children a safe return to school and we will look forward to another great year with our Grandfriends!

The Baptist Congregation of Port Hilford, Port Bickerton & Sonora

You are invited to our September Services:

Sept 4th, 11am – Port Hilford United Baptist Church
Sept 11, 11am – Port Bickerton United Baptist Church
Sept 18th, 11am – Sonora Baptist Church
Sept 25, 11am – Port Hilford United Baptist Church
For more info, contact Rev. Norman Pearce 522-2087 or hbs.baptist@ns.sympatico

St. Mary's Shooters Association

August 28th- Trap Shoot. Postponed till next year
Sept. 4th- 22 target rifle at 50 and 100 yards. Seated elbows on shooting bench.
Sept. 11th- Annual Meeting Stillwater Community Centre. 2:00 pm. There is much to be discussed including finishing range building and cutting the number of shooting events. This is a very important meeting, please plan to attend and voice your opinion. The future of the Association depends on all of us working and cooperating. I need help and your input. Thanks to those who have helped me. Much needs to be done if I am to carry on as President.
Sept. 17-18th- CFSC/CRFSC Stillwater Community Centre. Cost \$50.00 per exam. 9:00-5:00 Both days. Includes course and tests. You must pre register and pre pay by calling NSCC Pictou Campus at 752-2602 or 752-2002. Ask for Ann Windsor-Hall. There will be no walk ins. When you have registered bring your receipt to get text books. Call Mike Ackermann at 522-2172. Please bring lunch and IDs.
Sept. 24-25th- Truro Gun Show.

Waternish-Stillwater Community Cemetery Society

There will be a cleanup workday on September 18th, 2011 at 10:00am (weather permitting). Anyone interested in the care and maintenance of the Waternish Cemetery is welcome to attend. We will be mowing, whipper snipping, leveling stones and cleaning stones. Bring whatever equipment you have on hand.

A BBQ at Gordon and Susan MacIntosh's will be held at lunchtime, they will supply the hamburgers and sausages, and others can bring salads and sweets if they wish. Hope to see you there.

If you have any questions please contact Gordon MacIntosh at 522-2571, Linda MacIntosh at 522-2811 or Diane Smith at 522-2823.

Anniversary Open House
Family and Friends are invited to an open house on Saturday, Sept 3rd from 2-4 pm at the home of Victor and Elizabeth Mason, Goshen, to celebrate their 50th Wedding Anniversary. Best wishes only please.



*Are you concerned about your smoking?
WE CAN HELP! Quitting smoking may be difficult but it can be done and there are many ways to make quitting easier.*

Six-Week Stop Smoking Program
Municipality of St Mary's - 16 Main Street,
Sherbrooke, Council Chambers
Thursday, Sept. 22, from 6:00-7:30pm
Contact Jamie Fraser, Addiction Services
902-867-4500 extension 4606
Registration required

ENJOY FREEDOM from nicotine addiction!
This could be the beginning of a
healthier and happier you.

Yard Sale and BBQ

Where: Country Harbour Community
Centre 17846 Hwy 316, Cross Roads

Date: September 10, 2011

Time: 10 am -2 pm

Admission: 50 cents



There will be a BBQ, Yard Sale, Bake Sale, Cake Walk, Straw Booth, Silent Auction of Large Items (windows, appliances, etc)

Come join us for a fun day, find some treasures, grab a bite to eat and enjoy the playground, tennis court and outside green gym. Please call: Kara (328-2354) or Phyllis (328-2584) for table rentals (\$5.00)

*A lifetime of loving, caring, and sharing...
Please join our family on this joyous occasion
as our parents, Robert and Lois Kelly of
Sherbrooke, celebrate 50 years of marriage.*

*A luncheon will be held in their
honour, Sunday September 4th, 2011
at 12:30 pm at St. Mary's Lions Club
Hwy 7, Sherbrooke.*

All Friends Welcome.

Bring only your Best Wishes.



