



Municipality of the District of St. Mary's & St. Mary's Recreation

APRIL 2014 Municipal Newsletter



www.saint-marys.ca [facebook.com/DistofStMarys](https://www.facebook.com/DistofStMarys)

The **DEADLINE** to have information submitted for the May issue of the Newsletter is **April 23rd** at 4:00 p.m. Submissions can be received by fax: 522-2309 or drop off at Office 8296 Highway #7 Sherbrooke or email: council@saint-marys.ca. Subject line **must read NEWSLETTER SUBMISSION**. Also please note that we reserve the right to edit any and all submissions to this newsletter.

COUNCIL MEETING: The next Regular Meeting of St. Mary's Municipal Council will be held on **Monday April 14th, 2014 at 7pm**, Council Chambers. The public is invited to attend.

Low Income Exemption

St. Mary's Municipal Council is once again offering a **\$110.00 exemption** to be applied to your Property Tax Bill for households with incomes \$18,700 or less. Applications are available at the Municipal Office, or by contacting your local councillor. Deadline to submit is May 30, 2014. Be sure to attach copy of your **Canada Revenue Agency Notice of Assessment from 2013**



Do you have an ongoing health condition?

For example: arthritis, diabetes, depression, fibromyalgia, chronic pain, asthma or high blood pressure?

Sign up for Your Way to Wellness!

This **free** workshop helps adults with chronic (ongoing) health conditions overcome daily challenges, take action and live a healthy life!

Participants learn how to:

- Set goals and problem solve
- Improve communication with health care providers, family and friends
- Eat healthier and become more active
- Manage symptoms and difficult emotions (fear, anger, frustration).
- Make daily tasks easier
- Improve self-confidence



Wednesdays, 6:00pm – 8:15pm

April 23rd to May 28th

Municipal Office Community Room, 8296 Hwy #7

Questions? Looking to register?

Call: 902-863-7369 Email: smith.lj@gasha.nshealth.ca

Website: www.yourway.novascotia.ca

Registration is required. Space is limited. All details are subject to change –please call to verify.

GUYSBOROUGH COUNTY CAREERS NOVA SCOTIA CENTRE



We are located in the St. Mary's Municipal Office Building and are open to the public every 2nd and 4th Wednesday. Our office dates for the month of April are: April 9th and April 23rd, 2014. We look forward to assisting you!

The Guysborough County Careers Nova Scotia Centre can assist you in making your career and educational decisions. Through a one-on-one session, you will gain information on what employment opportunities are available and will be provided with up to date labour market information. You can create or update your resume and cover letter and apply for jobs. We offer information on educational opportunities and provide assistance with funding applications for Employment Nova Scotia programs

Please contact Dorothy Bennett or Kim Avery at 1-888-533-1906, for all your employment and career decision needs

St. Mary's Fitness Centre Hours

Effective May 1, 2014 to June 30th, 2014

Day of the Week	Time
Monday	3pm – 8pm
Tuesday	3pm – 8pm
Wednesday	3pm – 8pm
Thursday	3pm – 8pm
Friday	6am – 10:45am
Saturday & Sunday	CLOSED

APRIL IS CANCER MONTH – We are letting people know that during the month of April canvassers will be out collecting. The following areas still require canvassers: Goshen and Ecum Secum

Daffodils will be available for sale for \$8 a bunch on Monday, April 7 at Sherbrooke Village. If you would like to purchase daffodils or can help canvass in the Goshen or Ecum Secum areas please call Alice at 522-2518 or Ola at 522-2046."





On Saturday May 10th the St Mary's District Lions Club will be hosting the **2nd Annual Walkathon for the St Mary's Memorial Hospital** and we are looking forward to another successful event this year. We were very pleased to have such wonderful support for our project last year with over fifty walkers taking part and raising approximately \$6,400.00 for our local hospital.

Attached to this newsletter is your pledge sheet and extras are available at hospital and the municipal office. Come out and support this very worthwhile community event. We are looking forward to seeing you.

Department of Natural Resources

Full Day conference for professionals and woodland owners. Saturday April 5th at St. Mary's Lions Club, Sherbrooke
Registration starts at 8:30am – Conference runs from 9am-4pm. Fee \$25.00 includes receipt, home cooked meal and breaks. Pre register by calling 1-855-624-6670 and win one of two free entries for the day. Power Saw Door Prize to be drawn for at the end of the day. Come see the OX TRAC Demo.



Sherbrooke Library Chat Line

Has it been a while since you have been to your library? Come in and see what is available for your listening and reading pleasure.

