

# Municipality of the District of St. Mary's

## July 2016 Newsletter

[www.saint-marys.ca](http://www.saint-marys.ca)

Questions? Call (902)522-2049



### **Municipal Tax Bills**

Your 2016/17 Municipal tax bill has been mailed out. Reminder of the due date July 31<sup>st</sup>, 2016 and you can pay online/telephone or in branch at the following financial institutions with your 8 digit account number; Royal Bank, Scotia Bank and Credit Union and COMING SOON; TD Canada Trust

### **Low Income Exemption**

This year the deadline to submit Low Income Exemption form is December 30, 2016. Once an approved application is received, your tax bill will be credited the exemption, if you pay your bill in advance of application; deduct \$110 from the amount of total bill.

### **Municipal Council Meeting**

The next Regular Municipal Council meeting will be held on Monday July 11, 2016 at 7:00 pm. Visit website for Agenda and minutes [www.saint-marys.ca](http://www.saint-marys.ca)

### **Revisions to the Preliminary List of Electors for**

#### **Municipal and School Board Elections**

The Preliminary Lists of Electors have been prepared for the upcoming elections. Enumeration has NOT been conducted; the permanent NS Provincial lists have been used. The revising officers may make additions or corrections to the lists upon application by telephone, fax, email, mail, or in person. Electors may find out if they are on the List of Electors by:

Contacting the Returning Officer, Ruth Legge, at Liscomb Mills at (902) 779-2931 or [ruthlegge@seasidehighspeed.com](mailto:ruthlegge@seasidehighspeed.com) or visiting the Municipal Office, 8296 Hwy #7, Sherbrooke, between the hours of 8:30 a.m. and 4:00 p.m., Monday to Friday (902) 522-2049; Toll-free 877-388-0868; Fax (902) 522-2309.

You will be asked for your full name, civic and mailing address, and date of birth. If you live in a District that has had boundary changes due to last year's BOUNDARY REVIEW, you can call to find out in which District you now reside and where you will go to vote.

**MUNICIPAL and SCHOOL BOARD ELECTIONS** will take place on Saturday, October 15, 2016. If you are considering running for office and have questions, please contact the Municipal Returning Officer, Ruth M. Legge, at (902)779-2931 or the Municipal Office, (902) 522-2049.

### **Solid Waste Collection**

Collection services can begin as early as 7 a.m. Changes to routes and the order in which haulers collect may change depending on weather, staffing levels etc. **Bulky items** – reminder that garbage collection is every week throughout the summer months, however bulky item will remain every second week opposite to recycling week. Note that the maximum weight of a bulky item is 400lbs or 6ft x 7ft. Contact Eastern Shore Cartage with your questions 1-800-261-0372 **Recollect App** - Don't forget; sign up for waste collection reminders and download your collection schedule right to your phone! Visit the Waste Disposal section on municipal website .

**Municipal Transfer Station will be closed on Friday July 1<sup>st</sup>, 2016**

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The deadline to have information submitted for the August issue of the Newsletter is July 20<sup>th</sup> at 4:00 p.m. Submissions can be received by fax: 522-2309, dropped off at office 8296 Highway #7 Sherbrooke or emailed to [council@saint-marys.ca](mailto:council@saint-marys.ca). Also please note that we reserve the right to edit any and all submissions to this newsletter.

# Municipal News

## Litter Clean up Incentive

A community group is eligible to apply for litter clean-up incentive funding. The application must be submitted and approved prior to cleanup that includes at least 1 km of road along both shoulders or 1.5 acres of public property such as a beach or park. A complete after cleanup report will trigger the release of \$100 or more dependent on the number of applicants. Application Forms are available at the municipal office or emailing [nicole@erswm.ca](mailto:nicole@erswm.ca)

## Community Bin Project

This funding program, sponsored by St. Mary's Municipality and RRFB NS is to assist community groups with purchase of waste sorting stations and help Nova Scotia achieve our provincial disposal target of 300 kg per person per year. Interested community groups must submit the form by February 2017. More information can be found at [www.easysorter.ca](http://www.easysorter.ca) for different models available. Application Forms are available at the municipal office or by emailing [nicole@erswm.ca](mailto:nicole@erswm.ca)

## AFTeR - Association for Textile Recycling

When donated, even a holey sock and torn pants have value because if they can't be reused, they will be recycled. They accept all textiles that are clean, dry and have no odours. Less waste equals more landfill space. Questions? Call 902-232-2563 or 1-888-377-9622.