On Sunday September 18th, Alice Sutherland is celebrating her 95th birthday. She invites her family, friends and neighbours to join her for afternoon tea at Greenfield Oldsters Club, Melrose from 2-4pm. Best Wishes only!



**MARK YOUR CALENDAR FOR THE ANNUAL
CHINESE SUPPER TO BE HELD SATURDAY,
OCTOBER 22ND AT EAST RIVER ST. MARY'S
FIRE HALL. MORE DETAILS NEXT MONTH.
SPONSORED BY THE KIRK UCW**



Thinking of starting or expanding a business? CBDC Guysborough County can help! We offer a variety of loan products and services that help entrepreneurs succeed. Call today! 902-533-2770

46 Main Street Guysborough, NS

Wanda.macdonald@cbdc.ca

www.cbdc.ca

PLAYGROUND EQUIPMENT FOR SALE

The Goshen Community & Recreation Centre Playground Committee will be accepting sealed bids on the following items:

- #1 Swing set frame with slide
- #2 Swing set frame
- #3 Tree House with slide
- #4 Double Tree House with tube & slide

Playground equipment will be sold as individual items and "as is where is". Sealed bids must be received by 4pm on September 19th/11 and can be mailed to Goshen Playground Committee c/o Jackie Dort, Box 44 Goshen, NS B0H 1M0 or dropped off to Jackie Dort or Vicky Feltmate. Bids will be publicly opened at the regular Board of Directors meeting on Sept 19th at 7:30pm at the Goshen Community & Recreation Centre. The Board reserves the right to accept or reject any or all bids. The successful bidder must remove the equipment from the centre by October 9th/11.

Kevin Rudolph Memorial Mixed Ball Tournament

Liscomb Ballfield September 3rd - 4th

Proceeds from Canteen for

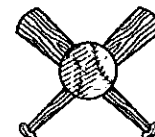
Liscomb Vol Fire Dept

Dance Liscomb Legion Sept 3rd

9pm-1am Gov't Id required

\$10 per person

Band: Devils Elbow



Sherbrooke Library Chat Line

Note: NEW HOURS starting September 1, 2011

Sherbrooke Library & C@P Site

Monday, Tuesday, Wednesday.....11:00am – 4:00pm

Thursday..... 10:00am – 1:00pm

Friday.....9:30am-4:00pm

Saturday.....10:00am – 1:00pm

Telephone: 522-2180 www.ecrl.library.ns.ca

Village Readers' Book Club – NEW DAY starting Friday
September 2, 2011 11am-12noon

Knotty Knitters' Club – Wed afternoon only 2-4pm

Saturday Sept 17 at 10am – come and meet the author

of Elfolk and the Crystal Cave of Atlantis, Tina McFadden. She will be reading from her book as well as telling about writing books. Writers in the area may enjoy talking with Ms. McFadden about the writing process.



Story Time for Children – will start in late October and continue for six weeks on Thursdays from 10:30-11:15 for ages 3-5. To register please call 522-2180 or stop in at Sherbrooke Library.

Indian Harbour Lake Pentecostal Church September Worship & Activities

Sunday

11am Morning Worship

6:30pm Praise & Prayer Sept 18th

Weekday activities: Wednesdays, Sept 14 & 21 –
Bible Study on the Life of Moses

Saturday Sept 17th – 4pm Family BBQ at Gordie & Judy
MacDonald's home. Bring what you want to BBQ. Rain
Date is Sept 24th.

All are Welcome! For more info contact
Pastor Dave Connolly at 522-2759 or
pastordave@ihlpentecostalchurch.ca



JFJ Club (Juniors for Jesus)

FUN For Kids
Now 2 Saturdays
a month



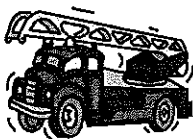
IHL/Jordanville

Community Centre for boys and girls

Ages 6 and up. Great fall time challenges,
Wild & wacky games, outdoor sports and delicious snacks.

