



# Municipality of the District of St. Mary's Newsletter

October 2022 [www.saint-marys.ca](http://www.saint-marys.ca) (P) 902-522-2049 (F) 902-522-2309

## Meetings of Council

The next regular meeting of Council is October 11th, 2022 at 7:00pm at the Ecum Secum Fire Hall. Committee of the Whole meetings for October will take place Wednesday, October 5th and 19th at 4:00pm in council chambers. Agendas, minutes and audio files are available at [www.saint-marys.ca](http://www.saint-marys.ca). The Municipal Office and Transfer Station will be closed on, October 10th for the Thanksgiving Holiday.

## Municipal Planning Strategy & Land Use By-Law Public Hearing

NOTICE OF PUBLIC HEARING: PLEASE TAKE NOTICE THAT on Wednesday, September 21, 2022, the Council of the Municipality of the District of St. Mary's gave notice of its intention to: Adopt amendments to the Municipal Planning Strategy and Land Use By-Law for the Municipality of the District of St. Mary's. The draft documents, including the accompanying maps, can be found on the municipal website at <https://saint-marys.ca/government/mps-lub-review/> or can be picked up at the Municipal Office by calling 902-522-2049, between 8:30am-4:00pm Monday to Friday, to request printed copies.

**A PUBLIC HEARING** on the proposed Municipal Planning Strategy and Land Use By-Law will be held at the Council Chambers of the Municipal Office, 8296 HWY 7, Sherbrooke NS at **6:00pm, on Tuesday, October 18th, 2022.**

The Public hearing is an opportunity for residents of the Municipality to make formal written or oral submissions to Council regarding the proposed amendments. Written submissions will be received by the Municipal Office until 4:00pm Tuesday, October 18th, 2022. Written submissions shall be addressed to Marissa Jordan, Chief Administrative Officer, at 8296 HWY 7, Sherbrooke NS, B0J 3C0 or by email to [marissa.jordan@saint-marys.ca](mailto:marissa.jordan@saint-marys.ca).

Anyone wishing to make a formal presentation are also encouraged to advise the Municipality no later than 3:00pm, Tuesday, October 18th, 2022 so that it can be included on the Agenda for the Public Hearing.

## Volunteer Recognition Event

A Volunteer Recognition event will be held on Thursday, October 6th, 2022 in Sherbrooke at the Heritage Park in Sherbrooke Village. The event will take place from 6 to 7:30pm. All volunteers are invited and welcome to attend. There will be live music, light refreshments, thank you gifts and recognition of the Municipality's Volunteer of the Year. All are welcome to attend!

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The deadline for the November Municipal Newsletter is Wed. October 19th at 4:00pm. Submissions can be faxed to 902-522-2309, dropped off in person at the Municipal Office or emailed to [newsletter@saint-marys.ca](mailto:newsletter@saint-marys.ca). Subscribe to our

St. Mary's Municipal Transfer Station is open Monday, Tuesday, Friday & Saturday from 9:00 am – 4:30 pm.

## MacMillan's Recyclables Pick Up

Recyclable collection will take place the second and fourth Saturday of each month at 10am at the St. Mary's Recplex.

## October 2022 Solid Waste Collection

Eastern Shore Cartage: 1-800-261-0372

<b>Tuesday</b> (Zone 1)	<b>October 4</b> Recyclables	<b>October 11</b> Garbage & 1 Bulky Item	<b>October 18</b> Recyclables	<b>October 25</b> Garbage & 1 Bulky Item	<b>November 1</b> Recyclables
<b>Wednesday</b> (Zone 2)	<b>October 5</b> Recyclables	<b>October 12</b> Garbage & 1 Bulky Item	<b>October 19</b> Recyclables	<b>October 26</b> Garbage & 1 Bulky Item	<b>November 2</b> Recyclables
<b>Thursday</b> (Zone 3)	<b>October 6</b> Recyclables	<b>October 13</b> Garbage & 1 Bulky Item	<b>October 20</b> Recyclables	<b>October 27</b> Garbage & 1 Bulky Item	<b>November 3</b> Recyclables

**ZONE 1:** New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill.

**ZONE 2:** East Loon Lake, Smithfield, Denver, Newtown, Glenelg Church Rd, Aspen to Goshen to Borneo Rd inclusive.

**ZONE 3:** Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Minds Rd, to Waternish inclusive.

# Municipal News

## **Municipal Electoral Boundary Review**

Consultants have completed all Council and staff interviews, closed the public survey and will begin to analyze all of the results which will help to inform the analysis of the Council size. Consultants will develop the Council size analysis and submit it to the Municipality. A public presentation of the Council size analysis will be presented to Council at the Committee of the Whole Meeting, October 5<sup>th</sup>, 2022 at 4:00pm.

## **Program Coordinator Job Opportunity**

**Position Title:** Community Program Coordinator  
**Reports to:** Community Development and Recreation Director

**Classification:** Hourly/Term (Based on funding, term will be reviewed in March 2023).

**Hourly Wage:** \$15.35 plus vacation pay.

**Position Summary:** Working under the direction of the Community Development & Recreation Director, the Community Program Coordinator will organize and deliver specialized programs throughout the Municipality of the District of St. Mary's. The expected start date for this position is October 3rd. The successful applicant will be expected to work 5-10 hours/week (including Saturday's).

