



March 2015 Municipal Newsletter

www.saint-marys.ca [facebook.com/DistofStMarys](https://www.facebook.com/DistofStMarys)

The DEADLINE to have information submitted for the February issue of the Newsletter is March 18th at 4:00 p.m. Submissions can be received by fax: 522-2309 or drop off at Office 8296 Highway #7 Sherbrooke or email: council@saint-marys.ca. Subject line must read NEWSLETTER SUBMISSION. Also please note that we reserve the right to edit any and all submissions to this newsletter.

COUNCIL MEETING:

The next Regular Meeting of St. Mary's Municipal Council will be held **Monday March 9, 2015**. The public is invited to attend.



Solid Waste Collection Schedule
Please note a limit of clear bags is 4/week (8 bags) with a 50lbs weight limit per bag and unlimited recyclables. 1-800-261-0372

ZONE 1	ZONE 2	ZONE 3
Feb. 17 Recyclables	Feb. 18 Recyclables	Feb. 19 Recyclables
Feb. 24 Garbage	Feb. 25 Garbage	Feb. 26 Garbage
Mar. 3 Recyclables	Mar. 4 Recyclables	Mar. 5 Recyclables
Mar. 10 Garbage	Mar. 11 Garbage	Mar. 12 Garbage
Mar. 17 Recyclables	Mar. 18 Recyclables	Mar. 19 Recyclables
Mar. 24 Garbage	Mar. 25 Garbage	Mar. 26 Garbage

Standards of Care for Animal Protection Act Released

Pet owners in Nova Scotia must follow stronger standards in the care and sale of their cats and dogs. Through regulation, the standards aim to prevent distress and cruelty and to strengthen the protection of cats and dogs. The standards include:

- prohibiting tethering for more than 12 consecutive hours
 - a veterinarian certificate of health is required in order to sell both cats and dogs
 - new rules for outdoor care, shelters, pens and enclosures
 - new requirements around the transportation of cats and dogs
- Enforcement officials are now able to write summary offence tickets for violations of the act and regulations. Fines range from about \$200 to \$700. The Animal Protection Act regulations are available under consolidated regulations at www.novascotia.ca/just/regulations

Income Exemption

St. Mary's Municipal Council is once again offering a **\$110.00 exemption** to be applied to your Property Tax Bill for households with incomes \$19,130.00 or less. Applications are available at the Municipal Office, or by contacting your local councillor. Deadline to submit is May 30, 2014. Be sure to attach copy of your Canada Revenue Agency Notice of Assessment from 2014.

Municipal Grants to Organizations

Any request for funding from Community Organizations for the **2015/2016 Municipal fiscal budget** must be made by application (available at the Municipal Office, and on our website www.saint-marys.ca) and submitted no later than **March 31, 2015** at 4pm – No exceptions. **Incomplete applications will NOT be accepted**, please contact us with any questions.

Port Bickerton Community Centre

Public Meeting, March 11, 2015 @ 1:30 pm

Port Bickerton Women's Institute will be hosting a

"Community Health Plan Conversation"

2015 Community Health Plan Community Conversations

Who are we?

"The Community Health Boards are the eyes, ears and voices of the community and its residents."

The Community Health Boards and the Health Authority work in collaboration with community groups, Organizations, and residents to improve the overall health of our community. We are a dedicated and Enthusiastic group of volunteers with a focus on health.

What are we doing?

The Community Health Boards want your input for the development of their 2015 Community Health Plan. We are hosting a series of Community Conversations; informal, engaging and exciting conversations, about the health of our communities.

The Community Health Boards have engaged Jaime Smith, Marram Consulting, to facilitate the Community Conversations.

Why are we doing this work?

We want to work together with you to improve the overall health of our communities. By engaging in this Community Conversation you are helping the Community Health Boards assess the health issues and concerns, and priorities for Guysborough, Antigonish, Strait and Richmond Counties. The resulting Community Health Plan will focus on what we hear from you.



Maple Manor Bake Sale Friday at 2:00 pm

The Baptist Congregation of Port Hillford, Port Bickerton and Sonora

(Members of the Convention of Atlantic Baptist Churches)

We welcome you to our March worship services, and other events:

- March 1, 11 AM – Sonora Baptist Church
 - March 3, 6:30 PM – Sonora Baptist Church: Presentation on Shirley Pearce's mission trip to India
 - March 8, 11 AM – Port Hillford Baptist Church
 - March 14, 9 AM – Men's Breakfast at IHL Community Center (sponsored by Sherbrooke and area Men's Group)
 - March 15, 11 AM – Port Bickerton Baptist Church
 - March 22, 11 AM – Sonora Baptist Church
 - March 29, 11 AM – Port Hillford Baptist Church
- For further information, call 902-522-2087 or email hbs.baptist@ns.sympatico.ca (Rev. Norman Pearce).