## Lyme Disease Awareness

It's a great time of the year to enjoy the outdoors, but we need to be aware and careful in areas where there may be blacklegged ticks (also called deer ticks). These can carry the germ that causes a bacterial infection called Lyme disease. Protect against ticks especially in grassy, wooded or shrub covered areas by using insect repellents containing DEET, wear light colored long sleeved shirts and pants, keep your lawn mowed short, check your body for ticks. To access a great educational video for kids about how to protect against tick bites, visit [www.novascotia.ca/hpp/cdpc/lyme.asp](http://www.novascotia.ca/hpp/cdpc/lyme.asp)

## Outreach for Rural Women

Rural Outreach in Guysborough County is a service of the Antigonish Women's Resource Centre and Sexual Assault Services Association. It is a free and confidential service for women and adolescent girls of all ages and backgrounds who are living in and around Canso, Guysborough, and Sherbrooke. Some of the issues you can talk to the outreach worker about are: poverty, violence against women, employment support and income assistance, relationships, parenting, physical, mental and emotional health, education and employment, the legal system, housing, addictions, harassment and abuse. The outreach support worker is available Mondays: Guysborough, Wednesdays: Canso, Thursdays: Sherbrooke. Call 863-8668 to arrange an appointment.

## Worksmart Program

Through support from Service Canada, *Work Smarts NS* provides employers a significant wage subsidy to hire a recent graduate from *any* post-secondary institution.

The objectives of *Work Smarts NS* are to give graduates the opportunity to apply the skill sets they developed at school in a work setting that is consistent with their past education, and to stimulate rural economies throughout Nova Scotia by providing businesses an opportunity for growth.

The SSBDC is currently accepting applications from employers in rural communities throughout Nova Scotia to take part in *Work Smarts NS*. If your business could benefit from receiving over **\$7,500** in funding to hire a recent graduate, please email

[WorkSmarts.NS@smu.ca](mailto:WorkSmarts.NS@smu.ca) or visit [smu.ca/worksmarts](http://smu.ca/worksmarts)

## Free Dog Tags

Please be advised that by law all dogs are required to be registered and must have a tag. Did you know that 95% of all lost dogs found with a license tag do get home! Beginning in 2016, dog registration is only required once. The license tag is identification that will assist the By-law Enforcement Officer in returning your dog should it ever become separated from you. You may drop by the municipal office to pick up your tag and to register your dog.

## ENVIRO-DEPOT

MacMillan's Mobile Depot will be at 8015 Highway 7, Sherbrooke every Saturday in July and August starting July 2, 2016. For more information call (902) 863-1127.

## FREE 10-Week Stop Smoking Program

Assistance with Nicotine Replacement (Patch, Gum, etc.) or Medication is available as part of the program.

Location: Sherbrooke, Maple Manor, 8235 Main Street

Date: Starting Tuesday, June 28, 2016 from 1:00-2:30pm.

Registration is Required, Contact Colette (902) 625-8819 or Toll Free: 1-888-291-3535.

## St. Mary's Medical Clinic

St. Mary's Medical Clinic is offering additional office hours on Wednesday evenings from 7-9pm and Saturdays from 2-4pm. **This is by appointment only.** Please call the Clinic at (902)522-2275 Monday to Friday during regular office hours to make an appointment.

## Equipment Rental

Looking for something to do this summer? St. Mary's has equipment available to the public for rent at little to no cost. Free equipment includes camping items, hiking poles, sporting equipment, fishing rods and GPS units. The Municipality also has four kayaks available for rent. Rental costs can be found on our website and we also take bookings.

# Municipal News

## The Great Benjamin's Circus is Visiting St. Mary's

The circus is coming to town! The Great Benjamin's Circus will be performing two shows at the St. Mary's Recplex in Sherbrooke on Monday, July 25<sup>th</sup>. Acts include a trained dog show, a contortionist and the motorcycle Ball of Death! Advance tickets will be available at the St. Mary's Municipal Office 8:30AM - 4PM Mon-Fri. Adults \$15 advance & \$22 at the gate, children \$10 advance \$15 at the gate, senior 55+ \$10 advance \$15 at the gate, family pass \$45 advance only (2 adults and up to 3 children). Benjamin's Circus admits one free child age 12 and under per paid adult.

## Recreation Day Camps

It's summer time once again, and that means sun, vacation and day camps! Day camps will be starting July 4<sup>th</sup> and go through to August 26<sup>th</sup>. Camps will be held at various locations throughout the municipality. Day camps are free for all kids aged 4-12. All equipment is provided, children are only asked to bring a lunch, lots of water, and appropriate footwear for running around! *Please note that day camps may be cancelled for the week at a location with less than 3 children.*

### July Schedule:

July 4<sup>th</sup>-8<sup>th</sup> Sherbrooke (Recplex) & Port Bickerton Com. Ctr.  
July 11<sup>th</sup>-15<sup>th</sup> Goshen Community Ctr & Sonora Community Ctr  
July 18<sup>th</sup>-22<sup>nd</sup> Port Bickerton Com. Ctr & Ecum Secum Fire Hall  
July 25<sup>th</sup> - 29<sup>th</sup>: Goshen Community Ctr & Liscomb Legion

## Fun Day at Nimrod's Campground

The Department will be hosting a fun day for kids aged 4-12 at Nimrod's Campground on Friday, July 22<sup>nd</sup>. The day will consist of playing games, exploring nature, and swimming. ALL children are invited, registration forms will be available. Please note that all day camp locations will be going to Nimrod's for this event. Children are asked to bring swimwear, appropriate clothing/footwear, a lunch, and lots of water!

