

Municipality of the District of St. Mary's

May 2016 Newsletter

www.saint-marys.ca

Questions? Call (902)522-2049



Municipal Election 2016

The municipal returning officer is your most important source of information about municipal and school board elections. Returning Officer for St. Mary's is Ruth Legge. Her role includes appointing and instructing election personnel, arranging for polling locations, preparing voters lists, accepting nomination papers, and declaring the results of the election. Contact Ruth at ruthlegge@seasidehighspeed.com or 902-779-2931. As a result of the Municipal Boundary Review approved by Utility and Review Board, there are changes to the polling districts. Prospective candidates should refer directly to the *Municipal Elections Act* or the *Education Act* for specific authority. Copies of these Acts are available electronically on the government website at www.gov.ns.ca and may be available from the municipal returning officer. Candidates for school board elections may also wish to visit the Nova Scotia School Boards Association website at: www.nssba.ca for further information.

St. Mary's 2026 Strategic Plan

The Municipality of St. Mary's is pleased with the turn out and discussions at the Community Conversation held on April 12th. The overall goal is to develop a 10 year plan that balances the municipality's vision with economic reality and guide the work of Council and staff. The next steps will consist of creating a draft plan that incorporates all feedback received. Keep up to date and informed through our Facebook page or website. For those of you who were unable to join us, there is still a chance to be a part of the long term planning by submitting responses to the following questions using the online survey at www.saint-marys.ca Or submitting a written version to the following questions; 1. What does St. Mary's look like now? 2. What does your ideal St. Mary's Look Like? 3. How do we get there?

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Municipal Council Meetings

The next Regular Municipal Council meeting will be held on Monday May 9th, 2016 at 7pm and the Committee of the Whole beginning at 4pm. The annual Meeting originally scheduled for April 18th has been deferred until late May. Date to be determined and announced on our website. The June Municipal Council meeting is scheduled for June 13th at 2:30pm. The Public is invited to attend any and all meetings.

Active Transportation

Active Transportation is defined as any transportation that is human powered. St. Mary's Municipality is continuing to work on it's Active Sherbrooke Plan. A final plan has been completed and was adopted by council in April. It has been our goal to see a plan that will be affordable and something the municipality can implement. The final plan is available, copies can be requested at the Municipal Office.

The deadline to have information submitted for the June issue of the Newsletter is May 20th at 4:00 p.m. Submissions can be received by fax: 522-2309, dropped off at office 8296 Highway #7 Sherbrooke or emailed to council@saint-marys.ca. Also please note that we reserve the right to edit any and all submissions to this newsletter.

Municipal News

Open Gym

Open Gym is a free play program at SMECA that allows all school aged children to be the masters of play! Equipment will be provided, but must be respected and cleaned up at the end of the program. Open Gym will be held on Tuesday's & Thursday's from 6:30-7:30pm. Parents are strongly encouraged to attend. Please note, if a child leaves our programs designated location (either inside or outside) they will no longer be supervised by our staff. Open Gym staff may choose to host the program in the outdoor court now that the weather is nice, or inside in its regular location.

Maureen Fraser School of Dance

Maureen Fraser School of Dance in partnership with St. Mary's Recreation is pleased to offer dance classes once again this year. Hip-hop, ballet and musical theatre classes are currently being offered to youth 3 years old and up. Classes began on April 28th at the Goshen Community Centre. Registration forms have been sent home with children at school. Contact the Recreation department if you are interested in registering your child. Children must have ballet slippers and body suits for this program. Financial assistance may be available.

Sherbrooke Zumba

Sherbrooke plays host to Zumba classes every week! Maria Tate is ready to lead you through a fun work out that will keep you wanting more! Join her every Monday and Wednesday at St. Mary's Academy from 6-7pm

Happy Feet Running Program

St. Mary's Recreation's Happy Feet program takes place on Thursday's from 2:30-3:30 at St. Mary's Education Centre Academy. This is a free program that will run until May 25th. It's not too late to register.

Saltscapes 2016

The Municipality of the District of St. Mary's attended the Saltscapes Expo in Halifax in April in hopes of attracting new tourists to our area. The expo is the largest of its kind in Atlantic Canada. St. Mary's partnered with some local organizations to make this project a huge success.

