

Municipality of the District of St. Mary's

AUGUST 2017 Newsletter

www.saint-marys.ca Questions? Call (902)522-2049



Upcoming Meetings of Council

There is no Regular Monthly Council Meeting in August. The next scheduled is Monday September 11th at 7:00pm

Visit website for agendas and approved minutes www.saint-marys.ca

Municipal Office will be closed on Monday August 7, Civic Holiday.

Bottle Depot is available in Sherbrooke every Saturday during the summer.

Municipal Tax Sale will be held on October 11, 2017 at 11am – more details to follow

What is litter, and why is it a problem?

Litter is trash of any type thrown where it doesn't belong. Litter is chewing gum wrappers, cigarette butts, coffee cups tossed on the ground or a broken washing machine pushed down a rural hillside. Littered roadways, properties and illegal dumps cost Nova Scotia a lot of money each year in cleanup costs. Littering and illegal dumping also scar communities and make people sad. No one wants to live surrounded by litter. **Top Litter Diversion Tactics:**

#1. Don't Sing the Gum Shoe Blues - Aim for the bin – not the side of the road. Litter items can take 100s of years to break down and some will stay on the side of the road forever.

#2. Fast Food = Fast Litter -Put the brakes on fast food litter! Some people who order food to-go would rather throw their waste packaging out the window, just about anywhere convenient like the roadside. This is not acceptable and lazy. All waste from the car should be brought inside and properly sorted. A clean car doesn't justify litter on the roadside.

#3. Pledge to Never Litter and Recruit Cleanup Help- Thanks to many volunteers, thousands of bags of litter are collected each year. Even with all their effort, scattered litter is a visible reminder that it doesn't just go away. Every person needs to take responsibility by never littering and lending a hand to cleanup when possible. Looking for a cleanup to help or want to organize one, visit Clean Foundation online <http://clean.ns.ca/programs/waste/great-nova-scotia-pick-me-up/> or call 1-855-736-3474.

#4. Unintentional Vehicle Litter? You may have witnessed it, the plastic bag or coffee cup that blew from the back of a truck. True, the person didn't throw it out the window but they allowed for it to happen. To prevent this, never leave loose light items in the back of a vehicle. If it blew from your vehicle; and you did not pick it up; you caused litter.

#5. Talking trash is okay - Remind family, friends, kids and colleagues not to litter. Encourage everyone you know to put waste in its place and educate yourself on proper waste disposal. It's as easy as putting a bottle in the recycling.

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The deadline for submissions for the SEPTEMBER 2017 issue of the Municipal Newsletter is Wednesday August 23 at 4:00 p.m. Submissions can be received by fax: 522-2309, drop off or emailed to council@saint-marys.ca Also please note that we reserve the right to edit any and all submissions.

Solid Waste July Collection Schedule

Eastern Shore Cartage 1-800-261-0372

Tues-ZONE 1	Wed-ZONE 2	Thurs-ZONE 3
Aug 1 Garbage & Recyclable	Aug 2 Garbage & Recyclable	Aug 3 Garbage & Recyclable
Aug 8 Garbage & 1 Bulky Item	Aug 9 Garbage & 1 Bulky Item	Aug 10 Garbage & 1 Bulky Item
Aug 15 Garbage & Recyclable	Aug 16 Garbage & Recyclable	Aug 17 Garbage & Recyclable
Aug 22 Garbage & 1 Bulky Item	Aug 23 Garbage & 1 Bulky Item	Aug 24 Garbage & 1 Bulky Item
Aug 29 Garbage & Recyclable	Aug 30 Garbage & Recyclable	Aug 31 Garbage & Recyclable

Be the first to know if Waste Collection changes There are a few ways to access the schedule for reminders and notices:

1. DOWNLOAD the mobile app: **Eastern NS Waste Info**
2. Sign up online at: www.erswm.ca Antigonish and Guysborough Counties Waste Info.
3. No Smart Phone or Computer, No Problem Call 1-888-377-9622. All we need is your civic address and phone number. If there is a change to the schedule a message will be sent to your phone.