## Walk & Talk

Another season of Walk & Talk is upon us! Let's get walking! We would like to see a Walk & Talk program take place in every community in St. Mary's. We are asking community leaders to come forward to help organize this program. Call the department today for more information and how you can start a Walk & Talk movement in your community.

## Recreational Archery Program

The Community Development & Recreation Department would like to continue weekly recreational archery shoots at the St. Mary's Recplex. Participants must have their own archery equipment. Please keep an eye out for a start date. Get in touch with the department if you are interested in participating this summer.

## Summer Zumba

Zumba will be returning to the Indian Harbour Lake/Jordanville Community Centre on July 6th! Join Maria Tate every Wednesday from 6-7 p.m. Participants can use previously purchased punch cards for this program. Punch cards are available for purchase at the Municipal Office. New participant's first class is free!

## Recreation Volleyball Tournament

The St. Mary's Community Development & Recreation Department is hosting a one day, 4 on 4 volleyball tournament on July 23<sup>rd</sup> at the St. Mary's Education Centre. Participants must be at least 14 years old, and teams can register at the Recreation Office or by phone at (902) 522-2598. Looking for a minimum of four teams, cost is \$20/team.

## Red Cross Swimming Lessons

Splash into summer with Red Cross Swimming Lessons! We will be hosting two swimming sessions again this year in July and August. Our July classes will take place at the Liscombe Lodge. Classes for August are still being determined. Our first session will take place July 11<sup>th</sup>-22<sup>nd</sup>. Due to funding support from the Department of Communities, Culture and Heritage, swimming lessons will be offered to all children at a cost of only \$10 for the 2016 year only. Swimming saves lives and of course is fun! Register your child today! If you have any questions in regards to what level your child will be in this summer, give us a call!

## Guysborough County 55+ Games

Registration is now open for the 29<sup>th</sup> annual Guysborough County 55+ Games at the Liscomb Lodge. The games will take place on August 17<sup>th</sup> & 18<sup>th</sup> this year. Enjoy some of your favorite games, lots of laughs and a beautiful visit to the Liscombe Lodge Resort and Conference Centre. Registration forms can be found at your local Municipal Office. Everyone is invited to take part in this event. Call (902) 522-2598 for more information.

## Solid Waste July Collection Schedule

*Eastern Shore Cartage 1-800-261-0372*

<b>Tues-ZONE 1</b>	<b>Wed-ZONE 2</b>	<b>Thurs-ZONE 3</b>
<b>July 5</b> Garbage & Bulky Item	<b>July 6</b> Garbage & Bulky Item	<b>July 7</b> Garbage & Bulky Item
<b>July 12</b> Recyclable & Garbage	<b>July 13</b> Recyclable & Garbage	<b>July 14</b> Recyclable & Garbage
<b>July 19</b> Garbage & Bulky Item	<b>July 20</b> Garbage & Bulky Item	<b>July 21</b> Garbage & Bulky Item
<b>July 26</b> Recyclable & Garbage	<b>July 27</b> Recyclable & Garbage	<b>July 28</b> Recyclable & Garbage

**ZONE 1:** New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill.

**ZONE 2:** East Loon Lake, Smithfield, Denver, Newtown, Glenelg Church Rd, Aspen, to Goshen to Borneo Rd inclusive.

**ZONE 3:** Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Minds Rd, to Waternish inclusive.

# Community Based Services

## Guysborough County Careers Nova Scotia Centre

Free access to employment related services for all residents of Guysborough County: Job Search Assistance, Create and update Resume & Cover Letter, Information and referrals for Employment Nova Scotia Programs, Interview Coaching, Job postings at Guysborough County Careers Nova Scotia Centre Facebook Page, Free posting of job ads to employers and client referral. Please contact us for all your employment and career decision needs!  
**SHERBROOKE - ST. MARY'S MUNICIPAL OFFICE BUILDING.** Hours of Operation for July: Wednesday, July 8<sup>th</sup> and July 22, 2015 from 10am-2pm. Please contact us to book an appointment.

## St. Mary's District Food Bank

Please contact the St. Mary's District Food Bank at 902-328-4148 if you know of a need in the community. Confidentiality is strictly upheld. Boxes to receive donations of non-perishable items are located at Clover Farm and the St. Mary's Hospital. Please check the "best before" date. Cash donations can be sent to St. Mary's District Food Bank, PO Box 102 Sherbrooke, NS B0J 3C0.

## Sherbrooke Library

Summer Learning Challenge - for ages 6-12, Mon, July 4; Tues, July 5; and Thurs, July 7. Each morning these sessions will be from 9:30 to 11:00. There will be fun activities. The topics are grossology, 3D virtual reality, and paper making. During July and August will be a Summer of Star Wars. Pre-registration is necessary as we are limited to 10 children.

