

Municipality of the District of St. Mary's

April 2016 Newsletter

www.saint-marys.ca

Questions? Call (902)522-2049



Improving Municipal Planning

Municipal planning is important to ensure communities are able to leverage opportunities, anticipate their future needs and preserve their current assets. Here in Saint Mary's, we are committed to developing more robust municipal plans in order to ensure we have a healthy, vibrant community for many years to come. This effort will also help our community participate fully in the economic development pursuits of the Eastern Strait Regional Enterprise Network. To do this, we want to compile a comprehensive inventory of our economic, social, cultural and environmental assets. These assets could include anything from natural resources such as minerals, forests, and agricultural land, to information about the skills and demographics of our labour force. We've asked the Department of Municipal Affairs to help us access information that will help us develop this inventory of our assets. The department has formed a working group with many other departments to find out what information is available. Whether there is a little information or a lot to help with our planning efforts, we are committed to developing stronger municipal plans to ensure a healthy, vibrant future for Saint Mary's. We will keep residents informed of our progress.

Community Conversations – St. Mary's 2026

The Municipality of St. Mary's wants residents to know that their opinions are respected and valued. For this reason, the Municipality will give residents an opportunity to be part of the long term planning through a number of innovative opportunities. The overall goal is to develop a 10 year plan that balances the municipality's vision with economic reality. You can join the conversation at the Sherbrooke Lions Hall on April 12th, 2016 at 7:00 p.m. submitting an idea to improve the Recplex and just by keeping up to date and informed through our Facebook page or website.

St. Mary's Volunteer of the Year

St. Mary's Municipality is pleased to announce our Volunteer of the Year, Keith Jordan. Keith has been chosen by municipal council to represent St. Mary's at the Provincial Volunteer Awards in Halifax. Keith was nominated by the St. Mary's ATV Club for his dedication to making our municipality a better place to live. We would like to thank Keith, and all nominated volunteers for their hard work. St. Mary's will honor all volunteers at a Volunteer Open House on April 21st from 6-7:30 p.m. at the St. Mary's Lion's Hall. All St. Mary's Volunteers are invited and welcome to attend. There will be tea/coffee and finger foods and great company.

Active Transportation

Active Transportation is defined as any transportation that is human powered. St. Mary's Municipality is continuing work on its Active Sherbrooke Plan! A final plan is nearing completion and will be taken to council for adoption in April. It has been our goal to see a plan that will be affordable and something that the municipality can implement. Keep an eye out for our final plan, we would love to hear what you think!

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The deadline to have information submitted for the May issue of the Newsletter is April 20th at 4:00 p.m. Submissions can be received by fax: 522-2309, dropped off at office 8296 Highway #7 Sherbrooke or emailed to council@saint-marys.ca. Also please note that we reserve the right to edit any and all submissions to this newsletter.

Municipal News

Municipal Council Meeting

The next regular Municipal Council meeting will be held on Monday, April 11th, 2016 at 7pm. The public is invited to attend.

Tax Sale

Thank you to all those who expressed interest in the recent Tax Sale held on February 16th, 2016. The **next Tax Sale** is scheduled for early **July 2016** and preliminary tax sale notices were mailed out in early March. If you have received one of these colored notices please contact the Municipal Office to make payments or payment arrangements.

Annual Meeting

The date for St. Mary's Municipal Council Annual Budget Meeting and striking of the tax rate has not yet been set but will occur in April 2016. Keep a watch on our website for notice and date of the meeting. The public is welcome to attend.

Municipal Election 2016

This October is Municipal Election month across Nova Scotia. St. Mary's Municipal Council has appointed Ms. Ruth Legge of Liscomb as the Returning Officer. Further information regarding the election will be updated in the upcoming months.

Another Recplex season come and gone

The Municipality of the District of St. Mary's would like to thank the public for a successful year at the St. Mary's Recplex! It was an exciting season at the facility, with the announcement of the Steed Trust donation, an additional night of curling and several new recreational programs! Thank you to everyone who visited the facility. The Municipality would also like to say a special thank you to staff who worked very hard to make the Recplex a fun and safe place for residents this season.