**Applications:** Applications including resume and cover letter along with references will be accepted until the position is filled. Applications will be accepted by: Email: recreation@saint-marys.ca or Mail: PO Box 296, 8296 Highway #7 Sherbrooke NS B0J 3C0, or in person during regular office hours.

## **Before and After Program (BAP)**

This is a paid program offered after school to children in pre-primary to grade 6. The Before and After Program takes place in the Kid's First room in Memorial Place at St. Mary's Education Centre and Academy. Based on current demand, BAP will take place from 2:30-6pm, Monday to Friday. Registration for the Before and After Program is open and can be done online at [www.saint-marys.ca](http://www.saint-marys.ca). If you would like more information about this program, please contact Kerri Jack at recreation@saint-marys or call 902-522-2598.

## **2022/2023 Tax Sale**

The initial process has begun for the 2022/2023 tax sale. The tax sale will be held in February 2023 please watch upcoming newsletters for additional information.

## **Residential Low Income Property Tax Exemption**

The Municipality of the District of St. Mary's provides assistance to homeowners to help pay their residential property taxes. Qualified applicants will receive a credit which is applied directly to the tax account. The total annual household income for the 2022/2023 year is \$22,600 with a provided tax exemption of \$150 for those that qualify. Contact the Municipal Office at 902-522-2049 for more information.

## **Provincial Property Tax Rebate for Seniors**

This program, administered by Service Nova Scotia on behalf of the Department of Community Services, is designed to help eligible seniors remain in their homes by providing them with an annual rebate on their municipal property taxes. Provincial Property Tax Rebate forms are available at the Municipal Office. Deadline to apply is December 31<sup>st</sup>, 2022. Please call 902-522-2049 for information on this rebate for eligibility guidelines.

## **Employment Opportunity**

**Position Title:** Student Recreation Leader

**Reports to:** Community Development & Recreation Director

**Classification:** Part/time, seasonal (academic school year)

**Hourly Wage:** \$13.35 plus vacation pay

**Position Summary:** Working under the direction of the Community Development & Recreation Director, Student Recreation Leaders will assist with the delivery of Community Development and Recreation Department programs throughout the Municipality of the District of St. Mary's over the 2022/23 academic year.

**Application details:** Applications should include a resume and cover letter. Send to Kerri Jack at recreation@saint-marys.ca or drop off in person at the Municipal Office. Applications will be accepted until positions are filled. For more position details, visit [www.saint-marys.ca](http://www.saint-marys.ca)

# Recreation

## **Yoga Classes**

The Municipality will be offering an all levels yoga class in the SHOPS Room at St. Mary's Education Centre/Academy on Thursday's at 7pm. This program will start on October 6th. New to yoga and want to try before making a commitment? No problem, your first class is free! Following the first class, each session will be \$10. Punch cards are available for purchase at the Municipal Office. Call 902-522-2598 for more information.

## **Kickboxing Classes**

The Municipality is offering two free kickboxing try-it sessions. Sessions will take place in the SMECA gymnasium (Memorial Place entrance) on October 11th and October 18th from 6-7pm. These sessions are open to youth up to 13 years old and women and girls ages 14+. No experience necessary. If there is enough interest, classes will continue. Call 902-522-2598 for more information. No equipment needed for try it sessions.

### **Happy Feet**

St. Mary's Recreation is hosting a free 6 week after school running program for children in grades primary to 5 running until October 27<sup>th</sup>, 2022. Happy Feet will take place Thursday's after school from 2:30 - 4:00, at the SMECA gymnasium. Children must bring proper footwear, clothing, and a water bottle. If the weather is nice, we will be going outside! Please register online at [www.saint-marys.ca](http://www.saint-marys.ca)

### **International Walk to School Day**

The Municipality of the District of St. Mary's and St. Mary's Education Centre/Academy are teaming up to host an International Walk to School Day event on Wednesday, October 5th, 2022. Buses will drop off registered students at the Sherbrooke Village Parking lot in the morning of the event. Together with chaperones, students will walk to school. Thank you to Sherbrooke Village and the local RCMP for partnering on this event.

### **Halloween in St. Mary's**

If your community is having a Halloween event, contact us! We would love to partner! 902-522-2598 or [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca).

### **Adult Hockey League**

Registration is now open for the 2022-23 Adult Hockey League. Organizers are working with players to determine the best timing for the program each week. Payments for league play will take place in two installments during the season, cost will depend on registration numbers. Register by emailing [recreation@saint-marys.ca](mailto:recreation@saint-marys.ca), texting 902-870-9882 or request to be added to the league group contact.

### **St. Mary's House League Hockey**

Get ready Coyotes! St. Mary's House League registration night is Thursday, October 13th at the Municipal Office from 6-7pm. House league will take place Thursdays 6-7pm & 7-8pm and Saturday's at 9-10am & 10-11am. Ages 5-12. Pre-registration required. The cost is \$100 per child for the season. For more information, please contact Maggie at 902-522-2598 or [active.living@saint-marys.ca](mailto:active.living@saint-marys.ca).

### **Hike Nova Scotia Fall Courses**

Registration is open for Hike Nova Scotia's fall slate of courses and webinars. To learn what courses are available or to register, visit: <https://www.hikenovascotia.ca/news-and-events-events/>.

