



Guiding Plan for Indigenous Learning



September 2021

Introduction to a Guiding Plan for Indigenous Learning

This document was created for Municipal Council and staff as a part of their efforts towards Truth and Reconciliation with Indigenous Peoples of Canada. Education is the first step and is a call to action from the National Truth and Reconciliation Report. Number 57 reads: “We call upon federal, provincial, territorial, and municipal governments to provide education to public servants on the history of Aboriginal peoples, including the history and legacy of residential schools, the United Nations Declaration on the Rights of Indigenous Peoples, Treaties and Aboriginal rights, Indigenous law, and Aboriginal–Crown relations. This will require skills based training in intercultural competency, conflict resolution, human rights, and anti-racism.”

If you are reading this document, you are making a step towards Truth and Reconciliation. Browse through the following education options for learning at your own pace.

Categories for learning have been created and are included in the description for each option. Here is a breakdown of what the categories mean.

Academic – Educational reading
Introduction – Information for new learner
Experienced – Information for experienced learner
Audio – Audio only
Visual – Video available
Creative – Art, music, or creative learning
Literature – Hard copy book
Hands on – hands on learning or interactive
Individual – best done on your own
Shared – best done in a group

This list will grow as more resources are developed or discovered.

Thank you,

Council and Staff
Municipality of the District of St. Mary’s

LEARNING OPPORTUNITY/TOPIC

Indigenous Awareness 101

LINK

<https://eco.ca/online-learning/indigenous-awareness-101/>

DISCRIPTION

This Webinar includes an overview of Indigenous peoples in Canada, terminology, protocols and history.

LENGTH

01:00:00

SOURCE

[ECO Canada](#)

CATEGORY

Introduction, Visual, Individual

LEARNING OPPORTUNITY/TOPIC

Cultural Self Reflection/Indigenous Cultural Sensitivity Training

LINK

<https://eco.ca/online-learning/cultural-self-reflection-indigenous-cultural-sensitivity-training/>

DISCRIPTION

This webinar explores cultural sensitivity and the culture of Indigenous Peoples of Canada. For people who want to learn more about Indigenous cultural sensitivity and support the reconciliation efforts in Canada.

LENGTH

01:00:00

SOURCE

[ECO Canada](#)

CATEGORY

Introduction, Visual, Individual

LEARNING OPPORTUNITY

Two-Eyed Seeing

LINK

<https://www.youtube.com/watch?v=bA9EwcFbVfg>

DISCRIPTION

A short TedX Talk about two-eyed seeing. Introduction to two-eyed seeing and a spoken word poem.

LENGTH

00:14:22

SOURCE

[TED – Idea's Worth spreading](#)

CATEGORY

Introduction, Visual, Creative, Individual

LEARNING OPPORTUNITY/TOPIC

Indian Reserves, the Indian Act, and Confederation

LINK

<https://www.youtube.com/watch?v=GpExxw0cajg>

DISCRIPTION

This recorded webinar talks about the Peace and Friendship Treaty of 1752.

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2020/06/CSCNS-DLJ-Webinar-Resources-June-23-2020.pdf>

LENGTH

01:37:31

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Academic, Experienced, Visual, Individual

LEARNING OPPORTUNITY/TOPIC

Myths & Truths About Indigenous Rights

LINK

<https://www.youtube.com/watch?v=V5FML2kV8-I>

DISCRIPTION

This webinar gives information about Indigenous treaty rights.

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2020/10/CSCNS-DLJ-Webinar-Resources-September-28-2020.pdf>

LENGTH

01:51:01

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Academic, Experienced, Visual, Individual

LEARNING OPPORTUNITY

Residential Schools: One Person's Story of Survival

LINK

<https://www.youtube.com/watch?v=JSAtGKyx8pM>

DISCRIPTION

In this webinar, Residential School Survivor, Elder Margaret Poulette will share her first-hand story of what it was like to attend a Residential School in Canada.

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2020/10/CSCNS-DLJ-Webinar-Resources-September-30-2020.pdf>

LENGTH

01:59:34

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Intro, Visual, Individual (**WARNING: This story contains distressing details**)

LEARNING OPPORTUNITY/TOPIC

Etuptmumk / Two-Eyed Seeing: Ways of Knowing For the Benefit of All

LINK

<https://www.youtube.com/watch?v=ni2hbQODDoI>

DISCRIPTION

Two-Eyed Seeing refers to learning to see from one eye with the strengths of Indigenous knowledges and from the other eye with the strengths of Western knowledges.