Drawing Contest

As part of St. Mary's 2026, youth are invited to submit a piece of art work showing what their ideal St. Mary's would look like. Drop off at the municipal office in April!

Outdoor Programming

Connecting people with nature has been identified as a goal area in the provincially adopted "Shared Strategy for Advancing Recreation in Nova Scotia". St. Mary's Recreation believes in the value of outdoor play. We hope to continue to offer outdoor programs to adults and youth, maintain outdoor spaces such as Stonewall Park and create local leaders in outdoor programming. If you are interested in outdoor leadership training and getting involved in our outdoor programming, please contact the Recreation Department at 522-2598. Keep an eye out for information on a Kayak Certification Course that will be taking place in St. Mary's over the spring.

St. Mary's Fitness Centre

The St. Mary's Fitness Centre is open to the public from Monday to Friday 2:30 – 8:00 p.m. We have new and improved rates for membership as well! We would like to see some new faces! Your first visit is on us - what better way to start a new healthy lifestyle by saving money! In addition, we want to show our current members at the St. Mary's Fitness Centre that we appreciate their hard work and dedication by offering an incentive program. For every member that reaches 16 general workout visits per month, their name will be entered into a draw for 20% off their next membership purchase. Fitness classes do not qualify as general workout visits.

Emergency Measures Plan:

Over the past year the EMO Coordinator and Alternate reviewed and updated the EMO Emergency Response Plan for St. Mary's. The plan combines the efforts of municipal resources for a comprehensive approach in responding to/reducing the impacts of an emergency. It is intended to increase the emergency response capacity by establishing a plan of action. The Plan uses the Incidence Command System (ICS) in organizing its process of leadership, decision-making and implementation of the Emergency Response Plan. The Municipality is working on filling the Alternate EMO position. Once that is in place an advisory committee will be established.

Administrative Changes

We are pleased to announce changes to the administrative roles at the Municipal Office. In December/January we secured a consulting firm to conduct a review of the operational structure for the municipality. Based on the outcome from the study we are implementing the following changes effective April 4th, 2016:

- Receptionist/Cashier – Melanie Mills
- Executive Assistant/Special Projects – Jody Cook
- Director of Community Development and Recreation – Kerri Penney
- Active Living Coordinator – Vacant
- Director of Finance/Treasurer – Marian Fraser
- Municipal Clerk – David Gillis

The reason for the changes is to find efficiencies within the organization to deliver the core municipal services and at the same time provide resources required to undertake new initiatives to encourage growth in the municipality. The net result from combining the positions and hiring a full time receptionist/cashier is that we have a savings of one part time position compared to the staff complement at March 31, 2015 at which time there was a term position for a Community Development Officer. The CAO position is not included in the comparison.

With the changes in place we will be asking for your participation in a number of public meetings and opportunities for public input on community initiatives. Please support the efforts to improve your community by attending the meetings and providing suggestions and ideas for consideration.

If you have any questions please contact Marvin MacDonald, CAO at 902-522-2432 or by email at marvin.macdonald@saint-marys.ca.

Solid Waste Collection Services

April Collection Schedule:

Tuesday Zone 1	Wednesday Zone 2	Thursday Zone 3
5 th Garbage & Bulky Item	6 th Garbage & Bulky Item	7 th Garbage & Bulky Item
12 th Recyclables	13 th Recyclables	14 th Recyclables
19 th Garbage & Bulky Item	20 th Garbage & Bulky Item	21 st Garbage & Bulky Item
26 th Recyclables	27 th Recyclables	28 th Recyclables

Collection Areas:

ZONE 1: New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora

ZONE 2: East Loon Lake, Smithfield, Denver, Newtown, Glenelg Church Rd, Aspen, Goshen to Borneo

ZONE 3: Stillwater, West Melrose, Lead Mines Rd, Waternish, Highway 211, IHL to Port Bickerton

The Municipality and Eastern Shore Cartage have agreed to a one year extension of the collection contract for solid waste in the District of St. Mary's. One major change in the collection is that the spring and Fall Heavy Haul will be replaced with a bi-weekly bulky collection. The driver of the truck will place a sticker on the bulky item and record the address for a pick-up on Monday/Friday. The bulky collection will be limited to one item every two weeks. This change takes effect the first week of April.