St. Mary's Fitness Centre

Did you know that parental mental health can directly affect a child's mental health and emotional development. Physical activity has been proven time and time again to limit the effects of mental health disorders with as few as three thirty minute sessions per week. May 7th is child and youth mental health awareness day. St. Mary's Academy/Education Centre takes much pride in providing an entire day (May 12th) for their students to participate in activities to benefit mental health. In respect, St. Mary's Fitness Centre would like to offer free drop-ins for parents on May 12th during regular fitness centre hours (2:30pm-8:00pm). Looking after your own mental health is just as important as your children's mental health. You never regret a workout once it's completed, but you will regret not doing it.

Kid Fit

This high-paced, action-packed program is back in community centres around the municipality. Kid Fit is designed to get kids moving and active through fun games and activities. Registration forms have been sent home. Bus notes will be needed for any child getting off their bus at their local community centre every week.
Monday: St. Mary's EC/A - 2:30 - 4pm
Tuesday: Liscomb Legion - 2:45 - 4:30pm
Wednesday: Goshen Comm. Centre - 3 - 4:30pm
Friday: Port Bickerton Comm. Centre - 3 - 4:30pm
It's not too late to register. Get involved in Kid Fit today!

Fishing Derby

The Municipality of the District of St. Mary's will once again be hosting a family fishing derby on June 11th from 9-11:30a.m. Standard fishing rules will apply, those over 16 must have a valid license. Prizes will be available for the largest fish caught in different categories!

Free Prom Dresses Available

St. Mary's Recreation has a variety of free prom dresses available for anyone who needs one. The dresses are of all different sizes and styles. Contact us for a catalogue and stop by to try one on!

Solid Waste Collection Services

May Collection Schedule:

Tuesday Zone 1	Wednesday Zone 2	Thursday Zone 3
3 rd Garbage & Bulky Item	4 th Garbage & Bulky Item	5 th Garbage & Bulky Item
10 th Recyclables	11 th Recyclables	12 th Recyclables
17 th Garbage & Bulky Item	28 th Garbage & Bulky Item	19 th Garbage & Bulky Item
24 th Recyclables	25 th Recyclables	26 th Recyclables

Collection Areas:

ZONE 1: New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora

ZONE 2: East Loon Lake, Smithfield, Denver, Newtown, Glenelg Church Rd, Aspen, Goshen to Borneo

ZONE 3: Stillwater, West Melrose, Lead Mines Rd, Waternish, Highway 211, IHL to Port Bickerton

The spring and Fall Heavy Haul will be replaced with a **bi-weekly bulky collection**. The driver of the truck will place a sticker on the bulky item and record the address for a pick-up on Monday/Friday. The bulky collection will be limited to one item every two weeks.

Transfer Station accepting items with Mercury

Mercury is a toxic pollutant that threatens the health of humans, fish and other wildlife. By recycling mercury-containing products such as CFL Bulbs and Thermometers you can help reduce the amount of mercury entering our environment. Bring your mercury-containing products to the Municipal Transfer Station and we'll recycle them for you, free of charge. For more information visit: <http://www.efficiencyns.ca/energy-solutions/mercury-collection/>

Effective April 1, 2016 the cost for dropping household garbage at the Transfer Station in Geoggan will increase to \$2.00 per bag.

Transfer Station – 150 Cape Geoggan Road, Goldenville

Hours of Operation:

9:00 a.m. - 4:30 p.m. Tuesdays to Saturdays

On site Services:

- Clear Bag Garbage tipping fee \$2/bag
- No recyclables accepted
- Construction and Demolition Materials waste disposal
- Household Hazardous waste disposal
- Metal and Appliance Disposal
- Electronics drop off Centre

Eastern Shore Cartage: 1-800-261-0372 (for specific pickup inquires)

Community Based Services

St. Mary's District Food Bank

Contact 902-328-4148 if you know of a need in the community. Confidentiality is strictly upheld. Boxes to receive food donations are located at Clover Farm and at the St. Mary's Hospital. Please check the "best before" date. Cash donations can be sent to St. Mary's District Food Bank, PO Box 102, Sherbrooke, NS, B0J 3C0. Donations make great gifts for any occasion. Thank you to those who support the Food Bank.

CPP information session

There will be an info session held on May 11th, 2016 from 1:00 - 3:00 at the Greenfield Oldsters Club, Melrose with Karen Hayne, Citizen Service Specialist.

