



**Meetings of Council**

The next regular meeting of Council is September 12th, 2022 at 7:00pm at the Indian Harbour Lake/Jordanville Community Centre. Committee of the Whole meetings for September will take place Wednesday, September 7th and 14th at 4:00pm in Council Chambers. Agendas, minutes and audio files are available at www.saint-marys.ca. The Municipal Office and Transfer Station will be closed on, September 5th for Labour Day and September 30th for National Day for Truth and Reconciliation.

**Municipal Planning Strategy & Land Use By-Law**

Presentation and First Reading of the new drafts of the Municipal Planning Strategy and Land Use By-Law will take place at the Committee of the Whole Meeting on **September 14<sup>th</sup>, 2022 at 4:00pm**. If First Reading is given by Council, the drafts will be made available to the public for a 4 week period prior to the Public Hearing & potential Second Reading which is tentatively scheduled for October 18<sup>th</sup>, 2022 at 6:00pm. Please visit the municipal website for up-to-date information <https://saint-marys.ca/government/mps-lub-review/>

**Accessibility Plan Survey**

The Municipality is working to create its Municipal Accessibility Plan. The plan will assess the current state of accessibility within Municipal properties and programs and provide a guide for the future based on barriers identified by the community. This vision will result in equitable access to community life and participation in society for people of all abilities. You can help by completing this survey at <https://forms.office.com/r/SZYtVHyVHw> or hard copies are available at the Municipal Office in Sherbrooke. If you need assistance completing the survey please contact Mallory at 902-522-2049 or [mallory.fraser@saint-marys.ca](mailto:mallory.fraser@saint-marys.ca).

**Seeds of Literacy Launch Event**

Join us in celebrating the grand launch of the Seeds of Literacy Program on International Literacy Day, Thursday, September 8th from 6-8pm. The event will take place in the SHOPS Room in Memorial Place at SMECA. The Seeds of Literacy Program is a mobile literacy program for families and youth. Come browse through our book collection, borrow a book or two, meet some real life book characters and enjoy some light refreshments. If you would like to learn more about this event or the Seeds of Literacy Program, please call project coordinator, Kerri Jack at 902-522-2598 or email [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca).

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The deadline for the October Municipal Newsletter is Wed. Sept. 21st at 4:00pm. Submissions can be faxed to 902-522-2309, dropped off in person at the Municipal Office or emailed to [newsletter@saint-marys.ca](mailto:newsletter@saint-marys.ca). Subscribe to our contributor email list to receive reminders by calling 902-522-2598.

St. Mary's Municipal Transfer Station is open Monday, Tuesday, Friday & Saturday from 9:00 am – 4:30 pm.

**MacMillan's Recyclables Pick Up**

Recyclable collection will take place the second and fourth Saturday of each month at 10am at the St. Mary's Recplex.

**September 2022 Solid Waste Collection**

Eastern Shore Cartage: 1-800-261-0372

<b>Tuesday</b> (Zone 1)	<b>August 30</b> Garbage & 1 Bulky Item	<b>September 6</b> Garbage & Recyclables	<b>September 13</b> Garbage & 1 Bulky Item	<b>September 20</b> Garbage & Recyclables	<b>September 27</b> Garbage & 1 Bulky Item
<b>Wednesday</b> (Zone 2)	<b>August 31</b> Garbage & 1 Bulky Item	<b>September 7</b> Garbage & Recyclables	<b>September 14</b> Garbage & 1 Bulky Item	<b>September 21</b> Garbage & Recyclables	<b>September 28</b> Garbage & 1 Bulky Item
<b>Thursday</b> (Zone 3)	<b>September 1</b> Garbage & 1 Bulky Item	<b>September 8</b> Garbage & Recyclables	<b>September 15</b> Garbage & 1 Bulky Item	<b>September 22</b> Garbage & Recyclables	<b>September 29</b> Garbage & 1 Bulky Item

**ZONE 1:** New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill.  
**ZONE 2:** East Loon Lake, Smithfield, Denver, Newtown, Glenelg Church Rd, Aspen to Goshen to Borneo Rd inclusive.  
**ZONE 3:** Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Minds Rd, to Waternish inclusive.