Effective April 1, 2016 the cost for dropping household garbage at the Transfer Station in Geoggan will increase to \$2.00 per bag.

Transfer Station – 150 Cape Geoggan Road, Goldenville
Hours of Operation 9:00 a.m. - 4:30 p.m. Tuesdays to Saturdays

On site Services:

- Clear Bag Garbage tipping fee \$2/bag**, No recyclables accepted
- Construction and Demolition Materials waste disposal
- Household Hazardous waste disposal
- Metal and Appliance Disposal
- Electronics drop off Centre

Eastern Shore Cartage: 1-800-261-0372 (for specific pickup inquiries)

Open Gym

Open Gym is a free play program at SMECA that allows all school aged children to be the masters of play! Equipment will be provided, but must be respected and cleaned up at the end of the program. Open Gym will be held on Tuesday's & Thursday's from 6:30-7:30pm. Parents are strongly encouraged to attend.

Maureen Fraser School of Dance

Maureen Fraser School of Dance in partnership with St. Mary's Recreation is pleased to announce the return of dance classes this spring! Hip-hop, ballet and musical theatre classes will be offered for youth 3 years old and up. Classes will begin on April 28th. Location and costs will be announced soon. Registration forms will be sent home with children at school. Children must have ballet slippers and body suits for this program. *If you would like to donate/sell any new or used ballet slippers or body suits, please bring them to the Municipal office, as we well there will be a swap and shop event held again this year.

Kid Fit

This high-paced, action-packed program will be returning to community centres around the municipality this winter. Kid Fit is designed to get kids moving and active through fun games and activities. Registration forms will be sent home. Bus notes will be needed for any child getting off their bus at their local community centre. Registration forms will be sent home.

Monday: St. Mary's EC/A – 2:30 – 4pm

Tuesday: Liscomb Legion – 2:45 – 4:30pm

Wednesday: Goshen Comm. Centre - 3 - 4:30pm

Thursday: Ecum Secum Fire Hall – 3:00 – 4:30pm

Friday: Port Bickerton Comm. Centre – 3 - 4:30pm

Sherbrooke Zumba

Sherbrooke plays host to Zumba classes every week! Maria Tate is ready to lead you through a fun work out that will keep you wanting more! Join her every Monday and Wednesday at St. Mary's Academy from 6-7pm.

Community Based Services

Guysborough County Kids First

Sherbrooke Parent/Tot Drop-in: Takes place on Wednesdays from 9:30-11:30am. Parents/caregivers and children ages birth to six are welcome to attend. Takes place at SMECA. Use the community entrance.
Just Me & My Friends: begins Tuesday, March 22nd from 9:30-11:30 am for 10 weeks. Open to all children who have turned four by Dec. 31, 2015 and will be attending SMECA in September. Located at SMECA use community entrance. Register by phone, email, Facebook message or at the program. Fun With Friends: Country Harbour Culture Centre Mondays 10-11:30am. All parents, caregivers and children age birth to six years are welcome. Story time, play time and a healthy snack. Other Supports: Guysborough County Prenatal Nutrition Program (Home Visits, Nutritional Counseling/Support, Milk & Nutritional Supplements) and the Kids First Family Home Visitor Program. Visit us on Facebook or www.kids1st.ca. Kids First is supported by Public Health, the NS Dept. of Community Services and the public. All programs and services are free and confidential! Call 1-888-533-3881.

St. Mary's District Food Bank

Contact 902-328-4148 if you know of a need in the community. Confidentiality is strictly upheld. Boxes to receive food donations are located at Clover Farm and at the St. Mary's Hospital. Please check the "best before" date. Cash donations can be sent to St. Mary's District Food Bank, PO Box 102, Sherbrooke, NS, BoJ 3Co. Donations make great gifts for any occasion. Thank you to those who support the Food Bank.