How to Avoid Problems with Black Bears

Store garbage indoors or in metal bear-proof containers. On collection day, put garbage out as close to pick up time as possible. If you're going to miss collection day, take garbage to the disposal site before you leave. Keep barbecue grills clean and free of grease. The smell of animal fat and barbecue sauce may attract a hungry bear. Store the barbecue indoors if possible. If pets are fed outside, remove spillage and leftovers promptly. Remove bird feeders once their natural food sources are available. Pick fruit and berries growing near your home that may attract bears. www.novascotia.ca/natr/wildlife

Community Services

Sherbrooke Opportunities Society / S.H.O.P.S. is

Planning for Programs & Need your Help

The S.H.O.P.S. room is being finished and hopefully will be ready early this Fall. The election that took place at the last meeting appointed Keith Gallant as President, Lynda Clark as Vice President, Lisa MacDonald as Secretary and Helen Gallant as Treasurer. This executive is only active until a new board of directors is appointed and a new manager hired. In order to determine the size of this board or the type of manager and workers that will be needed for this space, we need to know how many people or prospective participants are interested in attending our programs. From there we can then create a business plan and make sure that our space has the necessary resources to provide the needs of each and every participant in our area. We don't want to dictate what is going to happen in this space and need your help. If you are interested in what will be offered in this space or would like to register a participant please contact Lisa MacDonald now at 522-2079 or lisamac@seasidehighspeed.com to get your name on the list. Let's make this happen!

Career Connections

A Nova Scotia Works Employment Services Center provides free access to employment services for all residents of Guysborough County. We assist job seekers and employers looking to fill positions. We offer:

- Job Search Assistance
- Create and update Resume & Cover Letter
- Information and referrals for Employment NS Programs
- Interview Coaching
- Job Board
- Free on-site posting of job ads and through our FB page
- Client referrals
- Free bookable space for employers to conduct interviews
- Information on available wage incentive programs

For an appointment in Sherbrooke with one of our Career Practitioners call (902) 533-2805 or 1-844 344-1369. Available dates: Monday, August 14th and 28th 2017 from 9:30am to 3:30pm

Sherbrooke Village Events

Thursday, August 3 Courthouse Concert
Sat, August 5 A Sporting Day Of Horse & Carriage Driving
Thursday, August 10 Courthouse Concert
Thursday, August 17 Courthouse Concert
Monday, August 28 To Thursday, August 31 - Sherbrooke Village Painting Camp
Friday, August 25 Courthouse Concert
Saturday, August 26 Sherbrooke Village Rally That Gives
For more info visit <https://sherbrookevillage.novascotia.ca/>

Sherbrooke Library

Astronomy – Saturday July 29 at 10am, Ron Stansfield will be giving a talk and slide show on the summer night sky, constellation mythology, and about the solar eclipse this August

Reiki – Monday afternoons Carol Beaver is offering Reiki sessions by appointments. Call 902-833-2341 or email her at carolann776@gmail.com

Painting Group – Tuesdays at 10am, bring your supplies and come to inspire and learn from each other.

Meditation – Thursday Aug 17 at 11am in the Meditation Room

Seniors Café – Friday at 9:30am, join us for a snack, conversation, check out some books, and use the computer. All are welcome weather you consider yourself a senior or not!

Village Readers Book Club – 11am August 4th (Book club is held on the first Friday of each month).

We have more than just books in our library. There are DVDs, magazines, PlayAways, Wifi, Ancestry.com (Library version). Drop in to find something for sunny as well as rainy weather.

If anyone has St. Mary's Rural High School yearbooks prior to 1972 to donate to our collection, as well as any yearbooks from the schools before St. Mary' was built, we would appreciate having them.

Note: We will be closed Monday August 7th so that staff may enjoy the civic holiday.

Hours: Monday, Tuesday, and Thursday: 11am-4pm.

Friday: 9:30am-4pm, Saturday 10am-1pm.

Call for more information: 902-522-2180

Nova Scotia Crime Stoppers

Do you have information on a crime that has occurred but want to remain anonymous? Anyone with information on this or any other crime is asked to call Crime Stoppers at 1-800-222-TIPS (8477), text TIP202 + your message to 'CRIMES' (274637) or by Secure Web Tips at www.crimestoppers.ns.ca. Calls to Crime Stoppers are not taped or traced and if police make an arrest and lay charges based on a tip, callers qualify for a cash reward from \$50 - \$2000. All other non-emergency police assistance please call 902-522-2200, for emergencies dial 911.

Sherbrooke & Area Vol. Fire Dept.

