

# June 2013 Newsletter

[www.sant-marys.ca](http://www.sant-marys.ca) [facebook.com/DistofStMarys](https://www.facebook.com/DistofStMarys)

The DEADLINE to have information submitted for the July issue of the Newsletter is **WEDNESDAY, June 19<sup>th</sup> at 4:00 p.m.** Submissions can be received by fax: 522-2309 or email: (note the change in email): [council@saint-marys.ca](mailto:council@saint-marys.ca) or drop off at Office 16 Main St. Sherbrooke. Subject line must read **NEWSLETTER SUBMISSION**. Also please note that we reserve the right to edit any and all submissions to this newsletter.

On Tuesday, April 30<sup>th</sup>, 2013 St. Mary's Municipal Council held their Annual Meeting where they approved the operating budget of \$2,964,523 and tax rate for the fiscal year 2013-2014.

### 2013/2014 Tax and Area Rates:

- Residential and Resource \$0.82 per \$100 of assessed value (no change)
- Commercial \$2.13 per \$100 of assessed value (no change)
- Forest Acreage (less than 50,000 acres) \$0.25 per acre
- Forest Acreage (over 50,000 acres) \$0.40 per acre
- Garbage Collection Charge \$86.94 per dwelling unit and commercial assessment
- Sewer Charge \$205 per unit (no change)
- Street Light Rate \$104 (no change)
- Fire Tax Levies: (no change)
  - District 1 - \$40
  - District 2 - \$50
  - District 3/5 - \$30
  - District 6 - \$40
  - District 7 - \$40
  - District 8 - \$40
  - East River - \$0.14 per \$100 of assessment
  - Pipeline - \$0.16 per \$100 of assessment

### **TENDER - BUILDING DEMOLITION**

**1056 Highway 276, Goshen Enterprises Ltd.,  
(PID 37551280)**

Sealed tenders addressed to David Gillis, Municipal Clerk, Municipality of the District of St. Mary's, PO Box 296, Sherbrooke, BOJ 3C0 and marked on the envelope:

**"TENDER - BUILDING DEMOLITION -1056 HIGHWAY  
276 - GOSHEN ENTERPRISES (PID 37551280)"**

will be received until **12 noon, Monday, June 10<sup>th</sup>, 2013** for the demolition of the building at 1056 Highway 276, Goshen Enterprises Ltd. For a full tender package, including the tender bid form, please contact the Municipality of St. Mary's at 902 522 2049.

Tenders will be opened publicly at the Regular Monthly Council Meeting of the St Mary's Municipal Council on June 10<sup>th</sup>, 2013 at 7pm.

The lowest or any tender not necessarily accepted.

### **St. Mary's Photo Contest**

Voting on the St. Mary's Municipal Photo Contest is complete and you have identified your favorite photos! Voting was held from May 6 - 17<sup>th</sup> on our St. Mary's Recreation Facebook Page and over 180 photos were submitted. A BIG THANK-YOU to those who got involved, whether it was through submitting photos, liking our page, or voting! The winners are:

**1<sup>st</sup> Place:** Tracy Stuit (316 votes) - Eagle at St. Mary's River Falls

**2<sup>nd</sup> Place:** Helen MacDonald (299 votes) - Fall Drive on Hwy 211 Bickerton Rd/Stillwater

**3<sup>rd</sup> Place:** Dianne Pace (189 votes) - Fancy's Point Beach, Marie Joseph

**4<sup>th</sup> Place:** Joan Flemming (174 votes) - Blue Jay, Aspen

**5<sup>th</sup> Place:** Sheri Cook (139 votes) - Sherbrooke Village

Prizes will be awarded as follows:

**1<sup>st</sup> PLACE** - The top 3 voted photos will be professionally printed and hung in the lobby of the new municipal administration building. The name of the entrant will be displayed with the photo, and they will be invited to our grand opening for unveiling of the photo. *These photos will be unveiled at the official grand opening of the building scheduled for early September.*

**2<sup>nd</sup> PLACE** - 4<sup>th</sup> highest voted will receive a \$20 gift certificate to a local business

**3<sup>rd</sup> PLACE** - 5<sup>th</sup> highest voted will receive a St. Mary's prize gift pack

### **Port Bickerton Lighthouse News**

St. Mary's residents are all invited to:

*Annual opening*

*Nova Scotia Lighthouse Interpretive*

*Centre at the*

*Port Bickerton Lighthouse*

*Saturday, June 15 at 1:00 p.m.*



Come and join us in celebrating the municipality's newest acquisition! Festivities will include an official ceremony to mark the transfer of the lighthouse property from the federal government to the municipality, along with the unveiling of a Wall of Honour recognizing major donors to the Lighthouse Building Fund.

Refreshments will be served.

Public access to the site and the Interpretive Centre will be free all day.