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2020/10/CSCNS-DLJ-Webinar-Resources-October-6-2020.pdf>

LENGTH

01:55:59

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Academic, Experienced, Visual, Individual

LEARNING OPPORTUNITY/TOPIC

National Inquiry into Murdered and Missing Indigenous Women and Girls

LINK

<https://www.youtube.com/watch?v=NDsQBvhm7rM>

DISCRIPTION

In 2016, the Government of Canada established the National Inquiry into Missing and Murdered Indigenous Women and Girls. This webinar describes real life experiences.

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2020/10/CSCNS-DLJ-Webinar-Resources-October-13-2020.pdf>

LENGTH

02:01:10

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Intro, Visual, Individual (**WARNING: This story contains distressing details**)

LEARNING OPPORTUNITY

Residential Schools: Moving Forward

LINK

<https://www.youtube.com/watch?v=UyHPimzBc3o>

DISCRIPTION

This webinar will discuss the Truth and Reconciliation Commission of Canada.

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2020/10/CSCNS-DLJ-Webinar-Resources-October-20-2020.pdf>

LENGTH

01:53:44

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Academic, Experienced, Visual, Individual

LEARNING OPPORTUNITY

Mi'kmaw Governance Systems

LINK

<https://www.youtube.com/watch?v=15q09094A9o>

DISCRIPTION

This webinar will discuss Indigenous governance systems and how nations are establishing new means of forming self-governance and self-determination.

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2020/11/CSCNS-DLJ-Webinar-Resources-November-10-2020.pdf>

LENGTH

01:59:30

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Academic, Experienced, Visual, Individual

LEARNING OPPORTUNITY/TOPIC

Decolonizing Education: Nourishing the Learning Spirit

LINK

https://zoom.us/rec/play/QMQ8gU_mITB9qzAKfrZi_DeGzMLQ_FkcDuXIFQNapHvjppq2WPN4shE-Qr6HY3PewfCXdMED-7UdhQnkh.NoVE2r-H_M6g6Fio?continueMode=true&x_zm_rtaid=G-R-m8qqRPWb_HzOaHlTMw.1631892399763.5f76e4cdd987f5783720e71774ed399f&x_zm_rhtaid=588

DISCRIPTION

This webinar speaks to the decolonization movement and resurgence within Indigenous communities.

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2021/05/CSCNS-DLJ-Webinar-Resources-May-4-2021.pdf>

LENGTH

01:50:29

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Academic, Experienced, Visual, Individual

LEARNING OPPORTUNITY/TOPIC

Reconciliation Action Acceleration: From Head, Heart and Hand

LINK

https://zoom.us/rec/play/h9e-pTsWjU64ISM-HhaUqy-9XTDYhFhRAePy-Iq6qtMBXgTc7aFBPQRuQLpAeCjsk_H7m9QUS7wH_KR.rOYLf_rfcCnh-Z5X?continueMode=true&_x_zm_rtaid=G-R-m8qqRPWb_HzOaHLTMw.1631892399763.5f76e4cdd987f5783720e71774ed399f&_x_zm_rhtaid=588

DISCRIPTION

Annie Battiste's presentation on May 11 2021 will utilize anti-racism theory and a rights-based reconciliation framework to outline the historical context of reconciliation in a Canada, what the term can mean to multiple sectors, and provide solid examples of ways that organizations can create actionable change within reconciliation for individuals and collectives

ADDITIONAL RESOURCES RELATED TO THIS SESSION

<https://www.csc-ns.ca/wp-content/uploads/2021/05/CSCNS-DLJ-Webinar-Resources-May-11-2021.pdf>

LENGTH

02:02:33

SOURCE

[Community Sector Council of Nova Scotia](#)

CATEGORY

Academic, Experienced, Visual, Individual

LEARNING OPPORTUNITY/TOPIC

Indigenous Reconciliation Mobile App

**LINK**

Indigenous Reconciliation – search wherever you get your mobile apps

DISCRIPTION

The Indigenous Reconciliation mobile app is a reference tool for learning about First Nations, Inuit and Métis Peoples, including key historical events and examples of reconciliation efforts.