Sponsored by Indian Harbour Lake Pentecostal Church
Phone # 522-2759 or 364-2270

The Liscomb Fire Dept would like to thank all
those who donated items for the mystery
basket. The winner was Terry Croft drawn by
Karen Ward. \$143.00 was raised
thanks to all who bought tickets



The next meeting of the Fire Dept is
Monday Sept 26th at 6:30pm.
Training Monday Sept 19th at 6:30pm.

Annual Gospel Sing at Port Bickerton Lighthouse

September 4th at 7pm

Light refreshments served

Free will donations in aid of the Lighthouse project
will be greatly appreciated.

Port Bickerton Community Centre Rentals

Please note effective September 1st rentals will be
handled by Velma Kaiser 364-2724 alternate contact
is Corrine Kaiser 364-2474

Sea Shore Vol Fire Dept.

The members of the Sea Shore Vol Fire Dept. would like
to thank everyone who donated, worked or organized
the week and events. We had a successful supper,
serving over 340 guests. We are thankful to everyone
who came from away to enjoy the supper with us. Our
variety concert was also successful. Thank you to those
who put on the excellent entertainment. It is volunteers
who make the difference. Our Fish Fry supper will be
held August 18, 2012. Make a note of it for next year.
Great food and entertainment.

Royal Canadian Legion BR. #86 Liscomb

Next General meeting will be held: Tuesday, Sept 6th

Activities:

AUCTION 45's - Thursdays at 8pm \$5

CRIBBAGE – Saturdays at 8pm \$5

Mixed Softball Tournament: September 17-18

Call to put your team in Shelley 779-2175

Deb 779-2231

DANCE: Sept 17 – Devil's Elbow \$10

HALLOWEEN DANCE: October 29th 9-1am

Music by "Triple B" Best Costume Prizes

\$10 per person Gov't ID required.

Country Harbour Gun Club

September 3rd Water Poker Rally

Registration 1-2 at Salsman Park

\$10 per hand

Family Picnic following at Tates

Country Breakfast September 17th

8:30-10:30am

\$6 adult/ \$3 adult

St. Mary's Recreation

website: www.saint-marys.ca/recreation or www.facebook.com/StMarysRec

SEPTEMBER!

Thank You

I would like to let everyone know that this is my final piece for the newsletter. I have decided to leave my position as Physical Activity Coordinator to further my education. It wasn't an easy decision, but I know in the end, it's for the best.

I would like to thank everyone for their support over the past couple of years. I have really enjoyed working with you all, and look forward to reconnecting with you all down the road!

A huge thank-you to all those who attended my programs, and made them such a success. I will miss each and every one of you! Wishing everyone all the best, and I plan to come back for many visits to see everyone! Thank You! ~Kristin Porter

Aquafit

The last Aquafit class for the season will take place on Thursday, September 1st as there will be no instructor this fall. St. Mary's Recreation apologizes for any inconvenience this may cause.

The pool will remain booked for Aquafit participants to use for the remainder of the Lodge's season, so that all Aquafit students who wish to use the pool for exercise may do so.

A huge thank-you to all the ladies who participated in my class this year! I look forward to returning to St. Mary's to visit you all next year! ~Kristin

LIONS BINGO Wednesdays. Starting at 7:45.
Lions Club/Hall, Sherbrooke, NS.



SOCCER Wednesdays in September starting on the 7th for eight weeks at the Sherbrooke Village Field. 6 pm. Ages 4 – 14. Please call the Recreation Department to register. Cost will be \$20 per person.

SOFTBALL LEAGUE TOURNAMENT

September 17, starting at 10:00 am. Sherbrooke Ball Field. There will be a BBQ, home run derby, etc. So, get a team together, call the recreation department to register your team and come out for a day of softball. Spectators are welcome!

The league will continue playing until the 13th of September. It's not too late to come out and play!

St. Mary's Recreation - We are open to any ideas, suggestions, and programs you may like to have. Let us know!

ST. MARY'S FITNESS CENTRE

The fitness centre will be CLOSED until further notice. It will reopen when the school renovations are complete. Hours of Operation will be posted on our website and on our Facebook page as well. If you have any questions and want any updates, please call the recreation office at anytime.