## HAVE YOU EVER THOUGHT OF HOSTING AN INTERNATIONAL STUDENT?

Becoming a host family to a young student from a different country and culture is both an enriching and challenging experience. Welcoming international students into our homes helps develop friendships that will last a lifetime and by sharing your home and offering guidance to your student your family becomes an important part of their life.

Living with a Canadian family is the best way to learn English and experience Canadian culture. There is a monthly allowance to cover food and other costs.

- Do you enjoy learning about various cultures?
- Do you have any empty bedrooms?
- Do you have lots of love to give?
- Are you missing the "young" people in your lives?

You are a perfect host family! We are looking for YOU! Please contact me!

Theresa Harris, Homecare Co-ordinator  
International Student Program

Email: [tharris@srsb.ca](mailto:tharris@srsb.ca) or Phone: 328-2546

### Greetings from High-Crest!

Hope you are all enjoying the beauty of spring! Residents celebrating birthdays this month are:  
Phyllis Mason - June 4<sup>th</sup>      Bruce Weir - June 12<sup>th</sup>  
Bruce Kaiser - June 10<sup>th</sup>      Tat Grant - June 20<sup>th</sup>  
Allan MacPhail - June 19<sup>th</sup>  
Samuel Hudson - June 30<sup>th</sup>



Wow! Happy Birthday Folks! We will be celebrating on June 11th at 1:15 p.m. We will play bingo, sing some songs and have some cake and ice cream! Everyone is welcome!

On Wednesday, June 19th the Grade 2 and 3 students of St. Mary's Education Center will be participating in a walk-a-thon for their "Grandfriends" who are the residents of High-Crest. The "Grandfriends" is a reading and visiting program between the residents and the students. It is a wonderful learning and sharing experience with lots of joy for both parties! So; you may be getting a visit and a request to support one of the students! Please help them in their quest to walk for their "Grandfriends"

I would like to give a very big thank you for the donation of a very beautiful and large collection of china cups and saucers. They will be treasured, used and enjoyed.

The winner of our Spring basket was Patricia Cook! Congratulations! Thank you to all who bought and sold tickets and to those who donated items. Thanks for supporting the Nursing Home!

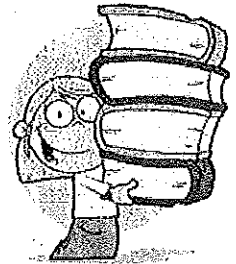
### Sherbrooke Library Chatline

Meditation Class: Tuesdays from 11 - 12noon. Learn how to meditate followed by a short practice. Feel the peace and calmness

Village Readers' Book Club: Note the change of date The second Friday in June for this month, June 14<sup>th</sup> at 11am. Come tell us about an interesting book that you have read or are still reading, or just come and listen to others.

Seniors' Café: Fridays at 9:30am, Join us for a snack, conversation, have a game of scrabble, check out your books, and use the computers.

Story Time: Another story-in-a-bag is now ready



Closed: Friday June 7<sup>th</sup> for Staff Day, open Saturday  
**HOURS:**

Monday, Tuesday, Thursday: 11am-4pm

Friday: 9:30am-2:30pm Saturday 10am-1pm

### Eastern Region Solid Waste Management

- Litter Clean-Up Incentive Application: A community group can apply to receive funding to clean litter from a roadside or other public property. A successful community group will submit a detailed report following the cleanup including area cleaned, bags of litter collected and number of participants and be eligible to receive a minimum of \$100 for 1km cleaned to a maximum of \$500.
- Community Bin Project Application: This new funding program is to assist community groups with the purchase of waste sorting stations to replace single stream containers managed by your group. Access to proper waste sorting stations will assist Nova Scotia's achieve our provincial disposal target of 300kg per person per year. Deadline for submission Feb 4, 2014.

Applications are available at the Municipal Office. For more information contact Eastern Regional Solid Waste Management at 232-2563 or [Nicole@erswm.ca](mailto:Nicole@erswm.ca)

MacMillan's Bottle Drive - Liquor Store,  
Sherbrooke Parking Lot:  
Second and Fourth Saturday each month

### Maple Manor Bake Sale every Friday

**COUNCIL MEETING:** The next regular meeting of St. Mary's Municipal Council will be held on Monday, June 10<sup>th</sup>, 7pm. The public is invited to attend.

Antique pump Organ – Free to good home! Call Ruth at 779-2931 for further information

*The Port Bickerton & Area Planning Association will be hosting a Pot Luck Supper at the Port Bickerton Community Centre on May 25th, 2013 from 4:00 to 6:00pm. Adults - \$10.00, preschoolers are free*

### St. Mary's Shooters Association

June 8 - Saturday at 9am, maintenance; painting, door step construction. Lunch provided by SMSA. Please bring tools-rakes, shovels, hammers, electric tools, generators etc. Rain day Sat. June 15<sup>th</sup>. Please come our range needs work!