In addition to children, youth and adult fiction and non-fiction there are LARGE PRINT books, DVD movies, CD's with music, with fiction and non-fiction and Play Aways. The stories can be read or can be listened to, can be downloaded to your ipad or e-reader. There are puzzles and magazines to borrow. We have Ancestry.com, a library edition, which is wonderful for searching your roots. Quick introductions as well as in-depth workshops for using Ancestry can be arranged.

Meditation Class – Tuesday from 11am-noon. Learn how to meditate followed by a short practice. Feel the peace and calmness. Newcomers are welcome to join.

Village Readers' Book Club – The first Friday in the month, April 4th at 11am. Come tell us about one of the books that you have read or are reading.

Seniors Café – Fridays at 9:30am. Join us for a snack, conversation, have a game of scrabble, check out your books and use the computers.

On Friday, April 11th from 9:30 – 10:30, Ruth Legge will be showing slides of her recent trip to Loas and Cambodia. All are welcome to join us.

Story Time – A new story in a bag is now ready.

Library Hours:

Monday, Tuesday, Thursday: 11am-4pm
Friday: 9:30am-2:30pm Saturday 10am-1pm

Spring Greetings from High-Crest!

We have many residents with birthdays in April:

- Marion Rudolph April 5th
- Irene Hodder April 8th
- John Bennett April 11th
- Cecilia Grace April 12th
- Harvey Scott April 24th
- Hilda Fitzgerald April 25th
- John A. MacDonnell April 27th



Wow! Happy Birthday Folks! We will celebrate on April 8th at 1:15, we will play bingo, sing some old songs and enjoy each others company and cake and ice cream as well!

Thank you to anyone who recently made donations on behalf of a loved one who has passed away, all donations will be used to improve the lives of our residents. Thank you for all donations on hand made lap blankets; they are being put to good use, to keep away the chills on this very long and tedious winter! Happy Easter to all!

Saint John's Liscomb Cemetery Society

The Annual Meeting will be held at 7pm, Tuesday April 8th at the home of Rachel Baker, 484 Little Liscomb Road. Please mark this on your calendar and plan to attend so we can continue to arrange for the ongoing care and maintenance of our community cemetery. We are always happy to welcome new members! 2014 dues of \$10 per person are now due and can be paid at that time or given/sent to Rachel Baker, Treasurer. For further information, please call Ruth Legge (779-2931) or Rachel Baker (779-2062)

Stillwater Community Centre

Stillwater Community Centre auction forty-fives (45s) card parties will resume on Friday, 4th April at 8:00pm with a light lunch being served. They will continue every Friday for the months of April, May, and June; excluding Good Friday. A Gift Certificate for \$25.00 will be drawn as a special prize on opening night.

For Hall bookings call Colin Coady at 522-2995



There will be an **ATV Club** meeting on Thursday, April 10th at 6pm in the United Church basement in Sherbrooke. All welcome!

Homemade Beans & Fishcakes Supper

April 26th at Port Bickerton Community Ctr

Time: 4-6pm

Adults: \$10.00, Children under 12 \$5.00

Tea, Coffee, and Dessert – Everyone Welcome

Sponsored by: St. Paul's Willing Workers



Join us at the Sherbrooke Village Information Centre, Building #1 on Tuesdays and Thursdays from 1 to 2:30 pm for a wagon ride. Please call to confirm availability 522-2400 or 1-888-743-7845.

ROYAL CAN. LEGION BR. #86 LISCOMB

Next general meeting will be held on Tuesday, April 1
Please take time to attend and support your legion

ACTIVITIES:

AUCTION 45's – Thursdays at 8pm \$5

CRIBBAGE – Saturdays at 8pm \$5

Chase the Ace: Thursdays 5:30 -6:45

Winning ticket holder of the weekly 50/50 draw will cut the deck in hopes of revealing The ACE OF SPADES and winning the JACKPOT. Every week the Jackpot grows and the deck decreases by one card until the Ace of Spades is revealed. Ticket draw at 7pm Lottery # AGD-100469-14

PRIZE BINGO: -Sunday April 6 at Liscomb Legion 2- 4pm
Lots of great prizes and draws

Thank You Note: The annual ATV Rally was a huge success due only to all the donations, volunteers and participants. Thank you to all that gave their time and efforts to make the rally and dance the great fund raiser that it was.

Liscomb Fire Department Training Day is Monday April 21st, at 6:30pm and regular meeting on Monday April 28th, at 6:30pm

PORT BICKERTON SOCIAL DAYS

March 26.... 1pm to 4pm [light refreshments]

April 9 10am to 3pm [with hot lunch being served]

Our SOCIAL DAYS have been very successful and are now winding down. Hope you have enjoyed these times and that we will be able to continue in the fall. With the support of the St. Mary's Rec. Dept. and the Community this will be possible. Let us know how you feel / if you would like to see them continue in the Fall.

