



Municipality of the District of St. Mary's Newsletter September 2025

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Meetings of Council

The next regular Council meeting is Wednesday, September 17 at the Municipal Office in Sherbrooke at 6:00pm. Committee of the Whole meetings are scheduled for Wednesday, September 3, and Wednesday, September 17 in Council Chambers. A special Council meeting will be held on September 3 immediately following the COTW meeting. Committee of the Whole (COTW) meetings are held at 6:00pm on the first Wednesday of each month. On the third Wednesday, the Council meeting is held first, followed immediately by the COTW meeting. Agendas, meeting packages, minutes and audio files are available at www.saint-marys.ca.

Warden's Message

First and foremost, I hope everyone had a great summer and an enjoyable Labour Day weekend. Since I am writing this in the middle of our drought and wildfire conditions, I might be overly optimistic in thinking things have changed for the better by the time this newsletter gets out. Hopefully, they have. Dry weather and heat waves aside, there are plenty of great activities coming up in September that you might want to take advantage of. The Escape Room at Sherbrooke Village. I have it from very reliable sources that this a fun activity for any age. Reservations are made through Sherbrooke Village. Heck, I'm going to try it out! The First Responder Awards will be held on September 8. This is our way of recognizing the invaluable contribution that our first responders keep the community safe. We recognize time-in-service, meritorious service, and heroism. I truly believe that we owe these men and women a debt of gratitude, especially in these tense times when it seems there are new fires every day. September 29 is the Provincial Volunteer Awards Ceremony. One of our own will be recognized for their outstanding commitment to St. Mary's. I'd say who this is but I can't let that cat out of the bag. Goshen Community Centre will be gearing up for several youth events. Organizers, (OK, it's Brittany) is working on movie nights and bringing back soccer in the fall. Stay tuned for that. There are many events to participate in coming up and I encourage you all to check out the pages of this newsletter. Here is an item of concern that have been expressed to me which I looked into and was provided an answer from our contractor. Bulky Trash Day: yes, Eastern Shore Cartage said they will pick up tires. However, only one at a time and no rims. If you have had one that has been sitting out forever, please just attach a visible note saying this is your bulky item for the collector. If that doesn't work, let us know. Have a great month.
-Warden, James Fuller

Sherbrooke Water Utility

Effective August 16, a mandatory water conservation order is in place for all utility customers. Residents and businesses connected to the utility are not allowed to water lawns, trees, shrubs, or flower beds. Filling or topping up pools, washing down walkways or driveways, and washing vehicles are also not permitted. Residents may continue to water vegetable gardens. The Municipality will be enforcing these measures. Anyone who does not follow the rules may have their water service disconnected and will be required to pay reconnection fees, as outlined in the Water utility's regulations and rate schedule. These conservation measures will stay in effect until the water level in Sherbrooke Lake returns to a safe level.

Water Distribution Program

If your well has run out of water, the Municipality of the District of St. Mary's can provide bottled water to help with your immediate needs. This service is for residents of the Municipality, and your residential address will be required. To arrange support it is encouraged to call the Municipal Office or email jadzia.rudolph@saint-marys.ca.

From the Cruiser Report

To read the report, visit <https://www.saint-marys.ca/protective-services.html>.

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Newsletter Deadline

The deadline for the October 2025 Newsletter is Wednesday, September 17 at 4:00pm. Submissions can be made at the Municipal Office, faxed to 902-522-2309, or emailed to newsletter@saint-marys.ca.

Municipal Transfer Station Hours

Saturday, September 6: 10am-3pm
Monday, September 8: 9am-4:30pm
Monday, September 15: 9am-4:30pm
Saturday September 20: 10am-3pm
Monday, September 22: 9am-4:30pm
Monday, September 29: 9am-4:30pm
Visit saint-marys.ca/facilities for more information.

Solid Waste Collection

The solid waste collection schedule and more details can be found at <https://www.saint-marys.ca/waste-management.html>.

MacMillan's Recyclable Collection

Recyclable collection is scheduled for Saturday's for the month of September starting at 10am-2pm at the St. Mary's Recplex. For more information call [902-863-1127](tel:902-863-1127).

Property Tax Rebates

The Municipal Low Income Property Tax Exemption forms and the Provincial Property Tax Rebate for Seniors forms are available. Visit the Municipal Office to complete your applications by December 31, 2025.

Municipal Closures

Municipal Facilities & Services are closed on Labour Day on September 1 and National Day for Truth and Reconciliation on September 30.

Municipal News

First Responders Celebration

The Municipality of the District of St. Mary's will host the Second Annual First Responders Celebration on Monday, September 8 at 6:30pm recognizing the dedication of local First Responders. Award categories include Valour, for a lifesaving act performed at personal risk; Outstanding Service, for going above and beyond regular duties; and Time in Service, recognizing 10, 20, 30, or 40+ years of service.