ZUMBA
FITNESS

Are you ready to party yourself into shape? It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. There's no other fitness class like a Zumba Fitness-Party and it is easy to do!!! Cost: \$5 per class. Please call St. Mary's Recreation Department to register.

Wed, Sept. 7 at 7:00 – 8:00 pm
Indian Harbour Lake Community Centre
Thurs, Sept. 8 from 7 – 8 pm.
Lions Hall in Sherbrooke

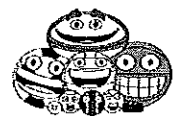


ZUMBA
gold

(ZUMBA FOR OLDER ADULTS) Wednesdays,
Sept 7, 14, from 6:30 to

7:30 pm at the Goshen Community Centre. \$5 Per Person each class. This is a Zumba class for the older adults. Zumba Gold targets the largest growing segment of the population: baby boomers. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, like salsa, merengue, cumbia and reggaeton; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. Certified instructor Pam O'Neil will lead you through this in a way that everyone can do it. Please call the recreation department to register.

OPEN REC NIGHT Mondays,
September 5 to 26. 6:30 – 7:30
pm. St. Mary's RECPLEX in
Sherbrooke. All Ages. FREE! Kids



and youth can come and play whatever they want! Soccer, Basketball, Ball Hockey, Volleyball, Dodgeball, Soccer Baseball, etc., So, come and be active in a place where you pick the activity you want to do!

OPEN INLINE SKATING Missing skating? If so,



St. Mary's Recreation has the fix for you! For the month of September, every Thursday evening from 6 to 7 pm we will open up the RecPlex for you to go Inline Skating. This is

for the young and the elderly of the community. No need to worry about bringing your own skates, because we have an abundance of skates in every color, shape, and size! All you need to bring is your helmet and an open mind.

Community Groups, Organizations, Clubs

Please contact the recreation department at anytime if you would like to promote recreation in your area in any way and we will do our best to fulfill your need. This is to provide recreational opportunities and to live a healthy lifestyle.

ST. MARY'S FALL BAZAAR



Saturday, September 24th, 2011.

RecPlex, Sherbrooke. 9:00 am to 12 noon. ATTENTION VENDORS!!! This is

the time to sell, promote, and distribute. Tables will be set up at the RecPlex for you to sell/buy whatever

you like. Please call the recreation department to reserve a table for \$10. Hoping to get baked goods, yard sale items, fresh produce, jewelry, and more. So, get the word out!!



Sherbrooke Parent/Tot Drop-in

will be starting on Tuesday, September 13th at the St. Mary's Education Centre from 9:30-11:30am and will run each Tuesday until

December 13th. This program is open to all parents/caregivers and their children ages 0-6. A family centered program which provides a safe and welcoming environment for adults and children to come together and play and learn. Parents/Caregivers/Grandparents can come sit and talk with other adults while children play and socialize with other children. A great opportunity to meet other families with young children in your area.

Facebook – if you have children from birth to six years or are expecting your first child, search for Guysborough County Kids First and send in a request to join. A great way to receive updates and notices about programming in your area.

Just Me & My Friends – This program is a school-readiness program for all children who have turned four by December 31st of 2011 that will be attending St. Mary's Education Centre in the fall of 2012. This program takes place at the St. Mary's Education Centre. Starting Tuesday, October 4th the children are to be dropped off at 12pm and picked up at 2pm. This program will run for 10 weeks before Christmas and 10 weeks after. The Children are to bring a healthy snack. This program gives the children some adjustment time away from their parents before entering school the next year. During our morning together, we will be having lots of fun while learning, sharing and playing. To register for this program please call Paula at 1-888-533-3881.

Guysborough County Prenatal Nutrition

Program is designed to support pregnant women and their babies up to six months of age.