Meditation Class - The Meditation program is Thursday mornings from 11:00-noon. Learn how to meditate followed by a short practice. Feel the peace and calmness. Newcomers are welcome to join.

Village Readers' Book Club - New date! This month book club will be July 8<sup>th</sup>. We will be celebrating our 6<sup>th</sup> year. Please join us for cake and book talk.

Seniors' Cafe - Fridays at 9:30 am. Join us for a snack, conversation, have a game of scrabble, check out your books, and use the computers.

Sketching Classes - cont. Tuesday's 10-11:30am

Knitting Class - is taking a holiday for the summer and will start up again in the fall.

Bird Watching- Are you interested in learning about birds, their calls, songs, habitat, nesting, as well as sight identification? Call for more information.

Writing Club-Several people are interested in reviving the writer' group. You will be contacted about the date.

Book Sale - July 18 to 23. Many shelves of variety of topics, fiction as well as non-fiction.

Library Hours: Monday, Tuesday, and Thursday: 11am-4pm. Friday: 9:30am-4pm, Saturday 10am-1pm. Call for more information: 902-522-2180

## St. Mary's River Association

Article by Scott Beaver



In my last article, I briefly discussed the projects the St. Mary's River Association is undertaking. In this article, as promised, I will discuss one of those projects in more depth: our West Branch habitat enhancement project which we have been working on for 3 years. In 2010, we funded a study focussing on what we can do to assist in the recovery of our salmon population. With the Atlantic salmon on the edge of endangerment in our region, the Southern Uplands, we developed a list of tasks we can address to help in that recovery. You may have guessed the top two items are: improving habitat and stock enhancement. Improving habitat is a big one! The section of river we identified as the poorest is the West Branch. The degradation of habitat happened over many years of log drives down the river and clear cutting along the banks of the main river as well as its tributaries. The results of which are a wider, shallower and warmer river with no refuge for salmon running the gauntlet to spawn in the upper sections. Our Association can't do much about global warming or what happens to salmon at sea but we sure can work towards a narrower, deeper channel returning our river structure to what it was in the past. This narrower, deeper channel will create refuge sites for salmon and trout helping them to find hiding places and stay cool at the same time. Salmon and trout are very sensitive to the water temperatures, with the river warming up dangerously in the summer months. This habitat work will have the added bonus of extending the paddling season for canoers and kayakers on the river. After canoeing the West Branch of the St. Mary's this May long weekend, it is very easy to see the effects of the past. Canoe and Kayak Nova Scotia have a paddling map for this section of the river that you can find on their website <http://ckns.ca/paddling-routes/ckns-canoe-route-maps-and-descriptions/>

In the last two years we have raised over \$400,000 for habitat work on our West Branch resulting in over four kilometers of river being restored. Our goal is quite challenging with our sights set on completing the entire project in the next 8 years; sixty kilometers of the West Branch. We have 10 river sites identified between the Caledonia Bridge and Trafalgar. This summer we are focusing on three of those sites and in addition some work on the Sutherland's Brook tributary. Follow up redd counts in the areas worked on during the past two years show encouraging signs of salmon returning. Redds are the little beds in the gravel salmon make for their eggs and are usually found in riffles just before or after pools. Thank you all for reading, signing off from the banks of the St. Mary's

Scott Beaver, President of the SMRA

# Community Events

## Stillwater Community Center

Stillwater Cards have come to the end of a lovely season. Thanks to those who came to play. Start up for a new season will be posted at a later date.

## St Mary's Shooters Association

Dear members here is what needs to be done on Saturday: 1- Stain sign posts at the road, 2--install new sign at the road, 3-Stain shooting enclosure, 4- make new stands for steel targets (needed for July 3 shoot), 5-Finish insulation club room, vapor barrier, put up OSB, need lots of hands, 6- clean storage space. I need lots of helpers please and will start gam. Will provide lunch. John Day President SMSA

## St. Mary's Garden Club

Next meeting on July 12th, 2:00 p.m. at the Municipal Building. A short meeting, followed by a tour of two gardens in Sherbrooke. Visitors are welcomed to join us.

## St. Mary's District Lion's Club

The Lion's Club would like to thank the Walkers and Contributor's that came out to Support the 4th Annual Lion's St. Mary's Memorial Hospital Walkathon!! King Lion Rod Dunbar presented a cheque of \$5115.80 to Chair of St. Mary's Hospital Society, Don Dunbar.

## St. Mary's ATV Club Meeting

The ATV Club will meet on July 14<sup>th</sup>, at 6pm in the United Church Basement in Sherbrooke.