Ladder Up Campaign now is \$73,331 raised thru fundraisers & donations with the goal to raise \$125,000. Donations may be forwarded to the fire dept. at PO Box 2 Sherbrooke, N.S. BoJ 3Co. Many thanks for the support. S&AVFD Building Committee Wayne Auton, Laura Banks, Wayne Feltmate, Herb Scott, Ed Weir

Defensive Driving Course

St. Mary's Community Development and Recreation Department is hosting a defensive driving course. The course will take place August 26th from 9 a.m. – 3:15 p.m. at the Municipal Office. The cost is \$80 per participant. Drop by the Municipal Office to register. Any questions call the Community Development and Recreation Department at 522 – 2598 or contact our Facebook page.

Summer Day Camps

After a great month of day camps in July, we're all ready to keep it going through August! Day camps run from 9 a.m. – 2 p.m. and are open to children ages 4-12. We have also added a special opportunity for 3 year old children to attend our summer day camps this year. On Monday and Wednesday's of each week, day camps will be open to 3 year old children. Drop off time will be at 9 a.m. and pick up time will be at 12:30 p.m. Children will play games, do crafts, and eat their lunch. Children must be able to use the washroom on their own to attend. Registration forms can be filled out or dropped off at the Municipal Office. Any questions, call the Community Development and Recreation Department at (902) – 522 – 2598. Please note that there will be no day camps on August 7th as it is Natal Day.

Swimming Lessons

Red Cross Swimming lessons will take place at Liscombe Lodge from August 14th to August 24th. The cost is \$25.00 per participant, and families save \$5 for each additional participant. All registered children will be placed into appropriate classes and parents will be notified of class times prior to lessons beginning. Registration forms can be returned to the Municipal Office in Sherbrooke, emailed to kerri.penney@saint-marys.ca or faxed to (902)522 – 2309 no later than August 8th. Please note that children that participated in July swimming lessons do not need to fill out another form, but still need to register.

Youth Soccer Program

St. Mary's Community Development and Recreation will be continuing the youth soccer program throughout August. The program is for children ages 4-10 from 6 -7 p.m. on Thursday nights and takes place in the field beside St. Mary's Education Centre/Academy. Registration can still be done at the Municipal Office and the cost is \$25 per participant. If you have any questions, contact the Community Development and Recreation Department at (902)522 – 2598.

Guysborough County 55+ Games

Registration forms are available for the 30th annual Games at Liscombe Lodge on August 23rd-24th, 2017. Participants can enter as many events as they wish, and

ZUMBA and POUND

Community News

R.C. L Branch #86 LISCOMB

Next General meeting will be Tuesday Sept 5
Activities This Month: AUCTION 45s Thursdays at 8pm \$5
CRIBBAGE -Saturdays at 8pm \$5

Music Day Fundraiser -August 12 There will be a day to raise funds for St Luke's Church on August 12. The day starts with a Mega Yardsale at St Luke's Parish Hall. 10 am until 1:30 pm (across from the Post Office in Liscomb) donations of gently used items are appreciated and may be dropped off at the Parish hall after July 30. There will be lots for everyone so come support this cause. Starting at 1:30pm on August 12 there will be an "Open Mic" at the legion. Everyone is welcome to sign up for a couple of tunes. "Back up" is provided so no need to drag amps etc. A supper hour BBQ and potluck will start approx. 5 pm (donations welcome) An evening concert with a terrific variety of singers and music will start approx 6:30. The cost of the Afternoon, Supper And Evening is \$10 per person. Proceeds of the day and draws will go to St Luke's Parish hall (after expenses)

Annual Fish Fry Supper

August 19th, 2017 – Port Bickerton Community Centre - 4874 Highway 211 from 3:00pm to 6:00pm. Admission: \$13.00 for adults and \$7.00 for children.

Duck Race

August 20th, 2017 – 300 toy ducks are released at Port Hilford bridge and race to Port Hilford Beach. 6 prizes (\$300, \$100, 4 @ \$25) Ducks can be purchased from firehall members.

Anglican Parish of Liscomb/Port Bickerton - Rev. Kristin MacKenzie (522-2510) Service Times for August – All are welcome to join us in worship!