Travel, Activities in Woods Restricted to Prevent Wildfires

The Province has announced restrictions on travel and activities in the woods due to continued hot, dry conditions that have greatly increased the risk of wildfires. Effective as of 4:00pm. on August 5, hiking, camping, fishing, and the use of vehicles in the woods are not permitted. Trail systems through wooded areas are also off limits, and camping is only allowed in designated campgrounds. These restrictions apply to both provincial Crown land and private land and will remain in effect until October 15, or until conditions improve and the measures can be lifted. The fine for violating the restrictions is \$25,000. During this time, people can still access beaches and parks, but trail systems are closed. Private landowners may continue to use their own properties; however, they cannot host others for activities in wooded areas.

Property Assessment in Nova Scotia

Property Valuation Services Corporation assessors visit and inspect properties across Nova Scotia to review building permits, conduct inspections, collect data, and update property valuations. This is routine work mandated under the Nova Scotia Assessment Act. Gathering assessment data takes place year-round, with increased activity in the fall, and helps determine a property's overall market value. Property values are influenced by several factors, including property type and size, location, land features, and building size, style, construction, and age. For some commercial properties, such as hotels, apartments, shopping malls, and office buildings, value is influenced by their ability to generate revenue for the property owner. PVSC gathers property information from a variety of sources, including discussions with property owners, the Nova Scotia Land Registry, sales reviews and real estate listings, building permits from municipalities, income and expense requests for certain commercial properties, aerial and street photography, typical cost data, and property inspections.

Shoppers Drug Mart Pharmacy Update

The Shoppers Drug Mart Temporary Store in Sherbrooke, located at 16 Main Street, is now open for prescriptions and limited over-the-counter items. Pharmacists are available Monday to Friday from 9:00am to 5:00pm to help with your health care needs, and they look forward to serving the community. For more information, please call [902-522-2010](tel:902-522-2010).

Help Shape St. Mary's IDEAA Plan

The Municipality of the District of St. Mary's is developing an Inclusion, Diversity, Equity, Anti-Hate, and Accessibility (IDEAA) Plan to guide municipal programs, services, and infrastructure. Your input will help us understand the experiences, needs, and ideas of our community so we can build a plan that supports equity, accessibility, and inclusion for everyone. Public consultations will be held on September 11 at the SHOPS Room in the Community Wing of SMECA at 11:00am. and 7:00pm. If you prefer not to share in a public setting, one-on-one interviews can be arranged, and a survey will also be available to collect feedback. Everyone is welcome to participate and help shape a stronger, more inclusive future for our Municipality. For more information, contact Mallory at Mallory.Fraser@saint-marys.ca or 902-522-2598.

Stonewall Park Closed

Due to the provincial restrictions on travel and activities in the woods, Stonewall Park is closed until October 15, 2025, or until conditions improve. These restrictions are in place to reduce the risk of wildfires caused by the ongoing hot, dry weather. During this time, public access to wooded areas, trails, and facilities at Stonewall Park is not permitted. Thank you for your cooperation in helping to keep our community safe.

Voyent Alert

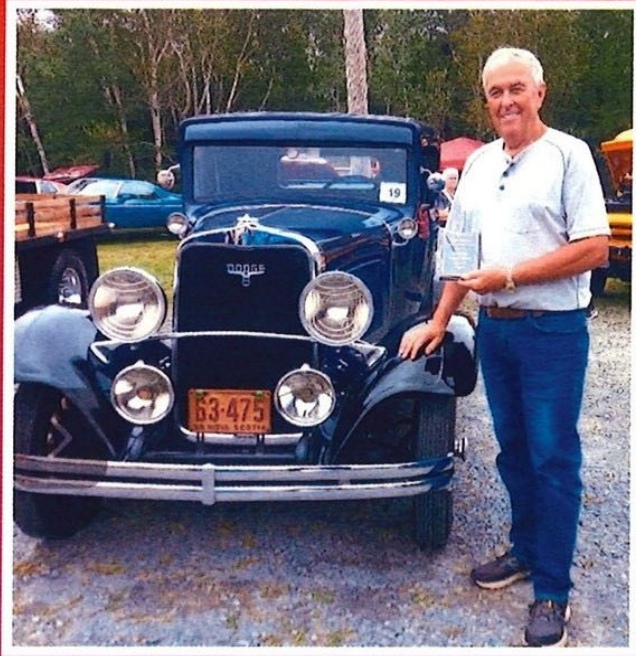
Voyent Alert is a mass notification system used to share important information with individuals and communities. It is designed to deliver critical updates during emergencies, such as fire bans, water advisories, and drought conditions, as well as everyday communications like water utility updates or recreation cancellations. By registering, residents receive personalized notifications through the app, email, text, or phone, ensuring timely and relevant information is always accessible. Voyent Alert provides several key features. It sends urgent notifications about emergencies such as fires, floods, or extreme weather. It also supports day-to-day communication by sharing routine updates on road closures, facility changes, or other important announcements. In addition, messages can include personalized maps, visuals, and attachments to give clear context to the information being shared. Notifications are delivered through multiple channels—app, email, text, and phone calls—so they can reach as many people as possible. To sign up, simply call the Municipal Office at [902-522-2049](tel:902-522-2049) or email jadzia.rudolph@saint-marys.ca.

New Horizons for Seniors Program

The New Horizons for Seniors Program is now open for applications. Eligible organizations can apply for up to \$25,000 for projects that are led by seniors and are volunteer-based. Applications are accepted from August 6 to September 17, 2025. This program supports initiatives that are designed by seniors and for seniors in their communities. For more information or to apply, please visit canada.ca/nhsp or contact Employment and Social Development Canada at [1-800-277-9914](tel:1-800-277-9914).

