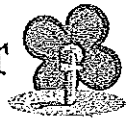




Municipality of the District of St. Mary's & St. Mary's Recreation

November 2014 Municipal Newsletter



www.saint-marys.ca [facebook.com/DistofStMarys](https://www.facebook.com/DistofStMarys)

The DEADLINE to have information submitted for the December issue is November 19th at 4:00 p.m. Submissions can be received by fax: 522-2309 or drop off at Office 8296 Highway #7 Sherbrooke or email: council@saint-marys.ca. Subject line must read NEWSLETTER SUBMISSION. Also please note that we reserve the right to edit any and all submissions to this newsletter.

REGULAR MEETING OF COUNCIL:

The next Regular Meeting of St. Mary's Municipal Council will be held on **Monday, November 10th 2014 at 7pm**, Council Chambers. The public is invited to attend and Agenda will be posted online. www.saint-marys.ca



Solid Waste Collection Schedule

Please note a limit of clear bags is 4/week (8 bags) with a 50lbs weight limit per bag and unlimited recyclables.

<u>Tuesday</u> ZONE 1	<u>Wednesday</u> ZONE 2	<u>Thursday</u> ZONE 3
Oct. 28 Recyclables & HEAVY HALL	Oct. 29 Recyclables & HEAVY HALL	Oct. 30 Recyclables & HEAVY HALL
Nov. 4 Garbage	Nov. 5 Garbage	Nov. 6 Garbage
Nov. 11 Recyclables	Nov. 12 Recyclables	Nov. 13 Recyclables
Nov. 18 Garbage	Nov. 19 Garbage	Nov. 20 Garbage
Nov. 25 Recyclables	Nov. 26 Recyclables	Nov. 27 Recyclables

Municipal Awareness Week Contest Winners:

Photo Contest 2014 Winners:

- 1st: Tracy Stuit – Fall Reflection Illuminated by the Sun
- 2nd: Rebecca Moore – Picking Wild Flowers
- 3rd: Helen B. MacDonald – Fall Foliage Reflection
- 4th: Amelia Wilson – Autumn at its Best

Essay Contest Winners from St. Mary's Academy; "Why I love where I live"

-please see inside for the winning essays

1st: Nicole Burns, Grade 10

2nd: Jordan Laing, Grade 10

3rd: Grace Baker, Grade 10

Honorable Mention: Logan Kennedy, Grade 9

St. Mary's Municipal Crossword Winners:

-please see inside for the answers

Winners with a Completely Correct Puzzle:

-Audrey Paterson & -Shirley Kaiser

Winners from a Crossword Participants Draw:

-Shelley Kaiser & -Reynold Stone

Thank-you very much to all those who took the time and participated in all of our contests throughout Municipal Awareness Week! It was great to see all the wonderful pictures, essays, stories and submissions!

Public Transit Service

As you are aware, the Municipality of St. Mary's had a Feasibility Study conducted in regards to the possibility of a public transit service of some kind in St. Mary's. It was determined that a transit service IS feasible based on need, however would only be successful due to our population size and distance if it were run majorly by Community Volunteers. St. Mary's Municipality is aware that transportation is a growing issue, especially with our aging population. The Municipality is interested in participating where possible; however it will require the strength of the Community to operate a successful service.

Currently there are approximately 12 members in the community who have expressed an interest to possibly participate in a Public Transit Board. In order to be successful the Transit Committee should be at least double that number, so there are enough volunteer representatives to be on call to maintain the service regularly, acquire operating funds, and drivers to service the areas.

As a note, there are funding opportunities as well available through the province towards a pilot project that can be applied for to help with initial start-up.

With all this in mind, the bottom line is, is this something that the citizens of St. Mary's are willing to take on? It certainly is doable and can be run successfully with the help of volunteers throughout the Municipality.

If you are interested in helping members of your community start this venture, please contact Christa Webber at christa.webber@saint-marys.ca or (902) 522-2432 by **November 14th**. We will look at having another meeting on a date that works with everyone following Nov. 14th. At this meeting if the numbers are there we will proceed, however if the numbers are too low, we will not proceed and this will be the last chance.

Small Business Week, October 19th-25th, 2014:

The St. Mary's Municipality's Warden, Council, and Staff would like to celebrate all local business owners throughout Small Business Week, and more importantly every day of the year. This year to celebrate we have compiled the attached St. Mary's Business Directory for your use. Local businesses help strengthen our community and economy, and for that reason and more we say thank-you to the businesses of St. Mary's.

St. Mary's Business Association:

The next meeting of the St. Mary's Business Association will be Wednesday, November 12th at 7pm in the Council Chambers. If you own a Business in St. Mary's, please feel free to attend and take part.

"The Christmas Bazaar"

The St. Barnabas Guild - Ecum Secum
Christmas Bazaar held at the Fire Hall
November 1, 2014 at 11:00 a.m. - 2:00 p.m.
Lunch will be available - homemade beans,
chili, goulash and corn chowder, biscuits, tea, coffee, or
juice. Price - \$7.00 - adults, \$ 4.00 - children. There will
also be a bake table and tickets on a Christmas basket.
Everyone Welcome

St. Mary's Shooters Association

Our final event of the year our grand finally goes
Sunday Nov 2 / 14, 9 am - 3 pm this is a good luck
shoot. 5 turkeys and 5 chickens for prizes. This wraps up
a 7 shoot season. Many thanks to all who made this
happen. John Day, President, SMSA

THANK YOU, THANK YOU, THANK YOU

The first annual "Harvest Family Picnic" was a huge
success.

Special thanks to all who attended and participated in
making the day so much fun.

Thank you to all who prepared or served the food,
entertained the children, played and sang, set up and
cleaned up after the picnic.

Thank you for donating toward the costs of the picnic.
After expenses were covered, a donation of \$300.00 was
made to the Sherbrooke Food Bank.

Look for an even better and bigger picnic for 2015 on
September 20.

Variety Choir Concert

The Catholic Parishes of Maryvale, St. Joseph's, St.
Patrick's and St.

Paul's have combined their choirs to host a special
concert at St. Paul's Catholic Church in Sherbrooke on
Sunday, Oct. 26th at 2 pm. A free will offering will be
taken and a reception will follow in the church
basement.

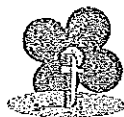
All are welcome!

Maple Manor

Bake Sale Every Friday

50th Wedding Anniversary Blair and Jeanne Kaiser

Michael, Selena, Jason and families invite you to
help celebrate their parents' 50th Wedding Anniversary
on November 22, 2014 2:00 to 4:00 p.m. at the Port
Bickerton Community Centre.