August 6th: 9:00 am St. Paul's, Port Bickerton, 11:00 am St. Thomas, Indian Harbour Lake, 7:00 pm St. James, Sherbrooke

August 13th: 9:00 am St. Luke's, Liscomb, 11:00 am St. James, Sherbrooke, 7:00 pm St. Paul's, Port Bickerton

August 20th: 9:00 am St. James, Sherbrooke, 11:00 am St. Luke's, Liscomb, 7:00 pm St. Thomas, Indian Harbour Lake

August 27th: 9:00 am St. Thomas, Indian Harbour Lake, 11:00 am St. Paul's, Port Bickerton, 7:00 pm St. Luke's, Liscomb

Vacation Bible School this Summer in St. Mary's!

You're invited! Join us for fun at Vacation Bible School. We will enjoy bible stories, games, science activities, crafts, snacks and music. There is no cost to participate! All ages welcome. August 14-18, (Mon-Fri) Port Bickerton Community Centre, 9:30am-12pm. August 21-24 (Mon-Thurs) St. Luke's Parish Hall, Liscomb 9:30am-12pm. Call Rev. Kristin at 522-2510 to register

Community News

Indoor Flea Market

St. John's Church Hall, Necum Teuch. Saturday August 12th. Serving Hot lunch. Sale items; Baked goods, toys, clothing, cd's, games, dishes and more. Time is 9am-1pm. Contact Helen for table booking at 902-347-2182

Community Yard Sales

Saturday Aug 5th, sale will be held along Highway 211 from Stillwater to Port Hilford. Everyone is welcome to take part. Find a spot and mark your sale with a sign or balloons. The time will be 10am to 2pm. No early birds please. Tables will be available at the community centre \$5.00. Call 522-2369 to book.

Sherbrooke Village Rally That Gives

Motorcycle rally will be held August 26/17. Departure time 10am from the Sherbrooke Village parking lot. Supporting the Canadian Cancer Society's treatment centres, Lodge That Gives, Hold Redeemer Convent and Cathy's Place Resource Room. Events include a music concert the night before, Friday August 25/17 at Sherbrooke Village Court House at 7pm. Saturdays' Rally That Gives events include *Show and Shine* Poker Run* Field Games* Prizes* Food* Music*. For more information contact Sherbrooke Village @1-888-743-7845 or Sherbrooke.village.novascotia.ca

St. Mary's Garden Club Flower Show

August 18th: The location this year will be Building #26 at Sherbrooke Village. That is the School, across from the Church. Exhibits will be accepted on Friday, Aug. 18th from 9:00 - 11: a.m. Anyone wishing to put a plant, or flower in the show, can get information from any club member. Viewing and Awards Presentation will be Friday, Aug. 18th at 7:00 p.m. Viewing also on Saturday and Sunday, Aug. 19 and 20th. A new award, "Best Dahlia in the Show" will be presented this year, in memory of Ivan Cumming. These, and all other categories, are open to public participation, so enter your best, and be part of the show. Show Brochure and info available from all club members.

Great Big Community Yard Sale

There will be a community yard sale on Saturday, 2 September 2017, beginning at 9:00 a.m. in the parking lot of Bayview Baptist Church in Spanish Ship Bay. No selling will take place before 9:00 a.m. Anyone is welcome to come and sell. Please bring your own table. Contact Debbie Baker at 902-779-2255 for further information.

St Mary's Shooters Association

Sunday August 13th 2017- Harold Scott Memorial Bench Rest Shoot 9 am 3 pm . 2 classes center fire with scope & rim fire with scope shooting for group and score in each class.

Port Bickerton Lighthouse

Creative Writing Workshop - 10 a.m. to 2 p.m. Tuesday, August 8th, 2017. Join award winning journalist and author Janice Landry for a creative writing presentation, book signing and workshop where we will discuss story idea and development, combating our fear of writing, focus, tone, voice, interviewing, messaging and other challenges faced by people of all writing levels. Everyone is welcome and the event is free. Please bring your ideas and questions. Janice will have copies of her books for sale, "The Sixty Second Story" and "The Price We Pay". They are \$20.00 each. The workshop will take place from 10 am to 2 pm, Tuesday, August 8th, at the Port Bickerton Community Centre (beside the fire hall). Please register by sending Wilda Kaiser an e-mail at wakaiser@hotmail.com We have room for 20 participants.