"Like" us on Facebook: *The Baptist Congregation of Port Hillford, Port Bickerton and Sonora*

The Country Harbour Chapter of TOPS (Take off Pounds Sensibly) will be holding an 'OPEN HOUSE' on Wednesday March 4th at the Country Harbour Community Center at the Cross Roads. This is for men and women who are interested in losing weight and have been wondering what TOPS is all about. ALL are welcome to attend this night at 6 - 7:30pm. Hope to see you there

ATV CLUB

The regular Monthly Meeting of the St. Mary's ATV Club will be held on the second Thursday, February 12th at the United Church Basement, in Sherbrooke at 6pm. See you there!

World Day of Prayer 2015

Will be held on March 6th @ 7 pm in St. John's United Church, Sherbrooke. The speaker for this service will be Rev. Derek Elsworth
Everyone is Welcome

ROYAL CAN. LEGION BR. #86 LISCOMB

Next general meeting will be held on Tuesday March 3
Please take time to attend and support your legion

ACTIVITIES:

- AUCTION 45's – Thursdays at 8pm \$5
- CRIBBAGE – Saturdays at 8pm \$5
- CHASE THE ACE: Continues 6:30 -7:30pm
Every Thursday until the Ace of Spades is revealed
- MUSIC TIME – 2- 4:30 PM
Sunday – March 1 and Sunday March 15
All singers and players are welcome to come jam

THANK YOU

Branch 86 – Liscomb Legion wishes to thank All those who helped make the ATV rally and dance a success. To those that prepared trails, donated prizes and food, controlled traffic, managed the poker hands, food and kept the event going... **THANK YOU!**



Indian Harbour Lake Pentecostal Church **March Worship & Activities**

- Sunday, March 1st, 8th, 15th, 22nd & 29th
- 11:00 am Morning Worship
- Sunday, March 15th
- 6:30 p.m. Praise & Prayer
- Sunday, March 22nd
- 11:00 a.m. Life Story Sunday
With Gordie & Judy MacDonald
- Weekday Activities**
- Wednesday, March 4th, 11th & 18th
- 7:00 p.m. Bible Study
- "What the Bible Says About Prayer"
- Friday, March 6th & 20th
- Youth Group (Ages 12 – 18)
- At the parsonage
- All are Welcome! For more information, contact Pastor Dave Connolly at 522-2759
Or ihlpastordave@gmail.com

Seniors Luncheon

Tuesday, March 31, 2015 at Noon at the Ecum Secum Firehall. Ham and veggies etc are on the Menu.
Donation Box at the Door. Takeout available after all present have been served.

THANK YOU

Riverside Campground is now under new ownership! We appreciate the warm welcome we have already received, and are excited and honored to join the community! Kent Chrysler & Debbie Cooke.

GUYSBOROUGH COUNTY CAREERS NOVA

SCOTIA CENTRE

FREE ACCESS TO EMPLOYMENT RELATED SERVICES FOR ALL RESIDENTS OF GUYSBOROUGH COUNTY

- ✓ Job Search Assistance
- ✓ Create and update Resume & Cover Letter
- ✓ Information and referrals for Employment Nova Scotia Programs
- ✓ Interview Coaching
- ✓ Job Board
- ✓ Job postings at Guysborough County Careers Nova Scotia Centre Facebook Page
- ✓ Free posting of job ads to employers and client referral

Please contact us for all your employment and career decision needs!

Sherbrooke - St. Mary's Municipal Office Building
Hours of Operation for December: Wednesday, March 11th and March 25th from 10am-2pm. Please contact us to arrange an appointment



A New Small Business

MICRO LOANS

Program Available

- Loans up to \$5000
- 5% Interest
- No Application Fees
- Fast Approvals
- Flexible Repayment Plans

Call CBDC at 902.533.2770 to apply

Bayview Baptist Church

Come Join Us for Sunday school. We will begin our spring quarter of Sunday school on Sunday March 1, 2015. There are classes for children through adults. We begin at 9:45 A.M.

Service times:

Sunday School- 9:45 A.M.
Morning Worship- 11:00 A.M.
Sunday Evening- 6:00 P.M.
Wednesday Prayer and Bible Study- 7:00 P.M.
Any questions please call Pastor Dave Smith at 779-2709. Thank you, Pastor Dave Smith

St Mary's Shooters Association

Saturday March 21/15 Canadian Firearms Safety Course
Stillwater Community Center 9558 # 7 hwy., 9 am--5pm

Saturday March 28/15 Canadian Restricted Firearms Safety Course, Stillwater Community Center 9558 # 7 hwy. 9am-5pm

To register for these you must go on line and pay on line at www.hnatiuks.com

For info call 902-782-2820, 902-522-2995, or 902-522-2172

Sat. April 11/15 Nova Scotia Hunter Safety Course
Stillwater Community Ctr. 9558 #7 Hwy 9am-5pm
Members please check that your membership cards see that they are for 2015. They should be up to date for transporting your firearms to the range. Thanks

John Day Pres. SMSA



Chowder Luncheon

Fish or Corn Chowder
Tea, Coffee and Dessert

March 7, 2015

Port Bickerton Community Center
11:30 - 1:00

Adults \$8.00 & Children \$5.00

Everyone Welcome

Sponsored by St. Paul's Willing Workers

THANK YOU

We the family of the late Billie Hiltz would like to thank family and friends for all the love and support shown to us during the loss of our loved one. Special thanks for the visits, cards, phone calls, food, prayers and memorial donations. To all who supported us in anyway, your kindness will always be remembered.
Lorna, Jacqueline, Ellen & families.