PORT BICKERTON WOMEN'S INSTITUTE NEWS

Our next monthly meeting will be on Thursday, April 3rd at 7pm at the Community Centre.

Topics on the Agenda: April is Cancer Month [could be a speaker on that subject], Our Quilt Project
The SPRING RALLY [to be held in Bickerton, in April]
Success of the Social Days...

Join us and share some of your ideas.... Friends are always WELCOME.

Goshen Community Centre

Beanland is coming... April 5th time TBA

Game Day Wednesdays at 1pm

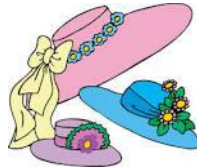
Crib Sundays New Time 7:30pm

Easter Tea April 19th from 2 – 4pm

A chance to wear your Spring Bonnet and fill your Easter Basket

\$5 Adults, \$2 Children

Fancy Tea and lots of giveaways



Turkey Supper will be May 31st from 4:30-6pm

Includes homemade dessert

\$12 Adults, \$4 Children under 12

Thank you for the bottle donations – the shed has now been emptied and ready for more!

Chinese Buffet Supper

Saturday April 12th, 2014

From 4 – 6pm

East River St. Mary's Fire Hall

Prices: \$12 Adults, \$5 Students, \$3 ages 5-12

Takeouts available call 833-2450

Everyone Welcome

Sponsored by: Kirk UCW members



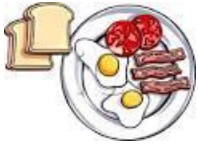
St. Mary's District Food Bank

If you are in need of assistance (on-going or emergency basis), or would like information about the Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes for donations of non-perishable food items are located in Sherbrooke at St. Mary's Hospital and the Clover Farm. We would appreciate if donors would check to make sure food items are not outdated.

In a typical month, the food bank could provide food assistance to upwards of 24 adults and 19 children. While the number of clients can vary from month to month, the need is ongoing. Food Bank assistance is delivered by volunteers on a once a month basis, or as needed, in emergencies, and is intended to provide supplemental support to those in need.

Country Harbour Gun Club

Penny Auction, Cake Walk , Lunch and Door Prizes
Saturday April 12th from 12-2pm
Proceeds to Anglican Church
Admission \$7



Country Breakfast
Saturday April 19th
8:30 – 10am

Adults \$7 and Children \$3

Zumba Penny Auction

Cake Walk and 50/50
Sunday April 13th at 2pm at the Sherbrooke Lions Hall
FUN FOR ALL AGES, Great prizes Zumba/Jockey Clothing



St. John's United Church

will hold a Roast Beef supper
on Saturday, May 3 from 4:30pm – 6:00pm
at the Lions Hall in Sherbrooke
Adults \$10 children \$5

Trying to Take Off Pounds, but looking for that extra support?

The newly formed TOPS will be held every Wednesday at 6pm at the **Country Harbour Community Centre**. NEW MEMBERS WELCOME! For more information, contact Maxine Murphy at 328-2945 or just show up!

T.O.P.S. #5098 LISCOMB WILL RETURN TO SUMMER MEETING TIMES BEGINNING APRIL 1, 2014.

WEIGH IN 6:00 - 6:30 P.M. MEETINGS 6:30 - 7:30 P.M.
ALL ARE WELCOMED. FOR MORE INFORMATION,
PLEASE CONTACT MARYLOU COLE AT 347-2285 OR
DEBBIE BAKER AT 779-2255

St. Mary's Minor Hockey Annual General meeting will be held Thursday April 24th, at 7pm at Municipal Office. Any community members interested in being involved in the executive are welcome to attend.

We will hold a bottle drive on Canada Day. There will be a designated drop off spot in the Village on the day of Canada Day Celebrations. Please remember to save your bottles for this worthy cause.

St. Mary's Minor Hockey will have their **skills competition on Sunday March 30th at 1pm**, come out and enjoy cheering on our Coyotes as they compete in various hockey skills. New and old jerseys and socks are to be returned on this day before players are allowed to compete in the competition.