S.M.I.L.E Project

A big thank you to everyone who came to our welcome party for the Wa'anga family. They were very touched by the warm reception. Our team is amazed every day by their English progression and adaption to Canadian living! **Fundraisers:** Yard Sale! Saturday, May 14 9 am-12 noon St. John's United Church All proceeds go to S.M.I.L.E. If you have quality items you'd like to donate please contact/drop off to: Rebecca Moore-522-2107 Sandy Taylor-783-2502. **Blueberries for Sale** - Glenhill Berry Farm has generously given us 100 boxes of frozen blueberries to sell! \$15/5 lb box Contact: sandyt1944@gmail.com 902 783-2502 for delivery. Visit our Facebook page, S.M.I.L.E. Refugee Project for more information!

Guysborough County Careers NS Centre

We offer free access to employment related services for all residents of Guysborough County. These Services include: Job Search Assistance, Create and update Resume & Cover Letter, Information and referrals for Employment Nova Scotia Programs, Interview Coaching, Job Board. Visit our Facebook Page for free posting of job ads to employers and client referral. Sherbrooke, St. Mary's Municipal Office: Hours of Operation for May 2016: Wed., May 11th and May 25th from 10am-2pm. Please contact us to arrange an appointment.

Sherbrooke Library

Meditation Class - The Meditation program is Thursday mornings from 11:00-noon. Learn how to meditate followed by a short practice. Feel the peace and calmness. Newcomers are welcome to join.

Village Readers' Book Club - the first Friday in the month, May 6th at 11am. Come tell us about something you have read recently. Did you like it or not?

Seniors' Cafe - Fridays at 9:30 am. Join us for a snack, conversation, have a game of scrabble, check out your books, and use the computers.

Sketching Classes - cont. Tuesday's 10-11:30am

Knitting Class - cont. Tuesday evening's 6:30-8 p.m.

Bird Watching- Are you interested in learning about birds, their calls, songs, habitat, nesting, as well as sight identification? Call for more information.

Writing Club-Several people are interested in reviving the writer' group. This will start in May. You will be contacted about the date.

Library Hours: Monday, Tuesday, and Thursday: 11am-4pm. Friday: 9:30am-4pm, Saturday 10am-1pm.

Call for more information: 902-522-2180

Guysborough County Kids First

Sherbrooke Parent/Tot Drop-in: Takes place on Wednesdays from 9:30-11:30am. Parents/caregivers and children ages birth to six are welcome to attend. Takes place at SMECA. Use the community entrance.

Just Me & My Friends: begins Tuesday, March 22nd from 9:30-11:30 am for 10 weeks. Open to all children who have turned four by Dec. 31, 2015 and will be attending SMECA in September. Located at SMECA use community entrance. Register by phone, email, Facebook message or at the program. Fun With Friends: Country Harbour Culture Centre Mondays 10-11:30am. All parents, caregivers and children age birth to six years are welcome. Story time, play time and a healthy snack. Kids First has many other supports, find out more on Facebook or www.kids1st.ca or by calling 1-888-533-3881.

St. Mary's Medical Clinic

Effective May 1, St. Mary's Medical Clinic will be offering additional office hours on Wednesday evenings from 7-9pm and Saturdays from 2-4pm. **This is by appointment only.** Please call the Clinic at (902)522-2275 Monday to Friday during regular office hours to make an appointment.

Eastern Mainland Housing Authority

We are looking for a reliable and experienced person or company for Grounds Maintenance (mowing, weeding, trimming and general labor) at the Maple Manor Seniors Complex in Sherbrooke. If you are interested in applying or have questions contact Rick Chisholm at 902-863-1259. Application closing date: May 6, 2016.

Community Events

The Ecum Secum Fire Department

There will be a penny auction on September 24th at the fire hall. Starting time 7pm. The Ecum Secum Fire Dept. will hold its annual Duck Race on September 25th at the Bridge in Fleet's Settlement, Ecum Secum. More details to follow in the coming months.

55+ Games ticket Draw

You could win a one night stay at the Liscomb Lodge for two or many other great Guysborough County prizes. Tickets are \$2 for 1 or 3 for \$5 and can be purchased at the Municipal Office in Sherbrooke. In support of the Guysborough County 55+ Games. This event takes place each August at the Liscomb Lodge. Draw date is June 30th, 2016. Thank you for your support of this event!

Drive One 4UR School & Vendor Sale

Test Drive a ford in Sherbrooke & Ford donates \$20 to the school/S.H.O.P.S. Takes Place Saturday, May 14, 9 am – 2 pm St. Mary's Education Centre. Keltic Ford will bring a variety of vehicles to you; No cost fundraiser & no sales pressure. One donation per civic number up to \$6000. Must be 18 yrs. old with valid driver's license. Civic number also needed for registration. Proceeds shared by school & S.H.O.P.S. **Vendor sale: 10 am – 2 pm & BBQ: 11 am– 1pm.** All we ask for is your time to take the test drive, It's that easy so join us and bring a friend

United Church Schedule for May

9:30 am *Bethany, East River, St. Mary's*

11:00 am *St. John's, Sherbrooke*

7:00 pm *Kirk, Glenelg*

St. Mary's Pastoral Charge, the United Church of Canada. Please call 833-2920 for information on Sunday School, Youth Group or Bible Study.