June 16 -Sunday at 9am - Fathers Day Shoot  
.22 target rifle @ 50 & 100 Yards  
Senior & Junior classes

July 7 - Sunday at 9am - Aubrey Gammel Steel Plate Shoot @ 20 yds, .22 center fire semi-auto & revolver

#### **Liscomb Volunteer Fire Department:**

Training June 17<sup>th</sup> at 6:30pm

Monthly meeting June 24<sup>th</sup> at 6:30pm

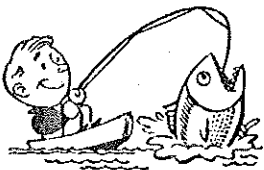
FISHING DERBY MCKEEN LAKE

SATURDAY JUNE 1ST 10AM -3PM

(WITH RAIN DATE THE 2<sup>ND</sup>)

REGISTRATION BEGINNING AT 7AM

THERE IS ONLY ONE BOAT LAUNCH SO  
COME EARLY TO OFF LOAD YOUR BOAT  
ADULTS \$10.00 CHILDREN UNDER 12 FREE



12110 MCKEEN ROAD,  
ASPEN. SPONSORED BY  
BROADHORNS AND ST  
MARYS ATV CLUB

PROCEEDS TOWARD MAINTENANCE OF  
MCKEEN LAKE LODGE

FOR MORE INFO CALL SAM 522 2460  
ROB 328 2519 or NORM 328 2886

Next Meeting of St. Mary's ATV Club will be held June 13<sup>th</sup> at 6pm in the Council Chambers, 16 Main Street.

#### **Stillwater Community Centre News**

Card Play has resumed and will continue every Friday Night at 8pm (Doors open at 7:15pm) All are invited to play, have some tea, sandwiches, deserts and as always, enjoy some good company.

If you or your organization is interested in renting our hall please contact David Nadler @ 522-2648. Full day rental \$75, ½ day \$50

*Lions Hospital Walkathon* – on behalf of St. Mary's Memorial Hospital Society, I would like to thank St. Mary's District Lions Club for organizing the First Annual St. Mary's Lions Walkathon to raise funds for the Hospital. There were 52 walkers that raised \$6,215, with an additional \$400 in pledges to be collected. The support of the Municipality of the District of St. Mary's, Sherbrooke Village, all of the Women's Institutes in our Municipality, the individual walkers and all the donors is truly appreciated and the funds will be used to continue to assist with updating the equipment in our Hospital. Let's hope we can meet or exceed this amount next year. – Don Dunbar, Chairman

Indoor Flea Market at St. John's Church Hall

Necum Teuch Hwy #7

Serving Hot Brunch, Tea, Coffee

For Sale: Baked Goods. New and Used Clothing, Household items, dishes, VHS Tapes and more

Time: 9am – 1pm

When: June 8<sup>th</sup> 2013

Table bookings contact Helen Berrigan 347-2182

#### **Indian Harbour Lake – Jordanville Community Centre**

Next Hall meeting – Monday June 10<sup>th</sup> at 7pm

Co-ed Golf Tournament – Saturday June 15<sup>th</sup> beginning at 9am at Red Hill Golf Club. A fund raiser for the community centre. 18 teams of 4 \$30 per person (includes golfing & pot luck supper at centre). Prizes will be awarded at supper. Call David Jordan to pre register & information at 522-1190. First come first serve basis. Donations of Prizes accepted. Hot Dogs, pop, water will be sold at noon.



Community yard sales Saturday August 3<sup>rd</sup> along highway 211 from Stillwater to Port Hilford. Starting at 10am to 2pm. Tables available to sellers at Community Centre for \$5 call 522-2369 to book. No early birds. Everyone welcome to take part, find a spot to sell.

We would like to send a sincere thank you to all our family and friends from near and far, for all your kindness at the recent benefit. To all who donated items for the penny auction, silent auction, and tickets. To those who organized and attended. It was greatly appreciated. – Henry and Sharon Tibbo

#### **CONGRATULATIONS!**

*Taylor Bezanson and Cecily Strongman*

*St. Mary's Academy*

*2013 Lieutenant Governor Medal Recipients*

*- Warden, Council, and Staff*

## Seashore Volunteer Fire Department

### Benefit Dance

June 14, 2013 9pm – 1am

Port Bickerton Community Centre

\$8 admission - Must be 19 years of age  
(ID's may be requested) - Music by DJ

Proceeds in Support of Dean Jack



### Fishing Derby

June 1<sup>st</sup> 8:30am to 12 noon at Fisherman's Harbour Lake  
on Ferry Road. Proceeds for Seashore Fire Department

### The Baptist Congregation of Port Hillford, Port Bickerton & Sonora

(Convention of Atlantic Baptist Churches)

You are invited to these Worship Services and events:

June 2, 11 AM – Port Bickerton United Baptist Church

June 9, 11 AM – Sonora Baptist Church

June 16, 11 AM – Port Hillford United Baptist Church

June 23, 11 AM – Port Bickerton United Baptist Church

June 30, 11 AM – Sonora Baptist Church

Bible Study on the Book of Revelation, Wednesday,  
June 12 and Tuesdays, June 18 and 25, 6:30 PM at  
Port Hillford Church.