Guysborough County Careers NS Centre

We offer free access to employment related services for all residents of Guysborough County. These Services include: Job Search Assistance, Create and update Resume & Cover Letter, Information and referrals for Employment Nova Scotia Programs, Interview Coaching, Job Board. Visit Guysborough County Careers Nova Scotia Centre Facebook Page for free posting of job ads to employers and client referral.
Sherbrooke, St. Mary's Municipal Office:
Hours of Operation for April 2016: Wednesday, April 13th and April 27th from 10am-2pm. Please contact us to arrange an appointment.

RCMP Town Hall Meeting

Residents in the Municipality of the District of St. Mary's are being invited to provide their input on how police resources are allocated this year at a Town Hall meeting. Residents have an opportunity to talk with police on issues they feel are important. Local RCMP officers will be present to discuss initiatives and to hear from residents on how they feel the RCMP are performing and what they would like to see addressed. Information collected at this meeting will help the RCMP create its Annual Performance Plan (APP) for 2016/17. This plan sets out local policing priorities and where resources will be allocated. It is hoped that a diverse crowd will be in attendance to make suggestions and speak to community issues. This meeting will not be a venue to file complaints. Those issues should be addressed by contacting your local RCMP office. This meeting will take place at St. Mary's Education Centre/Academy on April 14th at 7:00 p.m.

Sherbrooke Library

Meditation Class - The Meditation program is Thursday mornings from 11:00-noon. Learn how to meditate followed by a short practice.

Village Readers' Book Club - First Friday in the month, April 1st at 11am. Come tell us about something you have read recently. Did you like it or not?

Seniors' Cafe – Fridays at 9:30 am. Join us for a snack, conversation, play a board game and check out a book.

April 1st at 10 a.m. – Barbara Furlong will be showing the various stones and crystals that she has collected.

April 15th at 10:00 a.m. – Terry Dwyer will continue his presentation about his deep sea diving.

Have a question about technology? - Book a time on Fridays with Christine Hannifen, our CAP techie. Christine will only be here for the next few weeks.

Sketching Classes – cont. Tuesday's 10-11:30am

Knitting class – cont. Tuesday evening's 6:30-8 p.m.

Library Hours: Mon/Tues/Thurs: 11am-4pm. Fri: 9:30am-4pm, Saturday 10am-1pm. 902-522-2180.

Community Events

S&AVFD and St. Mary's Lion Club

Chase the Ace takes place Friday Nights. Doors open at 7:00 p.m., draw at 8:30 pm. Cash Bar and Canteen will be open. Must be 19 to enter. Gov't ID's may be requested. Location: Sherbrooke Lion's Hall.

Homemade Beans and Fishcake Supper

There will be a homemade beans and fishcakes supper held at the Port Bickerton Community centre on April 23rd. Time: 4-6 p.m. Adults are \$10 and children under 12 are \$5. There will be tea, coffee and dessert included. Everyone is welcome! Sponsored by the St. Paul's Willing Workers.

United Church Schedule for April

9:30 am *Kirk, Glenelg*

11:00 am *Bethany, East River, St. Mary's*

6:30 pm *St. John's, Sherbrooke*

St. Mary's Pastoral Charge, The United Church of Canada, Please call 833-2920 for information on Sunday School, Youth Group or Bible Study.

Maple Manor Bake Sale

Takes place Friday's at 2:00 p.m. at the Maple Manor

St. Mary's Shooters Association Schedule for April

Sat. Apr. 2/16 - Canadian Firearms Safety Course

Sun. Apr. 3/16 – Canadian Restricted Firearms Safety Course

Sat. Apr. 16/16 - N.S. Hunter Safety Course 9am-5pm
Courses 9am-5pm at the Stillwater Community Centre
9558 Hwy 7 Stillwater, Apply & pay on-line at
www.hnatiuks.com

May 1st, 2016 – SMSA Spring Meeting, Stillwater Community Ctr.

May 15, 2016 – Military Rifle Shoot, DNR range Stillwater, 9am – 3pm open sights only. For more info call (902)783-2820 or (902)522-2172.

Goshen & Area Fire Dept. Ratepayers Meeting

The Annual Ratepayers Meeting for the District #6 Volunteer Fire Department will be held on Tuesday, May 10th at 7:30 in the Goshen Community Centre. Financial statements for 2015/16 and proposed budgets for 2016/17 will be presented by the Fire Department and the Community Centre. All interested residents are invited and encouraged to attend this meeting.