Entertainment & Silent Auction

There will be Food and Fellowship at the East River St. Mary's Fire Hall on Saturday, April 30th, at 7:00 pm.

United Baptist Church service schedule for May

May 1, 11am Port Hilford

May 8, 11am Port Bickerton

May 15, Sonora

May 22, Port Hilford

May 29, Port Bickerton

Indian Harbour Lake, Pentecostal Church

May Worship & Activities:

Sunday, May 1st, 8th, 15th, 22nd & 29th - 11am Morning Worship,

Sunday, May 15th 6:30pm Praise & Prayer

Weekday Activities - _Wednesday, May 4th, 11th - 7:00pm Bible Study

All are Welcome! For more information, contact Pastor Dave Connolly at 902-522-2759 or ihlpastordave@gmail.com

Lobster and Ham Supper

There will be a lobster and ham supper held in the Glenelg Presbyterian Church Hall on May 14th, 2016 from 4-6pm. Lobster: Adults-\$15, Children under 12-\$8 and Ham: Adults-\$8, Children under 12-\$4.

St. Mary's Shooters Association

May 1st, 2016 – SMSA Spring Meeting, Stillwater Community Ctr.

May 15, 2016 – Military Rifle Shoot, DNR range Stillwater, 9am – 3pm open sights only. For more info call (902)783-2820 or (902)522-2172.

Goshen & Area Fire Dept. Ratepayers Meeting

The Annual Ratepayers Meeting for the District #6 Volunteer Fire Department will be held on Tuesday, May 10th at 7:30 in the Goshen Community Centre. Financial statements for 2015/16 and proposed budgets for 2016/17 will be presented by the Fire Department and the Community Centre. All interested residents are invited and encouraged to attend this meeting.

TOPS in Liscomb

looking for help and/or support with your weight. Check us out. Meeting Times: Every Tuesday @ 6pm at the Bayview Baptist Church Hall. For more info call: 779-2709 or 364-2015. See You There.

Notice Time Change for Summer Hours

Historic Sherbrooke Village Development Society

(HSVDS) News: AGM: May 12th @ 7 PM, at the Sherbrooke Village Exhibit Centre. Invitation: The Sherbrooke Village Development Society is committed to the enhancement and promotion of the historical and educational mandate of Sherbrooke Village. In order to make this happen we must once again build a strong base of board members, Society members and volunteers. New Members required: If you are interested in joining as member at large and help volunteer with events, please come to our Annual General Meeting. Please help us keep the HSVDS viable by becoming a member. Volunteers are also needed for the HSVDS sub-committees; Show & Shine and Rally That Gives. Let us know where your interest lies by calling Lynn at 522-2400 ext. 226. Thank you for considering this invitation and we hope to see you at the meeting.

Goshen Community Centre Penny Auction

Penny Auction and Sorry Table will be held at 2 p.m. on Saturday, April 30. Goshen Community Centre.

Anglican Parish of Liscomb/Port Bickerton

May 1st

9:00 am St. Paul's, Port Bickerton

11:00 am St. Thomas, IHL

7:00 pm St. James, Sherbrooke

May 8th

9:00 am St. Luke's, Liscomb

11:00 am St. James, Sherbrooke

7:00 pm St. Paul's, Port Bickerton

May 15th

9:00 am St. James, Sherbrooke

11:00 am St. Luke's, Liscomb

7:00 pm St. Thomas, IHL

May 22nd

9:00 am St. Thomas, IHL

11:00 am St. Paul's, Port Bickerton

7:00 pm St. Luke's, Liscomb

May 29th

11:00 am Parish Communion Service

522-2510 revkristinmackenzie@gmail.com

St. Mary's Garden Club Annual Plant Sale

The Garden Club will have their Plant Sale on Sat., May 14th 2016 starting at 10:00 a.m., @ the REC PLEX. Perennials, vegetables, herbs, houseplants and more. Funds to provide a Scholarship for St. Mary's student. Next Garden Club meeting on May 10th, 1:30 p.m. @ the Community Room.