# Municipal News

## **Municipal Electoral Boundary Review**

Consultants with Upland Urban Planning & Design Studio will conduct the work to review the boundaries of St. Mary's municipal electoral districts as required by the Province of Nova Scotia.

The first stage of the process is to determine the appropriate number of Council members to serve the Municipality. A background report has been completed and placed on the Municipal website. In addition, a public survey has been launched to encourage all residents to participate and provide feedback concerning the size of council. Both can be found at <https://saint-marys.ca/municipal-boundary-re.html>. This important feedback will be used by the consultants to analyze the size of Council to determine if the current number of eight districts is still appropriate. In conducting this analysis, the following will be reviewed: the number of citizens represented, travel distance required to represent a district, committee workload, and the ability to attract sufficient candidates in past elections. The results of the analysis will be presented at the Committee of the Whole meeting on **October 5<sup>th</sup>, 2022 at 4:00pm** to receive any feedback before undertaking the analysis of the boundaries.

In the second stage of the process, consultants will develop options for potential electoral boundaries. The analysis will be based first-and-foremost on section 368 of the *Municipal Government Act* and established precedent from the Utility and Review Board (UARB) regarding variance among district elector populations. Considerations will also be based on using clear features as boundaries, making transportation through a district connected and efficient, and fairly allocating municipal policy issues among members of Council. An online mapping tool will be published to allow residents to place map-based feedback on the options to help identify areas where tweaks to the boundaries could improve the effectiveness of the districts or the clarity or "intuitiveness" of their boundaries. Results will then be presented of the entire review at three public meetings throughout the Municipality to inform residents of the results and receive any feedback on the options. Following the public meeting the report will be finalized along with the final recommendation for submission to the UARB. The UARB will hold a hearing to review the Municipality's application. This allows for members of the public to apply to participate in the hearing as a formal intervenor or to comment on the application by way of providing a letter of comment or registering to speak in person at the hearing. The UARB normally issues a written decision within 60 days of the hearing. The UARB will also issue an order giving effect to the approved number of councillors and polling districts, and to the boundaries of the polling districts.

## **2022/2023 Tax Sale**

The initial process has begun for the 2022/2023 tax sale. The tax sale will be held in February 2023 please watch upcoming newsletters for additional information.

## **Residential Low Income Property Tax Exemption**

The Municipality of the District of St. Mary's provides assistance to homeowners to help pay their residential property taxes. Qualified applicants will receive a credit which is applied directly to the tax account. The total annual household income for the 2022/2023 year is \$22,600 with a provided tax exemption of \$150 for those that qualify. Contact the Municipal Office at 902-522-2049 for more information.

## **Provincial Property Tax Rebate for Seniors**

This program, administered by Service Nova Scotia on behalf of the Department of Community Services, is designed to help eligible seniors remain in their homes by providing them with an annual rebate on their municipal property taxes. Provincial Property Tax Rebate forms are available at the Municipal Office. Deadline to apply is December 31<sup>st</sup>, 2022. Please call 902-522-2049 for information on this rebate for eligibility guidelines.

## **Community Grants for 2021-22**

Pursuant to the Municipal Government Act, the Municipality shall each year publish a list of grants/contributions made to community organizations in the Municipality. The total amount granted in the 2021/22 Fiscal Year was \$103,710. For a full list of grants and recipients, visit our website at [www.saint-mary.ca](http://www.saint-mary.ca)

## **Volunteer Recognition Event**

A Volunteer Recognition event will be held on October 6<sup>th</sup>, 2022 in Sherbrooke. All volunteers are invited and welcome to attend. There will be live music and light refreshments. Location and time details will be announced at a later date.

## **Employment Opportunity**

**Position Title:** Student Recreation Leader

**Reports to:** Community Development & Recreation Director

**Classification:** Part/time, Seasonal

**Hourly Wage:** \$13.35

**Position Summary:** Working under the direction of the Community Development & Recreation Director, Student Recreation Leaders will assist with the delivery of Community Development and Recreation Department programs throughout the Municipality of the District of St. Mary's over the 2022/23 academic year.