Supports include:

- Home Visits
- Nutritional Counseling/Support
- Milk & Nutritional Supplements
- Lending Library
- Breastfeeding Supports

Kids First Family Home Visitor Program

is designed to help new parents with goal planning using a family-centered, strengths-based approach. The home visitor will provide emotional and practical supports, as well as role modeling, parenting information, and general health information. Referrals to other agencies and organizations who may be able to provide supports, assistance with family goal setting and achievement of these goals. Referrals for this program are through Public Health after the birth of the baby. For more information about this program contact your local Public Health office or Kids First.

For more information regarding Kids First or the programs, visit our new and improved website www.kids1st.ca All programs and services are free and confidential! For more information, please contact Kids First toll free at 1-888-533-3881.

Kids First programs are made possible through financial contributions from the Public Health Agency of Canada, the Nova Scotia Department of Community Services and by the generous donations by the general public.

FALL FUN WITH S.H.O.P.S.
(SHERBROOKE OPPORTUNITIES SOCIETY)

Thursdays, for September, RecPlex,
Sherbrooke. 3:00 pm to 5:00 pm.

S.H.O.P.S. is a newly formed society in the Sherbrooke Community that will provide space, programs and a future for the disabled adults of the community. These adults now travel to Guysborough, Antigonish, or have no access to all programs. So, there is a need to provide access right here at home. The amalgamation of the schools has given us an opportunity to acquire the space that is needed for such a project. The Municipality of the District of St. Mary's Recreation Department and the S.H.O.P.S. group partnered up to create a program called Summer Fun with S.H.O.P.S. and now continuing the program on to the Fall because of the success. Events will be held at the RecPlex in Sherbrooke and in various areas. The Program will be held every Thursday during the months of September. Some activities included will be Wii Day, Softball, Basketball, Craft Day, Movie Day, Bowling, Swimming, etc. This will be a good start of getting these young adults a chance to meet and interact with each other. Please call the recreation department to register @ 522-2598.

Social Media and Facebook

Social Media is becoming a trend in the recreation industry for promoting, advertising, and getting information on programs, activities, and what's going on in your area. If you may or may not have known, St. Mary's Recreation has a facebook page where people can go on and get updates on programs and activities that are going on within the Municipality. On there you will get updates on when things are cancelled, reminders of when programs are, pictures, etc. All you have to do is join the facebook page are you are set! Type in St. Mary's Recreation and like it, or join group.



St. Mary's Municipality Website

We also have a municipal website that you can go on as well to get information. The web address is on the front page of the recreation newsletter section. On the recreation section of the website you will find the programs that we offer, updates on programs, cancellations of programs if needed, and other additional information. On there, we also have an events calendar where you can look and see what is going on in the municipality any day of the week.

HOSPITAL WALKATHON

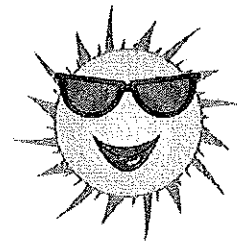
Thank you to the seventeen walkers from various districts of our Municipality that supported our Hospital by walking in the Walkathon at Guysborough on July 23rd and special thanks to all of the Womens Institues in our Municipality for their participation and support. The generosity of their sponsors is also appreciated and the total amount raised for our Hospital was \$3,958.09. Lets work together to try to match or exceed our total next July, as our Hospital is always in need of updated equipment.

Don Dunbar, Chairman, St Mary's Memorial Hospital Society

SUMMER DAY CAMP THANK YOU

The Recreation Staff would like to thank all of the community centers and facilities that allowed us to host our day camps, special events, and fun days throughout the summer. As well, recreation staff would like to thank the parents, children and all of those who donated supplies and their time, which helped make our summer programs a success.

SUCCESSFUL SUMMER PROGRAMS



Well, another summer has gone by and it seemed like it went by so quickly. St. Mary's Recreation would like to thank everyone who made activities, events, and programs possible this summer and we are looking forward to next summer already! Hope you had a great summer! St. Mary's Recreation Office would like to thank all community centers/legions for the use of their halls to run our summer programs. Without these great facilities we wouldn't be able to offer the level of programming we do. Thank you for your commitment to keeping our youth active.