Remembrance Day Service

Sherbrooke will be held
at the Presbyterian Church in
Sherbrooke Village on Nov. 11 at 11am.

The Women's Institute over the years have presented
many resolutions to the provincial government on
various topics that were of concerns to our communities.
Some of the topics were: Safe Driver Education,
Pornography, Historic content in School Books, Highway
Safety, and Sex Education in classrooms, Homemaking
skills, Environmental concerns, Acid Rain, Spraying of
Pesticides, All - terrain Vehicles and Snowmobile Safety.
We are pleased that some of the resolutions have
helped to prompt the different governments into making
changes that have improved the lives of Nova Scotians.
Working for "Home and Country" for 101 years.
If this sounds like an organizations that you would like to
belong to contact the provincial WINS office in Truro for
the branch nearest you. 1-902-843-9467

Johnston Family Yard Sale

When: Saturday, November 29, 2014

Time: 9:00am - 2:00pm

Where: United Church Basement, Sherbrooke

What: Furniture, Christmas decorations, Household
items, Books, Knick Knacks and more!

AN INVITATION

The Saint Mary's District Women's' Institute will host a
CRAFTING WORKSHOP on Wednesday, November
5th, at Indian Harbour Lake Community Centre ,
beginning at 10:00 a.m.

An invitation is extended to all that would like to
participate. We will tie quilts for Women's shelters,
make finger puppets for children who have had blood
work done, and many other easy to do projects for
charity.

Bring your scissors, catch up with your friends and
neighbors and meet new friends.

A healthy luncheon will be served at noon.

For more information please contact Alice Hewitt, or
any W.I. member in your community.

*Thank you to family and friends for the food, phone
calls, flowers, cards and visits while I was
recovering from surgery. Your thoughtfulness will
always be remembered. CHERYL*

Raise the Roof... a gospel concert

Will be held at Kirk Memorial United Church,
Glenelg, on Saturday, November 8, 7pm. This will
feature various musicians, bands and gospel
groups, both local and not local. A free will offering
will be received in support of the St. Mary's
Pastoral Charge.

Thank You

The Port Hilford Women's Institute Branch would like
to thank volunteers who helped with maintenance of the
Port Hilford Community Center.



GALA
Adult Learning Programs
Start Date: September 2014 but you
can join any time.

Locations: Sherbrooke, Goshen,

Guysborough, Canso, Country Harbour, New Harbour

Topics Covered: Computer skills, Work ready skills, Improve
reading, writing and math skills, and GED preparation.

Cost: No charge. Books and materials are supplied.

Time: We will develop a personal schedule for you.

For More Information: call GALA at 533-4252

Hosted by Guysborough County Adult Learning
Association. Funded by Department of Labor & Advanced
Education

The Guysborough County Adult Learning Association
follows the Nova Scotia School for Adult Learning
Curriculum and offers programs for adults over 18. We can
help enhance work-related skills, build confidence for working
or volunteering, strengthen math, reading, writing, or
computer skills, and prepare for GED tests. GALA offers full
and part time programs, flexible schedules for shift and
seasonal workers, day and evening hours, on-line learning and
self-paced programs, in various locations throughout
Guysborough County. *We also help parents to create the best
possible learning environment for their children.* Call:
GALA Office 533-4252 Classes start soon. Join any time!

Glenelg Presbyterian Church

November 2nd 10:00 am Church Service

10:10 Sunday School

November 9th 10:00 am Church Service

November 16th 10:00 am Church Service special music
with Joy and Frank Cumminger

10:10 am Sunday School LUNCH TO FOLLOW THE
SERVICE THIS MORNING.

November 23rd 10:00 am Church Service

November 30th 10:00 am Church Service First Sunday

10:10 am Sunday School

Saturday November 22nd the Glenelg Presbyterian
Church will be having their Annual Christmas Sale and
Casserole Supper, from 4:00PM - 6:00PM. The cost,
Adults \$8.00 and Children 4:00. Hope to see you there.

Illegal or suspicious fishing activity?

Fisheries and Oceans Canada (DFO) reminds you that you can
report illegal fishing activity to one of your local Fishery
Officers by either calling the DFO office in Sherbrooke at 902-
522-2666 between 8:00am and 4:00pm, 1-800-565-1633
anytime, or Crime Stoppers at 1-800-222-TIPS (8477). Your
information is kept confidential and there is no need to give
any personal information. For more information or to
check fishing seasons go to [http://www.inter.dfo-
mpo.gc.ca/Maritimes/Home](http://www.inter.dfo-mpo.gc.ca/Maritimes/Home)

ROYAL CAN. LEGION BR. #86

LISCOMB

Next general meeting will be held on Tuesday November 4
Please take time to attend and support your legion

ACTIVITIES:

AUCTION 45's -- Thursdays at 8pm \$5

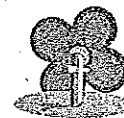
CRIBBAGE -- Saturdays at 8pm \$5

Chase the Ace: Many thanks to those that supported Chase
the Ace in Liscomb. Lawrence Mailman was the winner of
\$3880. Chase the Ace will start again in Liscomb in January

Haunted House: October 27, 28 and 29. Admiss. \$2 kids \$3
adults, 7 - 9pm with lots of freaky fun for everyone

Remembrance Day:

November 11- 9:30 church service at St Luke's
11 am - memorial service at Branch 86 Legion
Lunch to follow



Seniors Christmas Party:

November 28 2-4 pm. All are welcome to enjoy bingo or a
game of cards

Dinner will be served at 4pm

REMINDER:

Those wanting to order wreaths for Remembrance Day are
asked to contact Connie Nauffts at 902 779-2780

Legion Dues may be paid before or at Remembrance Day,
cards are now available

St. Mary's Minor Hockey News:

St. Mary's Minor Hockey hosted the second annual golf
tournament at Red Hill Golf course. It was a successful event
and fun was had by all. Minor hockey wishes to thank
participants, sponsors, organizers and Red Hill Golf Club. We
are already looking forward to next year tournament.
We are getting excited about putting our hockey teams on
the ice for the upcoming season. We are still offering free
registration for all first time players or if a current Coyote
recruits a friend to play; then they both receive free
registration. Even if you wanted to "test drive" for a few
weeks to see if your child is interested...you are more than
welcome. Second hand gear can be made available.
Regarding commitment for travel, carpooling is an option for
those who are unable to travel for every game.

Kids Sport applications must be in by October 31 for those
wishing to apply for funding to help offset hockey expenses.

Minor Hockey will be hosting a breakfast on November 30th
at the Lions Hall. Come out and support the Coyotes and
enjoy a delicious breakfast while socializing with your friends
and neighbors.