## Economic Development

### **CBDC Guysborough County**

Need financing for your business? Loans are available to any legally operated business in Guysborough County. Some sectors include, fishing, trucking, retail, manufacturing, service, accommodations, food service, etc.

- Business loans up to a maximum of \$600,000 with flexible interest rates starting at prime plus 2% with flexible re-payment schedules.
- Loans available for business start-up, expansion, renovations, line of credit, etc.
- Quick approval Micro Loans available up to \$10,000.
- Business start-up info and counseling available.

Self-Employment Benefits Program -. (SEB) - Qualifying participants can receive benefits and training opportunities during business startup.

Guysborough County Community Business Development Corporation Limited. PO Box 199, 46 Main Street, Guysborough County, NS B0H 1N0. Guysborough Office: phone: (902)533-2770 fax: (902) 533-2016 Email: [wanda.macdonald@cbdc.ca](mailto:wanda.macdonald@cbdc.ca)

### **Rainbow Registered Accreditation**

Rainbow Registered is a nationally recognized safe space accreditation program developed by Canada's LGBT+ Chamber of Commerce (CGLCC), Tourism HR Canada and their partners, with the aid of the Federal government, that recognizes Canadian businesses and organizations that are LGBT+ inclusive. Information sessions on how to obtain accreditation will be held virtually via zoom Oct.4 @1-4 pm and Nov. 3 @9-12pm. Contact Loren Christie: [loren@cglcc.ca](mailto:loren@cglcc.ca) for links. Funding is available to assist with first year costs.

### **Bike Friendly Business Program**

The Municipality of the District of St. Mary's has received funding through NS Federation of Municipalities Carbon Surcharge Fund to support local, small-scale initiatives that help municipalities reduce greenhouse gas emissions. St. Mary's has partnered with Sanctuary Shore General Store co-located with the Soap Company of Nova Scotia to provide a Cyclist Rest Area that encourages both active transportation and reduction of emissions in our community. Cyclists, local or tourist, can stop by 8000 Hwy 7, Sherbrooke, for free water and a snack. A small cycling repair tool-kit is onsite and available for use. It's kindly asked that cyclists provide their name and feedback to help improve benefits for cyclists in the area.

### **Business Navigators**

Want to start a business? Connect with NS Business Navigators to help navigate provincial regulations and requirements for new businesses. A Business Navigator can help by providing information on starting specific types of businesses, identifying what regulations to follow, licencing and permit information and much more. They can also provide contact information for things like financing, taxes and staffing. For more information call 1-844-628-7347.

# Community Services

## **St. Mary's District Food Bank**

Please contact 902-338-0981 or 902-833-2920 if you know of a need in the community. Confidentiality is strictly upheld. The box to receive food donations is located at Clover Farm. Please check the "best before" date. Cash donations can be sent to St. Mary's District Food Bank, P.O. Box 102, Sherbrooke, NS, B0J 3C0. If a donation is made in memory or as a gift, a card is sent to the family. Your support is greatly appreciated.

## **Eastern Counties Regional Library**

Did you know? A consortium of 8 of the 9 regional libraries in Nova Scotia have created a new online service called "Same Page". Same Page allows library users to access materials from the 8 regional libraries through a single catalogue. Manage your account better, request materials, keep track of your reading, and find suggestions on what to read next in this new catalogue. Visit <https://www.samepagens.ca> to learn more. Sherbrooke Public Library is open Wednesday, Thursday, and Friday from 12:30pm-5:30pm, and Saturday from 9:30am-12:30pm. Find up-to-date information about your local branch at <https://ecrl.ca/locations/sherbrooke-public-library> For more information about library services, call us at 902-522-2180, email us at [sherbrooke@ecrl.ca](mailto:sherbrooke@ecrl.ca), or visit [ecrl.ca](http://ecrl.ca). Stay up to date by following ECRL on social media: [facebook.com/ECRLibrary](https://www.facebook.com/ECRLibrary) | [twitter.com/ecrlibrary](https://twitter.com/ecrlibrary).

## **Guysborough County Adult Learning Association**

GALA is now open with its' programs for 2022/23 fall/winter/spring sessions. If you are interested in GED preparation, or in upgrading your skills in computer, math, reading, and other areas, call the GALA office at **902-533-4252**. Residents of District St. Mary's can call Louise (instructor) at **902-783-2360**. We can provide information and support for all your learning goals.

## **Sherbrooke Opportunities Society**

Happy Fall, Y'all! First we would like to officially welcome Sherry to the SHOPS team! Sherry is our new Program Manager and she already fits right in! Thanks for joining us and helping us grow! Since Fall is here and chilly days are upon us, we would like to spotlight our ever popular Fire Starters! We make them in-house, they replace paper and burn up to 15 minutes! Give them a try and we promise you won't go back to paper again! They are great for outdoor AND indoor fires! Another highlight to remind you of is our laundry services! We are fully equipped with everything needed to wash your clothing, jerseys, bedding, etc. We even fold! Give us a call at 902-318-7467, pop in (Mon, Tues, Wed & Fri, 8:30-2:30) or email [ed@shopsonline.ca](mailto:ed@shopsonline.ca). As always, thank you for your ongoing support!