St. Mary's Recreation

If you would like to register for any of the programs, you NEED to call the Recreation Department at (902) 522-2598 in advance before the program starts. Also, please contact us regarding any questions you may have, needed information, or feedback on any programs. Please feel free to contact us at anytime.



St. Mary's Municipality Universal Residual Waste and Recycling Collection



St. Mary's Transfer Station hours have changed to **9am - 4:30pm all year round**. There will be a charge of \$1/bag for residual waste, \$2 for small items (arm chair) and \$5 for larger items (couch, mattress) dropped off at the Transfer Station and there will continue to be **NO charge** to drop off C&D materials, larger appliances, propane tanks, compost, Household Hazardous Waste, tires, electronics, etc.

Construction and Demolition Materials Guide:

Asphalt Shingles - No starter Strip, No Plastic, No flat roofs

All Metal - Doors, Siding, Frame, Plumbing, Wire, Nails, Flashing

Clean Wood - Brush, Untreated Wood i.e. strapping, stud wood

Treated Wood - Painted, Gyproc-Painted/Fire retardant, pressure treated, glued, coated, plywood, chipboard, engineered wood trusts, clad board, wood shingle siding, wood doors, wood framed windows, wood flooring, wood cupboards.

Clean Gyproc-Compost bin - New gyproc waste, not painted, no fire retardant

Aggregate- Permitted as Clean Fill - Rocks, Bricks, cement (without rebar), rubble, mortar, asphalt, concrete, new ceramic tile, busted toilets/ceramic porcelain with metal/plastic removed

Other C&D(Waste generated from C&D) - vinyl cased windows, vinyl siding, rain gutter, carpet, cushion flooring, plastic plumbing, tiles, insulation, counter top, tubs, roofing started strip, plastic/tyvec house wrap, vapor barrier, flat roof, creosote timbers

The Heavy Haul is planned for the fall of 2011, watch upcoming newsletters and our website for more information.

If you have any questions please do not hesitate to contact the Municipal Office 522-2049, your local Councilor, Transfer Station 522-2659, or **Eastern Shore Cartage directly at 1-800-261-0372**

St. Mary's Sorting Guide

Paper and Corrugated Cardboard: Place paper products in a transparent blue bag. Cardboard should be flattened and bundled and placed with recycling bags for collection. Paper must be clean and dry to be recycled. Plastic windows must be removed from boxes but not from envelopes. The hard covers from books and coils from notebooks must be removed and placed in the garbage.

Paper Recyclables:

- Dry & Clean Paper
- File Folders
- Newspapers
- Flyers
- Phonebooks
- Shredded Paper
- Paperbacks
- Paper egg cartons
- Paper Towel Cores
- Toilet Paper Cores
- Glossy Magazines
- Envelopes

Corrugated Cardboard:

- Appliance Boxes
- All Clean Cardboard



Blue Bag Recyclables: Place these items in a see through blue bag. No needles, Styrofoam or caps. All items must be clean and dry.

- All Deposit Bearing Containers
- Retail Bags
- Steel & Aluminum Cans
- Bread Bags
- Bleach Containers, Empty
- Grocery Bags
- Mini Sips & Tetra Juice Packs
- Dry Cleaning Bags
- Frozen Food Bags
- Glass Bottles and Jars
- Plastic Laundry Containers, Empty
- All Plastics Clean and Dry
- Bubble Wrap
- Milk Containers
- Clean Aluminum Foil & Plates
- Shampoo Bottles, empty

Place these items in a clear garbage bag:

- Aluminum foil, soiled
- Floor sweepings
- Latex gloves
- Styrofoam
- Meat, Fish, Bones
- Ashes (cold)
- Carbon paper
- Paint Cans, empty & dry, lids removed
- Plastic wrap, soiled
- Pet/animal waste
- Frozen juice cans
- Toothpaste tubes
- Toys, broken
- Broken glass (wrapped)
- Ceramics
- Diapers, disposable
- Packaging, non-recyclable
- Cloth items
- Wallpaper
- Vacuum cleaner bags
- Waxed Cardboard
- Potato chip bags
- Dishes
- Light bulbs
- Coffee cups, disposable
- Motor oil containers
- Plastics, non-recyclable
- Paper (Soiled)

***Certain electronics are not accepted for curbside collection, including TVs, computers, monitors, printers, telephones, fax machines, cell phones and audio/video playback systems. These items can be dropped off at St. Mary's Transfer Station.