## Goshen Community Center

The Goshen Community Centre will be opening a NEW TO YOU SHOP upstairs at the Community Center. We will be opening in late July. We are accepting donations of gently used clothing, home décor, small furniture items and tools in good condition. If you don't want it we will take it off your hands. Please phone Lisa Myers 902-783-2749 or Teresa Grover 902-783-2228 for more information and drop off times. Goshen Community Center Committee would like to thank everyone for all the support that is given to the Center with recyclable bottles, food, time and monetary donations. Also Thanks to everyone who has mowed the centers grounds. This is all volunteer help and it is greatly appreciated.

## Sonora Riverside Cemetery

Now that summer has returned it is time once again to keep our Sonora Cemetery grounds cared for. In order to maintain this work we depend on donations from you the residents of Sonora. I wish to thank those who give each year and encourage others who have loved ones there to honor them by making a donation to help cover the cost. A tax receipt will be given for your contribution. Thanking You.

## Maple Manor Bake Sale

Bake sale takes place Friday's at 2:00 p.m. at the Maple Manor.

## Sherbrooke Village Schedule of Events

June 30 - Songwriter's Concert at the Presbyterian Church

July 11 to 24 - St Mary's River Days

July 11 - Art Exhibit Opening at the Exhibit Centre, 'Pride of Community'

July 16 & July 17 - Time Traveler's Reunion, Antique Sales & Concerts, Atlantic Canadian Military History Encampment, "Hands on History" Family Fun & Field Games

July 21 - Photography Exhibit at the Exhibit Centre

July 22 to July 24 - Dartmouth Players Theatre Presents "Paul Bunion"

July 23 - "Hands on History" Family Fun & Field Games, Cardboard Boat Building & Sailing Challenge

July 24 - Guided Nature & Bird-watching Hike  
For more information on courthouse concert series and camp registration see the Sherbrooke Village Facebook Page or call 902-522-2400 toll free 1-888-743-7845.

## Greetings from High-Crest

Residents celebrating birthdays this month are: Martha Kaiser July 07, Marjorie Hattie July 09, June Good July 14, Bob Fleet July 26, Audrey Cook July 28, Juanita Turner July 29, and Ruby Weir July 30  
Wow! That's a lot of Birthdays! The homebuddies will be hosting a bingo/birthday party to celebrate these special occasions on July 12th. Everyone is welcome!

The "Grandfriends" walk-a-thon was held on June 16th. The grade 1, 2, & 3 classes gathered pledges as well as longtime friends to the nursing home Justin Pearo. Over \$1500.00 was raised! Thank you so much to everyone who was involved, the walkers, everyone who sponsored the participants and anyone who made donations of prizes and goodies to make the day extra special! We all went on a walk to and around Sherbrooke village and then returned to the Nursing home to have a barbecue, present prizes and socialize with the residents! Prize winners this year were, Rylee Loomis, Spencer Pye and Qwentyn Pye and Justin Pearo. A contest was held with the children to design the 2016 ' I walked for my Grandfriends t-shirt and I would like to congratulate Rylee Loomis for drawing the winning design, awesome artwork! Everyone worked hard to achieve their goals of supporting their Grandfriends! Great job everyone! Have a safe and happy summer! We recently had a donaiton of 2 china teapots and two hand crocheted lap blankets, thank you ladies they are beautiful and they will be used and appreciated! Thank you to the Ecum Secum fire hall for the lovely Seniors luncheon, we all had a great time, see you again next time! Happy Canada Day to All.

## Flea Market

Takes place at the St. John Church Hall in Necum Teuch on July 9<sup>th</sup>, at 9am - 1pm. Lots of New & Old items, Bake Table and Lunch also available. Contact Helen Berrigan to Rent Tables. 902-347-2182.

# Community Events

## The Port Bickerton Lighthouse Association

The Lighthouse is pleased to welcome Joy Laking as our Artist in Residence for 2016. Joy will be at the lightkeeper's cottage from July 16th to the 29th. On Saturday, July 23rd, at 2 pm Joy will be hosting an artist's talk at the Port Bickerton Lighthouse Interpretive Centre. All are welcome. Admission is \$3 at the door and light refreshments will be served. On Sunday, July 24th, artist Joy Laking will host a plein air painting event at the Port Bickerton lighthouse. All artists, ages from 10 up and all levels of expertise are welcome to meet at the look off at 10 am. Artists should bring their own painting supplies (brushes, paints, palette, paper or canvas on a light board), a bag lunch, drinking water, a stool or chair and wear a hat. Joy will demonstrate between 10 and 11 am and then everyone is welcome to come and paint. At four pm, for anyone who is still there painting, the paintings will be displayed in the residence, tea and cookies will be provided and there will be a group critique by Joy. If the day is rainy, the session will be rescheduled. Thanks very much, any questions give me a call Wilda 902 364 2140.