Country Harbour Gun Club

April 9th – Mixed Dart Tournament in memory of Alex MacLennan (Tud), Play begins at 11 am, 3 players per team, \$30.00 per team. Cash prizes will be awarded. For more information or register call Carol at (902)328-4142. April 16th – Country Breakfast 8:30 – 10 am, Adults: \$7.00 & Children \$ 3.00

St. Mary's Garden Club

The 2016 gardening season is coming, and the St. Mary's Club is ready to resume meetings and activities related to gardening. This spring /summer is expected to be busy as we plan for our regular events, and try to incorporate new activities and speakers into our summer calendar. June 3/4th the Eastern District, of which we are a member club, will host the Nova Scotia Association of Garden Clubs annual Convention in New Glasgow. We will meet on April 4th @ 1:30 p.m. in the Community room at the Municipal Building. We will discuss setting a time, date, and place to have our meetings for the rest of the. If you are interested in gardening and would like to join us, but can't make it to this meeting, please contact Sharon Reid 522-2393 sharon.reid777@gmail.com or Hertha Wilmott 522-2612 or any Garden Club member.

United Baptist Church service schedule for April

April 3 – Annual Fisherman's Service-3pm at Port Hilford, followed by supper at Indian Harbour Lake/Jordanville Community Centre (see Joe and Jeanette Furlong for details).

April 10 – 11am Worship, Sonora (change in 'rotation')

April 17 – 11am Worship, Port Bickerton

April 24 – 11am Worship, Sonora

St. Mary's ATV Club Meeting

The ATV Club will meet on April 14th, at 6pm in the United Church Basement in Sherbrooke.

RCL Branch #86 Liscomb

Next General meeting will be Tuesday, April 5

Activities:

Auction 455 - Thursdays at 8pm \$5.

Chase the Ace – Thursdays 6:30-7:30.

Cribbage - Saturdays at 8pm \$5.

Spring Dance – April 2, 9:30-12:30. Music by "Triple B"

\$10 Id's requested

Greetings from High-Crest!

Residents celebrating birthdays this month are:

Bob Neary April 7th

Harvey Scott April 24th

Mary Lou MacDougall April 26th

Happy Birthday Folks! We will celebrate these birthdays with the Homebuddies hosting a Bingo Birthday Party on April 12th at 1:15, where we will enjoy each other company and also enjoy some delicious birthday cake and ice cream! Everyone is welcome! Now that the weather is improving we look forward to using our bus! See you in our travels! Thank you to all who visit and volunteer, sharing a few minutes of your day can really make someone else's!

Indian Harbour Lake, Pentecostal Church

April Worship & Activities: Sunday, April 3rd, 10th, 17th & 24th 11:00 am Morning Worship. Weekday Activities - Wednesday, April 6th, 13th & 20th 7:00 p.m. Bible Study All are Welcome! For more information, contact Pastor Dave Connolly at 902-522-2759 or ihlpastordave@gmail.com

Showing of Movie "God's Not Dead"

Sunday, April 17th 6:30 p.m. at IHL Community Center. What do you believe? Come join us for a showing of the box-office hit. This movie weaves together multiple stories of faith, doubt, disbelief, culminating in a dramatic call to action. The film will educate, entertain, and inspire moviegoers to explore what they really believe about God. Free admission, rated PG. Sponsored by IHL Pentecostal Church.

Port Bickerton Socials

April 13 at 10am – 3pm - Full Meal served at 12 noon

Enjoy some good times with Neighbours and Friends

April 27 at 12:30 – 3:30pm Light refreshments prepared. April socials are celebrating spring and will be ending until the fall. Please drop by and share your thoughts with us, so we can make plans for next year.

The Socials are sponsored by the Port Bickerton WI, with participation from the St. Mary's Recreation.

Kirk Memorial United Church Chinese Buffet

Saturday, April 9th 2016. East River Fire Hall. 4:00 - 6:00 Cost: \$12.50.