If you have any further questions about hockey please
contact David Jordan, our president or Tammy Cole, our
registrar.

Looking forward to seeing you all at the rink.....Go Coyotes.

Fall Greetings from High-Crest!

Residents celebrating birthdays this month are:

Dolores Kaiser	November 7th
Lois Wallace	November 8th
Garfield Cann	November 19th
Ida Mailman	November 27th
Catherine Gillis	November 28th

We will celebrate these birthdays on Friday November 14th at 1:15. We will play bingo, sing some old songs and enjoy each other company as well as cake and ice cream. Everyone is welcome!! We will be starting a new project soon, rug hooking!! If anyone has any old wool coats or fabric they would like to donate, we would love to have them, also rug hooks! Please drop them off or call me, Rhona at 902-522-2147, love to hear from you!

We have decided that our **Annual Christmas Tea & Sale** will be held on **Saturday Dec. 6th at 1:30**. Mark that date on your calendar!! Anyone wishing to make a donation to the Jumble/second hand/craft table can do so by dropping off or calling Rhona at 902-522-2147

Trick or Treaters remember to stop by the Nursing Home; we love to see you and we have really good treats!! Be Safe and Have fun!!

Chat Line for November 2014

Penny Bennett from Sonora will be launching her book "FOOTLOOSE IN AFRICA" at 10:00am on Friday, November 7. Penny has taught in several countries in Africa and draws on her experience for this most interesting book. Join us to help her celebrate this accomplishment.

Writers Group: Meets every second Thursday at 7:00pm in the library. Our meetings this month will be November 13th and the 27th. Everyone Welcome!

Meditation Class: Tuesdays from 11-noon. Learn how to meditate followed by a short practice. Feel the peace and calmness. Newcomers are welcome to join.

Village Readers' Book Club: The first Friday in the month-November 7th at 11am. Stay after Penny Bennett's book launch to tell us about an interesting book.

Senior's Café: Fridays at 9:30am. Join us for a snack, conversation, have a game of scrabble, check out our books, and use the computers.

Library Hours:

Monday, Tuesday, Thursday: 11am-4pm

Friday: 2.30am-4:00pm Saturday 10am-1pm

Indian Harbour Lake Pentecostal Church November Worship & Activities

Sunday, November 2nd, 9th, 16th & 23rd
11:00 am Morning Worship

Sunday, November 30th

11:00 am Life Story Sunday with

Special Guests: Rev. Kevin and Anne Marie Johnson

Sunday, November 16th

6:30 p.m. Praise & Prayer

Weekday Activities

Wednesday, November 5th, 12th & 19th.

7:00 p.m. Bible Study

"You'll get through this"

A Bible Study on the life of Joseph

Friday, November 7th & 21st

7:00 p.m. Youth Group (Ages 12 - 18)

At the parsonage

All are Welcome! For more information, contact Pastor Dave Connolly at 522-2759 or ihlpastordave@gmail.com

Goshen Community Centre Events

Saturday, Oct. 25th - Breakfast - 8:30am-10:00am

Adults: \$7.00 Children: \$3.00

Wednesday, Nov. 5th - Trivia - 7:30pm

Saturday, Nov 8th - Turkey Supper - 4:30pm - 6:00pm

Adults: \$12.00, Children: \$4.00, Takeout Available

Sunday, Nov. 9th - 2:00pm - Remembrance Week

Celebrations - Wreath Laid, Anyone wishing to lay a wreath is welcome. Lunch served.

Saturday, Nov 22nd - 7:00pm - Ladies Christmas

Outreach, Lunch served

Sunday, Nov 30th - Tree Lighting - 4:00pm-5:00pm-

Cassarole Supper, 5:00-5:30-Santa visit, 5:30-6:00-Tree lighting & caroling.

Saturday, Dec 6th - 7:30pm Christmas Concert & Bake Auction.

Centre Reminders: Game Day- each Wednesday

12:30pm

Bottle Drop-off is still being encouraged.

GUYSBOROUGH COUNTY CAREERS NOVA SCOTIA CENTRE

We are located in the St. Mary's Municipal Office Building and are open to the public every 2nd and 4th Wednesday. Our office dates for the month of November are: November 12th and November 26th, 2014. We look forward to assisting you!

The Guysborough County Careers Nova Scotia Centre can assist you in making your career and educational decisions. Through a one-on-one session, you will gain information on what employment opportunities are available and will be provided with up to date labor market information. You can create or update your resume and cover letter and apply for jobs. We offer information on educational opportunities and provide assistance with funding applications for Employment Nova Scotia programs.

Feature Program:

START

Are you unemployed and wanting to acquire skills to assist you to gain employment? Are you an employer looking for someone suitable to fill a position? Appropriate funding is available to assist with the initial hiring costs (partial wages, training, etc.)

The START program can be accessed from both the employer and the employee, with the primary goal of matching a suitable client with the best possible employer.

START Program will help businesses by matching them with unemployed Nova Scotia's and providing funding to help them through the initial hiring period (ex. individual wages, MERC, training costs, etc.).

Please contact Dorothy Bennett or Kim Avery at 1-888-533-1906, for all your employment and career decision needs.



CANADIAN RED CROSS

Red Cross Donation Bins will be placed on Main Street Sherbrooke and accepting donations and will be emptied

weekly. The following items are acceptable;

- ❖ Textiles: Clothing, sheets, blankets etc. (Textiles should be clean, but can be worn and torn)
- ❖ Shoes: Do not need to be a pair
- ❖ Purses/Bags
- ❖ Belts

BOOK FAIR

Hundreds of New Books

For Sale

BOOKS FOR ALL AGES

When: Nov. 13th Time: 6:00 – 7:30 Nov. 14th 9:00 – 12:00 & 12:30 – 3:00

Where: St. Mary's Education Centre/Academy Library

PORT BICKERTON LIGHT HOUSE

ROAST BEEF SUPPER

ONCE AGAIN OUR ANNUAL ROAST BEEF SUPPER WAS A HUGE SUCCESS. THANK YOU TO THOSE WHO DONATED FOOD AND TO THOSE WHO DONATED THEIR TIME TO ENSURE A DELICIOUS MEAL WAS SERVED. THANK YOU TO OUR COMMUNITY AND SURROUNDING AREA FOR YOUR ATTENDANCE, WE HOPE YOU ENJOYED YOUR MEAL.