SOURCE

[Canada School of Public Service/Government of Canada](#)

CATEGORY

Introduction, Hands on, Individual

LEARNING OPPORTUNITY/TOPIC

Sitting by the Fire Podcast Series

LINK

<https://www.cspc-efpc.gc.ca/podcasts/sitting-fire-eng.aspx>

DISCRIPTION

Through this podcast series topics are offered that will expand your knowledge of First Nations, the Inuit and Métis. We will hear from Indigenous people from all over Canada.

SOURCE

[Canada School of Public Service/Government of Canada](#)

CATEGORY

Introduction, Audio, Individual

LEARNING OPPORTUNITY/TOPIC

Working with Indigenous Communities: A Guide to Cultural Protocol

LINK

<https://learn-apprendre.ca/mod/scorm/view.php?id=25>

DISCRIPTION

This foundational job aid is a learning tool to understand the importance of respecting cultural protocols while visiting or collaborating with Indigenous communities.

SOURCE

[Canada School of Public Service/Government of Canada](#)

CATEGORY

Introduction, Visual, Audio, Hands on, Individual

LEARNING OPPORTUNITY/TOPIC

Indigenous Historical Timeline: A Shared History of Canada

LINK

<https://learn-apprendre.ca/mod/scorm/view.php?id=64>

DISCRIPTION

Learning tool that looks at the shared history of Indigenous peoples and Crown in Canada.

SOURCE

[Canada School of Public Service/Government of Canada](#)

CATEGORY

Introduction, Academic, Individual

LEARNING OPPORTUNITY/TOPIC

Secret Path

LINK

<https://secretpath.ca/>

DISCRIPTION

Gord Downie began *Secret Path* as ten poems incited by the story of Chanie Wenjack, a twelve year-old boy who died fifty years ago on October 22, 1966, in flight from the Cecilia Jeffrey Indian Residential School near Kenora, Ontario, walking home to the family he was taken from over 400 miles away. In winter 2014, Gord and Mike brought the recently finished music to comic artist Jeff Lemire for his help illustrating Chanie's story, bringing him and the many children like him to life. *Secret Path* acknowledges a dark part of Canada's history – the long-suppressed mistreatment of Indigenous children and families by the residential school system – with the hope of starting our country on a road to reconciliation. Downie's music and Lemire's illustrations inspired *The Secret Path*, an animated film broadcast by CBC in an hour-long commercial-free television special in Sunday, October 23. *The Secret Path* and Road to Reconciliation panel discussion can be watched at cbc.ca/secretpath.

CATEGORY

Introduction, Creative, Individual

LEARNING OPPORTUNITY/TOPIC

Broken Circle: The Dark Legacy of Indian Residential Schools: A Memoir

DISCRIPTION

Theodore Fontaine lost his family and freedom just after his seventh birthday, when his parents were forced to leave him at an Indian residential school by order of the Roman Catholic Church and the Government of Canada. Twelve years later, he left school frozen at the emotional age of seven. He was confused, angry and conflicted, on a path of self-destruction. At age 29, he emerged from this blackness. By age 32, he had graduated from the Civil Engineering Program at the Northern Alberta Institute of Technology and begun a journey of self-exploration and healing.

In this powerful and poignant memoir, Theodore examines the impact of his psychological, emotional and sexual abuse, the loss of his language and culture, and, most important, the loss of his family and community. He goes beyond details of the abuses of Native children to relate a unique understanding of why most residential school survivors have post-traumatic stress disorders and why succeeding generations of First Nations children suffer from this dark chapter in history.

Told as remembrances described with insights that have evolved through his healing, his story resonates with his resolve to help himself and other residential school survivors and to share his enduring belief that one can pick up the shattered pieces and use them for good.

SOURCE

Written by Theodore Fontaine. Copy of book available to borrow from the Municipality.

CATEGORY

Literature, Individual

LEARNING OPPORTUNITY/TOPIC

A Knock on the Door: An Essential History of Residential Schools

DISCRIPTION

It can start with a knock on the door one morning. It is the local Indian agent, or the parish priest, or, perhaps, a Mounted Police officer. So began the school experience of many Indigenous children in Canada for more than a hundred years, and so begins the history of residential schools prepared by the Truth & Reconciliation Commission of Canada (TRC). Between 2008 and 2015, the TRC provided opportunities for individuals, families, and communities to share their experiences of residential schools and released several reports based on 7000 survivor statements and five million documents from government, churches, and schools, as well as a solid grounding in secondary sources.