The artist in residence at Historic Sherbrooke Village is hosting non-instructional 'plein air' painting sessions this summer at Sherbrooke Village. Join Wilda Kaiser at the artist in residence building for a "360 in the field" painting day. Artists will paint in the fenced in field between Front and Back Street. There are lovely vistas to paint in every direction. If it rains we'll paint inside. Come on along and don't forget to bring, paints, easels, chair, bug spray and a bag lunch. Poets and writers also invited! Starting at 10a.m. with critique and cookies at 3 p.m. The following are scheduled painting dates: July 28th, August 3rd, August 10th, Sept 5th, Sept 8th, Sept 14th, and Sept 20th.

HO-HO-HO

The 3rd Annual Sherbrooke Village Old Fashioned Christmas GOLF TOURNAMENT will be held Saturday July 29th 2017, Red Hill Golf Course, Indian Harbour, NS Cost is \$30.00 per Person... it's Teams of 4... we'll try and set you up with a team if you don't have one. Registration starts at 9:30 am ...Tee Off is 10:00 am Hamburgers and Hotdogs, Pop and water will be available for purchase. A Complementary Ham and Salad meal to follow at the Community Centre. Where Prizes will be passed out and a Silent Auction held. Come join us for some FUN!! Goat Ball/Putting Contest/Closest to the Hole Male & Female/Closest to the Line. Decorate up!!! People's Choice Prize for Best Decorated. You can Pre-Register at Red Hill Golf Course or by calling Neil Black 902-522-2265 or e-mail neilblacko2@gmail.com

Mega Yardsale:

ST LUKE'S PARISH is having a mega yardsale on August 12, 10 am until 1:30 pm. All donations greatly accepted for this event! Come along and find a treasure

Community News

St. Mary's District Lion's Club BINGO every Wednesday evening at 7:45 pm

ATV Club meeting on **Thursday, August 10, 2017 at 6pm** in the United Church Basement in Sherbrooke. All welcome!

Trivia Game

Tuesday, August 8, at 7:30 pm, at Goshen Community Centre

St. Mary's ATV Club Evening Fun Run & Corn Boil

Saturday, August 12th, 2017. Goldenville Road to Liscomb River Fish Ladder. 4 pm start and \$10 per person. 50/50 draw - \$5 each (if necessary hotdogs substituted for corn)

Thank you

We would like to thank family and friends who attended and helped celebrate our 50th Wedding Anniversary. Thanks for the cards and gifts. – Earl & Sheila Mahar

65th wedding Anniversary

A celebration for Marie & Edgar Sinclair at 21 Garvie Road in Antigonish, August 12th from 1-3pm. Drop by to congratulate and celebrate with this special couple. Best Wishes only please.

Thank you

We would like to thank everyone in our community for the wonderful support during this sad time. It was very much appreciated. – Robert, Holly, Buddy, Cindy, Brian, Tanya & Lillian

St. Mary's Pastoral Charge, the United Church Of

Canada Sunday Worship In August

9:30 am at St. Johns in Sherbrooke

11:00 am at Kirk in Glenelg

6:30 pm at Bethany in East River, St. Mary's
Please Call Derek Elsworth 902-833-2920 for information on Sunday School, Youth Group or Bible Study.

The Singing Lees from Cape Breton

Saturday August 12th, 7pm. An Old fashioned, toe-tapping, hand-clapping evening of Gospel Music, a fundraiser for "the little church on the hill" in Fisherman's Harbour.

Happy Birthday

Muriel Pace of Ecum Secum will celebrate her 95th birthday this July. Family and friends will gather to honor her at the seniors Sunshine Club Ecum Secum 382 # 7 highway on Wednesday July 26 2017 from 2-4 pm. All are welcome.