## **Kids First in St. Mary's Municipality**

Parent/Caregiver and Children birth to six years Drop-in Playgroup – Wednesdays from 9:30-11am in the Kids First room at St. Mary's Education Centre/Academy with a healthy snack.

Play time Drop-off for Children age 3+ is starting Tuesday October 11, 2022. This program is from 9:30-11am with snack provided. Gas cards are available to help with transportation costs. All families are welcome, we ask you not to attend if you are feeling unwell. The Guysborough County Prenatal Program is open to all women expecting a baby who live in Guysborough County. Self-referrals are welcome! Call 902-533-3881 or toll free at 1-888-533-3881 for more information.

The Parenting Journey Program is a support for parents with children up to 16 years. Self-referrals are welcome. For more information call Paula at 902-870-7437 or email [parentingjourney@kids1st.ca](mailto:parentingjourney@kids1st.ca) Masks and social distancing encouraged.

# Congregational Services

## **Goshen Gospel Church**

Our Services to our Community:

Sunday: 10:45am – Fellowship and Worship Service in our church building and on Zoom.

Wednesday: 1pm – Midweek Bible Study and Prayer at our building.

If you would like to receive an invitation to our Zoom service, please, send me a request. We will be glad to include you. If we can in any way be of help, please, let us know.

## **Calvary Faith Baptist Church, Sonora**

October Church schedule, Calvary Faith Baptist Church. Weekly Pray Meeting and Bible Study 7pm

October 2 11am

October 9 6pm

October 16 11am

October 23 6pm

### **Anglican Parish of Liscomb – Port Bickerton**

In Person Worship Services October 2022

Sunday, October 2

9:00 AM St. Paul's, Port Bickerton

11:00 AM St. Thomas, Indian Harbour Lake

Sunday, October 9 – Thanksgiving Sunday

9:00 AM St. Luke's, Liscomb

7:00 PM St. Paul's, Port Bickerton

Sunday, October 16

11:00 AM St. Luke's, Liscomb

7:00 PM St. Thomas, Indian Harbour Lake

Sunday, October 23

9:00 AM St. Thomas, Indian Harbour Lake

11:00 AM St. Paul's Port Bickerton

7:00 PM St. Luke's, Liscomb

Sunday, October 30 – All Saints Day

11:00 AM – St. James, Sherbrooke

- Pastor Wayne Bray

### **St. Mary's Pastoral Charge/United Church of Canada**

Sundays in October:

9:30am Kirk, Glenelg

11:00am Bethany, East River St. Mary's

6:30pm St. John's, Sherbrooke

Announcements:

A Congregational Meeting for the congregation of Bethany United will take place following worship on Sunday, September 18. Women's Bible Study, Thursdays, St. John's in Sherbrooke, 10am. Men's Group, Thursdays at St. John's in Sherbrooke, 7 pm Youth Group (Grades 6-12), every second Friday at Kirk in Glenelg 7:30 - 9 pm. JAM Club – Jesus And Me (Our Charge's Program for children and all ages Sunday School) every second Sunday at Kirk in Glenelg, 2pm. Will resume October 16. Jumpstart Sunday... back to school, back to work, back to church! A combined service with communion will be held at Zion Presbyterian Church in East River St. Mary's, 11am on Sunday, October 2! We will also be celebrating a covenant between Bethany United and Zion Presbyterian. Special music, activities for children, cake and ice cream! Thanksgiving Sunday, October 9. Monetary donations or non-perishable food items will be received for St. Mary's Food Bank. Also personal care kit toiletry items for St. Mary's Hospital.

## Community Events

### **Yard Sale**

It's the 27th year for the Annual Bob Breen Loop Sale in Spanish Ship Bay. October 2nd, 2022 from 10-2pm. Anyone wishing to come and join the loop sale, please do! Any questions, please call 902-779-2677 or 902-779-2844.

### **Sherbrooke Saturday Market**

The Market takes place each Saturday at Heritage Park in Sherbrooke Village starting at 9am. Entrance on Court street. Parking at Sherbrooke Village Parking Lot (not access road). For the most updated information, join our Facebook page "Sherbrooke Saturday Market" or check the bulletin board at Sherbrooke post office. To participate as a vendor, musician, performance artist or volunteer, contact Gabriela Schupbach on messenger or call 1-902-338-0290.

### **Laing Family - Thank you**

The family of Steven would like to thank family and friends near and far, for all your expressions of sympathy in cards, visits, donations and phone calls. We appreciate all your thoughts prayers and comfort at this sad time. Thanks to Shelly and Lewis for their kindness and love. God bless you all. - The family.

### **Fright Night**

The 4th Annual Fright Night will take place on Monday, October 31st in the Sherbrooke Village from 5-8:30pm. \$20 to register a porch. Costumes and decorations are strongly encouraged. Call Amy Simon to register or for any questions 1-902-318-4387.

### **Sonora Community Centre**

The following is a list of upcoming socials taking place at the Sonora Community Centre:

- Halloween Social on October 26th at 10am

- Fall social on November 16th at 10am

- Christmas Social on December 7th at 10am

All are welcome.

### **Mahar Thank You**

The Mahar family would like to thank everyone for their love and kindness during Earl's passing. Special thanks to Mr. and Mrs. Bray for their thoughtfulness, also Lewis and Shelly. Thank you to Dr. McLean, nurses and staff at St. Mary's Memorial in Sherbrooke. Thanks.