NOVEMBER MEETING

OUR NOVEMBER MEETING WILL BE HELD ON *MONDAY NOVEMBER 24TH, AT THE PORT BICKERTON COMMUNITY CENTRE AT 7PM*—PLEASE PLAN TO ATTEND, COME SEE WHAT IDEAS WE HAVE AND SHARE SOME OF YOURS,---- WHAT WOULD YOU LIKE TO SEE AT THE LIGHTHOUSE? ----HOW CAN WE IMPROVE THE AREA?—COME OUT AND TELL US—IF YOU HAVEN'T ALREADY TOURED THE ARTIST RETREAT, PERHAPS IT'S TIME YOU DID,, IT WAS SUCCESSFUL THIS YEAR AND INQUIRIES ARE ALREADY BEING MADE FOR NEXT YEAR—SOMEONE ON THE COMMITTEE WILL BE GLAD TO SHOW YOU THROUGH---- EVERYONE WELCOME—HOPE TO SEE YOU NOV 24TH AT 7PM

St. Mary's and District Fireman's Association

A huge **THANK YOU** to all our "Fireman's Picnic" Fundraiser Supporters! The picnic was a great success! Thank you so much to all of those who volunteered and their time, donated items and attended our "Fireman's Picnic". We couldn't have had such a wonderful event without your support

St. John's Anglican Church Christmas Bazaar

St. John's Church Hall

Necum Teuch

Nov. 8th, 2014

9am-1pm

Bake Table, Sale Items, Tree Ornaments

Hot Lunch

Port Bickerton Women's Institute News:

Next Meeting: Monday, Nov.3 @ 1:00pm; at the Community Centre.

[Please note the change of time and day]

Lot's of activities and events being planned... Christmas and Winter Activities are being planned

Come out and check us out and bring your IDEAS...

Visitors are always Welcome...

Note: We have moved to Monday afternoon meetings;

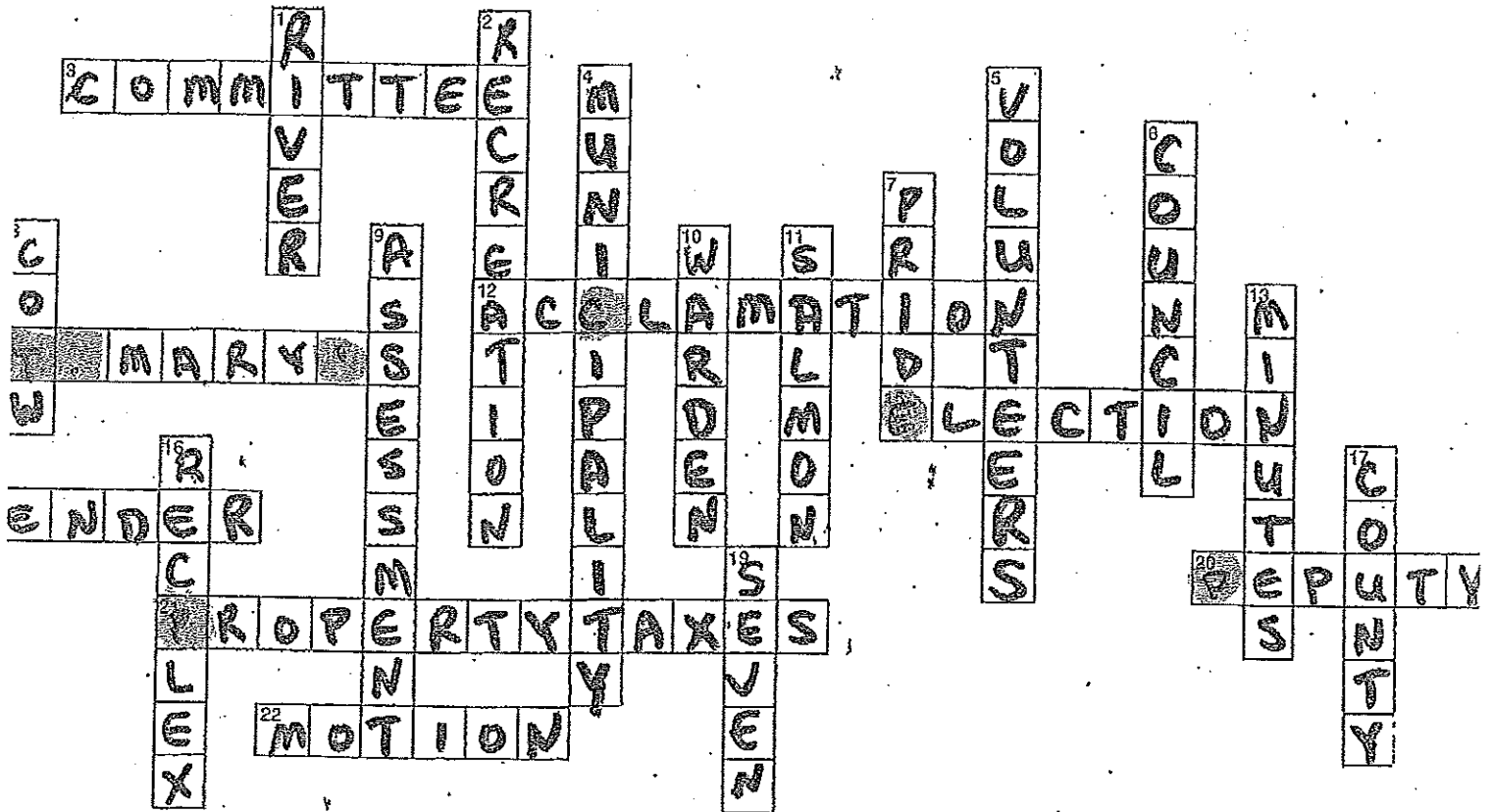
If you are interested in joining us, but afternoons are

not good for you – PLEASE contact a member and we

will see if other arrangements can be made... We would

like to include everyone

St. Mary's Municipal Crossword
 Celebrating Municipal Awareness Week
 October 20-26, 2014



ACROSS

- 3. Group of persons for a cause
- 12. Unanimous, Without Count
- 14. Incorporated April 17, 1879
- 15. Opportunity of choice
- 18. A Formal bid
- 20. Assistant, Substitute to another
- 21. Municipal Revenue (two words)
- 22. Expression of wishes of Council submitted for consideration

DOWN cont'd

- 2. Pastime
- 4. Local area with its own government
- 5. A vital part of the community, Provides service willingly without pay
- 6. Legislative body of a Municipality
- 7. Hold in high esteem
- 8. Committee of the Whole
- 9. Analysis, Value of Property
- 10. Represent the Municipality and provides leadership to Council
- 11. Another form of pink. Can be found in #1 down
- 13. Official Record, Measure of time
- 16. Local Seasonal Facility
- 17. Administrative division of a province
- 19. Number of Local Districts/Councillors

DOWN

- 1. Ours is one of the longest in NS. It is know by its habitant #11 down

Submit completed copy of this crossword to the Municipal Office in person, by mail, by fax, or by email by Monday, October 20th. Those with a completely correct puzzle will be entered in draw at random for prizes. Draw will take place Tuesday, October 21st. Municipal Staff are not permitted to enter. 8296 Hwy #7, PO Box 296 Sherbrooke NS, B0J 3C0.