Royal Canadian Legion Branch #86 Liscomb

Next General meeting will be Tuesday, May 3rd

Activities:

Auction 45's - Thursdays at 8pm \$5.

Cribbage - Saturdays at 8pm \$5.

Chase the Ace in Liscomb is finished for now.

Flea Market at St. John Church Hall

There will be a flea market at the St. John's Church Hall in Necum Teuch on May 14th, at 9am - 1pm. Lots of New & Old items, Bake Table and Lunch also available. Contact Helen Berrigan to Rent Tables. 902-347-2182.

Country Harbour Gun Club

May 21st - Country Breakfast 8:30 - 10 am, Adults: \$7.00 & Children \$ 3.00

Maple Manor Bake Sale

Takes place Friday's at 2:00 p.m. at the Maple Manor.

St. Mary's District Lion's Club

The St. Mary's District Lion's Club is looking for your support for the 4th Annual Walk-a-thon for the St. Mary's Memorial Hospital. The walk will take place on Saturday, May 14th, 2016 at 10am in Sherbrooke Village. If you would like to walk a pledge sheet is located in the April Newsletter and if you are unable to walk please consider assisting by sponsoring a walker from your area. Come out and enjoy this event and in advance thank you to all those who assist us with this very worthwhile project.

The St. Mary's District Lion's Club is pleased to welcome the Guysborough Players Theatre Troupe to Sherbrooke. They produce musical comedy theatre and have mounted four successful shows. Their cast includes performers of all ages. Their shows are "homegrown"- they develop the concepts and scripts themselves and the productions contain a great deal of laughter and good music. We hope everyone enjoys tonight's performance. St. Mary's District Lion's Club & the Guysborough Players. Present an evening of musical, comedy theatre, and dinner "LOVE MAKES THE WORLD GO AROUND" at the Lion's Hall in Sherbrooke on May 21st, 2016 at 7pm. \$45.00 per seat. Groups larger than 8 people please reserve seating.

Fishing Derby in Erinville

Private Pond!!!!Cooke's Pond Place: 10 the Lane Road, Erinville, Guys. Co, N.S Time: Saturday, May 28, 2016 (weather date Sunday May 29) 8am-3pm. Adults: \$12 & Children under 12: \$6. Prizes Awarded! Pop and Hotdogs will be sold. NO Fishing Licence needed. RULES: Barbless single hooks, Catch and keep only, and 5 fish per-entry.... For more info please call 902-533-2169.

Memorial Hymn Sing

will be held at the St. John's United Church in Sherbrooke on Saturday, May 7, 2016 at 7pm. A time of food and fellowship will follow. All are invited and Welcome! Forms are available if you would like to make a donation and choose a hymn to honour the memory of someone. A charitable tax receipt will be issued for all donations. Your support is greatly appreciated!

S&AVFD and St. Mary's Lion Club Chase the Ace

Chase the Ace takes place Friday Nights. Doors open at 7:00 p.m., draw at 8:30 pm. Cash Bar and Canteen will be open. Must be 19 to enter. Gov't ID's may be requested. Location: Sherbrooke Lion's Hall.

Riverside Cemetary Spring Clean-up

The spring clean-up of the Sherbrooke Riverside Cemetery will take place on Saturday May 7, 2016 at gam-Noon. Note: please Park outside the cemetery grounds to allow for easier movement of the tractors and other equipment. Thank You. Volunteers are needed for this clean up.

Elder Abuse Presentation

Sherbrooke RCMP in partnership with the Naomi Society will be offering a presentation on how to recognize and protect yourself and others from elder abuse; physical, mental and financial. The presentation will be on May 25th at 2:00 pm at the Greenfield Oldsters Club in Melrose. Refreshments will be provided.

Amateur Athletic Association

Meeting May 11th, 2016 for election of new officials.

Sherbrooke & Area Volunteer Fire Dept.

Ongoing fund raiser Ladder Up campaign for our new fire hall continues to grow with \$31,293.00 raised thru donations. Our goal is to raise \$125,000.00. Donations may be forwarded to the fire dept. at P.O Box 2 Sherbrooke, BoJ3Co. Many thanks to those who already have donated. Building Committee is Wayne Auton, Laura Banks, Wayne Feltmate, Herb Scott and Ed Weir.