For more information contact Rev. Norman Pearce,

522-2087 or [hbs.baptist@ns.sympatico.ca](mailto:hbs.baptist@ns.sympatico.ca).



### Indian Harbour Lake Pentecostal Church June Worship & Activities

Sunday, June 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup>

11:00 am Morning Worship

Sunday, June 16<sup>th</sup> 6:30 p.m. Praise & Prayer

Weekday Activities

Wednesday, June 5<sup>th</sup> & 19<sup>th</sup> 7:00 p.m.

Bible Study on The End Times

Friday, June 7<sup>th</sup> Youth Group (Ages 12 – 18)  
at the parsonage

All are Welcome! For more information, contact

Pastor Dave Connolly at 522-2759 or

[pastordave@jhlpentecostalchurch.ca](mailto:pastordave@jhlpentecostalchurch.ca)

### Open House

To honor Derek Elsworth on his graduation from Atlantic  
School of Theology May 14, 2013 Halifax and his  
Ordination as a United Church Minister on Sunday May  
26<sup>th</sup>, 2013 in Sackville, New Brunswick, The St. Mary's

Pastoral Charge will be hosting an Open House on  
Sunday June 9, 2013 from 12:30 – 3:00pm in the Lions  
Hall in Sherbrooke. Everyone is Welcome.

St. Mary's District Food Bank – If you are in need of  
assistance or would like information about the Food Bank,  
please call 328-4148 and leave a message. The phone  
number is exclusive to the Food Bank and all calls are  
confidential. Boxes for donations for non-perishable food  
items are located in Sherbrooke, at St. Mary's Hospital and  
the Clover Farm. We would appreciate it if donors would  
check to make sure food items are not out-dated.

### Port Bickerton Women's Institute News

Our next Branch Meeting will be on Thursday June 6<sup>th</sup> at  
7pm. Meetings are at the Bickerton Community Centre.

This will be our last meeting until September. Visitors  
always welcome. Our quilt is finished and tickets are  
now on sale at various locations and through any  
member. Draw date is August 17 at the Fish Fry.

### Guysborough County Adult Learning Association (GALA)

Although we are still waiting for the warm lazy days  
of summer, GALA is already making plans for fall  
and winter programs. We would love to hear about  
learning opportunities that you would like to see  
offered in your community.

If you or someone you know needs access to quick,  
free and accessible information in order to get a job  
or advance in a present job you might want to look  
at some of our free programs. Some examples of  
the training we can offer are:

- Improving technology skills
- Building confidence for job hunting or  
exploring new work opportunities
- Learning how to communicate better about  
yourself and the skills you can offer
- Things you need to know to work in tourism  
or other public service industry
- Math for the trades or Math for daily living
- Improving basic reading and writing skills
- GED preparation

GALA's training programs follow the Nova Scotia  
School for Adult Learning curriculum. For more  
information on any of GALA's programs and  
services for adults call us any time at 533-4252.

You can also visit our website

[www.guysboroughlearning.ca](http://www.guysboroughlearning.ca).

### Country Harbour Gun Club

June 15 – Country Breakfast 8:30 – 10am: Adult \$7  
or \$3 for children

June 22 – Flea Market 10am-11:30am: admission  
\$.50 Table Rental \$5 – call 328-2210 to book.



June 2: Sherbrooke Salutes Seniors

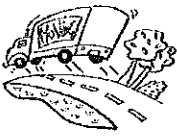
June 9: Adopt-a-Pumpkin

June 15: Time Traveler's Reunion

For a complete list of June 2013 schedule of events visit

<http://museum.gov.ns.ca/sv/events.php>

### St. Mary's Fitness Centre



Personal training and orientations are available, to arrange a consultation please contact the recreation office.

**WE ARE MOVING!!** As a result the fitness centre will be CLOSED May 31<sup>st</sup> (MORNING) as well as June 10<sup>th</sup> -14<sup>th</sup> 2013. One month memberships will be extended.

### Spring Fitness Centre Hours

Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:30 2:30-7:30	2:30-7:30	10:00-11:30 2:30-7:30	2:30-7:30	10:00-11:30 2:30-7:30

Fitness Centre rates are available on our website. 522-2598.

### FUNDamental Movement Skills (FMS) Sport Starts Here!

To become completely physically literate, children need to master the fundamental movement skills which include: Dodge, hop, skip, log roll, stork stand, jump, kick, dribble, over arm throw, catch, run, side arm strike. The FMS program is open to all children ages 3+. For more information on this program OR to register please contact the recreation department at 522-2598 or email us at [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca) We are proud to offer FMS in Port Bickerton and Aspen on Tuesdays from 2:30-3:15. Beginning June 11th 2013. If enough interest prevails, the recreation



department will bring its mobile FMS program to your community, free of charge!