Fax: (902) 522-2309. Email: christa.webber@saint-marys.ca

St. Mary's Academy Essay Contest Winners: "Why I Love Where I Live"

My Community

by: Nicole Burns, Grade 10

First Place

Home. It is a simple four letter word, yet has such a deep meaning. It is a place like no other. A place you love, a place you cannot wait to get back to. Home is where the heart is. That is why I love living in Sonora. The scenery and wildlife, the peacefulness as well as the opportunities for sports and activities close by are endless.

One of the reasons I love where I live is the scenery and wildlife all around. I love being able to look out my bedroom window and see the river sparkling from the sun hitting it's surface. Driving on 4-wheelers at anytime of the year and marvelling at the beauty of creation surrounding me. The reflection of stunning colors of the trees on the water during Autumn, to glistening snow hanging off of the trees in the Winter are just a few things that I find are outstanding in Sonora. I love being able to see wildlife right outside my door or seeing them in the woods, sometimes even on the roads. Hearing the sudden howls of coyotes in the night are just a few things I admire about the wildlife in my community.

My second reason as of why I love living in my area is because of the peacefulness. When I want to be alone or I need a place to think, I walk across the road and sit on a rock on the riverside. An advantage of living in a tiny place is that you know everyone and everyone knows you, which makes the atmosphere to me much more peaceful and welcoming. When you have a tiny amount of people living in your community, cars are not passing as often and having the sound of stillness in the air is calming. Living right beside the ocean definitely has it's bonuses. On a windy day just being by the water, watching and hearing the waves crash against the sand and go and do the same thing again is something that I feel so grateful to be able to live so close to such an amazing view to see.

My third point explaining why I love where I live is that we are blessed to be living close enough to be held under the St. Mary's Municipality and to have such great opportunities to be apart of sports and activities within their doing. Holding day camps all summer long for children to attend in their communities or close by areas is something I took advantage of to being involved around where I live while I was younger. There are hockey teams for different age groups for boys and girls to get into, a volleyball program for girls to join in on, girl guides, trailblazers, open gym. The list of opportunities goes on and on. Also in a small community, the openness for us to just get out and enjoy ourselves right outside our door is there. We have all the space anyone could ever need to just get up and do something active. Once again, things that I will cherish forever.

So, do I really call Sonora home? I can gladly say that Sonora is my home and I am proud of it. We may be a tiny area, but living here makes us who we are today and for that I am thankful. I love being able go out and see the wildlife, the gorgeous scenery, the peacefulness of it all, and knowing the opportunity to get out and do something is there makes me ecstatic. Although at times I think that I cannot wait to get out of this place, I know that there is no other place in the world that could come close to compare to what I call home here in Sonora. The people I've met, the memories made are things that will last a lifetime and more and to me, that is something that I would never want to miss out on or ever forget.

My Community

by: Jordan Laing, Grade 10

Second Place

Waking up every morning to the glorious sound of a chickadees' song or the smell of clean, fresh seeping through my window is something I am very thankful for. There are not many beings in this world that have that same unique advantage in their community. Although the area may be petite, the variety of entertainment and convenience will fool you immensely. The Municipality of St. Mary's is the absolute best place to live in because of its remarkable surroundings, engaging recreation activity and its large population of friendly folk. I could not imagine being brought up anywhere else.

Most towns or cities are overruled by distractions such as angry sirens, long traffic lines, and litter that can easily take your eyes off the scenery. Luckily, the beautiful and peaceful community of Sherbrooke lacks all three. Maybe it's the way the long St. Mary's River sparkles and glitters as the sunlight hits the channel. It could easily be the breathtaking view of the annual old fashioned Christmas décor, or one of the Birchwood trails. It doesn't matter which spot you choose to visit, all areas of St. Mary's will surely catch your eye in some memorable ways.

The Municipality of St. Mary's has always had a large variety of recreational activities. From biking in one of our several trails in the summer, to skating on one of our many lakes in the winter, there is always a gracious amount to do. Being able to easily go from one activity at the rink to something at the gym or fitness center in a matter of seconds. That is what I love most about the municipality. I doesn't matter how old you are, or how young, there is always some type of activity that will satisfy you.

One of the strongest benefits of living in my community is that there are not bad eggs. Everyone has a taste of friendliness. The comfort and warming feeling of constant waving, support, and the occasional hug and squeeze is irreplaceable. Living in a community where everyone is treated equally with an enormous amount of respect is something that I can add as to why I am

proud of my community. It doesn't matter if it is at a banquet, wedding or benefit concert everyone comes together as a whole and chips in.

It is impossible to replace my strong, loving memories of my municipality. As they increase throughout the years, I will continue to gain more and more love for my community filled with beautiful scenery, friendly folk, and recreational activity. It is very rare to have such a genuine community and I seemed to have lucked out. I wouldn't change where I live for anything in the world.

Where I Live

by: Grace Baker, Grade 10

Third Place

Maybe it's the sunrises I wake up to every morning, or the animals that run through my yard every day. Maybe it's the sound of the waves crashing against the shore during a storm, or the quiet walks on the beach. Maybe it's what makes me happy; the fall colours that thrive all around me. I can't quite put my finger on what I love most about where I live. The scenery and wildlife, the recreation, and the small population are all contributing factors as to why the community of Liscomb, and [within] the Municipality of St. Mary's, is such a great place to call home.

I'm sure many would agree that autumn is a beautiful season, and it's no secret that the scenery and wildlife of St. Mary's flourishes this time of year. With the various colours throughout the municipality, you can't help but beam about calling this painted landscape home. However, fall is not the only time of year that the view is nice. By residing in the community of Liscomb, it means living on the water, and getting to wake up each morning to a picture-worthy sunrise. The winter is no different, the cold weather and snow-covered countryside make for a wonderful walk down the road. All seasons in St. Mary's are beautiful in one way or another. The wildlife is never at rest here, even in the winter. The animals that don't hibernate are just as active. Seeing little critters run through my yard as often as possible brings a smile to my face because of how cute they are (although I'm sure those who have fallen victim to the raccoons will disagree). The nature around here is something that I will always adore.