Thank You

To all my friends and family for the party on my 85th Birthday. So nice to see so many and for thinking of me. Thanks again, Murray Baker

Welcome to August 2017 on the St. Mary's River

This month I will be summarizing the SMRA stock enhancement initiatives. Our Kelt Project and our Sea Trout Project are two stock enhancement efforts we currently have underway. Starting with our Sea Trout project, we have successfully completed the first year of this multi-year project. During the fall of 2016 we were issued a special licence by Inland Fisheries to capture 30 sea trout from the St. Mary's River. These sea trout were brought to the Frasers Mills Hatchery where they were spawned out with a hatchery strain of sea trout originating from the Musquodoboit River. This was done because wild females introduced to captivity do not survive well in this environment. We want to keep the St. Mary's strain of sea trout as close to original as we can while maintaining healthy stocks in the river. As a result of these efforts there were 21000 unfed fry introduced to various brooks flowing into the St Mary's this past spring. Oh yea, unfed fry are about the size of your baby finger! We released about 200 with our local Girl Guides which they used as a means to earn their conservation badge. Our salmon stock enhancement efforts are still moving forward as well. This project which I have summarized in a previous article has been ongoing since 2014. Although 2014 was very much a learning curve we now have a process in place that is working. That is as long as the Department of Fisheries and Oceans (DFO) continues to support our efforts! In 2015 we purchased 4 large insulated tanks for transporting fish. Our team changed our angling strategy a bit and our kelt capture efforts resulted in the retention of 15 fish. These 15 fish were reconditioned at the Cold Brook Hatchery and spawned out. Their prodigies, 25000 unfed fry, were released during the spring of 2016 in the West Branch of the St Mary's river. In the Spring of 2016 we captured 300 smolts for gene banking. Gene banking is way of helping to insure we have stock for the future. These fish are also held at the cold brook Hatchery. This has been done in the past and when the smolts mature they are returned to the St. Mary's River. We also captured 55 kelt which would now be our 3rd year for this special fishery. These kelt were also reconditioned at the Cold Brook Hatchery and spawned out. Their prodigies, 60000 unfed fry, were released into brooks flowing into the St Mary's during the spring of 2016. You might ask how many of these fish will make it to the ocean and return to the St. Mary's? I myself have heard numbers from 3% to 8% which doesn't seem like a lot but 3% of 60000 is 1800. Every little bit helps! DFO has committed to spawn our smolts with our rejuvenated kelt for fry release in the spring of 2018 and that is great news for us. Our efforts are still focused on continuing our kelt project into the future despite being informed recently by DFO that neither funds or resources have been budgeted in support of this program for the current fiscal year. Hopefully someday we will see salmon numbers meeting our conservation requirements which just might create an opportunity for angling once again on the St. Mary's River. Thank you all for listening and I hope to see you on the RIVER! by Scott Beaver <http://www.stmarysriverassociation.com>

AUGUST 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
	1 Painting Group 10	2 Medical Clinic 7-9pm Lions BINGO	3 Meditation Soccer	4 MM Bake Sale 2pm Sherbrooke Chase Ace Seniors Café Book Club 11am	5 Yard Sales IHL Mobile Depot Medical Clinic 2-4pm <hr/> 6 Goshen Crib 730 Fireworks in Sherbrooke
7 Civic Holiday	8 Painting Group 10 Trivia Game Goshen PB Writing Workshop	9 Medical Clinic 7-9pm Lions BINGO	10 Meditation Soccer ATV Club Meeting 6pm	11 MM Bake Sale 2pm Sherbrooke Chase Ace Seniors Café	12 NT Flea Market ATV Cornboil/Run Mobile Depot Medical Clinic 2-4pm Mega Yardsale <hr/> 13 Goshen Crib 730 Bench Rest Shoot
14 Reiki Career Connections Swim Lessons	15 Painting Group 10 Swim Lessons	16 Medical Clinic 7-9pm Lions BINGO Swim Lessons	17 Meditation Soccer Swim Lessons	18 MM Bake Sale 2pm Sherbrooke Chase Ace Seniors Café Swim Lessons	19 Medical Clinic 2-4pm Mobile Depot Fish Fry <hr/> 20 Goshen Crib 730 Duck Race
21 Reiki Swim Lessons	22 Painting Group 10 Swim Lessons	23 Medical Clinic 7-9pm Lions BINGO Swim Lessons 55+ Games	24 Meditation Soccer Swim Lessons 55+ Games	25 MM Bake Sale 2pm Sherbrooke Chase Ace Seniors Café 55+ Games	26 Rally That Gives Mobile Depot Medical Clinic 2-4pm Defensive Driving Course <hr/> 27 Goshen Crib 730
28 Reiki Career Connections	29 Painting Group 10	30 Medical Clinic 7-9pm Lions BINGO	31 Meditation		

Don't see your event? Send it to us.

We will add it to our comprehensive, up-to-date event calendar at www.saint-marys.ca