### **Attention Dart Players**

Wondering how much interest in the community to start up our St. Mary's Dart League again this coming season. Please contact Rod (9028705462) and I will bring the interest to an executive meeting and make a decision for the middle of October.

### **St. Mary's District Lion's Club**

The Lions Club will once again be hosting a **Take-Out Chicken BBQ Dinner** – including ½ Chicken, Baked Potato, Coleslaw, Roll & dessert for \$20 each on Sunday, October 16th. All dinners must be pre-ordered and prepaid (by e-transfer or cash) before Sat., Oct 8th. Pickup will be 3:30-5pm at the Lions Hall on Saturday, Oct 16<sup>th</sup>. There will be no refunds for orders not picked up. Please contact a Lions member or Sherbrooke Garage to place your order and make payment. We will be selling our **Lottery Calendars** again. The draws will be for January 2023 with \$250 being given on Jan 1 & 31. The calendars will be \$10 each with only 500 calendars being sold.

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### **Lion's Hospital Walk-a-Thon**

The annual Hospital Walk-a-Thon will be held on Saturday, October 22nd. Registration will take place at 9:30am at the basement of the St. John's United Church. The Municipality is so blessed to have the excellent medical service available at our Hospital with no ER service closures to date. It is certainly worth walking for and please get a pledge sheet and request pledges from your friends and neighbours and take part in the walk. Funds are used by St. Mary's Hospital Society to insure the Hospital is well equipped. Extra Pledge sheets can be obtained from Norah Fraser at 902-522-2757 or Don Dunbar at 902-522-2572. A copy of the pledge sheet is included in the newsletter on page 11.

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### **St. Mary's Garden Club October Rally**

The St. Mary's Garden Club is hosting the District Two Rally this year. Additionally, St. Mary's Garden Club is celebrating its 27<sup>th</sup> Anniversary! Yay! Mark your calendars for October 15<sup>th</sup>. We have two guest speakers coming, plus a local speaker is presenting. Cost is \$10 for Members, and \$12 for Non-Members. This is a whole day event with refreshments and a luncheon provided. Door prizes and gift bags are also prepared! Please RVSP to Courtney Mailman at [courtney7m@gmail.com](mailto:courtney7m@gmail.com) or June Tate at [junemtate@icloud.com](mailto:junemtate@icloud.com). We are thrilled to host such an event and look forward to seeing everyone there!

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### **Ecum Secum Community Park Update**

We want to thank everyone for your support in our latest sweater run! It was a success with 176 orders. Future events for October: a 50-50 chip bingo, Tuesday Oct. 11 from 7-9pm. There will be tea, coffee and a light snack. Bottle drive Friday Oct. 14th. Please drop bottles off at the Ecum Secum firehall between 10-2. If you have bottles and cannot get them to us, please call Tiffany at 902-347-2110. Children's Halloween Party Sunday October 30 from 1-3.

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### **Stillwater Community Center Card Parties**

Join us for an evening of great prizes, fun and laughter with friends, every Friday night starting at 8pm. (doors Open @ 7:15) until November 25th. For hall rentals contact Gordon MacIntosh @ (902) 497-1201.

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### **Port Bickerton Play Space Update**

The Seashore Volunteer Fire Auxiliary would like thank the Sherbrooke Garage for donating the delivery of our brand new Mud Kitchen. Thank you as well to the Municipality of the District of St. Mary's for the use of a community play box over the past year. Keep your eye out for the installation of our own playbox. Finally, thank you to the Sherbrooke Village for the building of and donation of garbage boxes for our space. We still have fresh vegetables available in our Community Garden. All community members and visitors are welcome to help themselves. Keep an eye out for future fundraising and an updated plan for our space.

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### **Port Bickerton Trivia Night**

Join us for a Trivia Night on October 15th starting at 7pm. Teams of 4 are invited to pre-register by messaging Jenny Kaiser on Facebook or calling Kerri Jack at 902-870-9882 by October 13th. This is a 19+ event. Funds raised will support the community play space.

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### **Goshen Community Recreation & Centre**

Bargain Shop hours - Tuesday, Wednesday & Thursday 1-3pm. Game day is Wednesday 1-4pm. Bottles are being collected and can be dropped off at the Centre. On Sept 21,22 & Oct 19, 22 from 1:00 to 3:00 anyone can drop into centre and have their Blood Pressure checked by an RN. For more information call Rickey 902-783-2613 or Teresa 902-318-8053. November 6, 2022 Remembrance Day Service will be held at Centre starting at 12:30. November 12, 2022 Turkey Supper 4:30 to 6:00. Eat in or take out. \$17.00 for adults and \$ 12.00 for children under 16 yrs. December 4, 2022 4:30pm Annual Christmas Tree lighting and visit from Santa. Recyclable Bottles are still welcomed and can be dropped off at Centre. Volunteers and Committee members are always welcomed. Please contact Rickey Grover- 902-783-2749 or Lisa Myers 902-318-4401 if you would like more information.