Sherbrooke

Antique & Classic Car Show



St. Mary's Lions Hall
#7 Highway
Sherbrooke, NS

Hosted by St. Mary's
Lions Club
with
Jim Porter

September 13, 2025

10am to 4pm with Dance at 9pm
(Rain Date September 14)

- Awards & Prizes - 1st, 2nd & 3rd
- Saturday Night Lions Dance
- 50/50
- Onsite Food Vendor

Proudly
Presented by



SAN-DAR HOLDINGS LTD.



SHERBROOKE VILLAGE INN
MOTEL & RESTAURANT



For more info contact call Jim at 902-328-7306
Email: j_importer@hotmail.com



Department of Community Development & Recreation

St. Mary's Fitness Centre

With a one-time fee of \$20, you can receive a fob that gives you access to the facility. Summer hours are Monday to Friday, 8:00am. to 10:00pm., and during the school year hours are Monday to Friday, 3:00pm. to 10:00pm. For safety, all workouts must be done with a buddy. To get your fob, you'll need to complete a registration package and attend an orientation session. For more information or to register, contact Victoria at [902-522-2598](tel:902-522-2598) or victoria.baker@saint-marys.ca.

Co-Ed Adult Rec Softball Tournament

For those who missed out on the season, there will be a Co-Ed Softball Tournament on October 4 and 5 at Veteran's Memorial Ball Field in Spanish Ship Bay. There is a minimum of three females required on the field at all times, and is open to players ages 14 and up. For more information for to register a team call [902-522-2598](tel:902-522-2598) or email Mallory.Fraser@saint-marys.ca.

St. Mary's Youth Club!

Looking for fun, friends, and new adventures? The Youth Club is a great place to hang out and get involved. Each Monday evening, starting September 22, youth ages 12 and up are invited to join in games, creative workshops, outdoor activities, and community projects. Locations will vary by activity, and all are welcome to come as they are. For more information or to sign up, contact Victoria at victoria.baker@saint-marys.ca or call [902-522-2598](tel:902-522-2598).

Join the St. Mary's Active Women's Group!

Looking to move, connect, and grow? The Active Women's Group is your weekly go-to for fun, fitness, and friendship. Participants can enjoy fitness classes, outdoor adventures, hikes, wellness workshops, and more, with activities open to all fitness levels. The group meets on Wednesday evenings at 7:00pm, beginning September 17, with locations varying depending on the activity. For more information or to register, contact Victoria at victoria.baker@saint-marys.ca or call [902-522-2598](tel:902-522-2598).

Before & After School Program

The Before and After Program (BAP) is back for the 2025-26 school year. This program is funded by the Province of Nova Scotia. This is a paid program currently offered after school to children in pre-primary to grade 6. BAP will begin on Thursday, September 4 in the Kid's First Room at SMECA. The program will take place from 2:30-6:00pm, Monday to Friday on school days. Registration for the Before and After Program is open and can be completed at <https://www.saint-marys.ca/st-mary-s-before-and-after-care-program.html> or in person at the Municipal Office. You must register each year for this

Equipment Loan Program

Looking to enjoy the fall season outdoors? The Municipality of St. Mary's offers free short-term loans of outdoor equipment to help you make the most of the crisp autumn days. You can borrow bikes, scooters, kayaks, fishing rods, tents, yard games, and more—perfect for family outings, weekend adventures, or trying something new. We also have youth paddleboards and both right- and left-handed youth golf clubs to keep kids active this fall. There are no rental fees, only a small refundable deposit. Calling ahead is recommended to ensure the equipment you'd like is available. For more information, contact Victoria at [902-522-2598](tel:902-522-2598) or victoria.baker@saint-marys.ca.

Guysborough County 55+ Adult Games

The Guysborough County 55+ Adult Games are set to take place on October 1 & 2, 2025, at Liscomb Lodge. This two-day event promises fun, friendship, and friendly competition. The \$50 registration fee includes the games and activities, a delicious banquet, live music, boat rides, snacks, and more! Whether you're coming for the competition or the camaraderie, this is a great opportunity to stay active, connect with others, and enjoy a fun getaway. To register go to <https://forms.office.com/r/JjUqbVgkuF> or visit the Municipal Office.

Department of Economic Development

St. Mary's Tourism Photo Contest

St. Mary's Tourism is having a Photo Contest with prizes to be won running from August 22 to September 30. We are looking for your favorite images or videos which may be included on the St. Mary's Tourism website and social media. Prizes for this contest are generously provided by local businesses. The Grand Prize is a Sherbrooke Village Inn package including one night accommodation and a \$50.00 meal voucher for the restaurant. Runner up prizes include a Liscombe Lodge \$50.00 meal voucher for the restaurant and Sherbrooke Village Museum Prize Pack. Visit <https://saintmarysnovascotia.com/> to sign up and send your submissions including the photo release to tourism@saint-marys.ca.