**Application details:** Applications should include a resume and cover letter. Send to Kerri Jack at [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca) or drop off in person at the Municipal Office. Deadline to apply is September 9<sup>th</sup>, 2022 at 4:00pm. For more position details, visit [www.saint-marys.ca](http://www.saint-marys.ca)

# Recreation

## **Happy Feet**

St. Mary's Recreation is hosting a free 6 week after school running program for children in grades primary to 5 starting September 22<sup>nd</sup> and running until October 27<sup>th</sup>, 2022. Happy Feet will take place Thursdays after school from 2:30 - 4:00, at the SMECA gymnasium. Children must bring proper footwear, clothing, and a water bottle. If the weather is nice, we will be going outside! Please register online at [www.saint-marys.ca](http://www.saint-marys.ca)

## **Summer Walking Challenge**

Thank you to all participants of our Recreation Summer Walking Challenge. We had excellent participation! The winners of the challenge will be posted on the Municipal Facebook page and Website. We look forward to hosting another challenge during the winter months! We would love to hear from all participants. Let us know what you thought of the challenge and what would encourage you to get out and walk? Let us know by emailing [active.living@saint-marys.ca](mailto:active.living@saint-marys.ca).

## **Before and After Program (BAP)**

This is a paid program offered after school to children in pre-primary to grade 6 . The Before and After Program will begin September 6th in the Kid's First room in Memorial Place at St. Mary's Education Centre and Academy. Based on current demand, BAP will take place from 2:30-6pm, Monday to Friday. Registration for the Before and After Program is open and can be done online at [www.saint-marys.ca](http://www.saint-marys.ca). If you would like more information about this program, please contact Kerri Jack at [recreation@saint-marys](mailto:recreation@saint-marys) or call 902-522-2598.

## **Adult Hockey League**

Organizers with the St. Mary's Adult Hockey League are looking for some local interest in taking officiating courses. Hockey Nova Scotia will be posting their course schedule in the coming weeks. Contact Kerri at 902-522-2598 or [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca)

# Economic Development

## **CBDC Guysborough County**

Need financing for your business? Loans are available to any legally operated business in Guysborough County. Some sectors include, fishing, trucking, retail, manufacturing, service, accommodations, food service, etc.

- Business loans up to a maximum of \$600,000 with flexible interest rates starting at prime plus 2% with flexible re-payment schedules.
- Loans available for business start-up, expansion, renovations, line of credit, etc.
- Quick approval Micro Loans available up to \$10,000.
- Business start-up info and counseling available.

Self-Employment Benefits Program -. (SEB) - Qualifying participants can receive benefits and training opportunities during business startup.

Guysborough County Community Business Development Corporation Limited. PO Box 199, 46 Main Street, Guysborough County, NS B0H 1N0. Guysborough Office: phone: (902)533-2770 fax: (902) 533-2016 Email: [wanda.macdonald@cbdc.ca](mailto:wanda.macdonald@cbdc.ca)

## **Bike Friendly Business Program**

Cyclists in St. Mary's, local or tourist, can stop by the Sanctuary Shore General Store co-located with The Soap Company of Nova Scotia at 8000 Hwy 7 Sherbrooke, for free water and a snack. A small cycling repair tool-kit is onsite and available for use. We kindly ask that cyclists provide their name and feedback to help us improve benefits for cyclists in our area.