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### **St. Mary's Shooters Association**

SMSA held a very successful plate shoot on Sept 4th with 14 competitors and an interested gallery of spectators. The October schedule is;  
Saturday Oct 1st - Hunter Safety, Stillwater Ctr. 9558 Hwy 7.  
Sunday Oct 2nd - Plywood Deer Shoot DNRR range Stillwater 9am start.  
Saturday Oct 8th - Canadian Firearms Safety Course, 9am start.  
Those applying for the Hunter Safety & Restricted Firearms Courses must apply online and pay online at: [safetyservicesns.com](http://safetyservicesns.com)

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### **Indian Harbour Lake/Jordanville Community Ctr.**

Auction 45's card parties will begin on October 4th at 7:30 and will take place every Tuesday night. A hall cleaning day will be held on October 4th at 9:30am. Come out and lend a hand. The next hall meeting will be on October 10th at 7:30pm. It will be our annual meeting. Everyone is welcome.

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### **Sherbrooke Village Old Fashioned Christmas Assoc.**

We are in full planning mode for the 2022 Christmas event. The dates for this year are November 25, 26, & 27. Watch for the full schedule coming out shortly. It will be added to the November newsletter.

**Kris Kringle Craft Market:** Tables are available for the craft market (limited space available). Registration forms will be sent out to last years vendors toward the beginning of October.

**Victorian Tea:** The Sherbrooke Village Old Fashioned Christmas Victorian Tea will be taking place on Saturday, Nov. 26th & Sunday, Nov 27th. To reserve and pre-pay for your spot for the tea please call: 902-522-2400 **beginning October 1st.** (Limited seating available).

**Donations Needed:** Ceramic Tea Pots – large. 3-tiered cake stands

**Adopt-A-Door:** If you would like to adopt and decorate one of the storm doors at Sherbrooke Village for the Old-Fashioned Christmas event, please contact Dana O'Connell at [dana.oconnell@novascotia.ca](mailto:dana.oconnell@novascotia.ca) or call 902-522-2400 and leave your contact information. Please note: You must be able to pick up, decorate and deliver the door you adopt. If you cannot pick it up, come decorate it on the site. We look forward to seeing your creations.

**Volunteers Needed:** If you have some free time and would like to volunteer for the board or to help decorate for the event, please contact Dana O'Connell at [dana.oconnell@novascotia.ca](mailto:dana.oconnell@novascotia.ca) or call 902-522-2400 and leave your contact information to be called.

**NEW for 2022: Adopt-a-window:** If you would like to adopt and decorate a window throughout the village, please contact Dana O'Connell at [dana.oconnell@novascotia.ca](mailto:dana.oconnell@novascotia.ca) or call 902-522-2400 and leave your contact information to be called.

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### **Maple Manor Tea**

There will be a tea held at the Maple Manor every Tuesday from 9:30-11am. Everyone is welcome.

### **Maple Manor Bake Sale**

Visit Clara Wulf every Friday between 11:00 am – 3:00 pm at Maple Manor for fresh baked goods.

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### **Port Bickerton Halloween Dance**

There will be a Halloween Dance held at the Port Bickerton Community Centre on October 29th from 9-1pm. \$10 at the door. There will be prizes for best costumes. Come on out for some spooky fun! Proceeds will support community projects.

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### **Port Bickerton Ball Field Improvement Project**

Community volunteers have established a committee that is working towards improving the Port Bickerton Ball Field. Keep an eye out for future events and activities to help support the project. Volunteers are welcome, get in touch with Gary Mansfield or Kerri Jack. Any and all support will be gladly accepted.

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### **Royal Canadian Legion Branch 86 Liscomb**

31 Mackinley Point Road, Liscomb (902)779-2006

General Meeting Tuesday, October 4, 2022, at 7pm. All are welcome.

Remembrance Day November 11, 2022: A Legion Service will be held at the cenotaph at 11am. Wreaths are available to purchase (\$60), call Connie at 328-4207 or email [ecnauffts@gmail.com](mailto:ecnauffts@gmail.com)

Open Thursdays, Fridays, and Saturdays 5pm to 11pm – Come out to enjoy the video lottery machines, pool table, shuffleboards, canteen, and bar! Lucky Card Raffle Game on now at the Legion Hall. Rafflebox 50/50 online (see Facebook Group for details)

Cribbage every Thursday and Saturday evening at 8pm

Help Wanted: We are looking for an energetic, community-minded person or persons to assist in the day-to-day operation of the Legion Hall. Duties will include managing the bar and Video Lottery between 5pm and 11pm Thursday through Saturday, assisting with set up and take down for activities and events, regular cleaning, and maintenance. Must be 19 years of age or older; must be (or willing to become) a member of the Royal Canadian Legion. Compensation and training will be provided.

### **Nova Scotia Breast Screening Program Mobile Visit**

There will be a mobile breast screening program at St. Mary's Memorial Hospital October 6th to 8th, 2022. To book an appointment call 1-800-565-0548. Dates are subject to change.

Visit [breastscreening.nshealth.ca](http://breastscreening.nshealth.ca) for a list of all 30 mobile stops and 11 fixed sites around the province.

**With 30 mobile stops around Nova Scotia, we bring screening mammograms to you.**





## **Operation Christmas Child Shoebox Season is BACK!**

Join us in packing a shoebox for a child in need!  
Did you know this shoebox gift could be a child's first and only gift ever?