Our municipality is fortunate to have such a great recreation. Between the engaging activities and an excellent staff, the program has a major hand in the physical activity of the members of the surrounding communities, especially in the youth. Recreation soccer and the Canskate program was what opened me up to sports and now I love them. The recreation gets more of a variety of activities each year, and never have I seen a worker that hasn't been great with the participants. It's a spectacular program that works well in keeping everyone involved.

The small population of our municipality and communities makes for a friendly environment. The small population expands into the school, and it results in a very close-knit atmosphere. In both cases, everyone knows everyone, and makes for closer friendships; in both companionship and distance. Knowing your neighbours well also creates a laid-back, sociable life where you live. Small populations can lead to great community spirit, which is one of many things all the communities in the municipality share.

Whenever someone asks where I'm from, nobody ever knows where I'm talking about in my response- but that's their loss. To come from a small but content community makes me proud. I love representing my school as well as my community and others in extra-curricular events.

If anyone enjoys beautiful scenery, great recreation and a chance to get involved with the community, or small, content communities, I recommend coming to the Municipality of St. Mary's, shacking up, and living out your life.

Why I Love Where I Live

by: Logan Kennedy, Grade 9

Honorable Mention

Do you love where you live? Well I certainly do! Where I live is full of great Scenery, great people and a great community! Yep, you guessed it I live in St. Mary's! St. Mary's is a great place, I love it!

St. Mary's scenery is jaw dropping! When I look out my window in the morning I see the beautiful fall colors, the big rolling hills and the St. Mary's River. Oh the colors are some of the best I have ever seen! If you're looking for a place to visit St. Mary's is the place for you!

The people in St. Mary's are some of the nicest people you will ever meet. They are very helpful, caring, and kind. If you're travelling you can ask them anything whether it's directions or just a friendly conversation. People here know what they're doing whether it's changing a tire or...well, anything really! The people of St. Mary's are always there to help!

In St. Mary's there are a lot of events to benefit people in the community itself. The community is full of community spirit with annual Canada Day and Christmas tree lighting ceremony's. St. Mary's is a kind community, it gets a lot of tourists that are treated with respect! They always seem to want to come back! The community is just incredible!

I love St. Mary's it is a great place! It is a perfect place to live, travel, and play! I highly suggest you take a trip to St. Mary's!

Senior Fun Days

St. Mary's Recreation is in the beginning stages of planning Senior Fun Days in communities around the municipality throughout the winter and spring. We are looking for ideas and feedback from anyone who would attend these events. If you have a suggested program, activity or special event please let us know! Stay tuned for details on these Fun Days in the coming newsletters.

Low-intensity exercise in Greenfield!

Join us Tuesday's at 1:00 p.m. (prior to cards) at the Greenfield Oldsters Club for a low impact fitness class. This is a great way to get active before card parties and feel awake and ready to play some hands. This is a free program; see you there.

Painting in Sherbrooke



Join instructor Karen Warner for a painting class in Sherbrooke at the Community Room in the Maple Manor on Monday's from 11-1. All are invited to attend, just bring your paint brush and get ready to make a masterpiece!

Greenfield Painting Program

Please join us for a painting program at the Greenfield Oldsters Club. This program will run every Wednesday from 1:00 to 3:00 p.m. This is a free program, and participants only need to bring acrylic style paint brushes with them.

Sherbrooke Zumba – New days!

Sherbrooke Zumba is underway at St. Mary's Education Centre/Academy! Instructor Maria Tate will be leading a special Zumba Toning/Sentao Class on Monday's and regular Zumba on Wednesday's! It's not too late to get in on the fun! 6 class punch cards available for \$36 and can be purchased at the municipal building.



Equipment Loan Out Program

The St. Mary's Recreation Department has a variety of recreational equipment available for your use at little to no cost. For more information please contact us or stop by the municipal building for an equipment loan out sheet!

Equipment	Rental Fee	Total	Full Week	Deposit
Snow Shoes	\$3	\$3.45	N/A	\$20
Skates	Free	Free	N/A	\$20
GPS Unit	Free	Free	N/A	\$10
Sporting Equip.	Free	Free	N/A	\$20
Kayak	\$20	\$23	\$115	\$50

St. Mary's Fitness Centre

The St. Mary's Fitness Centre is open and we are waiting for you to come join our team! New memberships are available for purchase!

The St. Mary's Fitness Centre is looking for volunteers to open the facility during select morning hours to allow for more access to the facility. If you are interested in volunteering, ask Tara at the facility for more info and an application form. Please note volunteers are not able to work out in the facility alone.

2014/15 Schedule (please note, this is subject to change)

Monday	Move It Monday: 9:00-10:00am Regular Hours: 2:30-8:00pm
Tuesday	Regular Hours: 2:30-8:00pm Boot Camp: 6:30 p.m.
Wednesday	Wake up Wednesday: 9:00-10:00am Regular Hours: 2:30-8:00pm
Thursday	Regular Hours: 2:30-8:00pm Boot Camp: 6:30 p.m.
Friday	Regular Hours: 7:00-10:00am

Move it Monday

St. Mary's Recreation offers a low-medium intensity exercise class every Monday morning from 9:00-10:00 a.m. at the Fitness Centre. This class is free for members and only \$2 for a drop-in!

Wake up Wednesdays!

Looking for a new way to increase your energy throughout the day? We have the answer for you! Join us Wednesday mornings from 9:00-10:00am at the St. Mary's Fitness Centre. This class is free for members and only \$2 for a drop in!

Lose your Booty Boot Camp

Join us for Lose Your Booty Boot Camp every Tuesday and Thursday at 6:30-7:30 p.m. This class is a 60 minute circuit style work out that will have you sweating away those unwanted calories!

Contact St. Mary's Recreation!

If you would like information or registration forms for any recreation program or would like to request a new program, get in touch with us! You can call us at 522-2598 or email Kerri Penney, Recreation Coordinator at kerri.penney@saint-marys.ca

Calling All Girls

It's all about you Wednesday, November 5th! There will be a **free** lunch held at St. Mary's Education Center/Academy for all girls in grades 7-12. We look forward to seeing YOU to discuss new programming ideas for the remainder of the year. Come out, bring your friends, and enjoy lunch on us while you tell us what YOU want to do! All options will be explored and nothing is off limits! A specific location will be announced early in the first week of November. Hope to see all you ladies there!

Kid Sport

Did you know you qualifying families could receive up to \$500.00 in funding for registration fees and equipment associated with sport through Nova Scotia Kid Sport? Submit an application today so your child can take part in sport. Applications can be found at:

www.kidsportcanada.ca/nova-scotia/guysborough/

Completed applications can be submitted to St. Mary's Recreation today.