## **Trade Accelerator Program**

Closing Sept. 23! The Trade Accelerator Program (TAP) is a training program to help Nova Scotia companies expand into international markets. To apply or for more information visit: <https://novascotiabusiness.com/>

## **Go for the Greens 2022**

Nova Scotia Business Inc. is seeking women-owned businesses\* interested in joining the Canadian trade mission to Go for the Greens 2022 as part of the Nova Scotia delegation. This event is organized by Business Women in International Trade (BWIT), a program by Global Affairs Canada. \**Women-owned businesses are defined as 51%+ owned, managed, and controlled by women.* To register to attend with the NS Delegation visit: <https://www.tradecommissioner.gc.ca>

## **E-Commerce Grant**

The federal government is offering eligible businesses \$2,400 in non-repayable grant money to adopt e-commerce strategies and grow digitally. This could include online ordering or booking systems, e-commerce software, search engine optimization support, software subscription fees, social media/digital ads, development of a new e-commerce website, or any number of other things. To apply directly or for more information visit: <https://digitalmainstreet.ca/atlantic-cdap/> or contact Joel Stoddart, [Joel.Stoddart@cbdc.ca](mailto:Joel.Stoddart@cbdc.ca).

## **Business Navigators**

Want to start a business? Connect with NS Business Navigators to help you navigate provincial regulations and requirements for new businesses. A Business Navigator can help you by providing information on starting specific types of businesses, identifying what regulations to follow, licencing and permit information and much more. They can also provide contact information for things like financing, taxes and staffing. For more information call 1-844-628-7347.

# Congregational Services & Community Events

## **Calvary Faith Baptist Church, Sonora**

Weekly Bible Study and Prayer Meeting every Wednesday at 7pm

September 4th 11am

September 11th 6pm

September 8th 11am

September 25th 6pm

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## **United Baptist Church**

3pm Service. Rev. Scott Chandler

September 4th: Sonora

September 11th: Port Hillford

September 18th: Port Bickerton

September 25th: Sonora

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## **Sherbrooke Show & Shine**

Antique and Custom Car Show will take place in Sherbrooke Village Ballfield on September 10 and 11, 2022 from 10 am to 4 pm. Food and washrooms will be available on site. There will be a concert in the field Saturday evening at 7pm. Registration is free for car owners and they will receive a free ballet for the Grand prize, a two piece Evercraft steel tool box provided by NAPA Auto Parts, Antigonish valued at \$1,000. Spectators are invited to fill out a ballot to help choose the people's choice vehicle.

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## **Yard Sale**

It's the 27th year for the Annual Bob Breen Loop Sale in Spanish Ship Bay. October 2nd, 2022 from 10-2pm. Anyone wishing to come and join the loop sale, please do! Any questions, please call 902-779-2677 or 902-779-2844.

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## **Sherbrooke Saturday Market**

The Market takes place each Saturday at Heritage Park in Sherbrooke Village starting at 9am. Entrance on Court street. Parking at Sherbrooke Village Parking Lot (not Access Road). For most updated information, join our Facebook page "Sherbrooke Saturday Market" or check the bulletin board at Sherbrooke post office. To participate as a vendor, Musician, performance artist or volunteer, contact Gabriela Schupbach on messenger or call 1-902-338-0290.

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## **Eastern Counties Regional Library**

The Sherbrooke Public Library has reopened to the public, effective August 17. The new hours are: Wednesday-Friday: 12:30-5:30pm and Saturday: 9:30am-12:30pm. Did you know? A consortium of 8 of the 9 regional libraries in Nova Scotia have created a new online service called "Same Page". Same Page allows library users to access materials from the 8 regional libraries through a single catalogue. Manage your account better, request materials, keep track of your reading, and find suggestions on what to read next in this new catalogue. Visit [www.samepagens.ca](http://www.samepagens.ca) to learn more. Stay up to date by visiting ECRL's website often at [ecl.ca](http://ecl.ca) and by following us on social media.

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## **Anglican Parish of Liscomb – Port Bickerton**

In Person Worship Services September 2022

Sun. September 4

9:00 AM St. Paul's, Port Bickerton

11:00 AM St. Thomas, Indian Harbour Lake

Sun. September 11

9:00 AM St. Luke's, Liscomb

7:00 PM St. Paul's, Port Bickerton

Sun. September 18

11:00 AM St. Luke's, Liscomb

7:00 PM St. Thomas, Indian Harbour Lake

Sun. September 25

9:00 AM St. Thomas, Indian Harbour Lake

11:00 AM St. Paul's Port Bickerton

7:00 PM St. Luke's, Liscomb

Or join us for our online services which are posted every Sunday.