### **Shoeboxes are available at the following locations:**

- Smokey Hollow General, Country Harbour**
- Styles Unlimited, Sherbrooke**
- Great Canadian Dollar Store, Guysborough**
- By contacting Sean & Anita Ashe (902) 318-3803**

**Pick up your shoebox(es) starting Sept 21 and return them by November 14 to the above locations or... Additional drop off dates/ times at Indian Harbour Lake Pentecostal Church 1643 Highway 211 Indian Hbr Lake:**

**Monday, November 14 4pm-7pm**  
**Wednesday November 16 4pm-7pm**  
**Friday November 18 4pm-7pm**  
**Saturday November 20 9am-11am**



### **How to pack a shoebox:**

- 1) Get a shoebox or use an empty shoebox from home
- 2) Choose boy or girl and age category (2-4 yrs, 5-9 yrs or 10-14 yrs)
- 3) Fill the box with a WOW item (ex: soccer ball, doll), school supplies, hygiene items, toys, clothes (no liquids or gels- no toothpaste, no war related items or gambling reference items ex playing cards)
- 4) Include a note and/or photo if you wish for the receiving child
- 5) Include your \$10 for transport costs & drop off at one of the above locations!

# The St. Mary's Curling Club

**ATTENTION CURLERS:** The curling season this year will start on **TUESDAY, November 8th**. There will be curling **TUESDAY** at 5:30 and 7:00 pm .The season will consist of 17 or 18 weeks of fun and exercise. We are planning to finish off the season with our annual fun weekend Bonspiel!!

Registration fees this season will be:

Students (13 years and up) - \$80.00

Adults - \$160.00 (\$80 for the first half)

We will be collecting our fees in October and January again this year.

There will be an open registration for all curlers on **October 11th**

at the **RECPLEX** at 6:30 until 7:30pm

Each curler that registers and pays on that evening or before will have their name entered in a draw for a **free membership** for the year sponsored **St. Mary's Municipality**.

*Get active this winter and help us make this a great curling season!!!*

If you need more information feel free to contact:

**Maureen Fraser 522-2984, Nancy Chaston 779-2149, Stephen Richard 870-0144 or**

 **Suzanne Gillis 522-2322**

**St. Mary's Curling Club**  
**Registration & Waiver Form**  
**2022-2023 Season**

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**All provincial Covid-19 Recommendations will be followed.**

Participant information:

Participant's Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Home Address: \_\_\_\_\_

Medical considerations (optional): \_\_\_\_\_

Emergency Contact name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Do you have a Team?      YES      NO

Team Members: \_\_\_\_\_

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Please check the times you or your team would be able to curl.

**TUESDAY**

\_\_\_\_\_ 5:30 pm Draw

\_\_\_\_\_ 7:00 pm Draw

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Waiver:

I, the above named candidate (Age 19+) or one of the parents/guardians of the above named candidate (age 18 or under) for the above specified program(s) hereby give my approval myself or for that child to participate in any and all activities pertaining to the above program.

IT IS UNDERSTOOD AND AGREED THAT THERE IS AN INHERENT RISK IN ANY PROGRAM AND THE ST. MARY'S CURLING CLUB, MUNICIPALITY AND VOLUNTEERS ARE IN NO WAY RESPONSIBLE FOR DAMAGE TO OR LOSS OF PROPERTY, OR INJURY TO PARTICIPANTS. I, THE UNDERSIGNED, THEREFORE, RELEASE AND AGREE TO INDEMNIFY AND HOLD HARMLESS THE ST. MARY'S CURLING CLUB, MUNICIPAL STAFF AND VOLUNTEERS, AND SPONSORS FROM ALL CLAIMS ARISING FROM ANY LOSS OR INJURY SUFFERED BY THE ABOVE NAMED PARTICIPANT ARISING FROM AND OUT OF ANY INJURY SUFFERED BY THE PARTICIPANT WHILE INVOLVED IN ANY RECREATIONAL PROGRAM

SIGNATURE OF PARTICIPANT \_\_\_\_\_ DATE \_\_\_\_\_



# **Disaster Financial Assistance for Hurricane Fiona**

Nova Scotians who have been severely impacted by hurricane Fiona will receive financial support from the Province. Premier Tim Houston announced a variety of supports at a news conference on September 26<sup>th</sup>.

Disaster Financial Assistance Program forms for small businesses, non-profits and residential property owners and tenants who have suffered uninsurable damage or loss from Hurricane Fiona are available. Forms may be picked up at the Municipal Office.

## **Disaster financial assistance for residential property owners and tenants: Hurricane Fiona**

Residential property owners and tenants can apply for disaster financial assistance for damage or loss from Hurricane Fiona. <https://beta.novascotia.ca/disaster-financial-assistance-residential-property-owners-and-tenants-hurricane-fiona>

## **Disaster financial assistance for small businesses: Hurricane Fiona**

Small businesses can apply for disaster financial assistance for damage or loss from Hurricane Fiona. <https://beta.novascotia.ca/disaster-financial-assistance-small-businesses-hurricane-fiona>

## **Disaster financial assistance for non-profits: Hurricane Fiona**

Non-profits can apply for disaster financial assistance for damage or loss from Hurricane Fiona. <https://beta.novascotia.ca/disaster-financial-assistance-non-profits-hurricane-fiona>