Get more information by visiting:

www.kidsportcanada.ca



Canadian Tire Jump Start

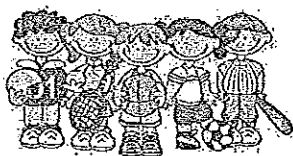


Jumpstart
Giving kids a head start.

The goal of the Canadian Tire Jumpstart program is to ensure that all children have the opportunity to participate in recreational sport by providing financial assistance to qualifying families with children ages 4 to 18. If you would like to submit an application please contact us for more information.

Open Gym is back at St. Mary's Education Centre/Academy!

St. Mary's Recreation is pleased to offer open gym each Tuesday and Thursday evening from 6:30-7:30 pm in the gym at St. Mary's Education Centre/Academy. This is a supervised program from children in grades Primary-12. Please note, only school aged children are able to attend this program, parents of participants are invited to attend as well. Ice hockey sticks are NOT permitted on the gym floor. As well, we ask that all participants please respect equipment.



Guysborough County Older Adult Games

The Guysborough County Older Adult Games Committee is looking for donations of past medals and/or trophies to go towards next year's event. If you have a box full of old medals sitting in the attic or basement, we would love to take them off your hands. Anyone interested can drop items off at the Municipal Building. Also, keep your eye out for information on an event fundraiser in the near future. Thank you and see you in 2015!



Highland Connect

Are you looking for something fun to do in the Highland Region? Find all the information you need in one place. Highland Connect is dedicated to providing information about sport, recreation and physical activity for Antigonish, Guysborough and Pictou Counties. It will enable individuals, groups and families to better navigate sport, recreation and physical activity opportunities across the Region. Get connected to a healthier lifestyle by visiting www.highlandconnect.ca. Check us out on Facebook by searching "Highland Connect"



Volunteer Opportunity Directory

St. Mary's Recreation would like to help connect Non-profit organizations with volunteers in our municipality. We would like to develop a list that we can promote on our website and Facebook with all of the available volunteer positions in the municipality. If you are looking to fill a specific spot, or just looking for a one time volunteer, send it our way and we will spread the word! Send your volunteer opportunities to kerri.penney@saint-marys.ca to be included in our new Volunteer Opportunity Director. Volunteering is a great way to meet new people, gain experience and feel good about helping your community.



Instructors/Leaders Wanted

St. Mary's Recreation is always looking for ways to offer new and exciting programs. If you have special skills, hobbies or knowledge, we would love to hear from you. You may be the key to offering a new program in your community. Get in touch with us if you would be interested in instructing or leading a new or existing program here in St. Mary's. Hope to hear from you soon!

1st Annual St. Marys Girl Guides

Toy Drive



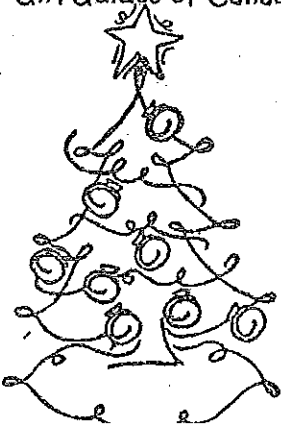
Toy Drive Weekend:
November 29-30

At the Glenhill Berry Farms
Annual Holiday Sale!

The Pathfinders will be on hand to
accept donations answer questions
and talk to those interested in what
they have to say about poverty in
Nova Scotia and our Community!



Toy Drive Proudly Supported by:
Royal Canadian Mounted Police
Saint Mary's Education Center
and Academy
Glenhill Berry Farm
Girl Guides of Canada



Who Are We:
Pathfinder and Guide Unit

Why should you help us:
To support children in our
Community who are in need!

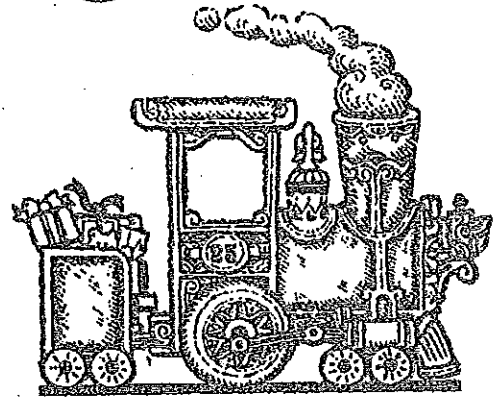
When will the Toy Drive
Be held:
Nov. 1st-Dec. 3rd 2014

What are we looking for:
Unwrapped New Toys
Or Money Donations

Where can I donate:
Donation Boxes at the
Sherbrooke Municipal Office
and St. Mary's Education
Center and Academy

How can I make a difference:
Only with community
Involvement are we going to be
Able to make this event a
Success and support those
Less fortunate in our
Community

For more information, questions, or
how to get involved please contact:
Pathfinder Leader Kaytland Smith
(902)833-2039



The local RCMP has also
Graciously offered to do
Donation pickup
Contact: (902)522-2938



1 in every 10 children
Will go with out a gift
This Holiday Season.
YOU can change that!



All Donations will stay in community.
Which means that a child in your
local neighbor could have a very
Merry Christmas because of you!





GALA

Adult Learning Programs

Start Date: September 2014 but you can join any time.

Locations: Sherbrooke, Goshen, Guysborough, Canso, Country Harbour, New Harbour

Topics Covered: Computer skills, Work ready skills, Improve reading, writing and math skills, and GED preparation.

Cost: No charge. Books and materials are supplied.

Time: We will develop a personal schedule for you.

For More Information: call GALA at 533-4252

Hosted by Guysborough County Adult Learning Association. Funded by Department of Labour & Advanced Education



Sherbrooke Christmas Festival Schedule - 2014



FRIDAY, NOVEMBER 28th

4-9:00 pm Sherbrooke Village Company Store - Open

5-8:00 pm Kris Kringle's Craft Market at the St. Mary's Education Centre/Academy Gym. \$1 Admission.

7-10:00 pm Christmas Tree Lighting and Candlelight procession beginning at Maple Manor and ending at the Sherbrooke RecPlex. Glow sticks and candles (\$2) will be available. Refreshments and a visit from Santa will be at the RecPlex along with Fireworks later in the evening.

8-10:00 pm Free family skate. Bring your own skates and helmets for the children are required. There are a limited number of skates available at the RecPlex.

7-10 pm Rolling Bricks Wood Fired Pizza outside the RecPlex.

SATURDAY, NOVEMBER 29th

8:30 am-11:00 pm Breakfast at the Lion's Hall – KIRK UCW \$8.

9 am- 2:00 pm Johnston Family Estate Yard Sale. St. John's United Church basement.

10 am-12:00 pm Workshop: Make & Take Cards & Tags. Limit of 12. Pre-registration required. \$15.