The Ecum Secum Fire Dept.

Will hold its annual Easter Penny Auction

March 28th, 2015

Start time: 7pm. There will be a chocolate walk (\$1.00 per number) and lunch (\$3.00 per person). All proceeds to the Ecum Secum Fire Dept. Everyone welcome, come out and support the Fire Dept.

Ham & Scallop Potato Supper

Port Bickerton Community Center

Saturday Feb. 28th, 2015 4:30 - 6 pm

Adults: \$10.00 & Children: \$6.00

Sponsored by the Port Bickerton Planning Assoc.
All proceeds to the Port Bickerton Lighthouse operation fund

Tree of Hope Campaign in Support of Memorial Place Underway

The Sherbrooke Opportunities Society or S.H.O.P.S. is pleased to announce that the new community space at St. Mary's Education Centre/Academy will be named Memorial Place in honor of our veterans and past educators. Letters were mailed out to residents of the Municipality District of St. Mary's in mid-February to kick off the campaign and to make the official announcement.

We are currently researching and planning for the best option to honor our veterans and past educators in Memorial Place so be assured that both will be well represented and acknowledged. Let's say thanks for their contribution to our community.

This project is local and will benefit not only preschoolers and the developmentally challenged adults of our community, but Memorial Place will be available to all residents for various needs like weddings, workshops or community events. The space will have its own kitchen facilities and accessible washrooms making it another valuable resource for our community.

We are a registered charity in your community so you know where your money is going and receipts are provided. Your support is greatly appreciated and will be acknowledged within the space. A red heart will be added to the windows for each donation made during our campaign and updates will be provided.

Let's Color it Red for Memorial Place!

Compass Rose Quilt Guild

Quilt Show & Tea
April 25, 2015 2 – 4 pm
Exhibit Center
Free Will Offering

See what projects we've been working on, while enjoying a cup of tea.

Greetings from High-Crest!

Residents celebrating birthdays this month are:

Doris Garvie - March 22nd
Martha Lafford-Diaz - March 24
Janet MacDougall - March 27th

We will be celebrating these birthdays on March 10th at 1:15. The Home buddies will be hosting a bingo/birthday party. We will play bingo, sing some old songs and enjoy cake and ice cream. Everyone is welcome. I am pleased to announce that we have recently crowned our Valentines 2015 King and Queen. Congratulations King Don Curtis and Queen Rita Burns! May you have a healthy and happy reign! Stay Warm!

Guysborough Kids First

Sherbrooke Parent/Tot Drop-in: Takes place on Wednesdays from 9:30-11:30am. All parents/caregivers and children ages birth to six years are welcome to attend. This program takes place at St. Mary's Education Centre. Use the community entrance. For more information call Paula at 1-888-533-3881

Just Me & My Friends: Starts up on Tuesday, March 3rd from 9:30-11:30 am for 10 weeks. Open to all children who have turned four by Dec. 31, 2014 and will be attending St. Mary's Education Centre in September 2015. Located at St. Mary's Education Centre, use community entrance. **FREE** For more information call Paula at 1-888-533-3881

Story Time with Friends:

- Takes place at the Country Harbour Culture Centre
- Mondays from 10-11:30am
- All parents/caregivers and children age birth to six years are welcome
- Story time, play time and a healthy snack provided.

NOTE: When school is cancelled, Kids First Programs are cancelled too!

Guysborough County Prenatal Nutrition Program:

is designed to support pregnant women and their babies up to six months of age. Supports include:

- Home Visits
- Nutritional Counseling/Support
- Milk & Nutritional Supplements
- Lending Library
- Breastfeeding Supports

Call Stacy at 1-888-533-3881 for more information.

Kids First Family Home Visitor Program is designed to help new parents with goal planning using a family-centered, strengths-based approach.

- Provides emotional and practical support as well as role modeling, parenting information and general health information.
- Referrals to other agencies and organizations who may be able to help with family goal setting and achievement of these goals.
- Referrals made through Public Health

For more information call Paula or Allison at Kids First at 1-888-533-3881

- Facebook
 - Guysborough County Kids First has a Facebook page for families who are expecting their first child or have children from birth to six years
 - Send a request to join page
 - A great way to receive updates and notices about programming in your area
- For more information regarding Kids First or the programs, visit our new and improved website www.kids1st.ca. All programs and services are free and confidential! For more information, please contact Kids First toll free at 1-888-533-3881. Kid First programs are made possible through financial contributions from the Public Health Agency of Canada, the Nova Scotia Department of Community Services and by the generous donations by the general public.