The development of fundamental movement skills and motor skills is critical to establishing the foundation for participation in many sports and physical activities. A child who has not had the opportunity to develop these basic motor skills experiences difficulties or barriers when participating in sport experiences, or later school-based programs that involve more difficult skills.

### Mountain Bike Group Rides

Time to dust off those bikes and hit the road! St. Mary's Recreation is offering group mountain bike rides on Thursday evenings from 6:30-7:30pm beginning at the Recplex. We have bikes available; if you wish to utilize one for the duration of the program please contact us ASAP at [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca) or by phone at 522-2598



### Making Tracks Mountain Bike Program Continues for another Month!

Did you know that the Municipality of St. Mary's Recreation Department has recently purchased TEN BRAND NEW Norco Mountain Bikes? And what is the best part you ask?? They are for you to use! We are pleased to offer after schools learn to mountain bike program for all students age 10-18 on Monday afternoon from 2:45-4:00. Please note spots are limited therefore anyone looking to participate must contact the recreation office at 522-2598 or by email at [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca) to reserve a spot. If you have your own bike, we encourage you to bring it along! Storage is available.



The tumble bugs program is being offered to all grade primary students at St. Mary's Education Centre. For more information or to see a Tumble

Bugs offered in your community please contact the recreation office at 522-2598 or by email at [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca)

### Move it Mondays Low Impact Fitness Class



The Municipality of St. Mary's will once again be offering low-medium intensity exercise classes Monday mornings from 10:00-

11:00 at the St. Mary's Fitness Centre. Classes are specially designed to incorporate strength, flexibility and cardiovascular training at an intensity level that works for you! Additional questions may be directed to Emily Morton at 522-2598 or by email. Please be advised that there will be no class on June 10<sup>th</sup> 2013 as the fitness center will be relocating into the new facility

Looking for something to keep you busy in the highland region?? Check out the Highland Connect website at [www.highlandconnect.ca](http://www.highlandconnect.ca) for the most up to date program, trail and recreation facilities in your area!

### Equipment Loan Out Program

The municipality of the district of St. Mary's recreation department has lots of recreational equipment available for your use at little to no cost for more information please contact the recreation office at 522-2598 or by email at [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca) Kayaks, lifejackets, rollerblades and GPS, just to name a few...



### NSAF Fitness Instructor Certification

NSAF is the standard for fitness certification and Canada by becoming certified through NSAF you receive the highest standard of fitness certification that is transferable across Canada if you are interested and for more information on training courses please contact the recreation department at 522-2598 or visit their website at [www.nsa.info](http://www.nsa.info)

### Canadian Tire Jump Start

The goal of the Canadian tire jumpstart program is to ensure that all children have the opportunity to participate in recreational sport by providing financial assistance to qualifying families with children ages 4 to 18. Applications for assistance can be submitted between January 15 to June 1 for spring and summer programs and from July 1 to November 15 for fall and winter programming for more information please contact jump start at 1-877-616-6600. If you would like to submit an application please contact Municipality of St. Mary's recreation department at 522-2598 or by email at [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca)



The rise in childhood obesity and preventable chronic disease is a global issue. In Nova Scotia one in three children and youth are overweight or obese, and rates of unhealthy eating, sedentary behaviors and physical inactivity are much higher. Our rates of chronic disease are among the highest in the country! It is with this information that the Municipality of St. Mary's has decided to implement a number of programs targeted at children and youth to increase active transportation through out the municipality. To learn more on the THRIVE strategy and find ways to incorporate it into your life style please visit [www.thrive.novascotia.ca](http://www.thrive.novascotia.ca) or ask your Physical activity Coordinator for more information.

### Open Gym (drop in)

The Recreation Department will once again be offering open gym on Tuesday evenings from 6:30-7:30 at the Elementary School. No registration is necessary. Use of any equipment you want!

### Aqua Fitness

Liscomb Aqua fitness is back for yet another year!! Aqua fit is a great low impact work out that uses water resistance to increase cardiovascular health, muscle endurance and strength. Join us Thursday and Thursday mornings beginning June 4<sup>th</sup> from 10:00-10:45 at the Liscomb Lodge pool. To register please contact Emily Morton at 522-2598 or by email at [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca) (\$2.00 drop in fee) OR purchase an eight class punch card for \$6.00. Punch cards can be pre purchased at the Recreation office.



### Recreational Ball League!

The recreation department will be hosting a ball league beginning Tuesday June 11<sup>th</sup> at 6:30 at the Sherbrooke Ball Field. All are welcome!

Please note we will be alternating between Sherbrooke and Liscomb ball field: June 11<sup>th</sup>, 25<sup>th</sup> – Sherbrooke  
June 18<sup>th</sup>, July 2<sup>nd</sup> - Liscomb

### Fishing Derby

The Municipality of the District of St. Mary's Recreation Department is teaming up with Nimrod's Campground to host a Fishing Derby on June 22<sup>nd</sup> at the campground (Sixth Lake). The derby will run from 9 a.m. to 2 p.m. There is a \$2.00 registration fee, and prizes will be available for the three biggest catches of the day! Remember standard rules apply:  
Adults over 16 need a fishing license  
Those under 16 can fish without a license!