<https://www.facebook.com/AnglicanParishLiscombPortBickerton>

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## **Maple Manor Tea**

There will be a tea held at the Maple Manor every Tuesday from 9:30-11am. Everyone is welcome.

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## **Henry Tibbo Memorial Ball Tournament**

The Henry Tibbo Memorial Ball tournament will be held September 3-4 -2022 in Liscomb Ball Field, come watch your favorite teams play ball and there will be canteen services available for both days. Proceeds from the canteen go to Liscombe Volunteer Fire Department. Games start Saturday morning at 8:00am. Come enjoy a bowl of chili with a biscuit, hot dogs, pop and more support your local fire department!

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## **Harpell Thank You**

On behalf of my family and myself, I would like to thank everyone for the love and support on Doug's passing May 7th, 2020. A big thank you to my family and Reverend Kristin for being with us when Doug passed. It's been a difficult time with covid. We just had his funeral on July 9th, 2022. Thank you to everyone who came to the visitation and funeral and our Willing Workers for catering. Special thanks to all those who took part; the Sisters for singing and Sherry for playing, Granddaughters for their beautiful words, Grandsons for honorary pall bearers and Rev. Sue for the readings. Special Thanks to you Rev. Kristin for the kind words and being there for us. You are all very much appreciated. God bless you all. Love Lottie and Family.

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## **Country Harbour Breakfast**

Country Breakfast at the Country Harbour Gun Club on Saturday September 17th from 8:30-10:00am Adults \$10, Kids \$5.

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## **Maple Manor Bake Sale**

Visit Clara Wulf every Friday between 11:00 am – 3:00 pm at Maple Manor for fresh baked goods.

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### **St. Mary's District Lion's Club**

The Lions Club will once again be hosting a **Take-Out Chicken BBQ Dinner** – including ½ Chicken, Baked Potato, Coleslaw, Roll & dessert for \$20 each on Sunday, October 16th. All dinners must be pre-ordered and prepaid (by e-transfer or cash) before Sat., Oct 8th. Pickup will be 3:30-5pm at the Lions Hall on Saturday, Oct 16<sup>th</sup>. There will be no refunds for orders not picked up. Please contact a Lions member or Sherbrooke Garage to place your order and make payment.

Save the Date – Saturday, October 22. The Lions Club will be hosting the annual **St. Mary's Memorial Hospital Walkathon** (9:30 registration). Pledge sheets and details will be available in the next newsletter or on our Facebook page (District of St Marys Lions Club).

We will be selling our **Lottery Calendars** again. The draws will be for January 2023 with \$250 being given on Jan 1 & 31. The calendars will be \$10 each with only 500 calendars being sold. We hope to be set up at the Sherbrooke Market in September/October to make it easier for you to purchase Chicken Dinner, Calendar, pick up sponsor sheets for walkathon, or register for Golf Tournament. Please watch for us at the Show & Shine Sept 10 & 11.

### **Looking for Municipal WWI Veteran Photographs**

The St. Mary's Genealogy Research Centre at Sherbrooke Village and the Sherbrooke Branch of the Royal Canadian Legion are partnering to produce commemorative street post banners to honour municipal veterans killed in action during World War I. Veterans have been selected following a strict criteria to ensure equitable representation from a diversity of communities within the Municipality of the District of St. Mary's. We are searching for photographs of the following WWI veterans killed in action:

MacDonald, John Kenneth - Lower Caledonia  
Langille, Charles Burton - Liscomb  
Spears, William Robertson - Spanish Ship Bay  
Pye, Laurier Falconer - Sherbrooke  
Tate, John William - Melrose  
Potter, Gordon Vincent - Fisherman's Harbour