Port Bickerton Women's Institute

March Events... Mark your Calendars

**Mar.2, WI meeting at home of Marlene McInnis

TIME: 1pm... Bring your Ideas & Talents

***Friends Always Welcome!!!!*

** March. 11th, [Wed.] SOCIAL Day

At the Bickerton Community Centre...

Open at 10 am... Hot Lunch at noon...

**Mar.11, PUBLIC Community Health Conversation

TIME: 1:30pm, Come and have your Voice Heard....

** Mar.25, Social at the Bickerton Community

Centre....TIME: 1pm to 4pm....Light Refreshments

served ...Remember "MARK DATES" on Your

Calendars!!!!Feb. Socials were well attended with lots

of fun & laughs enjoyed... Our Valentine King and Queen

for 2015 were Bet McInnis and Vickie Keith... Feb.25,

afternoon Social.*Our Shrove Tuesday Brunch* was very

well attended...*Many Thanks* to all who attended and

donated to our Fundraiser... Also to the volunteers to

help in the kitchen...*Very much appreciated....*

Mass Times for the Catholic Communities

Parish Priest: Fr. Alphonsus IK Iwuji

St. Paul's [Sherbrooke] Sunday at 11:30am...

St. Patrick's [Lochaber] Sunday at 10am...

St. Joseph's [Ohio] Saturday at 5pm and Sunday at 8:30am

The Parishioners of St. Paul's would like to extend their heartfelt gratitude for the support at the Church Supper in January... It was a wonderful success...

Thanks for the donations, the servers, the cooks and especially everyone that came and ate with us on a very icy day...

St. Mary's Cancer Unit

St. Mary's Unit is on board to participate in the Residential Canvasser and Daffodil Campaigns this year in April. The Daffodil campaign will happen a little earlier in order to take place before Easter. The Daffodil campaign will take place March 26 – 29, they will be \$2.00 each or \$8.00 a bunch. Anyone wishing to pre-order can contact:

Alice @ 902-522-2518 or Ola @ 902-522-2046

Thank you

Goshen Community Center

Crib: Starting March 1st

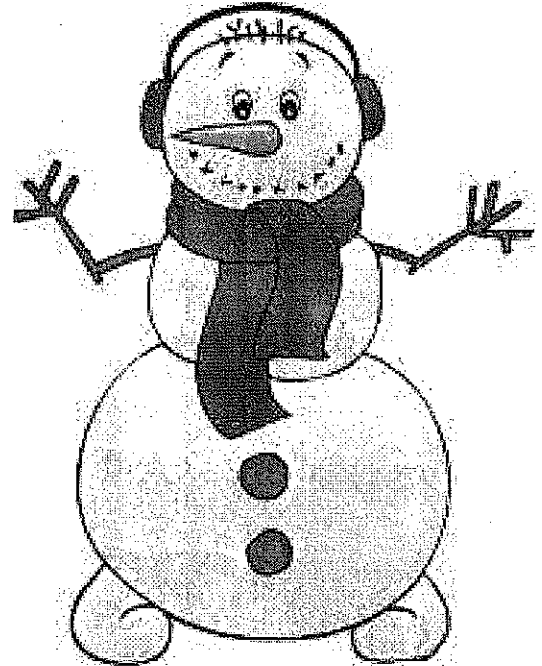
Game Day Wednesdays @ 1pm

Bottles can be donated.

Thanks for donations.

ST. Mary's Snowman

Building Contest



Winter 2015 is here, and what better way is there to celebrate than to build a great big snowman?!

We want to see your very best snowman creations.

The contest rules are simple: go outside, build a snowman, take a picture and then send it to St. Mary's Recreation before March 31st!

There will be an overall winner (through random draw) and judges will decide winners in the following categories: Widest snowman, tallest snowman and most creative!

East Coast Musicians Charity Hockey Game

The East Coast Musicians are making their long awaited return to Sherbrooke **MARCH 7TH, 2015!** St. Mary's Recreation is excited to welcome back the Musicians who will be lead by former NHL/AHL Tough Guy Frank Beaton! The Musicians have a jam packed line up and they are ready to take on our Local St. Mary's Coyotes! You are not going to want to miss this event. If that wasn't enough, try shooting for \$5,000!!! Thanks to Boudrot-Rodgers, three lucky fans will get to take the ice for the chance to shoot for a \$5,000 pay day! The game will take place on **March 7th** with puck drop at 5:30 p.m. The Musicians will take the stage immediately following the game at the Lion's Hall for a Family Friendly Concert. Bring the whole gang. The over 19 crowd is invited to start for an after party with the musicians that will go until 1 a.m. See you there St. Mary's! A portion of the Proceeds go to the St. Mary's Minor Hockey Association