## St. Mary's River Association July Events

Annual Canada yard sale on July 1<sup>st</sup> Place: SMRA Interpretive Centre 8404 Highway #7 (inside) from 9 am - 2pm (tables will remain set up for the weekend)

Monarch and local butterflies Power point presentation by Jenny Kaiser. Sunday July 17<sup>th</sup> at 2 pm. SMRA Interpretive Centre 8404 Highway #7 Sherbrooke. Come see our new butterfly garden and display and learn about the "King of Butterflies" Call 902-522-2099 for more information on upcoming programs and events or visit our new website [www.stmarysriverassociation.com](http://www.stmarysriverassociation.com)

## Sherbrooke & Area Volunteer Fire Dept.

S&AVFD Ladder Up Campaign on going fund raiser for our new fire hall continues to grow with \$35,360.00 raised thru donations. Our goal is to raise \$ 125,000. Donations may be forwarded to the fire dept. at PO Box 2 Sherbrooke, BoJ 3Co. Many thanks to those who already have donated. S&AVFD Building Committee: Wayne Auton, Laura Banks, Wayne Feltmate, Herb Scott, Ed Weir. The annual golf tournament Ladder Up Campaign fundraiser for our new fire hall will be held July 9<sup>th</sup> Red Hill Golf Course Indian Harbour Lake Hwy 211. Registration at 9:AM, Tee Time 10: AM, 4 per Team, \$30.00 Per Person. There will be hot dog, hamburgers and cold drinks for sale during the day. To register a team call Wayne @ 902-522-2204. Come out and support and enjoy a game of golf.

## TOPS in Liscomb

Looking for help and/or support with your weight? Check us out. Meeting times: every Tuesday @ 6pm at the Bayview Baptist Church Hall. For more info call: 779-2709 or 364-2015.

## Port Bickerton Community Center

Annual Fish Fry Supper, August 20, 2016. (4874 Hwy 211) from 3:00 p.m. to 6:00 p.m. Admission: \$12.00 for adults and \$6.00 for children.

Duck Race: August 21 - 300 toy ducks are released at Port Hilford Bridge and race to Port Hilford Beach.

6 Prizes—ducks can be purchased from fire hall members

## Smokey Hollow Holidays 2016

SAT, July 30: Washer Toss Tournament 10am registration

SUN, July 31: Kids Smokey Hollow 1:00pm to 3:00pm FREE

MON, Aug 1: Card Play, 8:00pm, \$5 per person

TUES, Aug 2: Bingo, 7:30pm

WED, Aug 3: Darts, 7:30pm, \$5 per person

THURS, Aug 4: Trivia& Pizza Night, 7:30pm, \$5 per person

FRI, Aug 5: Little Jim's Crib & Social, 8:00pm, \$5 per person

SAT, Aug. 6: Kenny Porter Memorial Men's Ball Tournament Begins 8:00am, Hootenanny, 2:00 to 5:00

Adult Dance – DJ Music, 9pm to 1am

SUN, Aug 7: Men's Ball Tournament Continues 9:00am

*Come out to support and enjoy the events during Smokey Hollow Holidays 2016. Annual Water Poker Rally will be September 3<sup>rd</sup>*

## Port Bickerton WI Update

Next Meeting is September 12, 2016, Remember, we are a flexible group and always open to new ideas, meeting times and other programs. Socials will be back in the fall if we have enough members and Community Support. We need more people to keep an Active Group going. please, give us some serious thought!! We have tickets for sale on our 2016 quilt. Tickets are at neighbourhood business and with all members. Draw Date is August 20<sup>th</sup> @ the Annual Fish Fry. Monies raised support our Seniors Christmas Banquet Grad Scholarship and the many Local Charities we support. Please feel free to drop in for a visit or to join. New members and ideas needed.

## Port Hilford Old School House

Presents Donald Brushett and friends featuring Bluegrass, Country, Folk, Rock and Gospel Music on Tuesday, August 2<sup>nd</sup> 7-8:30. Donations towards school house maintenance.

## Port Hilford United Church Concert

Rev. Phil Williams Cape Sable Island, NS will present a "BEHOLD" concert featuring music from his CD (remember him from 2015 Fishermen Service) July 20, 2016 at 7pm.

## Community Yard Sale

Saturday July 30 on Highway 2111 from Stillwater to Port Hilford. Time from 10am – 2pm. Any one taking part mark your sale with balloons or a sign. There will be tables selling at the community center call 522-2369 to book, \$5.00 per space. Everyone is welcome to find a spot and sell. No early birds please. Selling will start at 10am.