Grab your fishing rod, some worms and a couple of friends and Join us!

### Swimming Lessons

Red Cross Swimming Lessons are returning to the Liscombe Lodge this July! Lessons will run for two weeks - Monday to Friday from July 8<sup>th</sup>-12<sup>th</sup> and July 15<sup>th</sup>-19<sup>th</sup> 9 a.m. to 3 p.m. Swimming lessons start for babies 0 months and up. The fee for one child is \$25, \$45 for two and three can be registered for \$65. Call the Recreation Department for information on how to register your child in swimming lessons - 522-2598.




### We want to hear from you!

Are there any programs or classes that you wish we offered? Or maybe there is a program you would like us to bring back. We want to hear your comments and suggestions! Help us, help you! Call the department at 522-2598 or email Kerri - [kerri.penney@saint-marys.ca](mailto:kerri.penney@saint-marys.ca).

### Social media



Whether you share, like, tweet or hashtag – we got you covered! The Municipality of the District of St. Mary's is on Facebook and Twitter! Search for St. Mary's Recreation on Facebook at [Facebook.com/DistofStMarys](https://www.facebook.com/DistofStMarys).

On Twitter, we are Dist. Of St. Mary's - tweet us  @StMarysDist! Like or follow us for chances to win prizes, keep up to date on our programming, or what's going on around your community and much, much more! You can also find the link to both pages through the St. Mary's Website!

### Summer Day Camps are returning

The Recreation Department will once again be offering summer day camps in communities around the municipality this year. Day camps will run for one week at a time for children 4(?) and up. Each camp will be structured to offer a level of physical activity, education and fun through outdoor/indoor games, sports and crafts. Please contact Kerri at 522-2598 or [kerri.penney@saint-marys.ca](mailto:kerri.penney@saint-marys.ca) with any questions or comments in regards to summer camps.



The department is looking for feedback to improve on these camps to give children the best experience they can get. Stay tuned for a full camp schedule and information on registration.

### Community Champions...

Have you mastered a trade or hobby? The recreation department is looking for instructors for potential upcoming programming. Have you been knitting or quilting for years? Or maybe your scrapbooking collection needs its own bedroom. Does your garden catch the eye of all the neighbors? Or are your chocolate-chip cookies the envy of all your friends? Well we are looking for YOU! We would like to find the talent that we have right here within our own communities. Instructors would partner with the Recreation Department to teach others their trade or hobby. If you would be interested in instructing a recreation program, get in touch with the municipality's Recreation Coordinator, Kerri Penney at 522-2598 or by email at [kerri.penney@saint-marys.ca](mailto:kerri.penney@saint-marys.ca).

### Community Groups/Non-profits

Does your community or non-profit group hold regular meetings? Our Recreation Coordinator would love to attend! There are lots of ways our recreation department can partner or assist with projects or events and even help to find funding! Let us know when your next meeting is.

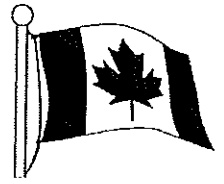
If you would like to have a presentation at your meeting or would like to request some information, get in touch with Kerri Penney - 522-2598 or [kerri.penney@saint-marys.ca](mailto:kerri.penney@saint-marys.ca).

Municipality of the District of St. Mary's



# Canada Day

## Celebrations!



Stay tuned for more details and a full schedule

### Saturday, June 29<sup>th</sup> – Co-Ed Ball Tournament

Sherbrooke Ball Field

Start time - 8 a.m.

\$10 per person registration fee

Pre-register by calling the Rec. Department – 522-2598

Concession stand on site

#### Adult Dance

St. Mary's District Lions Club

9:30 p.m. – 1:00 a.m.

\$10 per person

### Sunday, June 30<sup>th</sup> – Farmers Market/Community Sale

RecPlex

10 a.m. – 2 p.m.

\$5 per table

Pre-register by calling the Rec. Department – 522-2598

### Monday, July 1<sup>st</sup> – Canada Day!

Morning Celebrations in Goshen and Liscomb

#### St. Mary's Municipal Street Parade

Sherbrooke – 4:00 p.m. line up, 4:30 p.m. start

Contact Kerri Penney to register your float – 522-2598

prizes for top three floats

#### **FREE** Family fun picnic and games

Sherbrooke Ball Field – following parade

Bring picnic/concession stands available

Family fun games – including three legged race, tug-of-war, balloon toss and more