If you have photographs of these veterans, any information or leads on where to obtain a photograph, please email [smgresearchcentre@gmail.com](mailto:smgresearchcentre@gmail.com) or phone Meghann Jack at 902-753-6888. **Please forward information by October 1st, 2022.** *This project is generously supported by the Municipality of the District of St. Mary's Holiday Grant Fund.*

### **St. Mary's Garden Club October Rally**

Hello Everyone! We hope you all had a wonderful summer. We are pleased to announce that Sherbrooke is hosting the Fall Rally of the entire Eastern District for the Nova Scotia Garden Club Association. Our theme is Garden to Table, entry is estimated to be \$10/person, and its planned to be a whole day event! If anyone is interested in supporting, attending or sponsoring a table please feel free to reach out to our local members, or June Tate at [junemtate@icloud.com](mailto:junemtate@icloud.com) or Courtney Mailman at [courtney7m@gmail.com](mailto:courtney7m@gmail.com).

### **Royal Canadian Legion Branch 86 Liscomb**

31 Mackinley Point Road, Liscomb (902)779-2006  
**Open** Thursdays, Fridays, and Saturdays 5pm to 11pm – Come out to enjoy the video lottery machines, pool table, shuffleboards, canteen, and bar!

**CRIBBAGE** every Thursday and Saturday evening at 8pm.

**RAFFLEBOX** 50/50 Online (see Facebook Group for details)

Washroom Upgrade Project on now: Watch for our "Keep 'em Flushing" fundraising events!

### **Goshen Community Recreation & Centre**

Bargain Shop hours - Tuesday, Wednesday & Thursday 1-3pm. Game day is Wednesday 1-4pm. Bottles are being collected and can be dropped off at the Centre. Yard Sale on September 10, 2022 (Rain date) September 17, 2022 10am to 1pm. To book a table call Laurie 783-2291 & Elizabeth 783-2369. Volunteers and Committee members are always welcomed. Please contact Rickey Grover-902-783-2749 or Lisa Myers 902-318-4401 if you would like more information.

### **St. Mary's Shooters Association**

Saturday Sept. 3<sup>rd</sup> - Canadian Firearms Safety Course. Stillwater Center. 9:00am start. Register online and pay online at [safetyservicesns.ca](http://safetyservicesns.ca)

Sunday Sept 4<sup>th</sup> - Plate Shoot, DNRR Stillwater Range, 9240 Hwy. 7, Stillwater, Guysborough County, 9am - 3 pm. Please try to register before 1pm.

Sunday Sept 11 - Annual General Meeting 2pm Stillwater Center, 9560 Hwy. 7 Stillwater. All members try to attend. Annual dues are due on Sept. 30th.

Saturday Oct 1st - Hunter Safety Course, Stillwater Center 9am Start. Register and pay online at: [safetyservicesns.ca](http://safetyservicesns.ca)

Sunday Oct 2nd - Plywood deer shoot DNRR Stillwater. Start 9am

Saturday Oct 8th - Canadian Restricted Firearms Course Stillwater Center 9560 Hwy 7. Start time 9:00am register online and pay online at [safetyservicesns.ca](http://safetyservicesns.ca)

### **Culture Club Sherbrooke**

Sunday, September 25: Saltscapes Magazine Presentation 3-4pm. Editor-in-Chief Crystal Murray together with Senior Editor Jodi deLong will give an presentation of philosophy, vision, mission and engagement of Canada's east coast magazine from 9:30-11am. Everyone is welcome. 17 Main Street, Sherbrooke.

### **Lion's Club Dance**

There will be a dance on Saturday, September 10<sup>th</sup>, 2022 from 9-1pm. We are asking to pre-book tickets to ensure there are least the minimum number people are attending . Call Arlene Worth at 902-318-2588 or Rod Dunbar 902-522-2572. Admission is \$10. Come on out and enjoy a night of 50's – 60's music

### **Stillwater Community Center Card Parties**

Join us for an evening of great prizes, fun and laughter with friends, every Friday night starting at 8pm. (doors Open @ 7:15) September 9th - November 25th. For Hall rentals contact Gordon MacIntosh @ (902) 497-1201

# Storybook Map

The St. Mary's River Association (SMRA) in collaboration with St. Francis Xavier University have spent the past year creating an interactive, internet-based "storybook" map covering the St. Mary's River watershed. This interactive map provides an invaluable resource management tool for the SMRA and the broader community.