# Community Events

## R.C. L Branch #86 LISCOMB

Next General meeting will be Tuesday, September 6, No general meetings in the summer

Activities: Auction 45s Thursdays at 8pm \$5. Cribbage - Saturdays at 8pm \$5. Chase the Ace – Thursdays from 6:30 -7:30 pm. Canada Day: starts at 10:30 with games, BBQ and prizes, Penny Auction at 1pm. Admission -\$8 for entire day and a Liscomb Red t-shirt

## Sherbrooke Village Old Fashioned Christmas Golf Tourny

HO-HO-HO - Here we go again! The 2nd<sup>st</sup> Annual Sherbrooke Village Old Fashioned Christmas Golf Tournament. Saturday, July 23<sup>rd</sup> 2016, Red Hill Road Golf Course, Indian Harbour Lake. 18 Holes. 18 Teams of 4 \$120.00 per Teams. Registration starts at 8:00 am, Tee Off is at 9:00 am. Hamburgers/Hotdogs/water/pop will be sold at lunch. A Cold Plate meal to follow and is included in your Registration. We know this year's Tournament will be even more FUN than last year's!! 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Place prizes. We are bringing back the Goat Ball!! There'll be a putting contest, Closest to the Hole Male and Female, Closest to the Line. The Theme is Christmas so everyone is encouraged to decorate their carts, bags and themselves!

## Senior Safety Initiative Sherbrooke RCMP

would like to invite you to "Heads Up for Healthier Brains", a presentation by Beth Jackson from the Alzheimer Society. This presentation will include an overview of dementia, the warning signs of Alzheimer's and what you can do to keep your brain healthy. Friday, July 22, 2016 at 10:30 am at the Sherbrooke Library. Everyone is welcome to attend

## Come and wish Donald Happy 80th Birthday

On July 16, 2016 at 2 p.m. there will be a get together for Donald Fleet at the Ecum Secum firehall to celebrate Donald's 80th birthday. Finger foods, coffee & tea will be available. All welcome.

## A Huge Thank You

to all of the St. Mary's businesses that donated to the RCMP/Recreation Bicycle Rodeo; Shoppers Drug Mart, Kaiser Marine, RBC Royal Bank, St. Mary's Medical Clinic, Birch Hill B+B, L&E McGrath, Beanies Bistro, Sherbrooke Garage, Terry Croft Carpentry, Highland Building, House of Jade, St. Mary's River Lodge. A combined total of \$960 was raised for prizes for local children at this event.

## United Baptist Church July 2016

Pastor- Rev. Ron Ford  
July 3, 11 am Port Hilford  
July 10, 11 am Port Bickerton  
July 17, 11 am Sonora  
July 24, 11 am Port Hilford  
July 31, 11 am Port Bickerton

## Indian Harbour Lake Pentecostal Church

July 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> & 31<sup>st</sup> 11:00 am Morning Worship. For more information, contact Pastor Dave Connolly at 902-522-2759 or [ihlpastordave@gmail.com](mailto:ihlpastordave@gmail.com)

## Ring the Bell Movie Showing

Friday, July 15<sup>th</sup> at IHL Community Center 7:00 p.m. You are invited to join us for coffee and finger food followed by the family friendly movie, Ring the Bell. This is a story of love, forgiveness and grace. This movie asks viewers to think about how they can best use their time and talents in this hurry-up world. Free admission. Sponsored by Indian Harbour Lake Pentecostal Church.

## Mass Times for the Catholic Communities of

St. Paul's [Sherbrooke] Sunday at 11:30 am.

St. Patrick's [Lochaber] Sunday at 10am.

St. Joseph's [Ohio] Saturday at 5pm; Sunday at 8:30 am.

Parish Priest: Fr. Alphonsus IK Iwuji. Tuesday & Friday Mornings @ 9am at the Glebe House, Lochaber.

## Vacation Bible School

Gospel Light Church – Port Bickerton – July 25-28 from 6:30-8:00pm, Ages 4-12. Closing Thursday at 6:30 with light refreshments. Bayview Baptist Church – Liscomb – August 1-4 from 6:30-8:00pm, Ages 4-12. Closing Thursday at 6:30 with light refreshments. For more information contact Pastor Dave Smith at (902) 779-2709.

## Vacation Bible School!

Liscomb (Anglican Parish Hall) **July 18-21<sup>st</sup>**  
Port Bickerton (Community Centre) **July 25-27<sup>th</sup>** 9:30 11:30 for ages 4 and up

\*Daily offering will be taken up in support of school lunch program.

## Sunday Worship in July

July 3, 11am at Bethany in East River

July 10, 11am at Kirk in Glenelg

July 17, 11am at St. Johns in Sherbrooke

July 24, 11am at Bethany in East River

July 31 at Kirk in Glenelg.

## The Anglican Parish of Liscomb/Port Bickerton

Rev. Kristin MacKenzie (522-2510)