Children's Bouncers and games

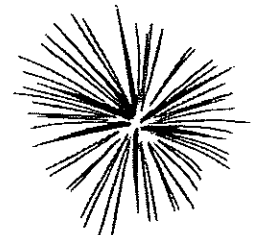
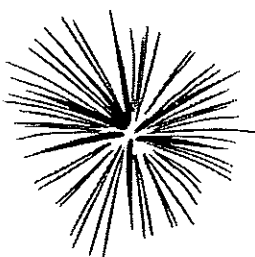
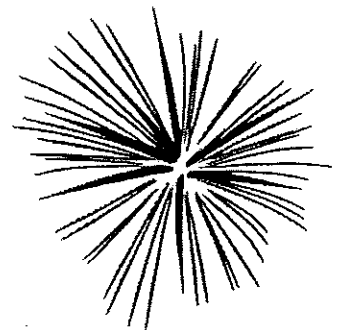
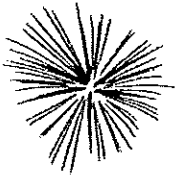
Prizes available

#### Live Entertainment at the Sherbrooke Village

Featuring: Dave Carroll, Kim Dunn and Jon Vezner

#### Fireworks

Firework display to end off the day at the Sherbrooke Ball Field



# June 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Fitness Ctr. 10am Making tracks 2:45pm	4 Meditation 11am Open Gym 6:30pm GARBAGE COLLECTION ZONE 1	5 Fitness Ctr. 10am Trail Blazers 2:45pm Lions BINGO 7:45pm GARBAGE COLLECTION ZONE 2	6 Liscomb Auction 8pm Group bike ride 6:30pm GARBAGE COLLECTION ZONE 3	7 Seniors Café 930am Fitness Ctr. 10am Maple Manor Bake Sale Stillwater card play 8pm	8 Bottle Depot 930am Range Maintenance 9am Flea mkt. St. John's Church Hall 9am Liscomb Crib 8pm
9	10 Fitness Ctr. 10am Making tracks 2:45pm Council Mtg 7pm IHL/Jrdnville mtg. 7pm	11 Meditation 11am Open Gym 6:30pm Highcrest Party 1:15	12 Fitness Ctr. 10am Lions BINGO 7:45pm	13 ATV Club mtg 6pm Group bike ride 6:30pm Liscomb Auction 8pm	14 Seniors Café 930am Fitness Ctr. 10am Book Club 11am Maple Manor Bake Sale Stillwater card play 8pm PB benefit dance 9pm	15 Co-Ed Golf tourney 9am PB Lighthouse open 1pm Liscomb Crib 8pm
16 Shooters Assoc. Father's day shoot 9am	17 Fitness Ctr. 10am Making tracks 2:45pm Liscomb fire train 6:30	18 Meditation 11am Open Gym 6:30pm GARBAGE COLLECTION ZONE 1	19 Fitness Ctr. 10am Lions BINGO 7:45pm SMEC Walk-a-thon GARBAGE COLLECTION ZONE 2	20 Group bike ride 6:30pm Liscomb Auction 8pm GARBAGE COLLECTION ZONE 3	21 Seniors Café 930am Fitness Ctr. 10am Maple Manor Bake Sale Stillwater card play 8pm	22 Bottle Depot 930am Liscomb Crib 8pm
23 Farm Mkt/ sale - RecPlex 10am	24 Fitness Ctr. 10am Making tracks 2:45pm Liscomb fire mtg 6:30	25 Meditation 11am Open Gym 6:30pm RECYCLABLE AND GARBAGE COLLECTION ZONE 1	26 Fitness Ctr. 10am Lions BINGO 7:45pm RECYCLABLE AND GARBAGE COLLECTION ZONE 2	27 Group bike ride 6:30pm Liscomb Auction 8pm RECYCLABLE AND GARBAGE COLLECTION ZONE 3	28 Seniors Café 930am Fitness Ctr. 10am Maple Manor Bake Sale Stillwater card play 8pm	29 Co-ed ball tourn. Sherb 8am
30						



Summer 2013 and Destination Eastern & Northumberland Shores Present:

# The Great Adventures & Attractions Treasure Hunt!

Visit any of the attractions shown below this summer, present this game sheet to the friendly folks who work there and receive an 'X marks the spot' stamp. Once you've collected a total of three stamps, take your game sheet to any Visitor Information Centre on the Eastern Shore and collect a special treasure! Continue collecting stamps all summer long. Once you've got six stamps, mail your completed game sheet to us to be entered in a draw to win an even bigger treasure: Your choice of an overnight getaway for four with dinner and breakfast to Liscombe Lodge (valid until August 31st, 2014) OR 2 lbs. of Willy Krauch's famous Nova Scotia Cold Smoked Salmon plus a unique piece of wall art painted by one of our talented Eastern Shore artists - both delivered straight to your doorstep. Happy Treasure Hunting!

TIP: Use the 2013 Eastern Shore Visitor Guide to find locations, hours of operation, etc. Attractions below do not appear in geographical order.