Rates (Game and Concert)	
Under 5	Free
Students	\$7
Adults	\$10
Families	\$25

Sherbrooke Zumba



A new 8 week/16 class session of Sherbrooke Zumba is set to kick on February 23rd! Zumba takes place at St. Mary's Education Centre/Academy every Monday and Wednesday from 6-7 p.m. Instructor Maria Tate leads a special Zumba Toning/Sentao Class on Monday's and regular Zumba on Wednesday's! Participants can purchase their 16 class registration on Monday, February 23rd OR 6 class punch cards are always available for \$36 and can be purchased at the municipal building. Existing punch cards will transfer to the new session!

Senior Socials in St. Mary's

St. Mary's Recreation is hosting senior socials in communities throughout the Municipality this winter. Events consist of great food, great friends, fun games and lots more. We would like to invite everyone in the community to these events, they are not limited to seniors. Each event has a free homemade lunch, games and prizes and good company. Participants are invited to bring their favorite games from home or a current project they are working on. We didn't have much luck in February, both of our events had to be rescheduled. To make up for this, we will be in three locations in March: **Sonora-March 5th**, **Goshen-March 25th** and **Sherbrooke at the Maple Manor-March 31st**. All of these events will take place from 10 am – 2 pm. For more information, please call the Rec. Dept. Don't waste away the winter at home, join us for Senior Socials in your community!



Recreational Scuba Diving Course Info Session.

Are you a student looking to get into a nautical trade or marine biology...or maybe you are interested in exploring the beautiful under water planet. We have an opportunity for you to learn how to scuba dive right here on the Eastern Shore! Join us for a General Information Session for a Recreational SCUBA Course at St. Mary's EC/A in the Kids First Community Space on Tuesday, March 17th @ 6:00 PM. Everyone is welcome, all questions will be answered!



Volunteer Awards 2015



Thank you to all of the community organizations who nominated volunteers for the St. Mary's Volunteer of the Year designation. One special volunteer will be chosen to represent our municipality in Halifax at the Provincial Volunteer Awards Banquet at the Westin Hotel on April 7th, 2015. We haven't forgotten about all of our other hard working volunteers here in St. Mary's. **ALL** volunteers are invited to attend our first ever volunteer social at the St. Mary's District Lion's Hall on **April 16th, 2015 from 6-7:30**. Our event takes place during National Volunteer Week. This will be our thank you to volunteers and community organizations for all that you do in our municipality. There will be light refreshments, snacks and a chance to celebrate all of the accomplishments of 2014. Volunteers help grow our community – Thank you!

St. Mary's Fitness Centre

Come join our team and make your 2015 resolution to live a healthier life! **For the month of March, there will be 25% off of all one month memberships! Please note: If the Fitness Centre is closed due to a school closer, memberships will be extended by a day. Did you know:** Making sure you warm up before any exercise program is essential because it: recruits and prepares your body for the upcoming workout, reduces risk of injury, increases range of motion, increases blood flow, gradually increases heart rate and mentally prepares you.

March 2015 Schedule (subject to change)

Monday	Move It Monday: 9:00-10:00am Regular Hours: 2:30-8:00pm #smsBEFIT – 2:30 – 3:30pm
Tuesday	Regular Hours: 2:30-8:00pm #smsBEFIT – 2:30 – 3:30pm Boot Camp: 6:30 p.m.
Wednesday	Wake up Wednesday: 9:00-10:00am Regular Hours: 2:30-8:00pm #smsBEFIT – 2:30 – 3:30pm
Thursday	Regular Hours: 2:30-8:00pm #smsBEFIT – 2:30 – 3:30pm Boot Camp: 6:30pm
Friday	Regular Hours: 7:00-10:00am

#smsBEFIT

Students 15 years+: St. Mary's Fitness Center is offering a new program to give students an opportunity to use the facility at a discounted price of \$2 Mon-Thurs 2:30-3:30.

Move it Monday/Wake up Wednesdays!

St. Mary's Recreation offers a drop-in class every Monday and Wednesday morning from 9-10 a.m. at the Fitness Centre. This class is free for members and \$2 to drop in!

Lose your Booty Boot Camp

Join us for Lose Your Booty Boot Camp every Tuesday/Thursday at 6:30-7:30 p.m. This class is a 60 minute circuit style work out that will have you sweating away those unwanted calories. \$2/Free for members.

Got a question? Give us a call!

If you have any inquiries for St. Mary's Recreation, don't hesitate to call us!

Recreation main line: 902-522-2598

Rec. Coord Kerri Penney: kerri.penney@saint-marys.ca

Active Living Coord. Lindsay Robinson:
physicalactivity@saint-marys.ca



Guys Night

All boys attending prom are invited to attend an evening of entertainment, food and beverage on March 20th from 7pm-9pm. The cost will be \$5.00 at the door and all proceeds will support Safe Grad, there will be MANY prizes to be won! If you would like to attend, please sign up at the office by March 13th.