September 2011

Tuesday	Wednesday	Thursday
6 Garbage & Blue Bag New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill	7 Garbage & Blue Bag East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive	8 Garbage & Blue Bag Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive
13 Garbage New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill	14 Garbage East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive	15 Garbage Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive
20 Blue Bag New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill	21 Blue Bag East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive	22 Blue Bag Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive
27 Garbage New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill	28 Garbage East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive	29 Garbage Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive

October 2011

Tuesday	Wednesday	Thursday
4 Blue Bag New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill	5 Blue Bag East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive	6 Blue Bag Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive
11 Garbage New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill	12 Garbage East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive	13 Garbage Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive
18 Blue Bag New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill	19 Blue Bag East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive	20 Blue Bag Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive
25 Garbage New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill	26 Garbage East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive	27 Garbage Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive

***** Please note the change from Garbage EVERY week to Garbage collection every TWO weeks. Also note it is permitted to have total of 8 bags of household garbage every two weeks. Recyclables will continue on an every TWO week schedule*****

September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 AquaFit Inline Skating Fun with SHOPS	2 Maple Manor Bake sale New Library Hours Village Readers Club Courthouse Concert	3 Victor&Elizabeth Open House- Anniversary Liscomb Ball Tourn Liscomb Crib Country Hrb Water Poker Rally
4 Robert&Lois Luncheon Liscomb Ball Tourn PB Gospel Sing	5 Open Rec Night	6 IHL Auction 45 Liscomb Legion Mtg Softball League	7 Knitters Club Lions BINGO Soccer Program Zumba IHL Zumba Gold Goshen	8 Liscomb Auction 45 Zumba -Sherbrooke Inline Skating Fun with SHOPS	9 Maple Manor Bake sale Heavy Haul Tenders Due Courthouse Concert	10 Necum Teuch Flea Mkt Mac Garage Sale County Hrb Yard sale/BBQ Liscomb Crib SHOW N' SHINE
11 SMSA Annual Meeting SHOW N' SHINE	12 Reg Council Meeting Homebuddies Birthday Open Rec Night	13 IHL Auction 45 Softball League Parent/Tot Drop	14 Knitters Club Lions BINGO Soccer Program Zumba Gold Goshen	15 Liscomb Auction 45 Inline Skating Fun with SHOPS	16 Maple Manor Bake sale Courthouse Concert	17 SMRA Course Book Reading @ Library Liscomb Crib Lis Legion Ball Tourn CH Country Breakfast Softball League Tourn
18 SMRA Course St. Mary's River Walk Watarnish Workday Alice Sutherland BDay Celebration Liscomb Legion Ball Tour	19 Rose Quilt Guild Goshen Centre Board Meeting Liscomb Fire Dept Training Open Rec Night	20 IHL Auction 45 Parent/Tot Drop	21 Knitters Club Lions BINGO Soccer Program	22 Stop Smoking Program Liscomb Auction 45 Inline Skating Fun with SHOPS	23 Maple Manor Bake sale Courthouse Concert	24 Lions Golf Tourn 9am Goshen Turkey Supper Liscomb Crib FALL BAZAAR Recplex
25	26 Rose Quilt Guild Liscomb Fire Dept Meeting Open Rec Night	27 IHL Auction 45 Parent/Tot Drop	28 Ecum Secum Bottle Drive Knitters Club Lions BINGO Soccer Program	29 Stop Smoking Program Ecum Secum Bottle Drive Liscomb Auction 45 Inline Skating Fun with SHOPS	30 Ecum Secum Bottle Drive Maple Manor Bake sale Courthouse Concert	