Banquet will be held on **April 5th, at 6pm** at the IHL Community Centre with pizza and cake

Thank You

The family of the late Bob Breen extend heartfelt thanks to all family, friends and neighbours for their kindness and support during this difficult time. Thank you for all the cards, phone calls, on-line condolences, visits, and food and memorial donations. We send our gratitude and appreciation to the staff of St. Mary's hospital and Reverend for comforting service. Special thanks to organist and pallbearers, and funeral home. You will all be remembered in our hearts. Verna, Cheryl, Gary, Cindy and families

Thank You

With sincere appreciation I would like to thank my family and friends for the visits, cards, flowers and treats during my stays in hospital. I will always remember your kindness, Verna Breen

Thank You

We the family of the late Henry Tibbo wish you thank everyone for all their acts of kindness during his illness and passing. We were overwhelmed by the love and support we received during this difficult time of our lives. Thank you so much for all of those who traveled for the visitation and funeral, the food delivered by family and friends, cards, messages, visits, donations, flowers and comfort. We would like to express our sincere gratitude to staff of St. Mary's hospital for their excellent care. Words cannot express how thankful we are for everything you did for Henry as well as our family. Sincerely, Sharon, Shawn, Trevor, Stacy and families.

The Ecum Secum Fun Days will be held on August 9th & 10th, 2014. Information on the activities will follow. All proceeds to the Fire Department.



Fishermen's Service

Sunday, April 6th, 3:00 PM
Port Hillford Baptist Church
#2763 Highway 211

Please join us for special music, stories from the sea, and prayers for the safety of our fishermen. Followed by supper at IHL Community Center. All are welcome, especially fishermen/women, families and friends. Sponsored by the Baptist Congregation of Port Hillford, Port Bickerton, and Sonora. Pastor Norm Pearce (522-2087)

The first of April is the day we remember what we are the other 364 days of the year - Mark Twain

The Baptist Congregation of Port Hillford, Port Bickerton
and Sonora
(Members of the Convention of Atlantic Baptist
Churches)

We welcome you to our April worship services:

April 6, 3 PM – **Fishermen’s Service** at Port Hillford Baptist Church, followed by supper at Indian Harbour Lake Community Center.

April 13, 11 AM – Port Bickerton Baptist Church (Palm Sunday)

April 18, 11 AM – **Good Friday** Service at Port Hillford Baptist Church

April 20, 11 AM – Sonora Baptist Church (**Easter**)

April 27, 11 AM – Port Hillford Baptist Church

Tuesday evenings: ‘Through the Bible’ Study, 6:30 PM, call 522-2087 for location.

For further information, call 522-2087 or email hbs.baptist@ns.sympatico.ca (Rev. Norman Pearce)

Special Meetings with Evangelist Glen Weeks
When: April 3-6

Where: Bayview Baptist Church, Liscomb
Time: Thurs through Sat. Evenings At 7:00 P.M.
Sunday Morning at 9:30 A.M.
All are welcomed.

St. Mary’s Pastoral Charge
The United Church of Canada

Sunday Worship in April... 9:30am at Bethany in East River St. Mary's, 11:00am at St. John's in Sherbrooke, 7:00pm at Kirk in Glenelg (Hymn Sing at 6:45pm).

Maundy Thursday... April 17, 7pm combined service at Bethany in East River. “Getting to know Jesus better in the Upper Room.”

Good Friday... April 18, 7pm combined service at St. John’s in Sherbrooke. “Getting to know Jesus better at the cross.”

Easter Sunday... April 20 services at all three churches. “Getting to know Jesus better at the empty tomb.”

For more information... or to inquire about Sunday School, Youth Group or Bible Study, please phone our minister, Derek Elsworth, at 833-2920, visit us on facebook or our website at www.stmaryspastoralcharge.blogspot.com

Solid Waste Collection Schedule

<u>Tuesday</u> ZONE 1	<u>Wednesday</u> ZONE 2	<u>Thursday</u> ZONE 3
Mar 25 Garbage	Mar 26 Garbage	Mar 27 Garbage
April 1 Recyclables	April 2 Recyclables	April 3 Recyclables
April 8 Garbage	April 9 Garbage	April 10 Garbage
April 15 Recyclables	April 16 Recyclables	April 17 Recyclables
April 22 Garbage	April 23 Garbage	April 24 Garbage
April 29 Recyclables	April 30 Recyclables	May 1 Recyclables

ZONE 1:

New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill

ZONE 2:

East Loon Lake, Smithfield, Denver & Newtown, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive.

ZONE 3:

Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Minds Rd, to Waternish inclusive.

Garbage: Clear Bag – 8 bag limit for 2 weeks

Recyclables: Blue Bag – Unlimited

QUESTIONS? Call Eastern Shore Cartage at 1-800-261-0372

MacMillan’s Bottle Drive

8015 Hwy 7 Sherbrooke, Liquor Store Parking Lot:
Second and Fourth Saturday each month

Municipal Transfer Station

Hours of Operation Tuesday to Saturday from 9:00pm – 4:30pm

Regular Garbage (Clear Bag) tipping Fee \$1/bag,
No Recyclables accepted

No Charge for onsite services such as; Construction and Demolition Materials Waste Disposal, Household Hazardous Waste disposal, Metal & Appliance Disposal