A Night of Glamour

A night of Glamour is designed to help cut the costs of prom for young girls in our community. Graduation time can be stressful and very pricey. We are trying to eliminate the cost barrier associated with prom by collecting gently used dresses and giving every girl an opportunity to take home her dream gown for Prom 2015. Along with the dresses, there will be local beauty experts to give girls tips on how they can do their hair and makeup at home and other neat tricks to prepare themselves for Prom. All Grade 12 graduates, their families and guests are invited to attend A night Of Glamour on Wednesday, March 18th from 7-9 p.m. All proceeds will go to safe grad. There will also be opportunities to take home exciting prom related prizes. We can wait to see you! Please RSVP you are your guests by returning cards to the main office at St. Mary's EC/Academy.



Country Girls



Country Girls is a new 10-week program being offered to girl's grades 7-9, it will give girls an opportunity to re-connect with nature. Country Girls will begin Tuesday, February 24th, and will be every Tuesday at 12:20pm-1:20pm, we will meet in the School lobby. Contact us if you have any questions!

Kid Fit is BACK!

Our super active 16 week program is back and bigger than ever! We have new equipment, new locations and loads of new games! The program is designed to help children in grades primary to grade 6 get the recommend 60 minutes of vigorous physical activity they need to stay happy and healthy! Children will arrive by bus to their local community centers and participate in fun games. Children must have a **NEW BUS NOTE** each week they wish to attend the program. The program runs to 5pm each day, when parents are responsible to pick up and sign their child out of the program. Programming will start on March 2nd. We look forward to seeing new faces!

Hungry Games

Hungry Games is a program will be for grades 10-12, the program will be running for 6 weeks (April 6-May 11), once a week for two hours, incorporating one hour of cooking and an hour of physical activity. Keep an eye out for registration forms being sent home!



March Break Camps

March Break camps will take place in communities around the municipality once again this year! There will be a one day camp held in Port Bickerton, Goshen, Sherbrooke, Liscomb and Ecum Secum. St. Mary's Rec is partnering with Schools Plus once again to offer a camp in Sherbrooke. Keep a look out for registration forms being sent home with children!

Community Snowshoe

Snowshoeing is a great outdoor activity for staying active in the winter months, it's also great way to socialize with friends, meet new people and enjoy nature. St. Mary's has been offering an hour of guided snowshoeing in each community, please see the following schedule for upcoming community snowshoe tours. All snowshoeing gear will be provided, if you have walking poles, feel free to bring them for support. Please dress appropriately for the weather. If snowshoeing is cancelled due to weather, you can find out on our Facebook page or call the recreation department. IF there is no snow we will still be meeting for a hike!

What to bring:

- > Water
- > Backpack
- > Dress in layers, avoid cotton
- > Walking poles(optional)
- > Two feet and a heartbeat!



Community Snowshoe Schedule 2015		
Date	Community	Meeting Place
Monday, February 23 rd at 1pm	Port Bickerton	Park in the parking lot of Port Bickerton lighthouse trail
Friday, March 6 th at 11am	Goshen	Lucile Park
Friday, March 13 th at 11am	Aspen	Kirk Loop-1 will be in a white car
Monday, March 16 th at 11am	Indian Harbour	Red Hill Golf Course
Friday, March 20 th at 11am	Liscomb	Mayflower Trail-Meet in the parking lot beside Liscomb River
Monday, March 23 rd at 11am	Ecum Secum	Drive to the end of Briggs Road and park

Funday Sunday Family Snowshoe

Can anyone snowshoe? Yes. If you can walk, you can snowshoe! Sunday, March 8th there will be a family snowshoe taking place in Stonewall Park at 12:00pm. We will meet at the Salmon Museum (you can park across from the Salmon Museum). Limited snowshoes are available, please **RSVP** to Lindsay at physicalactivity@saint-marys.ca or call (902)522-2598 by February 19th.

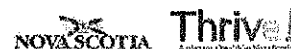
Rec. Hockey

Rec. Hockey is an opportunity for **ALL** kids to enjoy the sport of hockey no matter what their skill level is. This program will take place on Tuesday's from 6-7 p.m. and is completely free of charge to participants. Recreation Hockey is **FUN, NON-COMPETITIVE** and **INCLUSIVE!** Rec. Hockey is only may possible through volunteers. St. Mary's Rec. is looking for volunteers who are willing to go on the ice during the program. We are also accepting donations of equipment. We thank you for your continued support.