St. Mary's Business Awards Dinner

Save the date for October 2. To have your business on the emailing list please ensure your business is listed in the Municipal Business Directory, if you don't see your business listed there, you can add it by contacting the Municipal Office at [902-522-2049](tel:902-522-2049). Details will be posted on the municipal website and Facebook in September for awards voting and dinner RSVP.

Municipal Business Directory

Did you know the Municipal website has a business directory? Check to make sure your contact information is up to date. New businesses can submit their details by calling 902-522-2496.

SHERBROOKE
VILLAGE



A PART of THE NOVA SCOTIA MUSEUM

Community OPEN HOUSE



Saturday 6 September & Sunday 7 September 2025

Sherbrooke Restoration Commission, which governs Sherbrooke Village, welcomes all residents of the District of St. Mary's to experience the Museum program free of charge the first weekend of September.

Please present ID/proof of area residence at the Visitor Reception Centre to obtain your free admission bracelet upon arrival during our open house.

Sherbrooke Village is open 9:30AM to 5PM, Wednesday to Sunday. Our last day of the 2025 Season is Sunday 14 September 2025.

Participating community members will be invited to contribute to Sherbrooke Restoration Commission's strategic planning process – helping us to define our goals for the next three years. Details to follow.

www.sherbrookevillage.ca

Department of Economic Development

Tourism Nova Scotia Experience Toolkit

Deliver new experiences to set your business apart from the competition, create more demand and connect with your best customers. Gain insights with experience development, planning and pricing tools, industry best practices, and marketing tactics. Visit [tourismns.ca/experience toolkit](https://tourismns.ca/experience-toolkit) for the Nova Scotia Experience Toolkit.

Nova Scotia Department of Agriculture

The Get Growing Program helps small farms grow by supporting the purchase of specialized equipment or infrastructure. Projects must focus on increasing local food production. To qualify, farms must be registered under the Farm Registration Act, earn \$30,000 or less in annual eligible income, and be actively farming in the program year. Learn more and apply by September 30, 2025 at novascotia.ca/programs/get-growing.

Skills Online NS

Skills Online NS provides all Nova Scotians with an opportunity to acquire in-demand skills by offering thousands of free courses. Visit www.SkillsOnlineNS.ca.

CBDC—Project Prep Fund 2025

Does your business require financing to prepare for future projects within Guysborough County? Loans of up to \$20,000 are available with a maximum term of three years and low interest rates. For additional information, please email wandamacdonald@cbdc.ca.

Atlantic Canada Opportunities Agency (ACOA)

ACOA provides financial assistance to businesses operating in a variety of sectors, including manufacturing and processing (with value-added activity), ocean industries, oil and gas, aerospace and defense, life sciences, tourism, aquaculture and fisheries, innovation (such as the development of new or improved products, services, or processes), information and technology-based industries, and non-commercial services to businesses that are not personal in nature. For more information, visit <https://www.canada.ca/en/atlantic-canada-opportunities.html> or call 1-800-565-1228.

Coastal Nova Scotia

Have an event you'd like to share? Submit your details to Kara at kara@coastalnovascotia.ca.

Centre for Entrepreneurship Education & Development (CEED)

Each year CEED helps to increase the number of businesses operating in NS through training, financing and networking opportunities. CEED is a unique community for entrepreneurs brought together by peer-to-peer learning opportunities, professional development strategies and a passion for entrepreneurship. Whether starting your business, supporting your new business or supporting your existing business you can find the right program. Visit www.ceed.ca for more information.

Community News & Events

Sherbrooke Saturday Market

Join us from 9am to noonish at Heritage Park. Weather permitting, we will run until the end October. For information, contact Gabriela Schupbach on Facebook Messenger or call 902-338-0290. See you soon!

St. John's United Church Concert Fundraiser

Join us at the Church on September 9 at 7:00pm. There is an awesome group of talent in the line-up to entertain you, including the St. Mary's Community Choir. Guaranteed you will have an enjoyable and memorable evening. All donations go to the Church.

St. Mary's District Lion's Club

Join us for our weekly Bingo on Wednesday's. Doors open at 7:00pm. Games start at 7:30pm.

Thank You St. Mary's for Your Support

Thank you to everyone in the community for your incredible support in raising funds through bottle collections. Since 2001, your generosity has helped raise over \$85,000 that has been donated to children/youth programs and activities in the Municipality. Please note that as of the end of August 2025, I am no longer accepting bottle donations. Your past contributions have made a real difference, and this achievement would not have been possible without you. With gratitude, Donnie Fraser

St. Mary's Shooters Association

The H.G. Scott Benchrest Shoot, held on August 3, was a safe and well-attended event with 15 competitors and several spectators. Thank you to everyone who participated and supported the event. The September schedule includes a Falling Target Shoot on Sunday, September 7, at 25 and 50 metres with aggregate scoring in both scoped and open sight classes (.22 calibre). Please note this event will only take place if the forest fire ban is lifted. On Sunday, September 14, the Annual Meeting will be held at the Stillwater Centre, 9558 Highway 7, beginning at 2:00pm. Dues for 2026 are payable at this time, and all members are encouraged to attend. Looking ahead, there will be a Plywood Deer Shoot on Sunday, October 5, at 100 yards. A Restricted Firearms Safety Course will also take place on Saturday, October 11, at the Stillwater Centre, starting at 9:00am. Registration and payment for the course must be completed online through Safety Services Nova Scotia.