Turkey Dinner

The St. Mary's United Church will hold their Turkey Dinner at the Lions Hall on May 28/16 from 4:30 – 6:00

Port Bickerton Women's Institute

Monthly Meeting will take place May 2, 2016 @ 7pm at the Port Bickerton Community Centre. Socials have wrapped up for the season; we plan to start up again in the fall. Keep watching the Newsletter for up-dates. We have tickets for sale on our 2016 quilt. Monies raised support our Seniors Christmas Banquet and the many charities we support. Please feel free to drop in for a visit or to join, new members and ideas always welcome.

Bulletin

Thanks to the Community of Sherbrooke

We the family of the late Keith Allen Doc Jordan would like to thank the nursing home for the great care for Keith while he was there. To everyone he was a friend and to everyone who helped him in any way. Keith was blessed with so many good friends and neighbors. Thanks for showing so much love over the years. Sincerely Tim, Liz, Frank, Roberta and Family.

Thank You

We the family of the late Shirley M. Mac Donald would like to thank everyone who supported us, and provided comfort to us after her passing. Thanks for the food sent to our homes, and to everyone who attended the visitation and funeral. We thank everyone for the Mass cards, on-line condolences, and memorial donations. We would like to thanks anyone and everyone for your kindness that will never be forgotten. Sincerely, John, Johnny, Joey, Bev, Judy, Bonnie, Michael, Karen, Gina, Tanya and families.

Card of Thanks - Mona Louise [Scott] Anderson

We the family of the late Mona Louise Anderson wish to express our sincere thanks and appreciation to relatives, friends and neighbors for their support during our recent loss. To all who sent sympathy cards; memorial donations to our Sherbrooke Hospital and Saint James Anglican Church; flowers and food, a heartfelt thank you! To Mona's priest, who journeyed from Antigonish, to preside at the service, a very sincere vote of thanks. Special thanks to whom came to play the Pipe Organ and to the rector of Saint James Anglican Sherbrooke, the Reverend whose presence we appreciated. As well, thank you to the many friends and relatives of Mona who journeyed from afar & the funeral home who were so present to us all. The reception that followed the funeral service, provided by the Women's Institute and others we will never forget your kindness. Sincerely Byron and Laurie, daughters Brooke and Emma; Philip and Maxine, daughters Scarlet and Iris; Linda Scott-Hawco and Johnie Scott.

Thanks from St. Mary's & Broadhorn ATV Clubs

Both clubs would like to thank everyone who donated money toward the plywood & screws to do the flooring at MacKeen Lake Lodge. Thank you to those who support the Lodge by giving of their time and supporting our fundraisers without you the Lodge would not be as great as it is today

Join a Women's Institute

Ladies, Do you belong to Women's Institute? If not, let's join and enjoy helping our community! Women's Institute meet once a month, Rally twice a year and go to Provincial Conventions once a year. They are looking ahead to 2019 and are afraid that things might change. We are reminded to keep up our donations and contributions to our communities so we will not lose this very important community asset.

An Update from the St. Mary's River Association

By Scott Beaver, President



Hello Folks of the Municipality of St. Mary's. My name is Scott Beaver and I live in St. Mary's on the Waternish Road. Some of you may know my parents Rene and Carol Beaver. They owned and operated the Sherbrooke Village Inn, Eastern Valley Outfitters and the Clover Farm grocery store/hardware store for many years. I was raised in Sherbrooke, moved away and moved back again to raise my family. My wife Beth Tate and I have 3 beautiful children who attend the St. Mary's Education/Academy Centre and enjoy the banks of the St. Mary's River daily.

I am currently the President of our St. Mary's River Association which you may be quite surprised to know has many local projects revolving around our majestic river system. Our association feels we should communicate more with our community. Although our board of directors are mostly from our area the majority of members are not. I feel it's possible that our local inhabitants aren't fully aware of what the St. Mary's River has to offer and just what your local river association is up to. I'm going to write a series of articles for our community newsletter to highlight some of our projects and to show just what we have on the go. I think it may surprise you.

Our local museum is located at 8404 number 7 Highway entering Sherbrooke. If you have never been in here you should stop and have a look around. Maybe pack a lunch and have a picnic across the road at the park. Our museum highlights a long history of Atlantic salmon on our river, but to know more you will have to stop by and say hi to our museum manager Joanne Mailman. I don't want to spoil it!