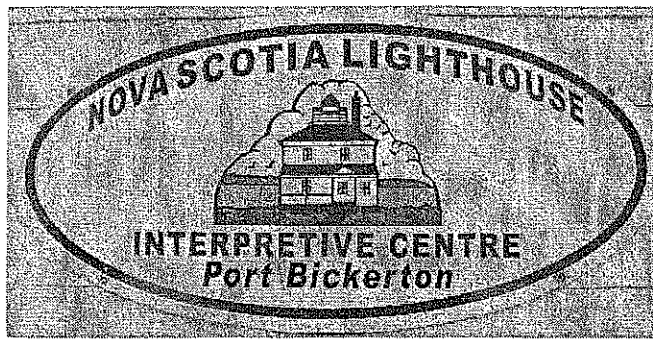
Free Skates at the Recplex!

Free skates are back this year at the St. Mary's Recplex. Grab your skates and a helmet and head towards the rink every Saturday from 3-4 p.m. all season! Don't have skates you say...no problem! Use one of our pairs, for free! Free Skates at the Recplex are supported by the Province of Nova Scotia through the Thrive! Initiative.



March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Liscomb Music Time 2pm Goshen Crib 7pm	2 Kid Fts Starts Up Move It Monday 9am Storytime w/ Friends 10am Port Bickerton W/ 1pm #smsBEFIT 230pm Sherbrooke Zumba 6pm MM Crokinole 630pm St. Mary's Darts 730pm Country Hrb Cards8pm	3 Just Me&My Friends 9:30 Meditation 11am Country Girls 12:20pm Greenfield Cards 1:30pm #smsBEFIT 230pm REC Hockey 6pm Open Gym 630pm Boot Camp 6:30pm MM Bowling 6:30pm Liscomb Legion Meeting	4 WakeUp Wednesday 9 Kids First Drop In 9:30am Goshen Game Day 1pm #smsBEFIT 230pm T.O.P.S. Meeting 6pm Sherbrooke Zumba 6pm CH TOPS Open House 6 Lions BINGO 745pm	5 Sonora Senior Social 10 #smsBEFIT 230pm Open Gym 630pm Boot Camp 6:30pm Liscomb Chase the Ace 6:30pm Sonora Crokinole 7pm Auction 45 Liscomb 8pm	6 Senior's Café 9:30am Book Club 11am Goshen Snowshoe 11am MM Bake Sale 2pm	7 Free Skate 3pm PB Chowder Lunch 11:30am East Coast Musicians Hockey Game 5:30pm Liscomb Crib 8pm
8 Family Snowshow (Sherbrooke) 12pm Goshen Crib 7pm	9 Move It Monday 9am Storytime w/ Friends 10am #smsBEFIT 230pm Sherbrooke Zumba 6pm MM Crokinole 630pm Council Meeting 7pm St. Mary's Darts 730pm Country Hrb Cards8pm	10 Just Me&My Friends 9:30 Meditation 11am Country Girls 12:20pm High/Crest Birthdays 1:15 Greenfield Cards 1:30pm #smsBEFIT 230pm REC Hockey 6pm Open Gym 630pm Boot Camp 6:30pm MM Bowling 6:30pm	11 WakeUp Wednesday 9 Kids First Drop In 9:30am PB W/ Social Day 10am CBDC 10am-2pm Goshen Game Day 1pm PB Public Meeting 1:30 #smsBEFIT 230pm T.O.P.S. Meeting 6pm Sherbrooke Zumba 6pm Lions BINGO 745pm	12 #smsBEFIT 230pm Open Gym 630pm Boot Camp 6:30pm Liscomb Chase the Ace 6:30pm Sonora Crokinole 7pm Auction 45 Liscomb 8pm	13 Senior's Café 9:30am Aspen Snowshoe 11am MM Bake Sale 2pm	14 Free Skate 3pm Liscomb Crib 8pm
15 Liscomb Music Time 2pm Goshen Crib 7pm	16 Move It Monday 9am Storytime w/ Friends 10am IH Snowshoe 11am #smsBEFIT 230pm Sherbrooke Zumba 6pm MM Crokinole 630pm St. Mary's Darts 730pm Country Hrb Cards8pm	17 Just Me&My Friends 9:30 Meditation 11am Country Girls 12:20pm Greenfield Cards 1:30pm #smsBEFIT 230pm REC Hockey 6pm Salsa Diving Info 6pm Open Gym 630pm Boot Camp 6:30pm MM Bowling 6:30pm	18 WakeUp Wednesday 9 Kids First Drop In 9:30am Library Robot Day 10am Goshen Game Day 1pm #smsBEFIT 230pm T.O.P.S. Meeting 6pm Sherbrooke Zumba 6pm Night of Glamour 7pm Lions BINGO 745pm	19 #smsBEFIT 230pm Open Gym 630pm Boot Camp 6:30pm Liscomb Chase the Ace 6:30pm Sonora Crokinole 7pm Auction 45 Liscomb 8pm	20 Senior's Café 9:30am Liscomb Snowshoe 11am MM Bake Sale 2pm Guys Night 7pm	21 Firearm Safety Course 9am Free Skate 3pm Liscomb Crib 8pm
22 Goshen Crib 7pm	23 Move It Monday 9am Storytime w/ Friends 10am Ecum Secum Snowshoe 11am #smsBEFIT 230pm Sherbrooke Zumba 6pm MM Crokinole 630pm St. Mary's Darts 730pm Country Hrb Cards8pm	24 Just Me&My Friends 9:30 Meditation 11am Country Girls 12:20pm Greenfield Cards 1:30pm #smsBEFIT 230pm REC Hockey 6pm Open Gym 630pm Boot Camp 6:30pm MM Bowling 6:30pm	25 WakeUp Wednesday 9 Kids First Drop In 9:30am Goshen Senior Social 10 CBDC 10am-2pm Goshen Game Day 1pm PB W/ Social 1pm #smsBEFIT 230pm T.O.P.S. Meeting 6pm Sherbrooke Zumba 6pm Lions BINGO 745pm	26 #smsBEFIT 230pm Open Gym 630pm Boot Camp 6:30pm Liscomb Chase the Ace 6:30pm Sonora Crokinole 7pm Auction 45 Liscomb 8pm Detroit Campaign starts	27 Senior's Café 9:30am MM Bake Sale 2pm	28 Restricted Firearm Safety Course 9am Free Skate 3pm PB Supper 4:30pm Ecum Secum Penny Auction 7pm Liscomb Crib 8pm
29 Goshen Crib 7pm Detroit Campaign ends	30 Move It Monday 9am Storytime w/ Friends 10am #smsBEFIT 230pm Sherbrooke Zumba 6pm MM Crokinole 630pm St. Mary's Darts 730pm Country Hrb Cards8pm	31 Municipal Grant Applications due Just Me&My Friends 9:30 Sher Senior Social 10am Meditation 11am EC Senior Lunch 12pm Country Girls 12:20pm Greenfield Cards 1:30pm #smsBEFIT 230pm REC Hockey 6pm Open Gym 630pm Boot Camp 6:30pm MM Bowling 6:30pm Snowman Contest ends				