Bob Breen Loop Yard Sale

This year is the thirtieth year for the Bob Breen Loop Yard Sale. It will be held September 28, 10 am to 2:00pm. The rain date is October 5, 10am to 2pm. Anyone wishing to join is welcome. Please bring your own table. For more information, please call [902-779-2677](tel:902-779-2677) or [902-779-2844](tel:902-779-2844).



Concert for the Port Hilford Old School House

It's that time of year again! Save the Date!

A summer evening of musical entertainment featuring Max MacDonald & the Riverbend Ramblers, your Sherbrooke Market Musicians, Joey Jordan and more!

When: Tuesday, September 23th
7:00 pm

Where: Indian Harbour Lake (IHL)
Community Centre

Light refreshments following the music. Donations welcome for continued maintenance on this historic building.

Doors open at 6:30pm. See you there!

Community News & Events

Stillwater Community Centre

To all of you who joined us for cards this past Spring, we thank you for supporting us and enabling us to keep our Centre open. We're excited to invite you to our first Fall Card Party on Friday, September 5. Doors will open at 7:00pm, and the game of 45's will begin at 7:30 pm. Join us for an evening of cards, prizes, and a few good laughs! If you're looking for a space to host a family event or meeting, our recently renovated hall is available to rent. The cost is \$75 for a day or \$50 for a half day. To book the hall, contact Gordon MacIntosh at [902-497-1201](tel:902-497-1201).

Goshen Community & Recreation Centre

The Bargain Shop is open every Tuesday, Wednesday, and Thursday from 1:00 to 3:00pm. Donations can also be dropped off during these times. Game Day takes place on Wednesdays from 1:00 to 4:00pm., and Cribbage is held on Tuesdays at 7:30 pm. with no partner required; admission is \$5.00. Coffee Breaks are held every second Monday, with September dates on the 8 and 22 starting at 9:30am. Recyclable bottles are still being accepted and can be dropped off at the Centre. Volunteers and committee members are always welcome. For more information, please contact Laurie Chisholm at [902-783-2291](tel:902-783-2291) or Lisa Myers at [902-318-4401](tel:902-318-4401).

Country Harbour Gun Club

The Country Harbour Gun Club will host Bingo on Thursday, August 28 at 7:30pm. The Cookie Jar prize is currently at \$245. On Saturday, September 20, the Club will serve breakfast from 8:30 to 10:00am. The cost is \$12 for adults, \$5 for children, and free for children under

Greenfield Oldsters

Join us for Auction 45's on Tuesdays at 1:00pm with 8 rounds of 8 hands each. Admission is \$5.00 per person, with a 50/50 draw and cash prizes. For more information, contact Gloria MacKeen at 902-870-1512. Cribbage is held at the Greenfield Oldsters Club on Thursday evenings. Registration starts at 7:00pm with cards at 7:30pm. No partner required. Admission is \$5.00 per person, with 8 games, a 50/50 draw, and cash prizes. The Greenfield Oldsters Club has a 200 sq. ft. office space for lease at 7575 Highway 348, Melrose, including heat, lights, access to washrooms, and a kitchen. Ample parking is available. For inquiries, contact John Watson at john.jd.watson@gmail.com or [902-823-2247](tel:902-823-2247).

St. Mary's ATV Club

Meetings are held on the second Wednesday of each month. Show your support by attending the next meeting at the Indian Harbour Lake/Jordanville Community Centre. Support the club by purchasing 50/50 tickets for the ATVANS monthly draw and selecting St. Mary's ATV Club—40% of sales go directly to the club. 2025 registrations are available at Fraser's Garage and through Milton Gallant. You'll need your ATV license number, make, model, and year. Register today and help support your local ATV club— funds go directly back into club activities and trails.

Seniors Luncheon Club

The Seniors Luncheon Club's next seniors luncheon is at the Moser River Community Hall on Tuesday, September 23, served at noon. Chinese Food, dessert, etc. There will be a donation box at the door. There will be music prior to lunch and a free bingo following.

Royal Canadian Legion, Liscomb Branch 86

The Royal Canadian Legion Branch 86 in Liscomb is open Thursday, Friday, and Saturday from 6:00 to 11:00pm. The hall offers a pool table, shuffleboards, a canteen, and a bar. Cribbage games are held on Thursday and Saturday evenings at 7:30pm. Wi-Fi is available at the Legion Hall; please inquire at the bar. Debit is accepted, but credit cards are not.

Membership renewals and donations can be made by cash, debit, cheque, or e-transfer to branch86rcl@gmail.com. The next General Membership Meeting will take place on Tuesday, September 2 at 7:00pm. All members of Branch 86 are encouraged to attend, as your opinions, contributions, and willingness to volunteer are greatly appreciated.

An Open Mic Night will be held at Liscomb Branch 86 on Friday, September 19 from 7:30 to 10:30pm. Equipment available includes two microphones, a P.A. amp, and two speakers. Participants are welcome to bring their own microphone, instruments, and voices. If you are interested in performing, please email branch86rcl@gmail.com before the end of day on September 12, 2025, or call Gary at [902-717-0326](tel:902-717-0326).