Lion's St. Mary's Memorial Hospital 4th Annual Walkathon

The St. Mary's District Lion's Club is looking for your support for the 4th Annual Walk-a-Thon for the St. Mary's Memorial Hospital. The walk will take place on Saturday, May 14th, 2016 at 10:00 a.m. in the Sherbrooke Village. If you would like to walk, please use the pledge sheet below. If you are unable to walk, please consider sponsoring a walker from your area! Come out and enjoy this event and thank you in advance to all of those who assist us with this worthwhile project.

Pledge Sheet

May 14th, 2016 Registration at 10:00 a.m.
Sherbrooke Village Information Centre

Name: _____ Community: _____

Home Phone: _____ Cell Phone: _____

Name	Mailing Address	Pledge	Paid	Receipt

Total Pledges: _____

Waiver/Release: By participating in the Lion's St. Mary's Memorial Hospital Walkathon, I waive and release any and all claims for myself, heirs, executors and administrators against the Walkathon sponsors, officials, organizers and supporters of the walk for injury, illness or death which may be directly or indirectly result from my participation in the walk. I am physically fit to participate in the walk. I have read and fully understand and agree to the contents of this waiver/release prior to the walk.

Signature of participant or guardian

Date



Sherbrooke & Area Volunteer Fire Dept.

Ongoing fund raiser Ladder Up campaign for our new fire hall continues to grow with \$30,452.00 raised thru donations. Our goal is to raise \$125,000.00. Donations may be forwarded to the fire dept. at P.O Box 2 Sherbrooke, BoJ3Co. Many thanks to those who already have donated. Building Committee is Wayne Auton, Laura Banks, Wayne Feltmate, Herb Scott and Ed Weir.

Turkey Dinner

The St. Mary's United Church will hold their Turkey Dinner at the Lions Hall on May 28/16 from 4:30 – 6:00.

April is Cancer Month

April is cancer month and once again we thank everyone for your continued support and dedication to this worthy cause. In 2014, we raised \$3111.30 and in 2015, we raised \$3180.00 (Residential - \$2768.00, Daffodils - \$412.00). This was only possible through the work of our volunteers and your donations to the Cancer Society. Our canvassers will again be calling at your door. We look forward to your support for the 2016 campaign. If you have any questions please call Alice Kennedy (902-522-2518) or Ola Laing (902-522-2046).

S.M.I.L.E Project

Our family finally arrived safe and sound on March 10th. They are adjusting well and are happy to be here. The greatest challenge ahead of them will be learning English, but they are ready to take it on. Another challenge will be adjusting to our much colder climate. Welcome to Canada!

Fundraisers

Glenhill Berry Farm (owned by Sid and Barb Taylor) has generously given us 100 boxes of frozen blueberries to sell for our project! \$15/5 lb box. Contact: [Sandy Taylor](mailto:SandyTaylor) for delivery, sandyt1944@gmail.com or 902 783-2502. Cheques or cash can be sent to, Port Bickerton United Baptist Church, C/O Gwen Robar Sherbrooke, NS BoJ 3Co made payable to "Port Bickerton United Baptist Church" with memo "SMILE Refugee project". Donate online: www.canadahelps.org/dn/24511. Join our Facebook page "S.M.I.L.E. Refugee Project" for updates.

Mass Times for the Catholic Community

St. Paul's [Sherbrooke] Sunday at 11:30 am
St. Patrick's [Lochaber] Sunday at 10 am
St. Joseph's [Ohio] Saturday at 5pm & Sunday at 8:30 am. Parish Priest: Fr. Alphonsus IK (Check with Parish Priest for other Times).