Features include different types of protected lands in the watershed, environmentally important features in the St. Mary's, socially significant locations, paddling sites, and fishing pools.

This mapping tool will be used to:

- ensure that people are well informed and knowledgeable about the importance of this unique watershed
- share information with residents, tourists, salmon anglers and other stakeholders
- provide a 'one-stop-shop' for viewers to further understand the importance and the complexity of this unique river valley ecosystem.

This is a work in progress, and we will be adding to the website as needed. Please check it out by going to [www.stmarysriverassociation.com](http://www.stmarysriverassociation.com) and scroll down to the St. Mary's River Storybook Map section and follow the link or scan the QR code.



This Story Map was funded by the Change Lab Action Research Initiative Fund (CLARI).

# Get the Most Through the Post!

## “SHOPS Passport to Fun” Program!



SHOPS has a brand-new initiative called “*Get the Most Through the Post- SHOPS Passport to Fun*”! This initiative is a program-based activity package that will be sent via Canada Post from us to you beginning in October 2022!

SHOPS has been working hard and will put together monthly packages to mail out to anyone interested who identifies as having a diverse ability. We will personalize each package with activities that individual participants can do at home, is related to their interests and best of all, its totally **FREE!**

Some topics we will integrate into our activity packages may include seasonal activities and games, ‘all about you’ worksheets, fire safety, hygiene, kitchen safety, baking and fun recipes, “would you rather” questions, coloring pages and other fun things like word finds and mazes! For example, if you like cars we can tailor activities that relate to cars! The sky is the limit!

If you or someone you know identifies as having a diverse ability (*including but not limited to mental health issues, intellectual disability, vision impairment, mobility impairment, etc.*) and are interested in receiving our free monthly activity package, please reach out:

**Phone: (902) 318-3223, Mail: SHOPS- 121 Old Road Hill, Sherbrooke, Nova Scotia, B0J3C0, or**

**Email: [ed@shopsonline.ca](mailto:ed@shopsonline.ca)**

*To be eligible, each participant must provide first and last name, mailing address, social insurance number for participant registration and a list of general hobbies and interests. Please note that SHOPS will NEVER share personal information outside of the Organization. This information is for Participant registration only and will not be used for any other purpose. Being a member of this program does NOT mean the person is obligated to physically attend SHOPS or SHOPS related events or activities/field trips.*

Also, a reminder about the awesome services we offer at SHOPS! We sell delicious and nutritious VON Frozen meals for \$6.00, and we are always accepting recycled cans and bottles! We have the tried-and-true Fire Starters so that you never have to use paper to start a fire again! We also offer shredding and laundry services!

Don’t forget our number one fundraiser, the **Toonie Draw!!** Because of you this is successful and we appreciate your continued support! Remember to play your \$2 each week in order to be entered into the 50/50 draw!



## **ST. MARY'S LIONS GOLF DAY**

**SEPT. 17, 2022 - \$35.00 PER PLAYER**

**RED HILL ROAD GOLF COURSE - INDIAN HARBOUR LAKE**

**BEST BALL SCRAMBLE - SHOT GUN START 10 A.M.**

**INCLUDES A SPAGHETTI SUPPER!**

**CLOSEST TO THE HOLE/LONGEST DRIVE**

**AA MUNRO INSURANCE IS SPONSORING A \$5,000 PRIZE FOR A HOLE IN ONE!**

**SUPPER, AWARDS, SILENT AUCTION AND OTHER GAMES BACK AT THE HALL (8004 #7 HIGHWAY SHERBROOKE)**

**BRING YOUR SPOUSE OR A FRIEND FOR SUPPER**

**COST \$12.00 WITH A CASH BAR**

**TO REGISTER CONTACT: NEIL BLACK 902-522-2265 OR**

**YVONNE DUNBAR 902-522-2572**

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### **St. Mary's District Lions Club Golf Day and Dinner - Sponsors Needed**

For \$100.00, we will place your sign on the course or at the Lion's Hall during the festivities. Banners are welcome and pricing is negotiable; in fact, we are open to any new ideas! There will be a program hand out, which will include sponsors\supporters, as well as recognition at the dinner. As a sponsor, please join us for a complimentary dinner. After almost 3 years of anguish, hibernation and looking over our shoulders, we are going back to the "GREENS"!