<p><b>Research your roots at the Old Courthouse Museum.</b></p>	<p>Enjoy a stroll (and maybe an ice cream cone) along the quaint seaside boardwalk at <b>Fisherman's Cove.</b></p>	<p>Savour the Acadian hospitality (and the freshly made tea biscuits) at <b>Acadian House Museum.</b></p>	<p>Get your toes tappin' and your heart thumpin' with some fine music or drama at the <b>Bicentennial Theatre.</b></p>	<p>Is there still gold to be found in Nova Scotia?? Try your luck at the <b>Moose River Gold Mines Museum.</b></p>	<p>Re-enact "The Little Engine that Could" on the caboose at the <b>Musquodoboit Railway Museum.</b></p>	<p>Do lunch at the <b>Tin Roof Mercantile &amp; Café.</b> (Be sure to save room for the incredible dessert!)</p>
<p>On your way to the beach, go antiquing at <b>Old Times, Old Friends Antiques &amp; Collectables.</b></p>	<p>Learn all about the lonely (yet adventurous) life of a lighthouse keeper at <b>Port Hickerton Lighthouse Interpretive Centre.</b></p>	<p>Time Travel is so much fun... Flashback to life in 1940s rural Nova Scotia at <b>Memory Lane Heritage Village.</b></p>	<p>This time, set your time machine for the early 1900s. Visit <b>Sherbrooke Village</b> - the largest living history museum in Nova Scotia.</p>	<p>Can't get enough lighthouse history? Visit the fascinating <b>Out of the Fog Lighthouse Museum</b> and speak to real 'keepers of the light.'</p>	<p>Work on your back swing at <b>River Oaks Golf &amp; Country Club.</b></p>	<p>Check out the gorgeous artwork at the <b>Old School Community Gathering Place</b> in Musquodoboit Harbour.</p>
<p>Imagine life as one of the 13 daughters who grew up in the tiny (but cozy) house that is now <b>'The Fisherman's Life Museum.'</b></p>	<p>Join the farm at <b>Cole Harbour Heritage Farm Museum.</b></p>	<p>Row, row, row your boat... on your sea kayak. Take a guided sea kayaking tour from the very experienced crew at <b>Coastal Adventures.</b></p>	<p>Pose for a photo in front of the beautiful <b>West River Falls</b> behind <b>MacPhee House Museum.</b></p>	<p>Are they the best fish n' chips you've ever had? Judge for yourself at the <b>Fairwinds Motel Dining Room.</b></p>	<p>Learn more about our "golden" history at the <b>Goldenville Gold Mining Interpretive Centre.</b></p>	<p>Know what your picnic basket is missing? Grab some smoked salmon at <b>Willy Krauch &amp; Sons Smokehouse.</b></p>
<p>Indulge your inner sport fisherman at the <b>Sherbrooke Mary's River Education &amp; Interpretive Centre.</b></p>	<p>They sure don't make tools like they used to... Get nostalgic at <b>Baird's Tradesmen Museum.</b></p>	<p>Mmmm... Find out why gelato is far superior to regular old ice cream at the <b>Shipping Stone Café &amp; Store.</b></p>	<p>Enjoy the most cinnamony homemade cinnamon buns around at <b>The Tourist Trap Shoppe &amp; Cafe.</b></p>	<p>Work up an appetite at North Nova Sea Kayaking Adventures and enjoy a fine meal in the dining room at <b>SeaWind Landing.</b></p>	<p>Want to combine hiking AND history? Take a boat ride to <b>Grassy Island</b> at <b>Canso Islands National Historic Site.</b></p>	<p>Load up on the Greek style <b>Lamb Chops</b> at the <b>Last Port Motel &amp; Family Restaurant.</b></p>
<p>Sink yer teeth into a 'Geysberger' at the <b>Rare Bird Pub</b> and dance off the calories to some fine East Coast music!</p>	<p>Meet <b>Captain Brian Murphy</b> when you board 'The Ryan' for a boat tour of the beautiful Eastern Shore. Ask him about doing a 'mussel tour' while you're there!</p>	<p>Treat your inner foodie to a multi-course gourmet dinner at <b>DesBarres Manor Country Inn.</b></p>	<p>It will be tough but try to keep your eye on the ball while golfing at <b>Osprey Shores</b> overlooking gorgeous <b>Chedabucto Bay.</b></p>	<p>Get a birds-eye view of the town of <b>Canso</b> from 'the Widow's Walk' on top of <b>Whitman House.</b></p>	<p>Musquodoboit, you haven't tasted heaven until you've had a homemade <b>Oh Henry square.</b> Get one (or a dozen) at <b>Days Gone By Bakery.</b></p>	<p>Show off a little at one of the <b>Henley House's Trivia Nights.</b></p>

**Get THREE X Marks the Spot Stamps?**  
 Claim your prize at any one of the Eastern Shore Visitor Information Centres listed on page 8 & 9 of the 2013 Eastern Shore Visitor Guide.

**Get SIX X Marks the Spot Stamps?**  
 Clearly print your name, address and phone number and send it, along with this game sheet to **DEANS, 980 East River Road, New Glasgow, NS, B2H 3S8.** Contest closes on **September 14th, 2013.** The winner will be contacted on **September 15th, 2013.**