Sgt. Maudie Gunn Matthew's Memorial Royal Canadian Legion, Sherbrooke, Branch 56

A meeting will be held on September 3 at 3:00pm. at the Legion Hall. Jackets are not required for this meeting. Those who placed orders for wreaths or little white crosses can pick them up on October 25, 2025, between 10:00am and 12:00pm. Donations may be mailed to Sgt. Maudie Gunn Matthew's Memorial RCL #056, P.O. Box 42, Sherbrooke, NS, B0J 3C0. For more information, please contact June at [902-328-7122](tel:902-328-7122) or by email at junemtate@icloud.com.

Compass Rose Quilters Guild

The Compass Rose Quilters Guild will be gathering at the Lion's Hall in Sherbrooke on September 8 at 10:00am to start this season of quilting fun. We will be working on pillowcases to donate to Ryan's Case for Smiles. We welcome those who are interested in joining us! We hope to see you there.

Goshen Market

Join us on Sundays from 1–3pm at the Goshen Community & Recreation Centre—weather permitting! You'll find a variety of fresh vegetables, bread, eggs, baked goods, and locally crafted items. For more information visit <https://www.facebook.com/share/g/1CqXiMEyEM/>.



Sgt Maudie Gunn Matthews Memorial Legion
Branch 56, Sherbrooke NS



The Little White Cross

The tradition of laying wreaths at a Cenotaph, to commemorate the lives of our Veterans is one that is time honored. Currently, Poppies and Wreaths, along with a number of associated items have been offered through your local Royal Canadian Legion Branch to organizations and members of the community. Last year, we had a very successful rollout, of an idea which allowed us to address the increasing cost of commemorative wreaths and the associated concern of disposal following the service period. Those who wish, can purchase **a small white cross**, which will be attached to **a large community wreath** of commemoration, and would be presented during our Remembrance Service, at the altar, in the same manner as we now present our wreaths. There would be no set price for these crosses, however a donation will be accepted toward a special **community fund**. All donations will be recorded with the name of the person(s) being commemorated, and published in our Municipal newsletter. Proceeds will be used to **support special projects** in your community. Currently we are working with **Sherbrooke Village**, to **design and install** a new community **Cenotaph**. Prior to Remembrance Day, **Poppy Trays** will be available across the community, to provide additional support to our deserving Veterans and entrance funding for graduating St Mary's Academy students attending NSCC. Our Legion representative will offer the **Little White Cross** as an option, as well as a **traditional wreath**, when they call to confirm your order. Executive Committee, Branch 56 Sgt Maudie Gunn-Matthews Memorial Legion, Box 42, Sherbrooke NS B0J3C0

Community Services

Nova Scotia Guard – Volunteer Opportunity

Are you a resident of St. Mary's interested in giving back to your community during times of need? Consider joining the Nova Scotia Guard as a volunteer. The Guard is looking for individuals with special skills and training, such as firefighting, operating heavy equipment, or providing medical assistance. They also need volunteers who can help with general tasks like delivering food and essential goods, sorting donations, shoveling snow, assisting in community centres, and offering comfort and personal support to affected individuals. To register, simply complete and submit a registration form. If you are 18 years of age or older, you'll receive an email with instructions on how to complete an Enhanced Criminal Record Check. Once your registration is processed, you'll receive a confirmation or notification email from the Nova Scotia Guard. Online registration is available at <https://nsguard.ca/>. Please note that you'll need to create an account or sign in to register.

Historic Sherbrooke Village Development Society

The Historic Sherbrooke Village Development Society is now renting storage units at their Community and Public Storage Facility in Sherbrooke, NS. A limited number of clean and secure cold storage units are available in various sizes. Rental rates are \$70 per month for a 10'x5' unit, \$115 per month for a 10'x10', \$130 per month for an 8'x15', \$140 per month for a 10'x15', and \$150 per month for a 12'x15' unit. For more information or to reserve a unit, please contact David at [902-328-7129](tel:902-328-7129) or Lynn at [902-318-5453](tel:902-318-5453).

St. Mary's District Food Bank

For support, call 902-833-2920. All calls are confidential. Food donations can be dropped off at Clover Farm. Please check expiry dates. Cash donations can be mailed to St. Mary's District Food Bank, PO Box 102, Sherbrooke, NS, B0J 3C0. Gift donations are welcome; a card will be sent to the recipient. Thank you for your support!

St. Mary's Education Centre / Academy

The first day of school for the 2025-26 school year is Thursday, September 4, 2025. For the 2025-2026 school year, students will be required to bring a few essential items, including a backpack, lunch box, headphones or earbuds, indoor sneakers for physical education class, and a water bottle.

Blue-Green Algae Blooms

Watch for blue-green algae from May to October. Blue-green algae (also called cyanobacteria) occurs naturally in surface waters like lakes, ponds, rivers and streams. The toxins in some algae can make people sick and can be fatal for pets if ingested. The Department of Environment and Climate Change publishes a list of potential blue-green algae bloom sightings at <https://novascotia.ca/blue-green-algae/#reported-algae>. Only sightings reported to the department are included on the list. Once a blue-green algae bloom occurs, it can reoccur or move to different locations in that body of water. Reports of blue-green algae are for the whole season (May to October).