**July 3<sup>rd</sup>** 9:00 am St. Paul's, Port Bickerton

11:00 am St. Thomas, Indian Harbour Lake

7:00 pm St. James, Sherbrooke

**July 10<sup>th</sup>** 9:00 am St. Luke's, Liscomb

11:00 am St. James, Sherbrooke

7:00 pm St. Paul's, Port Bickerton

**July 17<sup>th</sup>** 9:00 am St. James, Sherbrooke

11:00 am St. Luke's, Liscomb

7:00 St. Thomas, Indian Harbour Lake

**July 24<sup>th</sup>** 9:00 am St. Thomas, Indian Harbour Lake

11:00 am St. Paul's, Port Bickerton

7 pm St. Luke's, Liscomb

**July 31<sup>st</sup>** 11:00 am St. Luke's, Liscomb (Potluck lunch to follow the service). All are Welcome!

# JULY 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
				<b>1</b> HAPPY CANADA DAY (See Schedule) Municipal Office Closed Transfer Station Closed Library Closed River Assoc. Yard Sale MM Bake Sale 2pm	<b>2</b> Mobile Depot Medical Clinic 2-4pm Liscomb Crib 8pm
<b>4</b> Day Camps gam-Sherbrooke & PB Library Learning Challenge 9:30am	<b>5</b> Day Camps gam-Sherbrooke & PB Library Learning Challenge 9:30am Sketching Class 10am Stop Smoking Prog 1pm TOPS Mtg. 6pm	<b>6</b> Day Camps gam-Sherbrooke & PB Library Learning Challenge 9:30am Careers NS Ctr. 10am IHL Zumba 6:00pm Medical Clinic 7-9pm	<b>7</b> Day Camps gam-Sherbrooke & PB Meditation 11am Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm	<b>8</b> Day Camps gam-Sherbrooke & PB Book Club Seniors Café 9:30am MM Bake Sale 2pm	<b>9</b> Flea Market gam Mobile Depot Medical Clinic 2-4pm Fire Dept. Golf Tourny Liscomb Crib 8pm
<b>11</b> Swimming Lessons Day Camps gam-Goshen & Sonora Council Mtg. 7pm Sherbrooke Village art exhibit opening	<b>12</b> Swimming Lessons Day Camps gam-Goshen & Sonora Highcrest Party Sketching Class 10am Stop Smoking Prog 1pm Garden Club Mtg 2pm TOPS Mtg. 6pm	<b>13</b> Swimming Lessons Day Camps gam-Goshen & Sonora IHL Zumba 6:00pm Medical Clinic 7-9pm	<b>14</b> Swimming Lessons Day Camps gam-Goshen & Sonora Meditation 11am ATV Club 6pm Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm	<b>15</b> Swimming Lessons Day Camps gam-Goshen & Sonora Seniors Café 9:30am MM Bake Sale 2pm Ring the Bell movie 7pm	<b>16</b> Mobile Depot Medical Clinic 2-4pm Donald Fleet Bday 2pm Time Travellers Reunion Liscomb Crib 8pm
<b>18</b> Swimming Lessons Day Camps gam-PB & Ecum Secum Liscomb Bible School 9:30	<b>19</b> Swimming Lessons Day Camps gam-PB & Ecum Secum Liscomb Bible School 9:30 Sketching Class 10am Stop Smoking Prog 1pm TOPS Mtg. 6pm	<b>20</b> Swimming Lessons Day Camps gam-PB & Ecum Secum Liscomb Bible School 9:30 Careers NS Ctr. 10am IHL Zumba 6:00pm Church Concert 7pm Medical Clinic 7-9pm	<b>21</b> Swimming Lessons Day Camps gam-PB & Ecum Secum Liscomb Bible School 9:30 Sherbrooke Village photography exhibit opens Meditation 11am Liscomb Chase/Ace 6:30pm Liscomb Auction 8pm	<b>22</b> Swimming Lessons Nimrod's Fun Day gam Seniors Café 9:30am Seniors Safety talk 10:30am MM Bake Sale 2pm Paul Bunion Show	<b>23</b> Volleyball Tourny Christmas Golf Tourny gam Mobile Depot Medical Clinic 2-4pm Lighthouse Artist talk 2pm Sherb Village Hands on History Liscomb Crib 8pm Paul Bunion Show
<b>25</b> Day Camps gam-Goshen & Liscomb PB Bible School 9:30 Great Benjamin's Circus 4:30/7 PB Bible School 6:30	<b>26</b> Day Camps gam-Goshen & Liscomb PB Bible School 9:30 Sketching Class 10am Stop Smoking Prog 1pm TOPS Mtg. 6pm PB Bible School 6:30	<b>27</b> Day Camps gam-Goshen & Liscomb PB Bible School 9:30 IHL Zumba 6:00pm Medical Clinic 7-9pm PB Bible School 6:30	<b>28</b> Day Camps gam-Goshen & Liscomb Meditation 11am Liscomb Chase/Ace 6:30pm PB Bible School 6:30 Liscomb Auction 8pm	<b>29</b> Day Camps gam-Goshen & Liscomb Seniors Café 9:30am MM Bake Sale 2pm	<b>30</b> 211 Yard Sale 10am Mobile Depot Smokey Hollow Washertoss Tourny 10am Medical Clinic 2-4pm Liscomb Crib 8pm
					<b>31</b> Kids Smokey Hollow 1pm

Don't see your event? Send it to us. We will add it to our comprehensive, up-to-date event calendar at [www.saint-marys.ca](http://www.saint-marys.ca)