A Knock on the Door, published in collaboration with the National Research Centre for Truth & Reconciliation, gathers material from the several reports the TRC has produced to present the essential history and legacy of residential schools in a concise and accessible package that includes new materials to help inform and contextualize the journey to reconciliation that Canadians are now embarked upon.

SOURCE

From the Truth And Reconciliation Commission Of Canada, Foreword by Phil Fontaine, Afterword by Aimée Craft. Copy of book available to borrow from the Municipality.

CATEGORY

Literature, Individual

LEARNING OPPORTUNITY/TOPIC

Indigenous Peoples Atlas of Canada

DISCRIPTION

The Royal Canadian Geographical Society, in partnership with Canada's national Indigenous organizations, has created a ground breaking four-volume atlas that shares the experiences, perspectives, and histories of First Nations, Inuit and Métis peoples. It's an ambitious and unprecedented project inspired by the Truth and Reconciliation Commission's Calls to Action. Exploring themes of language, demographics, economy, environment and culture, with in-depth coverage of treaties and residential schools, these are stories of Canada's Indigenous Peoples, told in detailed maps and rich narratives.

This extraordinary project offers Canada a step on the path toward understanding.

The volumes contain more than 48 pages of reference maps, content from more than 50 Indigenous writers; hundreds of historical and contemporary photographs and a glossary of Indigenous terms, timelines, map of Indigenous languages, and frequently asked questions. All packaged together in a beautifully designed protective slipcase.

SOURCE

The Royal Canadian Geographical Society/Canadian Geographic. Copy of book available to borrow from the Municipality.

CATEGORY

Literature, Individual

LEARNING OPPORTUNITY/TOPIC

Native Land Digital Map

LINK

<https://native-land.ca/>

DISCRIPTION

You can use this interactive digital map by entering your address, or by mousing or clicking around on the map to see the relevant territories in a location. Once you click, a number of links will appear with different nation names. By clicking on those links, you will be taken to a page specifically about that nation, language, or treaty, where you can view some sources, give feedback, and learn a little more.

CATEGORY

Introduction, Hands on, Individual

LEARNING OPPORTUNITY/TOPIC

National Centre for Truth and Reconciliation Free Educational Presentations

DISCRIPTION

Presentations for Truth and Reconciliation Week. Click the link for the full schedule and recordings of past presentations.

SOURCE

[National Centre for Truth and Reconciliation](#)

CATEGORY

Introduction, Shared

LEARNING OPPORTUNITY/TOPIC

KAIROS Blanket Exercise

DISCRIPTION

Since 1997, tens of thousands of people in Canada and around the world have experienced the KAIROS Blanket Exercise in a wide variety of settings, including government, educational, health, law enforcement, faith, not-for-profit and grassroots. The KAIROS Blanket Exercise is a workshop that explores the nation-to-nation relationship between Indigenous and non-Indigenous peoples in Canada. Blankets arranged on the floor represent land and participants are invited to step into the roles of First Nations, Inuit and later Métis peoples.

SOURCE

[KAIROS Blanket Exercise](#)

CATEGORY

Introduction, Hands on, Shared

LEARNING OPPORTUNITY/TOPIC

Virtual KAIROS Blanket Exercise (vKBE)

DISCRIPTION

Virtual Kairos Blanket Exercise - More than simply replicating our popular in-person KBE in an online form, we have created a powerful virtual version that some participants have described as "more impactful than the in-person exercise." Hosted on the Zoom platform, the vKBE incorporates new interactive and engaging elements that visually and emotionally demonstrate the history of Indigenous peoples in Canada through colonization to present times.

SOURCE

[KAIROS Blanket Exercise](#)

LEARNING OPPORTUNITY/TOPIC

Journey to Human Rights –Virtual Field Trip

DISCRIPTION

Learn about Canada's ongoing human rights journey by engaging with Indigenous concepts of human rights and exploring how people have used and continue to use their voices and effective action to claim their rights. Students will discover Canada's legal system and make connections between human rights stories and the Canadian Charter of Rights and Freedoms. Our guides will take your students on an inspiring journey while promoting dialogue regarding ongoing human rights issues.

SOURCE

[Canadian Museum for Human Rights](#)

CATEGORY

Introduction, Hands on, Shared