Port Bickerton Women's Institute Update

Next Meeting is April 4 in the Bickerton Community Centre at 7 pm. Please notice the time and location change. Friends and Visitors always welcome. Please drop by and "look us over" many exciting things happening. Come and be a part of everything

The Anglican Parish of Liscomb/Port Bickerton

April 3rd

9:00 am St. Paul's, Port Bickerton
11:00 am St. Thomas, Indian Harbour Lake
7:00 pm St. James, Sherbrooke

April 10th

9:00 am St. Luke's, Liscomb
11:00 am St. James, Sherbrooke
7:00 pm St. Paul's, Port Bickerton

April 17th

9:00 am St. James, Sherbrooke
11:00 am St. Luke's, Liscomb
7:00 pm St. Thomas, IHL

April 24th

9:00 am St. Thomas, IHL
11:00 am St. Paul's, Port Bickerton
7:00 pm St. Luke's, Liscomb
522-2510 revkristinmackenzie@gmail.com

St. Thomas Anglican Church Spring Tea

The St. Thomas Anglican Church will be having a Spring Tea at the Indian harbour Lake & Jordanville Community Centre on April 2 from 2-4. Cost is \$7 Everyone Welcome!

St. John's Liscomb Cemetery Society Annual Mtg.

Reminder: The meeting will be held at 7pm on Tuesday, April 12 at the home of Rachel Baker, 484 Little Liscomb Rd. All Welcome!

Stillwater Community Centre News

Card Parties will begin Friday, April 1st and will continue every Friday at 8pm (door opens at 7:15) till June 24th for more information, including hall rentals, call Colin Coady at 902-328-4153.

TOPS in Liscomb

Looking for help and/or support with your weight. Check us out. Meeting Times: Every Tuesday @ 5pm at the Bayview Baptist Church Hall. For more info call: 779-2709 or 364-2015. See You There.

Sonora Community Centre

April 6, 2016 @ 10am-2pm - Social Event – Come enjoy some good food, great company and have some fun! All are welcome. Bring your favorite game or maybe a hobby you can share. See you there
April 22, 2016 @7pm – Penny Auction, cake walk and Sorry Game. Come enjoy a night out and have some fun! Everyone is welcome!

55+ Games ticket Draw

You could win a one night stay at the Liscomb Lodge for two or many other great Guysborough County prizes. Tickets are \$2 for 1 or 3 for \$5 and can be purchased at the Municipal Office in Sherbrooke. In support of the Guysborough County 55+ Games. This event takes place each August at the Liscomb Lodge. Draw date is June 30th, 2016. Thank you for your support of this event!

Compass Rose Quilters Guild

Annual Quilt Show & Tea on April 30th from 2-4 pm at Sherbrooke Village Exhibit Centre. Free will offering. We've been busy, come see our newest projects!

Bulletin

Sherbrooke & Area Vol. Fire Dept. Year End Review

S&AVFD where called out to 21 fire calls in 2015. Those included structure, transformer, pole, tree, & brush fires. As first responders along with EHS, S&AVFD where called out to 20 medical calls. The Dept. was called for 1 motor vehicle roll over and a water rescue. 3 Alarm calls where responded to for different structures. Training completed in 2015 for S&AVFD included: First Aid for 13 members, Level 1 Fire Fighter training for 5 members, Medical First Responder recertification for 4 members. PTSD Education Awareness Seminar was attended by 3 members. 7 nights of in house training where completed. A walk through for Long Shore Fisheries was completed. 10 work nights where completed to work on trucks and equipment. Fire trucks were on display at the Harvest picnic, traffic control was provided for Canada Day parade, tree lighting, and Jingle Run. S&AVFD would like to thank the community for their continued support. S&AVFD Fire Chief Wayne Auton.

Newsletter Policy

As you probably have noticed, our municipal newsletter looks a bit different. In an effort to better communicate and increase effectiveness, council adopted an updated Newsletter Policy at the last Council meeting that includes submission criteria and categories. A copy of policy is on our website for further reference.

50th Wedding Anniversary

The children and families of Cyril and Sharon Carty are holding an open house on Saturday, April 16th. They would like to invite all family and friends to the Greenfield Oldsters Club in Melrose from 2-4 to help them celebrate.

NSP Safe installation of Generators

Never feed power from your generator into a wall out or directly into your electrical system. This could allow power to back-feed into Nova Scotia Power's system and result in severe injury or death to our employees. When power is restored after an outage, it may feed directly into your generator, causing severe damage. To eliminate this dangerous situation, a properly installed transfer switch is required.