March, 2015

Dear Friends and Neighbours,

When a noted international tourism consultant calls the Port Bickerton Lighthouse not only one of the best tourist attractions on the Eastern Shore, but one of the 10 best "must-see" lighthouses in Nova Scotia, you know we've got something special in our community.

Help us keep it that way. For the past 20 years, the volunteers of the Port Bickerton and Area Planning Association have worked hard to protect and preserve the Lighthouse site for the enjoyment of both local people and visitors from away.

Preservation of the Port Bickerton Lighthouse is a means of preserving our identity, our history and our culture. The Lighthouse is a statement of who we are, where we are, why we are. In an era where we hear much about the decline of rural communities in Nova Scotia, we need to take pride in ourselves and in those landmarks which define us.

But maintaining a historic lighthouse costs money. Our annual "Friends of the Light" membership drive is an important part of our fund-raising efforts. For \$25.00, "Friends" receive a membership card entitling the bearer to a full season's family pass to the Lighthouse property (2 adults + 2 school-aged children), a special Lighthouse memento, our annual newsletter, and a charitable donation receipt for Canadian income tax purposes.

We thank those people who have supported us in the past by becoming "Friends of the Light" and hope that you will continue to support us with your renewed memberships this year. We also hope that others in the community will join our ranks as new "Friends".

We have exciting plans for the Port Bickerton Lighthouse. The successful opening of the former lightkeeper's residence as an artist retreat in 2014 was only the beginning. Help us ensure that this icon of our area for the past 103 years remains a beacon of our common heritage, linking our past, present and our future as a community of peoples living along the Eastern Shore.

If you choose to support this worthwhile cause by becoming a "*Friend*", please complete the attached form and return it with the accompanying membership fee to the Association by mail or via any Association member.

Sincerely,

Donald Dodge
Chairperson, P.B.A.P.A.

**Friends of the Light
Port Bickerton Lighthouse**

Port Bickerton, Nova Scotia



This is your Application Form

Name: _____

Date: _____

Principal Residence Address:

Seasonal Residence Address:

Telephone: _____

Fax: _____

E-mail: _____

Do you belong to other lighthouse organizations? yes no

If yes, please list them: _____

Are you interested in becoming a volunteer? yes no

Your comments, concerns and ideas are appreciated: _____

Yearly membership fee is \$25.00, payable by cheque, money order or cash handed directly to one of the Association's members. PLEASE DO NOT MAIL CASH

Return this application form to: **Port Bickerton and Area Planning Association
P.O. Box 142, Bickerton West
Nova Scotia, Canada B0J 1A0**

On receipt of the membership fee, the applicant will receive a "Friends of the Light" membership card, a Lighthouse memento, our annual newsletter and a charitable tax receipt.

Visit us at www.portbickertonlighthouse.com or on Facebook at 'Port Bickerton Lighthouse'