10 am-12:00 pm Workshop: Wreath-making. Limit of 10. Pre-registration required. \$12.

10 am- 4:00 pm Kris Kringle's Craft Market at the St. Mary's Education Centre/Academy Gym. \$1.00 Admission.

10:30 am – 5:00 pm - Sherbrooke Village Company Store - Open

10:30 am-12:00 pm Children's Story time and Craft workshop at Sherbrooke Library. Registration from 10:15 to 10:30. Ages 4 - 9. Maximum of 10 participants. Call 902-522-2180 to reserve a spot.

12 pm-2:00 pm Workshop: Knit – Felted slippers. Intermediate level. Must bring supplies. Limit of 6. Pre-registration required \$8.

2- 4:00 pm Workshop: Make & Take Cards & Tags. Limit 12. Pre-registration required. \$15.

7:00 pm Dinner Theatre with Harbour Players presenting "Pirates of Sherbrooke" at the Lion's Hall. Tickets available at the Sherbrooke Village Admin. Office. \$35.00 each. Cash bar. Age restricted to 19 years and over.

SUNDAY, NOVEMBER 30th

8:30 am-11:00 am Breakfast at the Lion's Hall. St. Mary's Minor Hockey \$8.

9:30 am-12:00 pm Christmas Jingle Run- Contact St. Mary's Recreation Department for more information at 902-522-2598. Register online at: <https://raceroster.com/events/2014/3151/1st-annual-old-fashion-christmas-jingle-run>


10 am- 12:00 pm Workshop: Realistic Paper Flower making. Limit of 6 - \$15. Pre-Registration required.

1:30 pm- 4:00 pm St. Mary's Recreation Department Family Christmas Party at the Lion's Hall. Free.

7:00 pm John Gracie concert- Lion's Hall 7:00 pm \$15. Tickets are available at the Sherbrooke Village Administration office or at the door.

Information and pre-registration at 902-522-2400 - unless otherwise stated

November 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Ecum Secum Christmas Bazaar 11 am Liscomb Crib 8pm
2 Good luck shoot 9am Goshen Crib 7pm	3 Move it Monday 9am Sherbrooke Painting 11am Maple Manor Handcraft Group 1pm Quilt Guild mtg 1:30pm PB W/ mtg. 130pm Sherbrooke Zumba 6pm St. Mary's Darts 7:30	4 Meditation 11am Just Us Girls Boot Camp 6:30pm Open Gym 6:30pm Liscomb Legion mtg	5 Wake-up Wednesday 9am W/ Craft Workshop 10am Girls Lunch Meeting Goshen Game Day 12:30pm Greenfield Painting 1pm Trail Blazers 2:30 pm Sherbrooke Zumba 6pm Goshen Trivia 7pm Lions BINGO 7:45pm	6 Just Us Girls Boot Camp 6:30pm Open Gym 6:30pm PB Chase the Ace 7pm Liscomb auction 8pm	7 Seniors Café 930am Penny Bennett Book Launch 10am Book Club 11am Maple Manor Bake Sale Country Hbr concert 7pm Jimmy Flynn Show 7pm Country Hbr Chase the Ace/crib 7:30pm Stillwater card play 8pm	8 Bottle Depot 930am Goshen Turkey Supper 4:30pm Gospel Concert 7pm Liscomb Crib 8pm Christmas Bazaar 9am-1pm
9 Goshen Remembrance celebrations 2pm Goshen Crib 7pm	10 Move it Monday 9am Sherbrooke Painting 11am Maple Manor Handcraft Group 1pm Quilt Guild mtg 1:30pm PB W/ mtg. 130pm Sherbrooke Zumba 6pm Council Mtg. 7pm St. Mary's Darts 7:30	11 Remembrance Day Lest We Forget Remembrance Church service 9:30am 	12 Wake-up Wednesday 9am Goshen Game Day 12:30pm Greenfield Painting 1pm Sherbrooke Zumba 6pm Lions BINGO 7:45pm	13 Just Us Girls Goshen youth group 6pm Book Fair 6pm Boot Camp 6:30pm Open Gym 6:30pm Writers group mtg 7pm PB Chase the Ace 7pm Liscomb auction 8pm	14 Seniors Café 930am Highcrest Bday Party 1:15pm Maple Manor Bake Sale Sonora Penny Auction 7pm Country Hbr Chase the Ace/crib 7:30pm Stillwater card play 8pm	15 Country Harb breakfast 8:30 Liscomb Crib 8pm
16 Goshen Crib 7pm	17 Move it Monday 9am Sherbrooke Painting 11am Maple Manor Handcraft Group 1pm Sherbrooke Zumba 6pm Boundary review mtg 7pm St. Mary's Darts 7:30	18 Meditation 11am Just Us Girls Boot Camp 6:30pm Open Gym 6:30pm Boundary review mtg 7pm	19 Wake-up Wednesday 9am Goshen Game Day 12:30pm Greenfield Painting 1pm Sherbrooke Zumba 6pm Boundary review mtg 7pm Lions BINGO 7:45pm	20 Just Us Girls Goshen youth group 6pm Boot Camp 6:30pm Open Gym 6:30pm PB Chase the Ace 7pm Boundary review mtg 7pm Liscomb auction 8pm	21 Seniors Café 930am Maple Manor Bake Sale Country Hbr Chase the Ace/crib 7:30pm Stillwater card play 8pm	22 Bottle Depot 930am Kaiser Anniversary 2pm Goshen Ladies Christmas Outreach 7pm Liscomb Crib 8pm
23 Goshen Crib 7pm	24 Move it Monday 9am Sherbrooke Painting 11am Maple Manor Handcraft Group 1pm Sherbrooke Zumba 6pm Lighthouse Meeting 7pm St. Mary's Darts 7:30	25 Meditation 11am Just Us Girls Boot Camp 6:30pm Open Gym 6:30pm	26 Wake-up Wednesday 9am Goshen Game Day 12:30pm Greenfield Painting 1pm Sherbrooke Zumba 6pm Lions BINGO 7:45pm	27 Just Us Girls Goshen youth group 6pm Boot Camp 6:30pm Open Gym 6:30pm Writers group mtg 7pm PB Chase the Ace 7pm Liscomb auction 8pm	28 Seniors Café 930am Maple Manor Bake Sale Liscomb Seniors Christmas Party 2pm Country Hbr Chase the Ace/crib 7:30pm Stillwater card play 8pm Tree Lighting 7-10pm	29 Family Yard Sale 9am Liscomb Crib 8pm Dinner Theatre 7pm
30 Goshen Tree Lighting 4pm Christmas Jingle Run 9:30am- 12pm						