Bring your spouse or a friend, we will have a cash bar so maybe a driver! A day of fellowship, connecting, reconnecting and lots of laughter and good golf. Let's once again, hear the Lion Roar!

For further details and registration, please contact:

Neil Black: 902-522-2265; email: [neilblack02@gmail.com](mailto:neilblack02@gmail.com) OR Yvonne Dunbar: 902-522-2572; email: [yvonne\\_dunbar43@hotmail.com](mailto:yvonne_dunbar43@hotmail.com)

We Serve

Debbie Findlay  
King Lion/Past Charter Queen Lioness  
ST. MARY'S DISTRICT LIONS CLUB  
PO BOX 118  
Sherbrooke, N.S.  
B0J 3C0

Please support us in person or spirit, It's A Great Life!!!



Liscomb Legion  
Friday September 23



# Saltwater Joy

Maritime & Traditional Showband



Come on out for a  
toe-tappin'  
brew-sippin'  
Down Home Party!



Seating is limited, so please buy your tickets in advance:  
\$10.00 each

in person at the Legion Hall (5-11pm Thurs–Sat)  
or through one of your Legion execs

If there is space available, tickets at the door \$12

Music starts at 7pm.

See you there!



Proceeds to Legion Washroom Upgrade "Keep 'em Flushing" Project

# September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Liscomb Legion Crib 8pm	2 Maple Manor Bake Sale 11-3	3 Firearm Course 9am Sherbrooke Market 9-12 Henry Tibbo Memorial Ball Tournament Liscomb Legion Crib 8pm
4 Henry Tibbo Memorial Ball Tournament Shooters Assoc. Plate Shoot 9-3pm	5 Labour Day Office & Transfer Station Closed	6 Maple Manor Tea 930-11 First Day of School BAP Begins	7 Goshen Game Day 1pm Committee of the Whole Meeting 4pm	8 Seeds of Literacy Event 6-8pm Liscomb Legion Crib 8pm	9 Maple Manor Bake Sale 11-3	10 Sherbrooke Market 9-12 Recycle Depot 10am Sherbrooke Show & Shine 10-4pm Goshen Yard Sale 10am Lion's Hall Dance 9pm Liscomb Legion Crib 8pm
11 Sherbrooke Show & Shine 10-4pm Shooters Assoc. AGM 2pm	12 Council Meeting 7pm (Indian Harbour Lake)	13 Maple Manor Tea 930-11	14 Goshen Game Day 1pm Committee of the Whole Meeting 4pm MPS/LUB First Reading	15 Liscomb Legion Crib 8pm	16 Maple Manor Bake Sale 11-3	17 Lion's Club Golf Tourn. Country Hbr. Breakfast 830-10am Sherbrooke Market 9-12 Liscomb Legion Crib 8pm
18	19	20 Maple Manor Tea 930-11	21 Goshen Game Day 1pm Oct. Newsletter Deadline 4pm	22 Happy Feet 230-4 Liscomb Legion Crib 8pm	23 Maple Manor Bake Sale 11-3 Trade Accelerator Program closes Liscomb Legion Saltwater Joy 7pm	24 Sherbrooke Market 9-12 Recycle Depot 10am Liscomb Legion Crib 8pm
25 Culture Club Saltscapes Presentation 3-4pm	26	27 Maple Manor Tea 930-11	28 Goshen Game Day 1pm	29 Happy Feet 230-4 Liscomb Legion Crib 8pm	30 National Day for Truth & Reconciliation Maple Manor Bake Sale 11-3	