Eastern Counties Regional Library (ECRL)

Fall is on its way, and ECRL is here to welcome you with new releases and old favorites and a selection of word puzzles, coloring sheets, puzzles or board games to entertain everyone. Drop in to our Fibre Arts Club on Tuesdays or visit the monthly Seniors Social! Don't forget to stop by to restock on menstrual or incontinence products for you or someone you know. Tuesday from 9:00am-12:00pm & 12:30-2:30pm. Wednesday, Thursday, and Friday from 12:30-5:30pm. Saturday from 9:00am.-12:00pm. & 12:30-2:30pm. Visit the library to use the computers, browse and borrow books, movies, and more. We also have a Community Use Room that individuals or groups can book at no charge. Find up-to-date information about your local branch at <https://ecrl.ca/locations/sherbrooke-public-library>. For more information about library services, call us at 902-522-2180, email us at sherbrooke@ecrl.ca, or visit ecrl.ca. Stay current by following ECRL on social media: facebook.com/ECRLibrary | twitter.com/ecrlibrary.

Fire Restrictions

A province wide burn ban is in effect through proclamation under the Forests Act. No open fires are allowed. The fine for violating the burn ban is \$25,000. To learn more visit https://novascotia.ca/natr/forestprotection/wildfire/fire-proclamation_2025-07-30.pdf.

Nova Scotia Works Career Connections

Nova Scotia Works Career Connections (NSWCC) is a leading provider of career development services. NSWCC is committed to the delivery of innovative programs and outstanding services in an inclusive environment. Services are available for students (scholarships listings), clients and employers. Contact the Guysborough County Office at guysborough@careerconnections.ca or [902-533-2805](tel:902-533-2805).

Kids First

A new program for caregivers and children aged birth to six years will be offered from 9:30 to 11:00am beginning September 15. This program will include activities focused on active living for both caregivers and children, and participant feedback is encouraged to help shape future activities. Beginning Wednesday, September 10, a playgroup for caregivers and children aged birth to six years will be held from 9:30 to 11:00am. A healthy snack will be provided. The Guysborough County Prenatal Program is open to all women expecting a baby who live in Guysborough County. Self-referrals are welcome. For more information, call Emilie at 902-533-3881. The Parenting Journey Program provides support for parents with children up to 18 years. Self-referrals are welcome. For more information, text or call Paula at 902-870-7437 or email parentingjourney@kids1st.ca. More information can be found on Facebook at St. Mary's Kids First. Gas cards are also available upon request to help with transportation costs. For more details, contact Eliza at executivedirector@kids1st.ca or [902-863-3848](tel:902-863-3848).



Guysborough County Home Support Agency

Congratulations to our
Home Support Workers on the recent
CCA Standardization training
which enables you to provide client care within
your full scope of CCA Standards of Practice.



Contact us:
(902) 533-3655

Community Services

Family Service Nova Scotia

The Men's Health Centre operates on Tuesdays and offers Health Care Services for males 12 years and older. A variety of services are available to support your wellbeing, including physical health check-ups, cancer screening, and blood pressure testing. Mental health supports include counselling, addiction programs, and help managing stress or life changes. Sexual health services such as STI screening, HIV testing, and gender or sexuality counselling are also offered. Navigation support can help with accessing shelter, social assistance, or legal resources. Opportunities for social connection and referrals to other services are also available. For more information call [902-863-2358](tel:902-863-2358).

Sherbrooke Opportunity Society (SHOPS)

There's always something happening at SHOPS! Don't forget—we offer a friendly wash, dry, and fold laundry service and collect refundable bottles and cans, with proceeds supporting programs and providing real paid work for Participants. You can also support us through the Toonie Draw—every toonie helps!

Antigonish Women's Centre & Sexual Assault Services

Support workers are available to help women, adolescent girls (16+), two-spirit, trans, and non-binary people, along with their families, in Antigonish town and county. Weekly outreach is also available in Guysborough, Canso, and Sherbrooke upon request. Services include help navigating government programs, support for mental and physical well-being, healing from sexual violence, settlement concerns, and connections to housing, employment, education, and other resources. Contact the team at 204 Kirk Place, 219 Main Street, Antigonish, by calling [902-863-6221](tel:902-863-6221) or emailing info@awrcsasa.ca. Office hours are Monday to Thursday, 9:00am–4:30pm, and Friday, 9:00 am–3:30pm.

Naomi Society

Are you experience domestic violence? The Naomi Society can help you with safety planning. Having a conversation can help you to identify things you can do to increase your own safety and the safety of your children. Call [902-863-3807](tel:902-863-3807) for support.

NS Department of Emergency Management

Now is the time to make sure your home and property are ready for severe weather. Clear and secure loose objects, secure outdoor furniture, and clean your gutters to prevent water buildup. Don't forget to prepare your emergency kit so you have what you need if a storm hits. For more tips, visit [Hurricane Preparedness](#) and the [Emergency Kit Checklist](#).