## **Confirmation of Insurance Form: Disaster Financial Assistance**

Confirmation of Insurance Form is part of the disaster financial assistance application process. <https://beta.novascotia.ca/confirmation-insurance-form-disaster-financial-assistance>

## **Income and Employee Eligibility Confirmation Form: Disaster Financial Assistance**

Income and Employee Eligibility Confirmation Form is part of the disaster financial assistance application process for small businesses. <https://beta.novascotia.ca/income-and-employee-eligibility-confirmation-form-disaster-financial-assistance>

## **Ownership Eligibility Confirmation Form: Disaster Financial Assistance**

Ownership Eligibility Confirmation Form is part of the disaster financial assistance application process for small businesses. <https://beta.novascotia.ca/ownership-eligibility-confirmation-form->

**The following one-time financial assistance will be offered to eligible Nova Scotians. Applications will be available soon and posted online and available to be picked up at the Municipal Office.**

- \$100 for every household that lost power for at least 48 hours to cover the cost of spoiled food
- \$150 to all current income assistance recipients, including Disability Support Program participants receiving income support
- \$1,000 per household in emergency funding for people ordered out of their homes or who cannot return to their homes; people can register with the Canadian Red Cross online at <https://www.redcross.ca/how-we-help/current-emergency-responses/hurricane-fiona-2022> or by calling 1-800-863-6582 between 8 a.m. and 8 p.m.
- \$250 for every person that has to pay for tree or debris removal from their property
- an additional \$250 on top of the existing \$750 seniors care grant to help with storm repairs

**Funding will also be provided to support community organizations that help people:**

- a \$2-million fund will assist community centres with the purchase and installation of generators
- \$500,000 to Feed Nova Scotia and \$150,000 in total for non-member food banks in Cape Breton and eastern Nova Scotia
- \$100,000 to Salvation Army and Red Cross organizations in Cape Breton
- \$100,000 in total to shelters in Cape Breton and eastern Nova Scotia to help with extra demand
- \$100,000 to establish a hotel fund, administered by Cape Breton Community Housing, to provide temporary accommodations for people in shelters who cannot go back into their homes

\$150,000 to distribute support to families in need through the SchoolsPlus program; the support will come in the form of grocery store cards and access to food, where possible.

# October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Hunter Safety Course Sherbrooke Market 9am Liscomb Crib 8pm
2 Plywood Deer Shoot 9am Bob Breen Yard Sale 10am	3	4 Play-Time Drop-off 9:30am Maple Manor Tea 9:30am IHL Cleaning Day 9:30 Liscomb Legion AGM 7pm IHL Cards 7:30pm	5 Parent/Tot Drop-in 9:30am Goshen Game Day 1pm COTW 4pm Walk to school day	6 Happy Feet 230-4pm Volunteer Apprec. Event 6pm NS Breast Screening Yoga Class 7pm Liscomb Crib 8pm	7 Maple Manor Bake Sale 11am NS Breast Screening Deadline to order Lion's BBQ Dinner Stillwater Cards 8pm	8 Firearm Safety Course 9am Sherbrooke Market 9am Recycle Pick-up 10am NS Breast Screening Liscomb Crib 8pm
9	10 Thanksgiving Holiday Municipal Office & Transfer Station Closed IHL Meeting 7:30	11 Play-Time Drop-off 9:30am Maple Manor Tea 9:30am Kickboxing Try-it 6pm Curling Registration 6:30 Council Meeting 7pm (in Ecum Secum) Ecum Secum Bingo 7pm IHL Cards 7:30pm	12 Parent/Tot Drop-in 9:30am Goshen Game Day 1pm	13 Happy Feet 230-4pm Yoga Class 7pm House League Hockey Registration 6-7pm Liscomb Crib 8pm	14 Maple Manor Bake Sale 11am Ecum Secum Bottle Drive 10am Stillwater Cards 8pm	15 Garden Club Rally Sherbrooke Market 9am Port Bickerton Trivia Night 7pm Liscomb Crib 8pm
16 Lion's BBQ Dinner 3:30pm	17	18 Play-Time Drop-off 9:30am Maple Manor Tea 9:30am Planning/By-Law Public Hearing 6pm Kickboxing Try-it 6pm IHL Cards 7:30pm	19 Parent/Tot Drop-in 9:30am Goshen Game Day 1pm Blood Pressure Check – Goshen 1-3pm COTW 4pm	20 Happy Feet 230-4pm Yoga Class 7pm Liscomb Crib 8pm	21 Maple Manor Bake Sale 11am Stillwater Cards 8pm	22 Sherbrooke Market 9am Hospital Walk-a-Thon 9:30am Recycle Pick-up 10am Liscomb Crib 8pm
23	24	25 Play-Time Drop-off 9:30am Maple Manor Tea 9:30am IHL Cards 7:30pm	26 Parent/Tot Drop-in 9:30am Sonora Social 10am Goshen Game Day 1pm	27 Happy Feet 230-4pm Yoga Class 7pm Liscomb Crib 8pm	28 Maple Manor Bake Sale 11am Stillwater Cards 8pm	29 Sherbrooke Market 9am Liscomb Crib 8pm Port Bickerton Halloween Dance 9pm
30 Ecum Secum Halloween Party 1pm	31 Fright Night 5-8:30pm					