Some projects we are currently working on:

1. Habitat enhancement project (Restoring the river bottom & river banks after years of damage by floods, ice, logging and lack of proper forestry management)
2. Kelt rejuvenation project (giving the salmon going out to sea the best possible chance of survival, and returning to the river where they were born)
3. River signage project (signs providing information for paddling and angling)
4. River data logging project (stream side pH, level, temperature and rain fall amounts)
5. Grade 12 Biology pH field trip Project (partnership with the St. Mary's Education/Academy Centre)
6. Complete revamp of our web site (QR coded sign information and the data logged info will be found here)
7. Sea trout enhancement project (working with Inland Fisheries and the Frasers Mills hatchery)

We are currently divided into 8 different committees focusing on very different issues that are relevant to the success of our Association. Our executive has identified reports done in the past which have stressed the need to diversify our role contributing to a stronger healthier community based organization. (Ann Camozzi's strategic plan done in 2002 and Peter Dowd's Recreation plan done in 2009.) Both can be found on our new web site (coming soon) stmarysriverassociation.com under EDUCATION/REPORTS.

Stay tuned for my next article which will give you more detail on our projects. Remember we are a community based organization and we welcome and encourage local membership. You can become a member by dropping by our museum and coming soon you will be able to sign up on our web site. Members enjoy our annual newsletter, you can join a committee of interest and volunteer or you can just stay informed about our many projects we have on the go. Remember as a member you have a vote at our Annual General meeting. **This year's meeting will be held at the Interpretive Centre on May 29th at 2 PM, all are welcome.**

Signing off from the banks of the St. Mary's - Your river ambassador,
Scott Beaver, President/SMRA

Bulletin

DRIVERS REMINDED ABOUT "MOVE OVER LAW"



Royal Canadian
Mounted Police

Nova Scotia... A vehicle narrowly misses a Volunteer Fire Fighter while responding to a motor vehicle collision. An EHS Paramedic is forced to jump out of the way of an approaching vehicle on a 100-series highway. These are just two examples that emergency response personnel across the province face each day while conducting their duties.

On April 20, 2016, Guysborough RCMP conducted an educational traffic blitz in the Boylston area. Within an hour, seven vehicles were stopped and advised of their infractions as it related to the 'move over' law. It has been 6 years since this Act came into law, and many drivers are still unaware of its existence.

Throughout the month of April, the Nova Scotia RCMP has been undertaking an awareness campaign designed to improve the safety of all first responders (police, fire and EHS personnel) by reminding the public about the dangers they face, and why Nova Scotia has 'Move Over' legislation. Traffic Service and General Duty units across the province have been conducting enforcement activities throughout the month in support of this initiative and to ensure that motorists are adhering to this law.

On May 1, 2010, *An Act to Increase Safety for First Responders and Others*, often referred to as the 'Move Over' law, came into effect in Nova Scotia. It made it an offence to speed in excess 60 km/h or the posted speed limit, whichever is the lesser of the two, while passing a stopped emergency vehicle when its emergency lights are on. Motorists are also required to change lanes to the lane furthest from the stopped emergency vehicle if that lane is free and it is safe to do so. The only exception to the law is when travelling on a divided highway. If the emergency vehicle is on the opposite side of the median, there is no need to slow down.

Failure to abide by the 'Move Over' law can result in a fine ranging from \$352.50 to \$2,442.50. Please use caution and think about the emergency personnel as you approach and pass by them.

For more information on the 'Move Over' campaign, be sure to follow the Nova Scotia RCMP on Twitter (@RCMPNS) and Facebook (Royal Canadian Mounted Police in Nova Scotia), as well as the hashtags #SlowDown and #MoveOver. Reminder messages on 'Move Over' will also be posted on the 100-series highway digital signs and at select Service Nova Scotia centres as well.

AMBER Alert

The Nova Scotia AMBER Alert system is a voluntary partnership, between law enforcement agencies, media outlets, and the public, that establishes a protocol to activate an urgent public appeal for information in the most serious of child or vulnerable person abduction cases. The program gives the public up-to-date information about an abduction by using widespread media and social media broadcasts and soliciting the public's help in having the child/vulnerable person returned home safely. How the Program works: When an AMBER Alert is activated in Nova Scotia, information will be shared through various mediums including media, social media and web sites. This will occur at various times until the Alert is cancelled either upon the successful conclusion of the investigation or when the Alert is considered no longer effective. A notification will be issued to the public and will be posted on the AMBER Alert Nova Scotia Facebook page.