NS Public Health - Nurse Family Partnership

Public Health is offering the Nurse-Family Partnership (NFP) Program in the Eastern Zone which includes St. Mary's. This free, voluntary home visiting program is for people who are pregnant and could use a little extra support. Clients are paired with a specially trained Public Health Nurse while they are pregnant, and continues until the child's second birthday. Nurse-Family Partnership is designed to help improve pregnancy outcomes, help children have positive health and development outcomes, and set families on the best path forward for a healthy and happy life. You can learn more about Nurse-Family Partnership in the Eastern Zone including how to self-refer at [https:// www.nshealth.ca/NFP](https://www.nshealth.ca/NFP).

St. Mary's Association for Rural Transit (SMART-Go)

SMART-Go Transportation provides door-to-door rides for residents of St. Mary's, helping with medical appointments, shopping, work, or social outings. The office is located at 16 Main Street, Sherbrooke, and is open Monday to Friday from 9:00am to 5:00pm. To book a ride or get more information, call [902-522-2144](tel:902-522-2144).

Congregational Services

St Mary's Pastoral Charge/United Church of Canada

Sunday Services:

9:30am at St. John's, Sherbrooke

11:00am at Kirk, Glenelg

6:30pm at Bethany/Zion, East River St. Mary's

St. Mary's Weekly programs at St. John's include Women's Bible Study on Thursdays at 10:00am, Men's Group on Wednesdays at 7:00pm, and the UCW meets monthly on the first Thursday at 2:00pm at Jo-Ann MacGrath's in Aspen. At the Kirk, children and youth are invited to JAM Club (an all-ages Sunday school) every second Sunday at 2:00pm, and Youth Group for Grades 9–12 meets every second Friday from 7:30-9:00pm. Special gatherings include The Living Room, a contemporary worship and community time held in the lower hall of St. John's, and AA: Finding Freedom, a closed meeting for those wishing to stop drinking, held Thursdays from 7:00-8:00pm at St. John's.

Indian Harbour Pentecostal Church

Pastor Terry Rideout

Services at 10:30am

September 7

September 21

September 14

September 28

Sonora Calvary Faith Baptist Church

Pastor Wayne Bray (P)[902-522-2520](tel:902-522-2520)

Bible Study and Prayer Meetings at 7:00pm

Sunday Services:

September 7 at 11:00am September 21 at 11:00am

September 14 at 6:00pm September 28 at 6:00pm

St. Paul's Catholic Church Sherbrooke

Parish Priest Fr. Tom Stephan

(P)[437-366-0731](tel:437-366-0731) (E)tomstephan1june@gmail.com

Mass is each Sunday at 11:30am

Rennie Beaver, Parish Council Chair (P)[902-833-2341](tel:902-833-2341)



ATLANTIC MEN'S
MINISTRY TEAM

Come and hear a dynamic presentation by
Teen Challenge Canada, featuring testimonies
and stories of finding freedom from addiction!

WHERE

**Indian Harbour Lake
Pentecostal Church**
1643 Highway 211 Route 2
Sherbrooke, NS B0J 3C0

WHEN

Sunday, September 7th
Morning Service

TIME

10:30am



I STRENGTHEN *my*
COMMUNITY



www.teenchallenge.ca

September 2025 Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Labour Day Municipal Facilities Closed	Adult Softball 6pm & 7:15pm	Quilters—10am COTW Meeting 6pm Special Council Meeting— Immediately following		Stillwater card Party—7pm	Sherbrooke Saturday Market 9am-12pm Liscomb Crib 7:30pm
7	8	9	10	11	12	13
IHL Pentecostal Church 10:30am Goshen Market 1-3pm	First Responders Celebration 6pm	Oldsters 45s 1pm Liscomb Legion Meeting 7pm St John's Church Concert—7pm Goshen Crib 7:30pm	Goshen Game Day 1-4pm 5pm COTW Meeting Lion's Bingo 7pm	Oldsters Crib 7pm Liscomb Crib 7:30pm		Sherbrooke Car Show 10am-4pm Sherbrooke (Lions Hall) Dance 9pm Sherbrooke Saturday Market 9am-12pm Liscomb Crib 7:30pm Recycling (Recplex) 10am-2pm
14	15	16	17	18	19	20
Goshen Market 1-3pm	Goshen Coffee Break 9:30am	Oldsters 45s 1pm Goshen Crib 7:30pm	Goshen Game Day 1-4pm COTW & Council Meeting 6pm Lion's Bingo 7pm	Oldsters Crib 7pm Liscomb Crib 7:30pm		Sherbrooke Saturday Market 9am-12pm Liscomb Crib 7:30pm
21	22	23	24	25	26	27
Goshen Market 1-3pm		Oldsters 45s 1pm IHL Concert for Port Hilford School House—7pm Goshen Crib 7:30pm	Goshen Game Day 1-4pm Lion's Bingo 7pm	Oldsters Crib 7pm Liscomb Crib 7:30pm		Sherbrooke Saturday Market 9am-12pm Liscomb Crib 7:30pm Recycling (Recplex) 10am-2pm
28	29	30				
Bob Breen Loop Yard Sale 10am -2pm Goshen Market 1-3pm Country Harbour Bingo 7:30pm	Goshen Coffee Break 9:30am	National Day for Truth and Reconciliation Oldsters 45s 1pm Goshen Crib 7:30pm				