Guysborough County Community Health Board

Call for Volunteers! Would you like to help shape the health of your community? Local CHBs are now recruiting! CHBs are volunteers of the NSHA and have a mandate to help improve community health by advising the NSHA on local issues, priorities, trends and perspectives through the preparation and submission of community-based health plans. CHBs also participate in community engagement and advocacy activities and participate in the selection of Wellness Fund recipients. The Guysborough County CHB meets the 2nd Wednesday of each month (Sept through June) from 5-7pm. Locations vary. Contact the CHB office for meeting locations. All meetings are open to the public. For more information visit www.gashachb.ca or 902-867-4500 x 4272 or Barb Anderson 902-522-2343.

APRIL 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
				1 Seniors Café 930am Library Crystal Talk 10am Book Club 11am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Stillwater Cards 8pm	2 Firearm Safety gam Spring Tea 2pm <hr/> 3 Restricted Firearm Safety Course gam
4 Fun <u>w</u> Friends 10am Garden Club Mtg. 130pm Kid Fit Sherb. 230pm Zumba 6:30pm PB WI Mtg. 7pm	5 Me & My Friends 10am Sketching Class 10am Kid Fit Liscomb 2:45pm TOPS Mtg. 5pm Knitting Class 6:30pm Open Gym 6:30pm Bootcamp 6:30pm Liscomb Legion Mtg.	6 Parent/Tot 930am Sonora Social 10am Kid Fit Goshen 3pm Zumba 6:30pm	7 Meditation 11am Kid Fit Ecum Secum 2:45pm Open Gym - 6:30pm Bootcamp - 6:30pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm	8 Seniors Café 930am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Stillwater Cards 8pm	9 CH Darts 11am Liscomb Dance 930pm Chinese Buffet 4pm <hr/> 10
11 Fun <u>w</u> Friends 10am Kid Fit Sherb. 230pm Zumba 6:30pm Council Mtg. 7pm	12 Me & My Friends 10am Sketching Class 10am Highcrest Party 1:15pm Kid Fit Liscomb 2:45pm TOPS Mtg. 5pm Knitting Class 6:30pm Open Gym 6:30pm Bootcamp 6:30pm Cemetery AGM 7pm Comm. Conversation 7pm	13 Parent/Tot 930am Careers NS Ctr. 10am PB Social 10am Kid Fit Goshen 3pm Zumba 6:30pm	14 Meditation 11am Kid Fit Ecum Secum 2:45pm ATV Club Mtg. 6pm Open Gym 6:30pm Bootcamp 6:30pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm	15 Seniors Café 930am Library Diving Talk 10am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Stillwater Cards 8pm	16 CH Breakfast 830am Hunter Safety gam Carty Anniversary 2pm <hr/> 17 IHL Movie 6:30pm
18 Fun <u>w</u> Friends 10am Kid Fit Sherb. 230pm Zumba 6:30pm	19 Me & My Friends 10am Sketching Class 10am Knitting Class 6:30pm Kid Fit Liscomb 2:45pm TOPS Mtg. 5pm Open Gym 6:30pm Bootcamp 6:30pm	20 Parent/Tot 930am Kid Fit Goshen 3pm Zumba 6:30pm	21 Meditation 11am Kid Fit Ecum Secum 2:45pm Volunteer Open House 6pm Open Gym - 6:30pm Bootcamp - 6:30pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm	22 Seniors Café 930am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Sonora Auction 7pm Stillwater Cards 8pm	23 Bean/Fishcake Supper 4pm <hr/> 24
25 Fun <u>w</u> Friends 10am Kid Fit Sherb. 230pm Zumba 6:30pm	26 Me & My Friends 10am Sketching Class 10am Kid Fit Liscomb 2:45pm TOPS Mtg. 5pm Knitting Class 6:30pm Open Gym 6:30pm Bootcamp 6:30pm	27 Parent/Tot 930am PB Social 12:30pm Careers NS Ctr. 10am Kid Fit Goshen 3pm Zumba 6:30pm	28 Meditation 11am Kid Fit Ecum Secum 2:45pm Open Gym 6:30pm Bootcamp - 6:30pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm	29 Seniors Café 930am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Stillwater Cards 8pm	30 Quilters Show 2pm

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