How you can help: if you hear an AMBER Alert:

- Watch for the child, vulnerable person, suspect and / or the vehicle described in the alert
- Give information on the location of the abduction and a description of the victim, suspect and/or any vehicle involved
- Immediately report any findings by calling 9-1-1 or the phone number included in the alert. Do not call 9-1-1 to request information about the abduction

MAY 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
2 Fun w Friends 10am Kid Fit Sherb. 2:30pm Zumba 6:30pm PB WI 7pm	3 Me & My Friends 10am Sketching Class 10am Kid Fit Liscomb 2:45pm TOPS Mtg. 6pm Knitting Class 6:30pm Open Gym 6:30pm Bootcamp 6:30pm Liscomb Legion AGM Legion AGM	4 Parent/Tot 9:30am Kid Fit Goshen 3pm Zumba 6:30pm Medical Clinic 7-9pm	5 Meditation 11am Kid Fit Ecum Secum 2:45pm Happy Feet 2:30pm Open Gym - 6:30pm Bootcamp - 6:30pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm Goshen Dance	6 Seniors Café 9:30am Book Club 11am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Stillwater Cards 8pm ChaseTheAce 7pm	7 Medical Clinic 2pm Hymn Sing 7pm Cemetery Cleanup gam 8
9 Fun w Friends 10am Kid Fit Sherb. 2:30pm Zumba 6:30pm Council Mtg. 7pm	10 Me & My Friends 10am Sketching Class 10am Kid Fit Liscomb 2:45pm TOPS Mtg. 6pm Knitting Class 6:30pm Open Gym 6:30pm Bootcamp 6:30pm Liscomb Legion Mtg. Goshen Fire Rate Mtg 7:30pm	11 Parent/Tot 9:30am Careers NS Ctr. 10am CPP-OAS info 1pm Kid Fit Goshen 3pm Zumba 6:30pm Medical Clinic 7-9pm CPP Info Session 1pm Athletic Assoc mtg.	12 Meditation 11am Kid Fit Ecum Secum 2:45pm Happy Feet 2:30pm Open Gym - 6:30pm Bootcamp - 6:30pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm Goshen Dance Fitness Centre Free Drop in Sherbrooke Village AGM 7	13 Seniors Café 9:30am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Stillwater Cards 8pm ChaseTheAce 7pm	14 Walk-a-thon 10am Plant Sale 10am Yard Sale gam Medical Clinic 2pm Lobster Supper 4pm Vendor Sale 10am Ford Testdrive gam Flea Market gam 15 Rifle Shoot 9-3
16 Fun w Friends 10am Kid Fit Sherb. 2:30pm Zumba 6:30pm	17 Me & My Friends 10am Sketching Class 10am Kid Fit Liscomb 2:45pm TOPS Mtg. 6pm Knitting Class 6:30pm Open Gym 6:30pm Bootcamp 6:30pm	18 Parent/Tot 9:30am Kid Fit Goshen 3pm Zumba 6:30pm Medical Clinic 7-9pm	19 Meditation 11am Kid Fit Ecum Secum 2:45pm Happy Feet 2:30pm Open Gym 6:30pm Bootcamp 6:30pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm Goshen Dance	20 Seniors Café 9:30am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Stillwater Cards 8pm ChaseTheAce 7pm	21 Medical Clinic 2pm Country Breakfast 8:30am 22
23 Fun w Friends 10am Kid Fit Sherb. 2:30pm Zumba 6:30pm	24 Me & My Friends 10am Sketching Class 10am Knitting Class 6:30pm Kid Fit Liscomb 2:45pm TOPS Mtg. 6pm Open Gym 6:30pm Bootcamp 6:30pm	25 Parent/Tot 9:30am Careers NS Ctr. 10am Kid Fit Goshen 3pm Zumba 6:30pm Medical Clinic 7-9pm Elder Abuse Presentation 2pm	26 Meditation 11am Kid Fit Ecum Secum 2:45pm Happy Feet 2:30pm Open Gym - 6:30pm Bootcamp - 6:30pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm Goshen Dance	27 Seniors Café 9:30am MM Bake Sale 2pm Kid Fit Port Bickerton 3pm Sherb. Chase/Ace 7pm Sonora Auction 7pm Stillwater Cards 8pm ChaseTheAce 7pm	28 Medical Clinic 2pm Fishing Derby 8am Turkey Dinner 4:30 29 River Assoc AGM 2pm
30 Fun w Friends 10am Kid Fit Sherb. 2:30pm Zumba 6:30pm	31 Me & My Friends 10am Sketching Class 10am Kid Fit Liscomb 2:45pm TOPS Mtg. 5pm Knitting Class 6:30pm Open Gym 6:30pm Bootcamp 6:30pm				

Don't see your event? Send it to us. We will add it to our comprehensive, up-to-date event calendar at www.saint-marys.ca